

# The Lake Report

THIS YEAR YOUR NEWSPAPER TOOK HOME ...

**5** 1ST PLACE

**1** 2ND PLACE

**5** 3RD PLACE

AWARDS IN THE ONTARIO COMMUNITY  
NEWSPAPERS ASSOCIATION COMPETITION

*"Boom! This front page knocked me back in my seat. The clear winner as soon as it popped up on my screen. Simple. Powerful. Extra powerful because it landed on Canada Day. Powerful because of the words of Karl Dockstader. It's a front that stops you, then makes you want to turn the page and read more. This is one of the best community newspaper front pages I've ever seen — almost certainly better than anything I ever designed — and I was a community journalist for 34 years."*

**- Judge Richard Dal Monte**

**BEST FRONT PAGE**



## HUMBLED TO BE HONoured BY OUR PEERS

### Editorial Team The Lake Report

The Lake Report has been honoured with five first-place provincial awards in recognition of the newspaper's journalism, advertising and community service in Niagara-on-the-Lake.

In the paper's first year participating in the Ontario Community Newspapers Association's annual Better Newspaper Competition, The Lake Report also won second place in one category, five thirds and three honourable mentions.

The paper's 14 awards were more than any other newspaper in the province received.

In the overall General Excellence category (6,500 to 12,499 circulation), The Lake Report placed third among 19 entrants.

A panel of three judges, two from British Columbia and one from Nova Scotia, said the paper was "a pleasure to read," with "a strong opinion section," and diverse, interesting stories — exclaiming "and there are a lot of them!"

Niagara-on-the-Lake native Richard Harley, founder and editor-in-chief of The Lake Report, said, "It's humbling and an honour to be recognized and singled out by your peers in the media industry."

In an era when media organizations face major financial challenges, The Lake Report is produced by a team of just two full-time journalists, one part-timer "and an army of community correspondents and freelance contributors," Harley noted.

"But we are really proud of what we have accomplished in the past four years and are indebted to the people of Niagara-on-the-Lake who let us into their lives every week to tell their stories."

The newspaper's Pandemic Heroes campaign was a major winner, described by judge Tim Shoultz of Kamloops, B.C., as "totally unique, compelling and visually arresting."

**"This is one of the best community newspaper front pages I've ever seen."**

**JUDGE RICHARD DAL MONTE  
COQUITLAM, B.C.**

The 15-week project included a full-page in each edition from February through May 2021 honouring the hard work of individuals and groups in NOTL during the COVID pandemic. It was recognized with two firsts and one second-place finish.

The June 3, 2021, four-page special section wrapping up Pandemic Heroes, highlighted the whole four-month campaign and how the community pulled together during COVID. It earned top marks for Best Feature Pages and Best In-House Promotion.

That special section featured a front-page with a photo

mosaic created by Harley. It was composed of hundreds of other tiny photos assembled to depict the Queen Street clock tower.

The entire four-month project also took second-place honours for Community Service.

Our "simple, powerful" July 1 cover was "one of the best community newspaper front pages I've ever seen," said judge Richard Dal Monte, of Coquitlam, B.C.

The Canada Day edition depicted a Canadian flag at half-mast and included powerful words from Niagara Regional Native Centre executive director Karl Dockstader about anti-Indigenous racism.

Produced not long after the discovery of the remains on the sites of former residential schools, the design featured 1,140 tiny stars, representing the number of Indigenous children known to have been lost to the residential school system as of that date.

The page was conceived and designed by Harley and managing editor Kevin MacLean, with research and reporting by Evan Saunders.

Harley also took top prize in the Best News Photo category, for a Page 1 image taken at the height of the pandemic when the Canada-U.S. border was closed.

It depicted snowbird Cassandra Vinckers and her dog Fancy preparing to board a helicopter at Niagara District Airport for a quick hop over to Buffalo from where they would drive to Florida.

Harley, who was named in seven award categories all told, was third in the judging for the Photographer of the Year award.

"Harvest time," a behind-the-scenes look at the annual fall grape harvest, won Best Rural Story (circulation up to 9,999) for writer Jill Troyer and photographer Don Reynolds. It focused on the fall 2020 harvest at Chateau des Charmes winery in NOTL.

The Lake Report's third-place awards included one for Jessica Maxwell for Most Creative Grip and Grin Photo. Her innovative image depicted artist Filomena Pisano and her artwork being sold to support women's programs.

As well, a story by Troyer with pictures by Harley was third in Best Photo Layout. The feature, "Top Chefs' Asparagus Tips," was a three-page spread about cooking with asparagus and included ideas from six top chefs at NOTL restaurants.

Harley and MacLean also finished third in the Best Headline Writing vote.

The Lake Report also received honorable mentions for: Best Creative Ad, for Marion Minhorst's "Rent My Husband" handyman spot.

Best Feature or News Series (circulation under 9,999), to Elizabeth Masson, Evan Saunders and Harley for a series of four stories on the historic Rand Estate.

Online Breaking News Coverage by Harley, for early coverage of a multi-million dollar fire on Townline Road on Feb. 9, 2021.



