



Surrender

Playing with power is the way this type accesses their arousal. Most sexual arousal comes from the thought of being overwhelmed or overpowered (in play). One of the core aspects to this mode of play is about *letting go of thought* and being led through a sexual event.

The *Surrender* type is drawn to tension that comes from submitting to the power of someone who can lead the action and take charge of the situation.

The *Surrender* Type gets aroused by having someone else take over so they can feel wanted and they “let go” into their erotic experience.

- **Starters:** A *Surrender* Type will want the confidence of an “in-charge” lover who desires them.
- **Partner:** Someone who shows confidence and desire. Someone who can read their lover’s cues — and know when to keep going and when to slow down.
- **Turn-offs:** The biggest turn off of the *Surrender* type is to “ask” what they should do next. Instead, act with confidence and show them how much you want them. Don’t forget to pay attention to their cues, and listen for their safe-word so you do not cross over your lover’s boundaries.

Are you the partner of the *Surrender* type?

The *Surrender* type found the following things highly arousing.

* Please note that this type is only aroused by power in play. Before you try any of the following, talk about what you both like, your sexual limits (things you will never do) and decide on a safe-word. It is important both parties are on the same page and feel like they can stop or change a situation that is not working for them.

- Take charge of the situation
- Firmly, but gently push them against a wall (or bed). Let them feel your urgency.
- Approach them from behind
- Surprise them or be spontaneous
- Approach them with urgency or passion
- Grab them or pull them into you with intention and desire



Sexotic

The Sexotic is the 'sexual adventurer' of the erotic pathways. Thinking or watching a specific sex act is more important than any other aspect of sex. Most sexual arousal comes from the thought of specific sexual acts (or roles). You are drawn to the visual and/or imagination to boost your sexual arousal. This usually involves something that is "different from your normal" or "exotic" -- including new partners, new acts, taboo thoughts -- variety is key. Anything that is different from your normal tends to be exciting.

When you respond to the Sexotic Pathway you tend to know exactly what you like and have a unique erotic map that centers around visualizing and experimenting with those specific acts (roles). You get aroused by thinking about, talking about or seeing what you are doing. You often enjoy watching, reading erotica/porn or talking dirty to explore that particular act. Imaginative, impatient and spontaneous, you are seeking something specific.

- **Sexual style:** Sexotic dominants can be quite focused on "difference from the norm" - a specific act or turn-on and get a tremendous sexual energy from thinking about and doing that particular act.
- **Starters:** A Sexotic Pathway will fire up when watching, planning for or talking about "that" specific act or role.
- **Partner:** A fellow sexual adventurer, or someone who gets excited, shares or at very least is non-judgemental about what act (or role) turns them on.
- **Turn-offs:** The biggest way to turn off a Sexotic Pathway is to dislike (or judge) their particular sexy act.

Are you the partner with a Sexotic?

Admire, adore, and "see" your partner. Take time to appreciate the effort she/he has gone to in order to arouse you. Let them know what it is that turns you on about them.

- Send or show your lover sexy pics
- Take a provocative pose or show more skin
- Hint or joke about sex
- Engage your partner in planning out a sexual event or scene
- Wear (or don't wear) certain sexy articles of clothing
- Undress for them
- Tell them directly that you want to have sex
- Touches or rubs my genitals
- Rub or press yourself against them (without saying anything) hows of tell your partner how aroused you are because of them



Sentimental

The *Sentimental Pathway* comes the closest to the pure emotional-connection in sex. Feeling connected to a lover is the primary driver of arousal. The erotic charge increases with the feeling of connecting with a lover. Someone dominant in this pathway will seek to merge (even if only for a moment), to become one with their partner. It is this 'in-sync' feeling that arouses the body into erotic bliss.

One of the main pleasures for someone dominant in the Sentimental Pathway is sharing your pleasure with your partner.

- **Favorite sexual starter:** A shared moment or intimate conversation.
- **Acts:** Physical pleasure comes second to the connection you feel with your partner. The way to encourage orgasm is through acts such as kissing, eye contact and caressing.
- **Focus:** In order to orgasm the focus goes onto the feeling of being close to a lover, thinking of a lover's commitment to them or on sharing the experience with a lover.
- **Partners:** The ideal partner of someone dominant in the Sentiment Pathway has a good sense of themselves who can "go to" emotional places with a partner.
- **Turn-offs:** A typical turn-off would be to be a distant lover, someone who withholds connection.

The Sentiment Pathway fires up with emotional closeness. While all people experience the Sentiment Pathway a little bit at the beginning of a new relationship, the person dominant in this pathway continues to be erotically driven by 'bonding' even after that 'in-love' feeling is gone. The Sentiment Pathway's erotic energy is focused on one specific "person." They can be happy doing many sexual acts, or being in different environments, so long as they are connected with their lover.

Partnered with a lover who is Sentimental Emotional?

The Sentiment Emotional partner fires up with connection (or the potential to be connected) to feel an erotic charge. Share a conversation, favorite activity or an event. Rejection is a sure-fire way to turn this type off.

- Preparation can make the sentimental feel needed, make up the room with romantic ambience
- Share a conversation, share activity or common event
- "I would love to do what you want to do, as long as we are connected"
- Sexuality is a deep longing to engage with a sentimental, sex is seen as a consequence of your connection to them.



Sensation

The Sensation Physical is the 'embodiment' of sex. Anyone driven by the Sensation Pathway derives their erotic arousal from the senses. The physical sensations that come through the body, the "feelings" of sex are the most important part of sex. Touch, smell and taste are what gives the Sensation Pathway an erotic charge.

This may seem obvious to someone using this pathway, after all "isn't all sex about sensations and touch?", is a common comment from someone dominant in the Sensation Pathway. Not really! While most people have sex because it "feels good," it is not the primary component of what drives arousal in the other pathways. *Physical sensation -- both feeling your own sensations and sensing your partner -- is the key to your sustained arousal.*

The Sensation Pathway tends to look inward to the body to connect with their sexual arousal. Physical sensation, both from their own sensations and the sensations of their partner, is key to firing up the Sensation Pathway. The person using this pathway will value being in the moment, "what I feel right now" is their motto.

Your eroticism comes to life when you can focus on the here-and-now. What is tangible and real -- what can be touched, sensed, felt in some way -- is critical to your experience. Even though touch is the goal for the Sensation Pathway, orgasm is a strong motivator.

- **Sexual style:** Your arousal builds best at a slow, unhurried pace.
- **Favorite sexual starter:** A sensual massage, physical touch or allowing the time to get into a mind-space to stimulate their physical body.
- **Partner:** The ideal partner of a sensualist is one who encourages a gradual pace, whole-body touch and their partner to "let go."
- **Acts:** Any act that encourages a focus on the body's sensation, such as moaning, keeping up a rhythm, conscious tensing or relaxing.
- **Sexual focus:** Focus moves into the sensations of the body, especially how the genitals feel (and look as they change with arousal).
- **Turn-offs:** A typical turn-off to a sensualist is a rushed pace who doesn't allow them to disappear into the senses of the moment.

Partnered with a lover who is Sensation-Physical?

The Sensation type can be one of the easiest of types to please — as long as you use a lot of touch, sensation and proximity and ease into it slowly! Engage in massage or move onto Tantric sex for a higher level of ecstasy. Adjust your pace and enjoy every moment with a sensation type.

- Caress all parts of their body including non-sexual parts
- Kiss or caress their neck, nibble on or play with their ear
- Give them gentle kisses all over their body, give them a massage
- Touch their back or buttocks
- Wake them up with kisses or sexual touch
- Tease them by making them anticipate the touch