



NEWSLETTER

Friday 16th September 2022

Be Curious

Be Caring

Be Confident

Be Cooperative

HEADS' CORNER

Dear Parents and Carers,

It has been a great week at Underhill, with all the children getting back into the swing of school life. We are so pleased that all our reception children are now in school full time and they have been having a wonderful time getting to know the early years areas and staff. Thank you to all reception parents for ensuring such a smooth start at Underhill for your children and a huge welcome to all our new families.

The PTA chairs met in school this week to start planning the year of events and we can't wait to share these details with you; so many opportunities for fun! Coming up soon are the Halloween discos! Do let the office know if you want to be involved in the PTA.

We will be sending out a calendar within the next two weeks to all families so that you can see when our school events will be held this year. This will include timings of class assemblies, school celebrations and events such as sports day etc. Please note that these could be subject to change however we will let you know with as much warning as possible.

We hope you have a good weekend and we will see everyone on Tuesday.

Jennie Reed and Nicola Hayles

DATES FOR YOUR DIARY

September 2022

Wednesday 28th September – NSPCC Online safety workshop 3.30-4.20

October 2022

Monday 24th October - Half term week

November 2022

Friday 25th November – Flu Vaccinations Rec-Year6



I Can



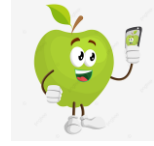
You Can



We Can

HEALTHY SELFIES

To kick start our autumn term Mrs Sidney would love to fill her sports board with our children taking healthy selfies. Please take a selfie of you being healthy and print out to give to your child.



CLUBS

Keep an eye out for our clubs email that was sent out today and remember to submit your choices as soon as possible to avoid any disappointment. The letter can be found here - <https://forms.gle/EVYpmJKBAEjfcMgx8>

SCHOOL MEALS

If your child would like to swap their meal choice from school dinners to packed lunches or vice versa please ensure you inform the school office 1 week in advance. You can call us on 02084492423 or email us at office@underhill.barnetmail.net

Underhill School PTA



What is the PTA?

Underhill Parent Teacher Association supports the school in making it a better place for children to learn. We raise funds to spend on things that the school budget may not cover.

Why should I join the PTA?

- It's fun!
- Get to know more people and make friends
- Help raise much needed funds
- Have a voice on how school funds are used
- Make a difference to the children and school



How much time do I need?

Whatever you can! There are so many ways of getting involved so you can make it fit with you.

What skills do I need?

If you are passionate and enthusiastic about helping the school, that's all you need. Everyone has something to offer. We all bring different skills and it needs all of us to make it work.

Who can join the PTA?

Everybody! The more people we have, the more we can do for Underhill.

Become a class rep!

If you are sociable and good at communicating this is for you. We are looking for a rep for each class to help share school messages.


Donate when you shop at Amazon


Use Amazon smile and Underhill PTA will receive 0.5% of your purchases as a donation at no extra cost to you.

Go to Smile.Amazon.co.uk and search for Underhill.

amazonsmile
You shop. Amazon gives.

If you can help support the PTA in any way, please get in touch

 office@underhill.barnetmail.net

 Luisa 07889 882883



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NOTICES AND NEWS

MUSIC TUITION

Any budding musicians out there?

Please book your child's online music lessons through BEAT directly, for drums, guitar and piano lessons.

The Autumn term 2022 is now open for booking, so if your child is interested in learning or wishes to continue with lessons please click on the link below as soon as possible.

Parents can enrol and pay for lessons directly by following this link <https://beatrust.org.uk/enrol/school-based-instrumental-lessons/> There you will find details of the cost of lessons and the terms and conditions.

If you are in receipt of pupil premium parents can still receive a £50 discount off one instrument per child they enrol. Teachers can contact parents directly through the app.

EXTERNAL CLUBS AT UNDERHILL.

Woodys Football Fridays Yr1-6 –
www.woodyssportsacademy.com 0796 1437202

Yoga & Mindfulness – enquiries@lotusclouds.co.uk
or call Bansi on 07950 288075

High Barnet School of Dance
– highbarnetschoolofdance@outlook.com

Express Yourself Drama – Kat – 07908638827

Early Bird Tennis – Luke - luke@lmbtennis.com

Karate – office@underhill.barnetmail.net

Saracens Gymnastics & Cheerleading –
Office@underhill.barnetmail.net



Yoga Club at Underhill
Autumn term 2022

Build strength and flexibility



We aim to support your child's physical and mental wellbeing, fostering emotional intelligence and self-confidence through:

- Fun yoga poses based around stories and adventures
- Mindfulness, positive affirmations, gratitude practice and growth mindset
- Breathing techniques and relaxation
- Art and creative therapy/projects
- Music and Games
- Lots of fun and laughter

Please see pg 2 for class details



Balance Breathe and be calm Focus



Club details



Wednesday After School until 4.15pm
£6 per session (payable half termly)

For further information, including testimonials from parents, please see our website www.lotusclouds.co.uk. To book a place for your child please email enquiries@lotusclouds.co.uk or call Bansi on 07950 288075.