Richard Harley, Publisher



Kevin MacLean, Editor



Jill Troyer, Reporter



Don Reynolds, Photographer



Evan Saunders, Reporter



Jessica Maxwell, Reporter

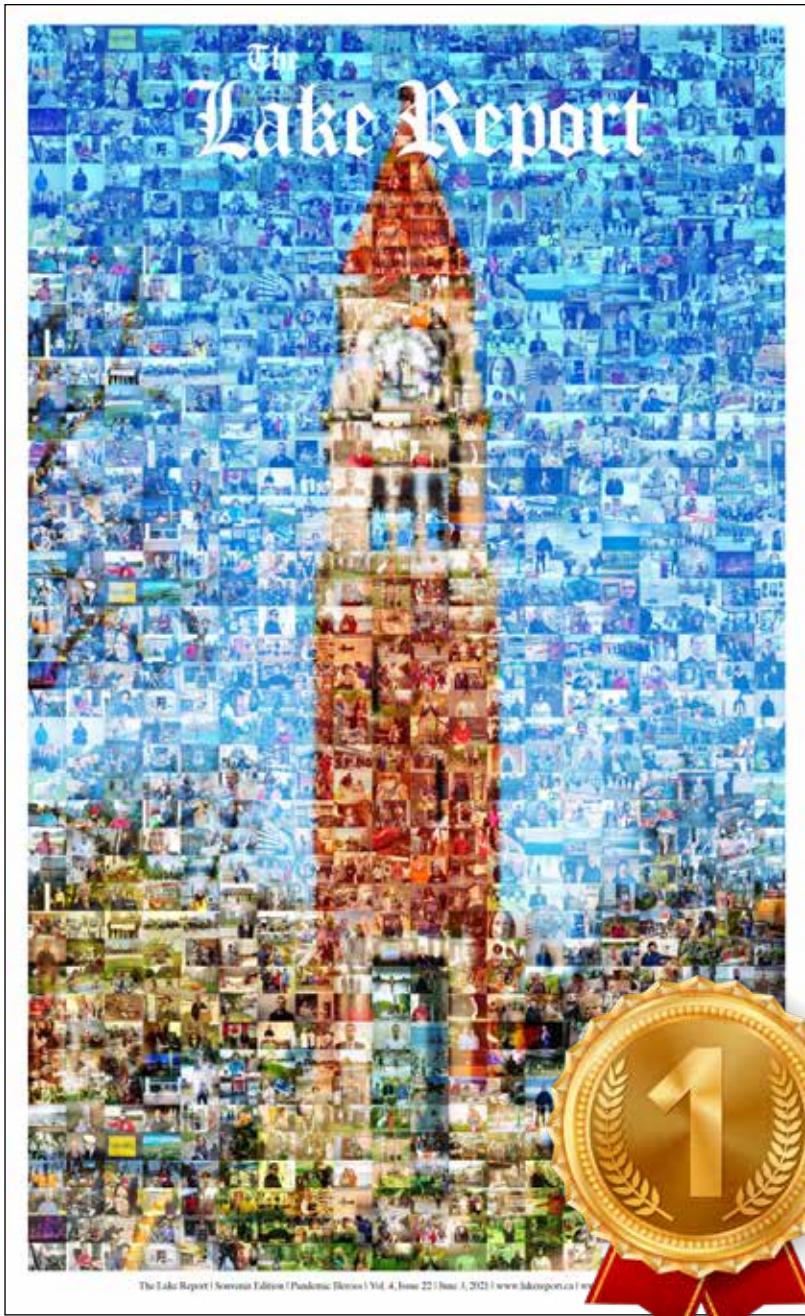


Elizabeth Masson, Feature Writer



Megan Vanderlee, Advertising





## BEST IN-HOUSE PROMOTION

“Wow! What a lot of work and creative design put into this promotion! The many photos are dizzying but what a concept to capture what many of us had seen on television and zoom meetings. Superb creativity! Another entry that has blown my socks off! Great job! Top marks for newspaper awareness on how much work throughout the year goes into a newspapers job description. I have never before given 100 percent top marks in any entry but there is no room for improvement that I could see! Congratulations!”

## BEST FEATURE/ UNIT PAGES

“While it doesn’t have ads in the classic sense, this piece ties together a multi-week ad campaign in a totally unique, compelling, and visually arresting way that stands head and shoulders above anything else in the category. Amazing!”

## COMMUNITY SERVICE

“Wow! What a lot of work and creative design put into this promotion! The many photos are dizzying but what a concept to capture what many of us had seen on television and zoom meetings. Superb creativity! Another entry that has blown my socks off! Great job! Top marks for newspaper awareness on how much work throughout the year goes into a newspapers job description. I have never before given 100 percent top marks in any entry but there is no room for improvement that I could see! Congratulations!”

The Lake Report’s 15-week Pandemic Heroes series took home three awards this year. Two golds and one silver.



## BEST NEWS PHOTO

RICHARD HARLEY

“What an interesting shot. The image is really well implemented. The expose and focus are practically perfect, but it’s the choice of camera position - low with a clear sky background - and composition that really make it stand out. The tilt of the horizon and stance of the dog in the foreground lend the sense of energy and movement. The helicopter’s rotor is stationary, but the door is open - again suggesting movement and that something is about to happen. This is an instance where the photographer took great advantage of a few simple elements in the scene to take a great photograph.”

Judge Chris Bush  
Photographer  
Nanaimo News Bulletin

## BEST RURAL STORY

(CIRC. UNDER 9,999)  
JILL TROYER & DON REYNOLDS

“Excellent feature — just the right number of images — to explain an important grape harvest in Niagara. We learn about the process, the impact of the weather and the people who bring their expertise.”





Tim Balasiuk carries a bag of litter he cleaned up.

## Beach cleanup removes 6,452 pieces of litter from Queen's Royal

Richard Harley  
The Lake Report

Queen's Royal Park is a little bit cleaner today, thanks to a group of environmentalists who made their way to the water's edge Sunday to pick up garbage.

The beachfront park, situated at the mouth of the Niagara River in Niagara-on-the-Lake, offered up 6,452 pieces of litter for eager folks to help clean up.

Ashley Waters, Liberal candidate for the Niagara Falls riding, which includes Niagara-on-the-Lake, was one of the helping hands, along with her children Liam and Sasha.

"They just finished doing (a cleanup) at school the other day so they're really happy because they've had their test run at school. So now today they are pros at the park cleanup, right guys?" Waters said.

She said she's good friends with Paddle Niagara's Tim Balasiuk, who helps organize the cleanup day with Rochelle Byrne of A Greener Future.

"So that's why I said that I wanted to come in support of the cleanup — and it's really important for our communities to make sure the shorelines are kept clean."

Liam, 10, and Sasha, 8,

*Continued on Page 2*

## FABRIC OF CANADA

# Identifying early Black Canadians buried in NOTL

Technicians use ground penetrating radar to search historic cemetery



Steve Watson and Don Johnston from Global GPR Services and Jim Russell puzzle over a soil anomaly in the Negro Burial Ground on Mississauga Street. The technicians were working for Russell to try and locate the graves of some of Niagara's earliest Black residents using ground penetrating radar. EVAN SAUNDERS

Evan Saunders  
Local Journalism Initiative  
The Lake Report

Jim Russell is working to ensure Niagara-on-the-Lake's historical prominence as an early settlement for free Black Americans and Canadians is no longer a passing thought.

On Wednesday, Russell and a team of technicians gathered at the Mississauga Street site known locally as the Negro Burial Ground to begin the process of locating and identifying the Black Canadians buried in the sacred plot.

"I'm excited this is finally getting done," Russell told

The Lake Report at the burial ground on Wednesday morning as a crowd of journalists and residents gathered around him.

"I've been looking at this field for almost 40 years and just last year I said, 'No one is doing what needs to be done so I really should do it.'"

The site is the home of a former Baptist church, which through the 1840s until its closing in 1878 was at the heart of the Black community in Niagara, according to research published by the Ontario Historical Society.

On April 28, the Ontario Heritage Trust announced

it will be updating the site's provincial plaque to officially rename the graveyard the Niagara Baptist Church Burial Ground.

Aiding Russell in the search was Steve Watson from Global GPR Services. Watson used ground

*Continued on Page 6*

## Forest facelift: 4,700 trees being planted along Two Mile Creek

Evan Saunders  
Local Journalism Initiative  
The Lake Report

Less than a year after cutting down about 400 ash and maple trees along Two Mile Creek, the Niagara Peninsula Conservation Authority is hard at work replanting native, beneficial saplings in the area.

