# Mental Health Resources

# SAN BERNARDINO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH

https://wp.sbcounty.gov/dbh

303 East Vanderbilt Way, San Bernardino, CA 92415

Phone: (909) 386-9720

Services: Urgent care, substance use disorder and recovery services, outpatient clinics

## CRISIS STABALIZATION UNIT (CSU)

Fontana Location: 14677 Merrill Ave, Fontana, Ca 92335

Phone: (951) 643-2340

SB Location: 1481 N. Windsor Dr., San Bernardino

Phone: (909) 361-6470

24-hr Helpline: (888) 743-1478

Substance Use Disorder 24-hr Helpline: (800) 968-2636

#### **PACIFIC CLINICS**

https://www.pacificclinics.org

1501 South Riverside Avenue, Rialto, CA 92376

Phone: (909) 877-4889

Services: Community-based nonprofit provider of behavioral and mental health services and supports

# COMMUNITY CRISIS RESPONSE TEAM (CCRT)

Phone: (909) 421-9233, (760) 956-2345 or (909) 458-1517

A community-based mobile crisis response team for children and adults experiencing a psychiatric emergency. Teams are available in English and Spanish from 7 a.m. to 10 p.m. daily.

## CRISIS RESIDENTIAL TREATMENT CENTER (CRT)

15217 San Bernardino Ave Fontana, Ca, 92335

Phone: 951-643-2150 Need referral from CSU

# THE TRAUMA AND HEALING FOUNDATION

https://www.traumahealingfoundation.com/

Fontana Location: 17057 Foothill Blvd, Suite 205, Fontana CA, 92335 Rialto Location: 1850 N. Riverside Ave. Suite 110, Rialto, CA 92376

Phone: 909-693-3177

Services: individuals, couples, and child/adolescent counseling, as well as various classes and groups.