"Such a positive and empowering class. My daughter has benefited greatly from the sessions and looks forward to them each week. Bansi is a fantastic teacher and always comes up with new and interesting activities which engage the kids. We especially love the affirmations and have adopted them at home."
Emma Gilbert



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EXPRESS YOURSELF

Juniors



INCLUSIVE CREATIVE DRAMA

TUESDAY LUNCHTIMES
YEAR 1 & 2

AT UNDERHILL SCHOOL
AND CHILDREN'S CENTRE

MAYS LANE, EN5 2LZ

For more information and bookings call Kat on:
07908 638 827

Or email: info@expressyourselftheatre.com
www.expressyourselftheatre.com

EXPRESS YOURSELF

Theatre



INCLUSIVE CREATIVE DRAMA

YEAR 4
TUESDAYS 3.20 - 4.20 PM

AT UNDERHILL SCHOOL

MAYS LANE, EN5 2LZ

For more information and bookings call Kat on:
07908 638 827

Or email: info@expressyourselftheatre.com
www.expressyourselftheatre.com



SARACENS FOUNDATION SARRIES IN MY SCHOOL

LUNCH CLUBS

MONDAY GYMNASTICS YR 1&2

12:15-13:00

3/10/22 - 12/12/22 (NO CLUB 17TH OCT)

FRIDAY CHEERLEADING YR 3&4

12:30-13:15

7/10/22 - 9/12/22

£30 FOR 9 SESSIONS

STUDENTS WILL EAT THEIR LUNCH BEFORE
THEY MAKE THEIR WAY OVER TO THE BIG HALL

PLEASE CONTACT VIA EMAIL
OFFICE@UNDERHILL.BARNETMAIL.NET SHOULD
YOU WISH TO SIGN UP.



WOODY'S SPORTS

ACADEMY YEARS 1 TO 6

Underhill School

FRIDAY 16TH SEPTEMBER

FRIDAY 9TH DECEMBER 2022 (12 WEEKS)

TIMES: 3.20PM - 4.35PM

Price: £74
(discounted rate)

Per session option
of payment:

£7.50



Come and join us for our after school sessions
every Friday. Learn new skills and play fun games.

Please visit our website: www.woodyssportsacademy.com
to sign up using our new easy to use booking and payment system. If you have
any further questions please feel free to call on 07961 437 202 or
email: info@woodyssportsacademy.com



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The Children's Centre will be running the following courses for adults starting September 2022:

- Paediatric First Aid - 6 week course. Resuscitation procedures, preparing for and dealing with emergencies.
- ESOL - English for speakers of other languages (ESOL). Improve your English speaking, reading, writing and listening skills.

If you are interested in attending please text 07718 648 297 or email info@underhillcc.barnetmail.net



Barnet Society

**POSTER
COMPETITION**

**Join the fight to save
our green spaces!**

If you're aged between 7 and 11, why don't you design a poster that shows the importance that parks, fields, trees, flowers and the like play in our environment?

The winner of the competition will be given a tree to plant in their school and have the poster reproduced in our Winter Newsletter, in December

Poster should be sent digitally to youngpeople@barnetsociety.org (jpeg or pdf) by October 15, 2022

The poster features a light blue background with two cartoon bees at the top. The bottom section is a vibrant illustration of a garden with various flowers (sunflowers, pink flowers, yellow flowers), a blue butterfly, a green dragonfly, a black and white bee, a green frog, and a monarch butterfly.