The Niagara-on-the-Lake

project will ensure the creek area is much healthier than if it had been left alone, said Stuart McPherson, a restoration specialist with the authority.

"It's a big change. But it was a necessary management change that needed to happen," McPherson said in an interview Monday as the latest phase in the project began.

The work was a long time coming, as the ash trees that once dominated the creek started being devastated by the invasive emerald ash borer as early as 2012, said Dan Drennan, a watershed forester with the authority.

"This area was about 95 per cent ash," he said.

"Four years it usually

*Continued on Page 2*



Alicia Robinson digs the first of thousands of holes to plant saplings in Two Mile Creek on Monday. EVAN SAUNDERS

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# Message is that every little bit counts, say cleanup organizers

Continued from Front Page

said they found a lot of foam, plastic cups, cigarette butts and “lots of bottle caps.”

Asked what the message the day sends, Liam said simply: “Don’t litter.”

“Make sure you throw it in your garbage. Don’t just chuck it all (on the ground),” he said, adding that one good thing he noticed was a lot of the litter was in the vicinity of the park’s trash cans.

Byrne has been organizing the lake cleanups for nine years as part of A Greener Future’s “Love Your Lake” series, which features hundreds of similar blitzes along Lake Ontario. She said it was a good turnout for the first event in two years.

She said about 40 people showed up, each one was armed with a trash grabber and gloves.

“A lot of people, they care



Tim Balasiuk shows off his salvaged Krusty the Clown basketball. RICHARD HARLEY

about Lake Ontario, they want to see it clean,” Byrne said, adding sometimes it can be deceiving.

“When you come down here, it looks pretty clean when you’re first looking around, but as you can see, there’s a lot to pick up.”

“It’s all the little actions that count,” she said. “A lot

of the things we find aren’t even necessary — like a lot of plastic bottles, where, I mean, we have access to clean tap water. So if people started using reusable water bottles, that would be a huge deal.”

“Every person can make a difference. You don’t have to come to a cleanup

like this, you can go out on your own and pick up a few pieces of litter. So it’s really nice to have that community pride and take care of the spaces we enjoy.”

Debra Simpson of Virgil was one of the volunteers out Sunday. She’s part of a book club concerned about climate change.

“We encouraged each other to take on different responsibilities or to do something, because each person can make a difference. So I thought I would join this group,” she said.

She found a plastic boat, bits of plastic, some bottles — even a diaper.

Her message to people? “Every effort counts, so don’t wait for others. Get out and do something for the environment. And enjoy the water at the same time.”

Balasiuk, who operates Paddle Niagara from the park, is a water bug. He spends more time than most at the park and has been a big driver behind the beach cleanup every year.

He was down closer to the NOTL Golf Club, picking up trash in harder to reach places. He typically takes a boat out, but with a northeast swell Sunday, there was no easy way to tie up the boat.

“So we loaded it back up and we just hiked over and climbed down the hill and pulled everything out.”

He said he was finding things like soccer balls, Styrofoam, dip bottles, plastic bottles and liquor bottles. He even found himself a souvenir.

“I got the ‘I love Krusty the Clown’ Simpsons basketball,” he laughed.

He said he was “extremely happy” to see how much garbage was removed from the lake and park, and also to see lots of community faces.

“Lots of locals came out, so, (it was) huge for me,” he said.

His message? “It’s really just to bring awareness,” he said. “There’s garbage out there. It’s not always intentional. Litter. It blows out of garbage cans and that sort of thing. And I think it’s just social awareness. Really.”

A little bit goes a long way, he said.

# Forest removal did not disturb coyote habitat: Conservation authority

Continued from Front Page

takes for them to start dying off. All the ash trees in here were dead.”

Doing work like this is beneficial for the health of the forest but also essential for protecting the safety of residents who use the trail.

“The tops were falling off of them,” Drennan said.

“It’s a big safety issue. People walk by here every day and it’s like, ‘Hey, it’s windy,’ and I don’t think twice about it and suddenly a tree falls on the path right in front of me,” McPherson said.

On Thursday, May 5, the conservation authority is encouraging residents to help with the final day of planting near the south end of Butler Street.

About 200 trees are reserved for residents who would like to take a personal hand in the health of their neighbouring forest and witness the work being done.

Residents who want to get involved should contact Kerry Royer at [kroyer@npca.ca](mailto:kroyer@npca.ca). The volunteer

planting will take place between 10 a.m. and noon.

Drennan said the work had to start slowly last year as the unstable ash trees proved dangerous to the conservation workers.

But new life is springing up at a rate of about 1,000 trees per day this week.

Workers are planting quaking aspens, red maples, silver maples, sycamore, swamp white oak, red oak, bur oak, shagbark hickory and speckled alder.

McPherson explained some of the reasoning for choosing these particular trees.

“We picked these because it’s a good diversity of species but also because we are in kind of a valley,” he said.

“We’re going to have a mixture of open canopy, where there are still some trees standing, and there’s also some sun as well.”

“These are trees that will establish quickly. There’s a good mix of trees that will kind of take off right away.”

“Some of our silver maples and trembling aspens, they’ll kind of act as

almost nurse trees in a way for some of our trees that will take a little longer to establish,” said McPherson.

A nurse tree is a faster-growing species that will provide a stable habitat for

**“This was a forest that had died off, so we weren’t disrupting coyote dens. We weren’t flushing coyotes out into the neighbourhood. That’s a myth.”**

DAN DRENNAN, FORESTER

slower-growing trees to flourish, he said.

He said the trees should get off to a good start, as Two Mile Creek has fertile soil.

“It’s a great spot to have trees.”

Residents may notice piles of bramble and mulch from the clear-cutting last year still in the creek area, but Drennan and McPherson

said that’s not anything to worry about.

While much of the dead wood was removed, the conservation authority worried that using machinery to remove all of the wood would do more harm than good to the environment, Drennan said.

The wood that does remain will break down and make the soil of the creek even healthier. The piles also provide valuable habitat for small animals such as rabbits and squirrels.

One animal that does not use Two Mile Creek as a common habitat is the coyote, Drennan said.

“Coyotes are more of an edge species. This was a forest that had died off, so we weren’t disrupting coyote dens. We weren’t flushing coyotes out into the neighbourhood. That’s a myth.”

Amphibians and reptiles will also use the leftover wood as valuable living space, he said.

Mulch left behind by the grinding of dead trees last year also serves a valuable purpose for reigniting the

health of Two Mile Creek.

“The mulch will break down and help keep more moisture in the ground so that when we get a hot summer day the trees will still have some moisture,” McPherson said.

The conservation authority had an ecologist take inventory of the creek last year to advise on how wildlife would be affected by the work.

One of the recommendations was the retention of some cavity trees — dead trees that provide hollow spaces for birds to roost and also create valuable habitat for bats.

The dead trees were left in spaces where they are within the forest, more sheltered from the wind and away from the trail, said McPherson.

