

Senior Resources

INLAND COUNTIES LEGAL SERVICES

<https://www.inlandlegal.org>

1040 Iowa Avenue, Suite 106, Riverside, CA 92507

Phone: (951) 774-4424

Services: Legal help for people with limited incomes, disabilities, or are age 60 or over

WEST END FAMILY COUNSELING SERVICES

<https://www.wefcs.org/>

855 N. Euclid Avenue, Ontario, CA 91762

Office: (909) 983-2020

Fax: (909) 983-6847

Serving:

60 years of age or older residing in the West Valley of San Bernardino County who are experiencing disparities in accessing mental health services or require also assistance with wellness, home and personal safety, access to transportation, social isolation, or suicide prevention.

DEPARTMENT OF AGING

<http://hss.sbcounty.gov/daas/Default.aspx>

784 E Hospitality Ln, San Bernardino, CA 92415

Office: 909-891-3900

Services: Adult Protective Services, Family Caregiver Support, Long-Term Care Ombudsmen, Nutrition Services, Senior Employment Program, Information and Assistance

Senior Information and Assistance

The Senior Information and Assistance Program provides information and assistance to help a senior citizen solve problems he or she may have. Clients are provided referrals to other agencies and assistance and advocacy in making contact with organizations and agencies for needed services and programs. Follow up and evaluation are provided to insure the client is receiving the needed services.

Field Offices are located conveniently throughout the county.

SENIOR INFORMATION AND ASSISTANCE FIELD OFFICES

Senior Information & Assistance Program	1-800 510-2020
Barstow SIA	(760) 256-3564
Morongo Basin/Yucca Valley SIA	(760) 228-5219

Needles SIA	(760) 326-9224	
Rancho Cucamonga SIA	(909) 948-6235	
San Bernardino SIA	(909) 891-3810	
Victorville SIA	(760) 243-8459	

ADULT PROTECTIVE SERVICES (APS) HOTLINE

San Bernardino

1-833-401-0832

SB County: 877-565-2020

(Emergency housing, hotel voucher if housing found, room and board placement, can help with first month's rent if low income.)

GOLDEN PATHWAYS

<https://goldenpathways.com/>

1095 N Allen Avenue, Suite A, Pasadena, CA 91104

Office: 626-800-1346

Nursing/Assisted living Placement

Need Medical/Medicare

INNOVAGE CALIFORNIA (PACE)

<https://www.innovage.com/locations/california>

410 East Park Center Circle North, San Bernardino, Ca, 92408

Office: 909-403-6950

Need Referral from IEHP: Program of All-inclusive Care for the Elderly

SENIOR PROGRAM/RANCHO CUCAMONGA

<https://www.cityofrc.us/community-services/seniors>

INLAND CAREGIVER RESOURCE CENTER

<https://www.inlandcaregivers.com>

1430 E Cooley Dr. Colton, CA 92324

Phone: (909) 514-1404

Services: Information and referral, family consultation, support groups, short-term counseling, educational workshops, respite and supplemental services.

ALZHEIMER'S GREATER LOS ANGELES

<https://www.alzgl.org>

002 Iowa Ave, Suite 1072, Riverside, CA 92509

Phone: (909) 944-9146

Services: information and referral, 24/7 Hotline, Care Counselors, Early Stage Services, Memory

Mornings, Support Groups, Community Education, and Advocacy.

SENIOR COMPANIONS

http://www.sbcity.org/cityhall/parks/senior_services/default.asp#SCP

600 West Fifth St. San Bernardino, CA 92410

Phone: (909) 384-5413

Services: Senior Companions provide support to family caregivers. They assist with grocery shopping, transportation to medical appointments, meal preparation, encouraging clients to participate in daily activities, reminiscing, providing companionship and love.

RIVERSIDE COUNTY OFFICE ON AGING

<https://www.rcaging.org>

6296 River Crest Dr., Suite K, Riverside, CA 92507-0738

Phone: (951) 867-3800

Services: Care Coordination, Caregiving Resources, Care Transitions Intervention (CTI), Elder Abuse Education, Health Insurance Counseling and Advocacy Program (HICAP), Fit After 50, Grandparents Raising Grandchildren, Health Promotion, Legal Assistance, Nutrition, Senior Employment, Volunteer Services

COMMUNITY ACCESS CENTER

<http://www.ilcac.org/>

6848 Magnolia Avenue, Suite 150, Riverside, CA, 92506

Phone: (951) 274-0358

Services: supportive services and independent living skills training.

ROLLING START

<http://www.rollingstart.com>

1955 S. Hunt Street, Suite 101, San Bernardino, CA 92408

Phone: (909) 890-9516

Services: disability information and referral, housing, independent living skills training, assistive technology, and advocacy.

ALZHEIMER'S ASSOCIATION

Ontario Office

3200 Inland Empire Blvd., Suite 280, Ontario, CA 91764

(909) 406-5376

https://alz.org/socal/about_us/our_regional_offices

Palm Desert Office

74020 Alessandro Dr., Suite A, Palm Desert, CA 92260

(760) 996-0006

[https://alz.org/social/about us/our regional offices](https://alz.org/social/about-us/our-regional-offices)