



TOAST	6.00
WITH BUTTER AND VEGEMITE, JAM OR HONEY SERVED ON WHITE,	
WHOLEMEAL OR SOURDOUGH GLUTEN FRIENDLY	+1.00
ARTISAN FRUIT TOAST	7.00
GLUTEN FRIENDLY	+1.00

BANANA BREAD	6.00
TOASTED BANANA BREAD WITH BUTTER	

BACON EGG MUFFIN	6.50
SERVED ON TOASTED ENGLISH MUFFIN WITH	
FRIED EGG AND BACON	
ADD TOMATO CHUTNEY	+1.00

CREAMY PORRIDGE	10.00
WITH STEWED RHUBARB, HONEY AND	
DUSTED WITH CINNAMON	

CRUNCHY GRANOLA	12.00
BOWL	

WITH COCONUT YOGURT, FRESH BERRIES, CHIA SEEDS AND MILK

BRASSERIE WAFFLES	14.50
WITH ICE CREAM, BERRY COMPOTE AND	

MAPLE SYRUP

3 EGG OMELETTE FILLED WITH CAPSICUM, TOMATO, ZUCCHINI AND MOZZARELLA ON SOURDOUGH TOAST.

ADD BACON ... +2.00







KIDS TOAST

CHOICE OF CHEESE, HAM &/OR TOMATO ON WHITE OR WHOLEMEAL BREAD 6.50 **GLUTEN FRIENDLY +1.00** 

### UNCLE LUKE'S SNACK PLAT

VARIETY OF BITE SIZE FRESH FRUITS. CRACKERS AND CHEESE CUBES 8.00

# AUNTY EMMY'S LUNCH PLAT

**VEGGIE STICKS, FRUIT** SKEWERS, CHEESE TOASTIE & A CHOCOLATE TREAT 11.00

#### KIDS MILKSHAKE

VANILLA, STRAWBERRY, CARAMEL OR CHOCOLATE FLAVOUR 6.50

**ALTERNATIVE MILK +0.50** 

# KIDS SMOOTHIE

BANANA MANGO, MIXED BERRY OR CHOC-NANA 6.50

**ALTERNATIVE MILK +0.50** 



TUESDAY-SATURDAY 9AM-3PM THURSDAY 9AM-5:30PM











#### TOASTIES



THE CLASSIC  HAM, CHEESE &/OR TOMATO ON WHITE, WHOLEMEAL OR SOURDOUGH BREAD	6.50	
THE CARRIE  BASIL PESTO, SUNDRIED TOMATO AND  MOZZARELLA ON SOURDOUGH	8.50	7
THE NUNU TURKEY, CRANBERRY SAUCE, SPINICH AND BRIE ON SOURDOUGH	10.50	
THE ASH  CHARGRILLED EGGPLANT, CAPSICUM, SUNDRIED TOMATO, SPINICH, CHEESE AND MAYO ON SOURDOUGH - VEGAN OPTION AVAILABLE	10.50	7

#### SNACKS AND SHARE PLATES

SIDE SALAD +2.00

TESS AND DANS	13.00	
WITH YOUR CHOICE OF 2 TOPPINGS	5.00	
HOT CHIPS	6.00	9.00
,	small	large

GRAZING PLATTER

VEGGIE STICKS, BRIE, CRACKERS, FRESH
FRUIT, DRIED FIGS, SOURDOUGH, DIP,

**OLIVES & CHOC-DIPPED STRAWBERRIES** 







MARGHERITA	6.50	
MOZZARELLA, PIZZA SAUCE AND HERBS ADD BRIE AND CHERRY TOMATOES	4.00	
HAWAIIAN  HAM, MOZZARELLA, PINEAPPLE  AND PIZZA SAUCE	6.50	
ROMA  OLIVES, CHARGRILLED CAPSICUM, CHERRY TOMATOES, MOZZARELLA AND PIZZA SAUCE	8.50	
PESTO CHICKEN  CHICKEN, SPINACH, MOZARELLA WITH BASIL PESTO	8.50	





GARDEN SALAD	7.50
MIXED LETTUCE, CUCUMBER, CHERRY	
TOMATOES WITH CREAMY AVOCADO AND	
GARLIC DRESSING	
GREEK SALAD	9.50
MIXED GREENS, CHERRY TOMATOES,	
OLIVES, CUCUMBER, CAPSICUM, RED ONION	
GREEK FETA AND VINAGERETTE	
QUINOA SALAD	9.50

QUINOA, PARSLEY, SPINICH, RED ONION, CUCUMBER, LEMON JUICE, OLIVE OIL DRIZZLE











# DRINKS MENU











DRINKS
COLD DRINKS

HOT DRINKS	small	large
ESPRESSO	4.00	
CAPPUCCINO	4.50	5.50
LATTE	4.50	5.50
FLAT WHITE	4.50	5.50
MAGIC	4.00	
MOCHA	4.50	5.50
HOT CHOCOLATE	4.50	5.50
BABYCINO WITH SPRINKLES AND MINI MARSHMELLOWS	3.00	

#### SPECIALTY CHAI

'CHAI BY LUKE' STICKY
CHAI WITH HONEY
6.00

POWDERED CHAI 4.50 5.50



ORGANIC ENGLISH BREAKFAST EARL GREY 'BLUE FLOWER'

**ORGANIC SENCHA GREEN TEA** 

**PURE PEPPERMINT** 

'CHAI BY LUKE' STICKY CHAI WITH HONEY

#### **HAPPINESS**

LEMONGRASS, APPLE, JASMINE, ROSE PETALS, PINK PEPPERCORNS, CINNAMON, CORRIANDER SEEDS, RASPBERRY LEAF, GINGER

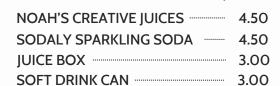
#### **LULLABY**

CHAMOMILE, ROOBIOS, CINNAMON, VALERIAN ROOT, LEMON PEEL, LEMON BALM



@thelocalumbrella

TUESDAY-SATURDAY 9AM-3PM



# MILKSHAKES AND SMOOTHIES MILKSHAKE CARAMEL, CHOCOLATE, STRAWBERRY OR VANILLA MIXED BERRY SMOOTHIE 6.50 8.50 BANANA MANGO SMOOTHIE 6.50 8.50

#### ICE CREAM SPIDER

RASPBERRY	7.00
LEMON LIME	7.00
TOED DO TANKS	



ICED LATTE 5.50

ICED COFFEE WITH ICE
CREAM AND WHIPPED 7.00
CREAM

ICED MOCHA WITH ICE

CREAM AND WHIPPED 7.00

CREAM

ICED CHOCOLATE WITH

ICE CREAM AND 7.00

WHIPPED CREAM

#### **ADDITIONS**

NAKED SYRUPS	
CARAMEL, VANILLA OR HAZELNUT	+1.00
EXTRA SHOT	+0.50
OAT MILK - CALIFIA FARMS	+0.50

SOY MILK - HAPPY HAPPY +0.50 SOY BOY ALMOND MILK - MILK LAB +0.50

LACTOSE FREE MILK - MILK LAB + +0.50