He said the current issue with the emerald ash borer devouring trees across North America can be traced back to the forestry practices of 40 years ago.

Back then pines and ash were “planted everywhere because they grew very quickly and you saw

results,” he said.

McPherson and Drennan said they understand residents’ frustration regarding cutting in the forest, but ask for patience and understanding that what was done was necessary for the long-term sustainability of Two Mile Creek’s ecological system.

And it will assuredly be as lush and green as it once was, McPherson said.

“It’s gonna take some time but we’re on the right path and it will get there and we’ll have a healthier environment for it,” he said.

After the planting is done the second phase of the project comes to an end.

The third and final phase is simply monitoring the forest to ensure the trees grow well and to make necessary adjustments over time.

There are potential further plans in the works for Two Mile Creek, with McPherson saying rehabilitation of the creek bank is being considered, though nothing is finalized.

“We have to be sensitive just because there’s fish that spawn through this area,” he said.



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## Election season begins: Provincial and municipal races start ... **now**

Evan Saunders  
Local Journalism Initiative  
The Lake Report

And they're off!

It's an election year, literally, and this week marks the start of the provincial election campaign – and the beginning of Niagara-on-the-Lake's 2022 municipal election race.

People were officially able to submit municipal candidate applications as of Monday, May 2.

And so far, at least, it's a one-person race for council, with Coun. Allan Bisback scheduled to face off against ... Allan Bisback?

Well, as of Wednesday, anyway.

Bisback was the only person to so far submit nomination papers to



Coun. Allan Bisback will seek a second term. FILE PHOTO

be a candidate for town council in the Oct. 24 vote. Four years ago, more than two dozen people ran for the eight council seats.

But fear not, The Lake Report has learned of a few others who plan to toss their name in the ring.

Coun. Sandra O'Connor

confirmed she plans to run again.

Lord Mayor Betty Disero said she will be defending her title and plans to submit her application this Friday.

Couns. Norm Arsenault and Wendy Cheropita say they are as yet undecided. Arsenault said he will make

up his mind over the next month while Cheropita said she has been encouraged by people to run but is still uncommitted.

There have also been reports from several sources that regional Coun. Gary Zalepa is going to run for lord mayor. Zalepa did not reply to inquiries from The Lake Report by deadline.

Couns. Erwin Wiens and Clare Cameron already announced they will not be seeking re-election while Couns. Gary Burroughs and John Wiens had not responded to inquiries as of publication.

Applications close on Friday, Aug. 19, according to Elections Ontario, and must be delivered in-person to the NOTL town hall on Four Mile Creek Road.

## Former NOTL deputy mayor **Terry Flynn** representing Liberals in Niagara Centre

Evan Saunders  
Local Journalism Initiative  
The Lake Report

For 21 years, Terry Flynn was a household name around Niagara-on-the-Lake.

He's been a councillor and deputy lord mayor and now Flynn, 58, has set his sights on Queen's Park.

Flynn made up his mind to run in the provincial election after he received not one, but two calls from the Ontario Liberal Party asking him to consider representing the party.

"When they come knocking on your door twice in six months, maybe you want to heed that advice," Flynn said in an interview on Tuesday.

It may appear unorthodox to NOTLers that Flynn is not running for the Niagara Falls electoral district, which includes NOTL, but Flynn says he was originally asked to run there by the Liberals last year.

"However, the timing was just horrible at Christmas to go through a candidate nomination process," he said.

A longstanding commitment to the NOTL community actually had a part to



Terry Flynn is the Liberal candidate for Niagara Centre. FILE/RICHARD HARLEY

play in Flynn's rejection of the Niagara Falls ballot.

"I still do the Christmas tree sale in Virgil every year for the Lions Club," he said.

"I know it sounds dumb, but that's a commitment I've made for 25 years. I take three weeks off work every year. I sell Christmas trees."

Flynn said he is a strong supporter of Ashley Waters, the Liberal candidate for Niagara Falls riding.

"She's energetic. She does her homework. Let her have it," he said.

When initially asked, Flynn was also in the middle of hiring 40 new paramedics for Niagara Emergency Medical Services.

"It was the largest intake we've taken — ever."

As a longtime small town councillor and employee of Niagara Emergency Medical Services, Flynn said he is in a position to truly fight for his constituents instead of playing politics.

"I will be there to have their backs, that's my approach," he said.

Flynn had no issues with criticizing the so-called Freedom Convoys and the damage they have done to the symbolism of the Canadian flag.

"I believe strongly that the flag's got a bad rap now," he said.

"If I had my way, I would give a flag to every resident in the Niagara Centre riding by July 1, so that we could bring the true meaning of the Canadian flag back."

"If I could get \$100,000 tomorrow I would drop off a Canadian flag at everybody's house and if you need help putting it on your front post, I'll do it."

Flynn is critical of Premier Doug Ford's willingness to sacrifice human lives to COVID-19 in order to further his political ambitions.

"Doug Ford deciding it was more important for the election and to let his guard down slightly with COVID ... it's not gone away and people are hurting," he said.

Flynn added he understands the desire to be rid of the restrictions.

"When I was able to go into a restaurant and take my mask off, it felt amazing. But it's all a little too early and I'm seeing the numbers rise," he said.

Flynn knows this firsthand as he is the superintendent of operations at Niagara EMS.

"Our call volume is going through the roof. Our medics are stressed. The nurses are stressed. Front-line workers are all stressed," he said.

He promised to work tirelessly to revamp the health care system and introduce better practices to support front-line workers. "When I'm elected, I'm elected to represent everybody," he said.

"I'm not going to forget about Niagara-on-the-Lake, no way. I'm not going to forget about Niagara Falls. When I'm elected I want to be a voice for everybody."

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## FABRIC OF CANADA

# Work to identify early **Black Canadians** in NOTL underway

*Continued from Front Page*

penetrating radar to comb the entire burial ground and search for anomalies in the soil composition.

The radar does not create a photographic picture of the ground and show where skeletons are, Watson explained. What it does is show the change in soil composition in the layers of the earth.

This means the radar can show where digging had been done in the past.

“When you dig in (soil), you mix it and once you’ve mixed it you can never put it back to its native state,” he said.

“We see the boundary of that grave area and that’s how we know where a grave has been dug in the past.”

Ground penetrating radar is the same technology that has been used extensively across Canada in the past year to locate the suspected graves of missing Indigenous children on residential school properties.

By the end of the day, 13 definitive anomalies were located by Watson and his fellow technician Don Johnston. Many more areas were located but it will require Watson analyzing the data to better understand what they might be.

Russell put Canadian flags in the ground to mark the spots where the potential graves were found.

For Russell, a former news photographer for the Toronto Star and now founder, writer and producer for MANKS Motion Picture Studios, the project isn’t only about respecting the dead but also providing a connection to the living.