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Children's Centres

East-Central Locality

Autumn Term 05.09.22 – 16.12.22

	BEYA A Sure Start Children's Centre	Coppetts Wood A Sure Start Children's Centre	Newstead A Sure Start Children's Centre	Underhill A Sure Start Children's Centre
Monday	Stay and Play 9.30 – 11am 0-5years Brookhill Nursery School EN4 8SD Stay and Play 9.30 – 11am 0-5years Queenswell Infant School N20 0NQ Childminders 9.30 – 11am Hampden Way N14 5DJ	Stay and Play 9.15 – 10.45am 0-5years Stay and Play 9.30 – 10.45am 0-5years Hollickwood Primary school N10 2NL Baby Play 1.15 – 2.15pm Non-walkers	Stay and Play 10 – 11am 0-5 years Baby Massage 2 – 2.45pm 6wks-6mths – Booking Required	Paediatric First Aid 9.15 – 11.15am Starts: 12.09 - Booking Required Childminders 9.30 – 11.30am Stay and Play 1.15 – 2.15pm 0-5years
Tuesday	About Boys - 4weeks Parenting Course 9.30 – 11.30am St Margaret's Nursery School EN4 9NT Booking Required - Starts: 27.09 Stay and Play 1 – 2.30pm 0-5years St Margaret's Nursery School EN4 9NT	Stay and Play 9.15 – 10.45am 0-5years Baby Massage 11am – 12pm 8wks-non crawlers – Booking Required Baby Play 1.15 – 2.15pm Non-walkers	Childminders 9.30 – 11am Baby Rhyme Time 1.15 – 2.15pm Non walkers	Stay and Play 9.15 – 10.45am 0-5years Baby Massage 1 – 2pm 8wks-4mths – Booking Required Baby Weighing 1 – 2.30pm Under 1's Booking Required
Wednesday	Baby self-weighing 10am -12pm or 1 – 3pm Under 1's St Margaret's Nursery School EN4 9NT Outdoor Stay and Play 9.30 – 11am 0-5years Hampden Way N14 5DJ Baby group 10 – 11.30am Non-walkers All Saints Baby Massage 1.30 – 2.30pm 2-6mths All Saints N20 9EZ – Booking Required	Childminders 9 – 11am Baby Play 1.15 – 2.15 Non-walkers Shake, Rattle and Roll 2.30 – 3pm 0-5years	Barnwood 10 – 11am Walkers Baby Play with self-weighing 2 – 3pm Non-walkers	ESOL 9.15 – 11.15am Starts: 07.09 - Booking Required GROW Project 10am – 12pm - Booking Required Baby Play with Self-weighing 10.30am – 12.30pm Non-walkers Dance, Move & Regulate 11.30am – 12.30pm 1-5years
Thursday	Stay and Play 9.30 -11am 0-5years St Margaret's Nursery School EN4 9NT Parent Champions Monthly Meeting 1.30 - 3pm – 1 st Thursday each month – St Margaret's Nursery School EN4 9NT Starts: 06.10	Stay and Play 9.15 – 10.45am 0-5years Stay and Play 9.30 – 10.45am 0-5years Summerside Primary School N12 0QU Dads and Male Carers Group 11.15am – 12.15pm 0-5years Baby Play 1.15 – 2.15pm Non-walkers	Stay and Play 10 – 11am 0-5years Baby self-weighing 1 – 4pm Under 1's – Booking Required	Stay and Play 9.15 – 10.45am 0-5years Rhyme Time 1.30pm – 2.15pm 0-5years Hope Community Centre EN5 2DY
Friday	Fun for Toddlers 10 – 11.30am 18mths-2years St Margaret's Nursery School EN4 9NT	Stay and Play 9.15 – 10.45am 0-5years Baby Play 1.15 – 2.15pm Non-walkers	ESOL 9.30am – 1.30pm Tarlton Community Centre – Booking Required	Boogie Mites 9.15 – 10am 0-5years Solicitor Drop-in sessions 10am – 1pm – 1 st Friday each month – Starts: 02.09 BOOST 10am – 12pm – Last Friday each month – Booking Required – Starts: 30.09

Activities offered weekly unless otherwise stated



Children's Centres

East-Central Locality

Autumn Term 05.09.22 – 16.12.22

- BEYA**
A Sure Start Children's Centre
BEYA Nursery School and Children's Centre
Margaret Road, New Barnet EN4 9NT
Tel: 020 8449 5466 option 5 • adminco@beya.org.uk
- Coppetts Wood**
A Sure Start Children's Centre
Coppetts Wood Children's Centre (based at Coppetts Wood School)
Coppetts Road, Friern Barnet N10 1JS
Tel: 020 8883 0248 option 3 • childrenscentre@coppettswood.barnetmail.net
- Newstead**
A Sure Start Children's Centre
Newstead Children's Centre
1 Fallows Close (off Tarlton Road), East Finchley N2 8LG
Tel: 020 8359 3460 • newstead@barnet.gov.uk
- Underhill**
A Sure Start Children's Centre
Underhill Children's Centre (based at Underhill School)
Mays Lane, EN5 2LZ
Tel: 020 8449 2423 ext 206 • info@underhillcc.barnetmail.net



For more information about Children's Centre visit:
www.barnet.gov.uk/childrenscentres





GROW

Let's Get Growing
FREE After School Club
Y5-Y7
Free School Meal or SEND children

Wednesdays 3:30pm-5pm
GROW Farm @ TTA

Chicken care
 Seed sowing
 Harvesting, watering, weeding
 Fire-making & cooking
 And more!
 Click **HERE** to sign up

www.weargrow.org/wearegrow
 GROW Farm, The Totteridge Academy, N208AZ

mysportscentre

Providing children with the opportunity to play sports

Affordable, fun, multi-sports activities

Football, Hockey

Tennis, Basketball

Dodgeball, Handball,

Netball, Cricket,

Athletics and more



Every Saturday

10am-12pm / Age 5 - 12 yrs

Book a 2hr FREE TRIAL



Underhill Primary School

High Barnet, EN5 2LZ

www.mysportscentre.co.uk



Underhill School Nursery

We currently have 3 year old places available for September, to register your interest please complete the form on the following link -

<https://forms.gle/jTpPpZKNWwA9oh6v7>

We look forward to hearing from you!

