

# MouthSoaping Instructions

By: SoapyOne

The first thing to determine is what brand of soap to use. Ivory leaves a long lasting taste in the mouth, but Zest, Dove, Lever 2000, and Irish Spring all work as well. Any brand of soap will due, as it is not the brand, but the idea and the thought of having one's mouth washed out with soap, that will be the discipline. Also, the actual act of having it done until the person giving the punishment is sure that the receiver of the said punishment has been properly punished.

Fill the sink you will be using with hot water. It works best to have the recipient of the punishment on their knees in front of the sink while doing this. Open the chosen bar of soap in front of them. Explain that they have been naughty, bad, whatever, and that you will not put up with that type of attitude. That it will be dealt with swiftly and severely, in private or public if need be. Watch the look on their face as you unwrap the bar of soap, and run it under their nose to get the scent, and then drop it into the hot running water. This both causes the bar to get moist and soft if left in the water long enough, and adds bubbles to the water, which reduces the chance that the person receiving the mouthsoaping will attempt to rinse with the water in the sink. As it will be full of a soapy solution.

The next thing is to determine how you will apply the soap. This could have already been thought out in advance. But it will allow the bar time to soften, so that whether the soap is used directly in the mouth, or an applicator such as a washcloth, toothbrush, mini scrub-brush, or any other type of applicator is use, the soap coats the applicator thickly.

a. Washcloth: Wet the washcloth thoroughly, do not wring it out. The more water the washcloth has, the better the lather and the soapy solution for cleaning the mouth, face and throat. Pick up the bar of soap with the washcloth, and start rubbing the soap over the entire washcloth. When you are sure the washcloth is coated thoroughly, flip the cloth over, and lather the other side, thus ensuring that the entire cloth is covered with soap. Drop the soap into the hot water to allow it to continue to soak.

Order the recipient to open their mouth, to receive the punishment. If the are stubborn, and refuse, as most are, then proceed to wash the face, and continue to work on the lips and the nose area. This will cause a foamy coating to cover the nostrils and prevent clear breathing. The stubborn recipient has just added another five minutes to their scrubbing/cleansing time. If this procedure fails to get them to open their mouths, then a tug on the ear, twisting the lower lobe, or accidentally splashing soap in the eyes works wonders.

Once the mouth is opened, proceed to work the washcloth across the teeth, front, top and back. Make sure that the gums are not missed. After thoroughly coating the teeth and gums, work on the cheeks. These are usually missed, but provide great after tastes when the tongue searches around the mouth later.

Continue with the cheeks, and then proceed to the roof of the mouth. This will allow excess soap to dribble down onto the tongue, which will be next. Please be sure to have the recipient raise their tongue, so you can be sure to get the underside clean as well.

It is now time to rinse the washcloth, and begin the procedure all over again. Set a time limit for the soaping in your own mind. You may tell the recipient if you wish. Continue the washcloth soaping until at least half of your time limit is up. Then proceed with the next phase of the punishment, if you have one, else, continue with the washcloth.

b. Toothbrush: Two different methods apply here, depending on the soap. If you are using Ivory, you can rub the toothbrush directly onto the floating soap. This will both give you soap and water, as the Ivory bobs in the water. If you are using a soap that does not float, pick up the bar of soap, and proceed to coat the toothbrush's bristles thoroughly.

Once a heavy paste of soap is covering the toothbrush, drop the soap back into the hot water. Proceed to apply the soapy bristles to the teeth. The lips will part to allow the toothbrush. If the recipient is stubborn, use your soapy fingers and either plug the nose, or slip your soapy fingers through the lips. Once the lips are opened, work on the gums and the teeth. Continue coating the toothbrush with soap as you work on the teeth and gums. Once you convince the recipient that it will last longer if they do not cooperate, and they open their teeth for you, continue this process on the tops of the teeth, the insides of the teeth, the roof of the mouth and the tongue, top and bottom. Remember, cleanliness is next to godliness, do not be afraid to use a lot of soap on the toothbrush. Repeat this procedure through at least half of your timed soaping, unless this is your only procedure you plan to use, then have at it.

c. Mini Scrub Brush: Repeat the same procedures that are used for the toothbrush.

d. Bar of Soap: After giving the soap between 5 minutes and one half hour to soak, and for the recipient to search their thoughts for what is about to happen to them, and why. Take the softened bar of soap, and rub around the lips, especially the upper lips, to ensure that the scent stays with the recipient for a while. Ensure to periodically dip or drop the soap into the hot water to keep it wet and moist.

Once the bar of soap is past the lips, work the soap into a rich lather on the tongue. This works great if you keep the soap wet. The motto should be, 'The Wetter the Better!' Scraping the soap across the teeth while inserting and removing from the mouth works great to keep the flavor there, and soap shards are hard to remove from between the teeth. You can always offer to brush them out for the recipient, (LOL). Continue this process for as long as you wish.

These are only a few of the techniques that can be used, there are as many techniques as there are thought processes, and these are only the tip of the ice berg, so to speak when starting out with bar soap.

After completing the first half of the set time for the mouthsoaping, I recommend that the softened bar be placed firmly into the mouth, either three quarters of the way in, or as with large bars of Dove, placed in sideways, so that the mouth closes around the soap to hold it in place as a gag. This is a great way to keep the recipient quiet to think about what they did that angered you. As the recipient gets more mouthsoapings, the time should be increased.

Notes:

1. Soap can burn the mouth and throat. Allowing a small rinse, about 6 ounces will help offset the burning.
2. Milk helps to coat the mouth, throat and stomach, to keep the recipient from getting sick, unless, of course, they are lactose intolerant.
3. Liquid soap such as dishwashing liquid should always be followed with at least 8 ounces of water, or more, if it is swallowed. It will act as a laxative this way, and not harm the receiver. The more that is swallowed, the more water should be used.
4. The body will dispel the soap if it is too concentrated one way or another.
5. Bar soaps should not have visible teeth marks in them if kept not in a private bathroom.
6. Forcing someone to eat soap, unless they are into it, is a bad idea. On the other hand, it is a good way to get rid of teeth marks.
7. After a soaping, the recipient should have the soap removed, and made to clean up their mess. Rinsing should be limited and supervised.
8. Repeat offenses will sometimes require soapings to be administered at different times and places. Ensure the recipient knows that public places are no excuse or free ride. Carry the small bars of Caress, Dove or Irish Spring that you can get at Wal-Mart for 50 cents.
9. Follow-through on your threats. A warning that it is coming is worthless if you do not follow through with it. The recipient will learn not to respect you if you do not follow through with the threats or warnings.
10. Bondage and soapings work great together, as long as you are both consenting adults, and respect each other's limits. After all, limits are made to be broken. Play carefully
11. Never use a soap piece small enough to get caught in the throat, unless it is being chewed upon.

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