“There are people buried here who have great grandchildren and great-great-grandchildren. I’m sure they would like to know where their relatives are buried,” he said.

He knows well that refabricating the mosaic of history can be a difficult process.

“History, by its nature, is very splotchy. But especially Black history and



Jim Russell examines one of the headstones at the newly named Niagara Baptist Church Burial Ground. EVAN SAUNDERS

the history of Americans who came here to escape slavery. It’s very sketchy,” he said.

“What we’re basically doing is connecting some of the dots and I’m very excited about that. I think the future generations of Canadians will appreciate the work that we’ve done here. At least, I hope so.”

Russell is embarking on an extensive project to locate the lost graves, obtain documents to discover who the individuals are and to be able to accurately plot out exactly who is in what grave.

He expects a year or two of research to commence once initial work was finished on Wednesday.

“After this, I make a bee-line to the Baptist archives, which is at McMaster University in Hamilton,” he said.

The university’s archives have been closed for the past two years due to the pandemic, Russell said.

“But I’m hoping I can get them to open up the actual

archives so that we can get in there and start checking the records. Somewhere there has to be a record of who’s buried here.”

As important to finishing the project as gathering the names of those buried is finding the church plot, which shows where they were buried.

Russell is expecting his research will take him through the provincial, city and church archives, and municipal records to find the information he needs.

Once all of the details are organized, he plans to move on to the next stage of the work: creating historical headstones to mark the individual graves of everyone buried in the cemetery.

And not only will the headstones reflect the accurate historical information of who is who, but they will be created using historic Queenston Quarry limestone, the same stone used for the two headstones that are still standing.

The limestone comes courtesy of Frank Racioppo,

president of the Queenston Quarry.

“It’s special. It really is pretty extraordinary to just see the building blocks of Upper Canada just come into fruition,” Racioppo said at the burial ground on Wednesday morning.

Racioppo has a specific store of Queenston limestone that is on reserve purely for historical projects such as what Russell is doing.

“It’s quite satisfying to be able to carry on with any sort of restoration project. It’s important to us and it’s a good feeling to be able to contribute.”

Lord Mayor Betty Disero has spent a lot of time considering the burial ground, as her mother lives nearby.

“Her and her neighbours have always wondered and worried about what’s been in here and they’re worried about a lack of recognition for the bodies that are buried in here,” Disero said at the site.

“I’m hopeful that they will be able to find out who

the bodies are and give them the recognition they deserve.”

Disero said NOTL’s place in history as a beacon of freedom and a stepping stone for the abolition of slavery is one of her greatest prides in living in and representing the town.

“When I meet American tourists or visitors in Niagara-on-the-Lake they are thankful to us for starting that, everybody, down that path. I get goosebumps talking about it,” she said.

“The things that happened in Niagara-on-the-Lake may not be thousands of years old and may only be 200 years old, but they were significant to the way the world is evolving. To me, that is beyond privilege to live here.”

She said these important acts of recognition build into a better world.

“Every step we take as a community just makes Niagara-on-the-Lake and Canada and the world a better place,” she said.

Russell hopes to hold a

design competition when the time is right to attract Niagara Region artists to design the headstones for the burial ground.

One thing that is off the table is any form of excavation.

“It would take an act of Parliament to dig here,” Russell said with a laugh.

And digging is not wanted, as the ground is a sacred and sensitive part of Canadian history, he said. The remains would also provide little to no help in identifying the individuals.

But there is one avenue for archeological work that sprung up as Watson began taking preliminary scans of the grounds.

He found several anomalies that were small in diameter. He believes those to be headstones that have sunken into the ground over time, he said.

Russell said if original headstones are indeed located he would be willing to go through all the red tape to organize a historically valuable archeological dig on the site and to retrieve them.

Not only would it be an incredible piece of Canadian history to uncover, it could be invaluable for determining who is buried where, he said.

But respect for the site and those who called Niagara home 200 years ago comes first.

The project was in doubt last week after Russell hit several roadblocks in the form of town permits for the project. He reached out to The Lake Report for help in navigating the municipal regulations surrounding the work.

After emails from The Lake Report, Russell and the town were able to resolve their outstanding issues and move ahead with the project.

“Evan (Saunders) is the reason this is happening,” he told those gathered at the burial ground on Wednesday morning.

“He sent emails, he called the prime minister and even the King of England to get this going,” Russell joked.

# SIMPLY WHITE INTERIORS

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# Heritage trust renames Niagara-on-the-Lake's historic **Negro Burial Ground** after former church

Evan Saunders  
Local Journalism Initiative  
The Lake Report

Niagara-on-the-Lake's important history as an early settlement for Black Canadians is getting renewed focus as the Ontario Heritage Trust installs updated plaques at the former Negro Burial Ground on Mississauga Street and at the one-time site of the Court House and Gaol near Rye Heritage Park.

"We want to tell more authentic stories of Ontario's history on these plaques," Erin Semande, provincial heritage registrar with the trust, said in an interview Tuesday.

Part of the organization's current work is updating some of the older plaques in the province, which were less informed at the time of their creation than Canadians and academics are today, Semande said.

For example, the Negro Burial Ground has been renamed the Niagara Baptist Church Burial Ground. The Court House plaque will be retitled as the Solomon Moseby Affair 1837.

"They use language we wouldn't use anymore. They're narrow in the scope of their historical narrative," said Semande.

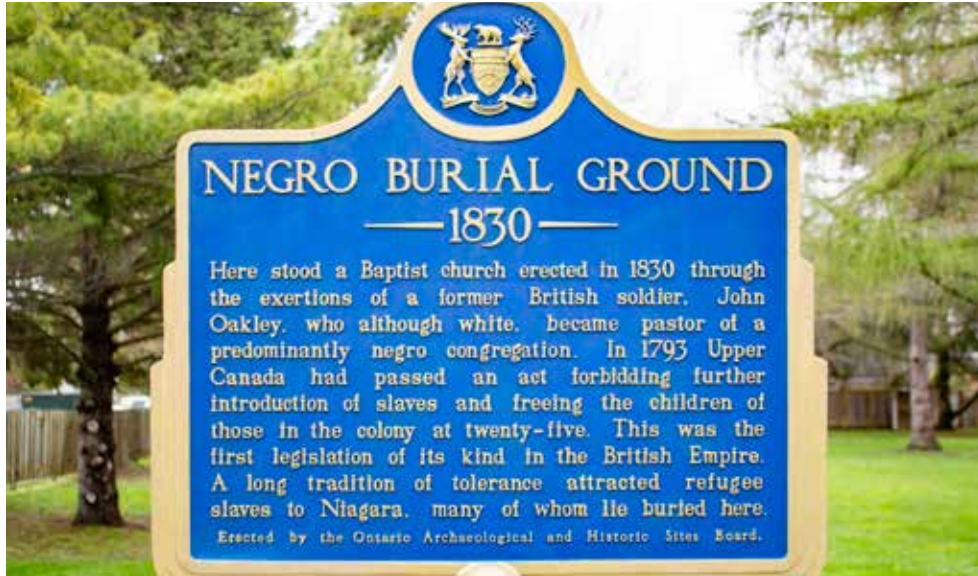
Providing a more thoroughly researched plaque was essential for the trust, which worked closely with academics on ensuring authenticity in how the history is told to the world.

"Some of those stories, you know, they do misrepresent the past and that can be harmful to individuals and communities across the province," she said.

The trust worked closely with Natasha Henry, an author, scholar and president of the Ontario Black History Society, in researching and documenting the history of the two specific sites in Niagara-on-the-Lake, as well as two other spots near London, Ont.

"This is something we take very seriously," Semande said.

Henry authored two extremely informative and in-depth research papers about the two NOTL sites. The



The Negro Burial Ground is now the Niagara Baptist Church Burial Ground. EVAN SAUNDERS

papers can be read in their entirety by searching for the Ontario Heritage Trust provincial plaque background papers, under the Niagara Baptist Church Burial Ground and the Solomon Moseby Affair 1837.

The trust views its plaques as an essential tool for educating people on Ontario's history.

"These plaques are landmarks and they are located in every single region of the province and they are there to educate. They are there to raise awareness about our heritage," Semande said.

Updating historical plaques should be a fluid process for the trust, as understanding and researching abilities about Canada's history are always improving, she said. That process, however, starts with acknowledging earlier failings.

"We're acknowledging that they have flaws and that our understanding of Ontario's past has broadened," Semande said.

"We are working with local and community partners to ensure that these plaques tell an authentic, respectful, inclusive and accurate portrayal of Ontario's history."

Four plaques have been announced so far, including the two in NOTL but Semande said these are the beginning of what will be years of reworking the trust's many plaques across the province.

"History is very complex and it's evolving and the way we interpret our past is always evolving."

The new plaque at the

Niagara Baptist Church Burial Ground, and Henry's research, documents its founding in 1829 by John Oakley, a white former British soldier who became a minister, to its flourishing in the 1850s as a predominantly Black Canadian church before its decline in 1878.

In her paper, Henry provides the names of all the people known to be buried in the graveyard.

Two of them, Herbert Holmes and Jacob Greene, were killed during the Solomon Moseby Affair, the subject of the plaque near Rye Heritage Park.

In 1837, Solomon Moseby, a Black freedom seeker from the United States, found refuge in Niagara. His enslaver tried to have Moseby extradited back to the U.S. for stealing a horse, according to Henry's research.

An extradition order was approved but some 200 Black residents protested and camped outside the jail where Moseby was held. Many people saw the charge of horse theft as a pretext to bring Moseby back into slavery, including his lawyer, Alexander Stewart.

"(Stewart) went on to say that it was 'preposterous' to believe that four men would incur \$400 (the equivalent of about \$12,500 today) or more in expenses, and travel 2,400 kilometres (1,500 miles) for a \$150 horse," according to Henry.

Some 117 white residents of Niagara also signed a petition protesting Moseby's extradition.

"Should he be given up,

he will inevitably go back to slavery, there to be tortured as an example," Henry writes that the letter said.

The Black protesters' intentions were to raise enough money to pay for the horse that Moseby was alleged to have stolen and buy his freedom.

But violence ensued. Holmes and Greene were killed and buried in the Baptist Church Burial Ground. Moseby escaped and fled to England, later to return and live in Niagara, Henry writes.

"For African Canadians, this was not simply about justice for one man. If Moseby's enslaver had succeeded, they could all be vulnerable to extradition and re-enslavement. This incident helped to establish Canadian extradition and refugee policies that are still used today," the new plaque reads.

The area known as the Coloured Village was where most of Niagara's Black residents lived. It was located south of William Street between Butler and King streets, Henry writes.

Henry's research also found that, while the Black population in Niagara flourished as a location for freedom in the post-1830s, many Black residents were originally brought to the area as slaves in the late 1700s.

The plaques are not installed yet but can be read on the Ontario Heritage Trust's website. Semande said they should be erected in early summer after the old plaques have been removed.

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# Battle of Atlantic heroism and sacrifice remembered at Navy Hall

Richard Harley  
The Lake Report

It was a day to remember the fallen – and those who still serve in the Canadian navy.

The Royal Canadian Naval Association Niagara Region hosted a memorial ceremony for the Battle of the Atlantic on Sunday, with members and cadets gathering at Navy Hall in Niagara-on-the-Lake.

Shipmate Fred Martin, a veteran of the years-long battle – one of the most notable campaigns of the Second World War – was in attendance to pay his respects to his fallen comrades.

Martin, who turned 96 on Thursday, was called up during the ceremony and honoured for his service.

In an interview with reporters, he said he was just 17 years old when he left to fight as an Able Seaman-Torpedo.

At that point, a lot



Lord Mayor Betty Disero helps Battle of the Atlantic veteran Fred Martin fasten his Queen's Platinum Jubilee pin at the Sunday memorial. RICHARD HARLEY

of Canadian lives had already been lost, but Martin said he wasn't truly aware of the dangers he was facing.

"We were just kids," he said.

"That's the way it was – not so much trying to be a hero. You certainly weren't. You were just pulled along with what was happening," he said.

"We were all young and we were all like young people are – your buddy joined the navy, you joined the navy."

Martin was injured after a depth charge exploded on the surface in his first year of service, "which is not a nice thing to happen. It wrecked my hearing."

He was only 13 when the war began in 1939.

He continued serving until 1946, when he returned to Niagara Falls and had a 43-year career working on the railroad.

Martin was honoured with a Queen's Platinum Jubilee pin, which Lord Mayor Betty Disero helped attach to his shirt.

The event was led by Mike Britton, RCNA special events chair, along with

words from naval association members.

Major Reverend Harold Ristau spoke about the importance of the memorial.

"We may ask ourselves why are we gathered here today? Why have you all come here on this Sunday afternoon? There's all sorts of other activities competing for your time," he said.

"You haven't come here to catch up with old friends or honour some old tradition or read a plaque as if we're in a museum or something of the sort. You're not just here either because your commanding officer told you had to be here, right?"

"It's because you care about what it means to be Canadian, about freedom and its price. We're not simply here to remember a horrific event that happened many years ago but to learn lessons from it for today, and to honour those who sacrificed themselves. Each one of them a hero."

Shipmates Genevieve-Reene Bisson and Jeff Seburn

played an acoustic rendition of "O God, Our Help in Ages Past." Normally it would be performed by the Niagara Falls Concert Band, but they were unable to attend due to a COVID illness.


"The Last Post" was played by trumpeter Steve Finkelstein and Master Piper Peter Mackenzie played "Amazing Grace."

Shipmate Harvey Villard rang the ship's bell twice for each boat lost during a reading of the ship names.

Petty Officer First Class Albert, a 16-year-old naval cadet, said events like this are a sombre reminder of what peace means.

"I think we would have been training up to be kind of with those guys. Right? So hearing about those events, it's really important to us. It's part of our history," he said, noting it was powerful to meet Martin.

"It kind of like puts into perspective, to have someone here who has experienced it."



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**NOTICE OF PASSING  
TEMPORARY USE BY-LAWS  
4316EF-22 & 500XV-22**

**Temporary Extension of Restaurant and Bar Patios**

The Council for the Town of Niagara-on-the-Lake passed Temporary Use By-laws 4316EF-22 and 500XV-22 on April 25, 2022 under Section 34 and Section 39 of the Planning Act, R.S.O. 1990, as amended.

By-law 4316EF-22 and By-law 500XV-22 permit the extension of restaurant and bar patios onto public and private lands, subject to the Town's Temporary Patio Program requirements, without application of any provisions of Zoning By-law 4316-09, as amended (urban areas) and Zoning By-law 500A-74, as amended (rural/agricultural areas). The Temporary Use By-laws expire on February 28, 2023. A copy of the By-laws is available on the Town website, [www.notl.org/content/public-notice-under-planning-act](http://www.notl.org/content/public-notice-under-planning-act) or at Town Hall.

The Temporary Use By-laws apply to all lands within the Town of Niagara-on-the-Lake. By-law 4316EF-22 applies to all lands within the urban area boundaries (Old Town, Virgil, St. Davids, Queenston and Glendale) and By-law 500XV-22 applies to all lands in the rural/agricultural areas of the Town.

In accordance with Ontario Regulation 345/20 under the Emergency Management and Civil Protection Act (related to Provincial COVID-19 measures) in effect when Temporary Use By-laws 4316EF-22 and 500XV-22 were passed by Town Council, there are no rights to appeal these By-laws.

Dated at the Town of Niagara-on-the-Lake, May 5, 2022

Ralph Walton - Town Clerk ([clerks@notl.com](mailto:clerks@notl.com) or 905-468-3266)

Town Hall, 1593 Four Mile Creek Road, P.O. Box 100, Virgil, ON L0S 1T0



# Fundraisers are back at St. Davids-Queenston United Church

Steve Hardaker  
Community Correspondent

After two years when all church activities were cancelled due to the coronavirus, the members of St. Davids-Queenston United Church are excited at the return of popular fundraising activities this spring and summer.

Fundraising helps the church to conduct outreach programming within the church as well as throughout the community.

The activities kick off with a huge yard sale and bake sale this Saturday, May 7, from 8:30 a.m. until 1 p.m. at the church.

Members will be dropping off gently used household items all during the week and they'll be priced and ready for Saturday morning. Members of the United Church Women will be doing home baking of popular items for the bake sale.



A past St. Davids-Queenston United Church yard sale. LINDA HARDAKER

"Yard and bake sales are a lot of work, but it is so exciting to say goodbye to most COVID restrictions, allowing us to resume church activities," said Nancy Lang, an activities committee

member and organizer of the yard and bake sale.

"Pulling together to contribute to the life of the church makes the work fun," she said via email.

"We have really missed that camaraderie, and our

ability to reach out to and serve our friends in the greater St. Davids and Niagara-on-the-Lake community. Come find a tasty treat or a treasure. Masks optional."

Following closely after

the yard and bake sale, the church will hold a Beef-on-a-Bun and Cards evening at the church on Friday, May 13, starting at 6 p.m. Before COVID, this was a popular monthly gathering for many from the community and was held between September and May.

Following the meal, attendees are free to set up card and other games. Typically, most come to play euchre, but other games are welcomed.

New this year is that people wishing to attend will have to reserve a spot. Anyone wishing to participate can call the church at 905-262-5242 and leave a message including name and number of attendees. Reservations are required by Wednesday, May 11, at 2 p.m.

Beef-on-a-Bun and Card Night will be returning next September.

A real crowd-pleaser during the annual Lions Carnival held in July is the St.

Davids-Queenston United Church pie booth. This year will be the 59th carnival.

According to Florence Turner, longtime member of the United Church Women, organizers of the church's pie booth, "Our church has been doing the pie booth every year since the first carnival was held."

"When the Lions first started in St. Davids they met in our church for their meetings until they bought the building across the street. That is why they offered us the pie booth," Turner said.

Fundraising activities like these are an opportunity to reach outside the walls of the church into the community to showcase the church and engage in fellowship activities while at the same time raising money to support both the operational and capital budgets.

*Steve Hardaker has lived in Glendale for over 11 years and is active in many community organizations.*





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**Canada** The Local Journalism Initiative is funded by the Government of Canada.

## COVID Tracker

**NOTL active cases (last 28 days): 117**

**Region active cases: 1,617**

**Region deaths: 544**

**Region total cases: 39,882**

*\*May 4 data per Niagara Region Public Health.*

*Public health warns that "Due to the surge in COVID-19 cases, limited availability of testing, and changes to case and contact management practices, case counts shown (above) are an underestimate of the true number of individuals in Niagara with COVID-19. Data should be interpreted with caution." Case data for municipalities is also now being interpreted in 28-day cycles.*



**Contributed by Patty Garriock**

"If you need something to worship, then worship life – all life, every last crawling bit of it. We're all in this beauty together!" - Frank Herbert

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Call 905.359.2270 or send an email to [editor@niagaranow.com](mailto:editor@niagaranow.com)

## Sunday, rainy Sunday

The Lake Report's Richard Harley captured this photo on a rainy Sunday, as people huddled under the marquee at the Royal George Theatre to stay dry.

**Calling all NOTL photographers: send us some of your interesting, evocative, quirky images of life around town and we'll consider them for this space on our editorial page. Email images (1 MB or more) to [editor@niagaranow.com](mailto:editor@niagaranow.com).**



## Editorial

### Plenty to be excited about

Richard Harley  
Editor-In-Chief

The Lake Report has had a great week, having been honoured for our hard work with 14 provincial awards at the Ontario community newspaper world's "who's who" competition of the year.

It puts into perspective the work we do at the paper. We were the most awarded paper in Ontario this year, in our first time entering the competition. That is pretty humbling, to be honest.

But not only are we happy about our achievements shining brightly, we're also excited to see so

much good news this week and that our paper directly contributed to some of the wonderful achievements for our entire town.

Firstly, we're happy to see the name of the Negro Burial Ground changed to the Niagara Baptist Church Burial Ground. Finally.

All around, the name is simply more respectful.

And at the same location, it's great to see researchers like Jim Russell diving in (unobtrusively) and finding more information about the history of early Black Canadians in Niagara-on-the-Lake.

Kudos all around, and to

our reporter Evan Saunders, whom Russell credited with helping him deal with the Town of NOTL — which we know can be a wall of red tape and make-work that often holds up projects.

We're excited to see so many spring cleanups happening around our town — Garrison, Glendale, Queen's Royal — and lots of people out doing it on their own.

We're incredibly happy to see events, fundraisers and festivals returning. For too long we all have been unable to be out with our neighbours enjoying the things that make NOTL special.

We're ecstatic to see our

International Women's Day story about Teresa Wong had such an immediate and profound effect on her situation. Kudos to Janice and Michael Dodd for reaching out to her. We hope it's a long-lasting friendship — and we'll be following along when the rest of Wong's family arrives from Hong Kong.

It's also really nice to see the Niagara Peninsula Conservation Authority replacing trees at Butler's Burial Ground and Two Mile Creek. Like most NOTLers, we love our forest canopy. Hopefully this rejuvenation project is a boon to the local ecosystem.

[editor@niagaranow.com](mailto:editor@niagaranow.com)



### Avoid anonymous complaints. Let's talk more

Dear editor:

I recently had a pleasant surprise visit from two municipal bylaw officers who came to my front door.

They were there to follow up on an anonymous complaint by a concerned resident after my family and I removed a very dead spruce tree from our front yard.

During the impromptu meeting I learned of bylaw No. 5139-19, requiring a permit for "application of tree removal" for any tree with a trunk diameter of more than 12.5 centimetres. This one qualified at 40 centimetres.

In hindsight, I wish I had

more time to speak with these polite gentlemen and apologize for wasting their time, but unfortunately I was in the midst of getting my one-year-old daughter down for her nap.

Before offering them to inspect the remnants of the long deceased and beloved spruce, to take some reference photographs, we discussed my past employment experience working for the York forestry department, but forgot to mention my time with the Town of Caledon forestry department.

Their concern was certainly appreciated as the

only reason for the tree to come down was safety. Truth also is that the tree was over 58 years old. I was lucky enough to appreciate it for 18 of those years.

This town has an extensive history and now we're seeing pedestrians and their dogs being attacked by wildlife. In fact, my son was tracked and chased by a coyote to our front door after getting off of the school bus.

Do we ever wonder if it's a direct result of their habitat being turned into profit? My wife has lived in NOTL her entire life and she often recalls hearing the

screaming howl of a pack after a kill. It's actually quite riveting.

I find we fail too often to simply talk to one another, like a community ought to. I'm guilty of that, after all I'm only human, just like you. Unless you're a coyote ...

This COVID pandemic might play a role in how we interact socially in the near future but there's concern on different levels. The future should be on all of our minds but instead we occasionally lean our energy into an anonymous complaint.

**Jordan Morrison**  
NOTL





# Provincial changes mean town **must allow** secondary dwellings on NOTL properties



Rainer Hummel  
Special to The Lake Report

In 2019, Bill 108 amended the Planning Act to provide more options for homeowners, regardless of what their home's zoning is.

This legislation permits two residential units on the same property. This includes detached, semi-detached or townhouses.

This new provincial legislation required municipalities to implement, by an official plan amendment, the ability for any homeowner to create an additional residential unit on a single property.

The Region of Niagara's proposed official plan encourages municipalities to implement policies permitting secondary units. In essence, every home can become two homes.

The purpose of this change was to make home

ownership more viable because of the additional supplementary income. It was also to provide for additional housing options that are more affordable.

Niagara-on-the-Lake's official plan is quite old and has had many amendments. The attempts by town councils led by Burroughs, Eke, Dart and Disero to bring in a new official plan have all failed.

Essentially all four attempts are much the same document and the latest one does not meet provincial legislation.

So, if a municipality has not added these policies to its official plan and zoning bylaws through amendments, then someone may apply for this permission through a private application.

If a municipality turns down additional dwelling units being requested by an applicant, the town would be in conflict with the Planning Act. So everyone in town, whether rural or urban, has a statutory right to a second dwelling unit.

Since the town does not have this in its official plan or zoning bylaw, you can theoretically make the request through a mi-

nor variance application, comply with the Ontario Building Code and zoning setbacks, and the town cannot turn you down.

The dwelling unit request cannot be appealed, as that is an as of right option.

A dwelling unit can be in the form of an apartment within the dwelling, whether in the basement or another part of the house. It can be in an addition or even in an accessory building on the property, such as a barn or even a new build in the form of a granny flat in the rear yard.

The current town council has had three years to implement zoning requirements for additional dwellings, such as parking requirements. The Town of NOTL does not seem to have taken ownership of this by developing the controls and permissions in a proactive manner.

So on its face it appears like it is not a permitted use locally, but that is simply because the town has not updated its official plan and zoning bylaws yet.

However, this is your right and it is not the homeowner's problem that the town is in conflict with the legislation of a higher level of

government. Many municipalities have implemented the policies.

So why has the Town of NOTL not taken advantage of this tool in the midst of a housing and affordability crisis?

Why does the town wait for conflict between neighbours and then blame the developer for a problem the town ignored and then allowed to become an issue?

When will we get an official plan that actually complies with legislation as opposed to a feel-good document that can never be approved?

So, look at your home and consider how you might provide a housing option to a new resident. You can help pay your occupancy cost and you cannot be turned down.

It can also make rental options more affordable.

If the town were to be proactive and implement the necessary policies, in accordance with Bill 108, this would open up hundreds of new and affordable housing units within Niagara-on-the-Lake.

*NOTL resident Rainer Hummel has developed dozens of housing projects in Niagara Region.*

# Global issues are to blame for high inflation

Dear editor:

Having read two opinion pieces in the April 21 edition of The Lake Report, I feel obliged to respond.

Both MP Tony Baldinelli ("Disappointing federal budget shortchanges tourism and winery sectors,") and letter writer Tom Thornton ("Canada is powerless to help stop carnage in Ukraine,") seem to prefer extensive misinformation regarding the role of the present government in these inflationary and deficit budget times.

To suggest that PM Justin Trudeau and caucus are responsible for the present 6 per cent inflation rate hints of either economic naïveté or bias, to say the least.

Global supply chain issues in the manufactur-



ing sector, the disruption of energy products as a result of Russian aggression, as well as a shortage of skilled labour have all contributed to the present inflation issue.

Both writers accuse the government of overspending and creating huge deficits.

Every democracy has an inherent social contract

and that is to support and protect all citizens.

COVID vaccines are not free and the PM was hugely successful in securing and distributing those vaccines to all Canadians in a timely manner.

Financial support for individuals and businesses would test any balance sheet but such spending has been necessary for two years in succession.

I for one, and am sure I am not alone, do not object to recent major government programs, which will be very costly.

I speak of affordable child care and free dental care for children.

The possibility of more parents re-entering the workforce and contributing skills to employers is money well

spent even though it contributes to the deficit.

And, of course, we all know that dentistry is expensive and therefore often unaffordable for many parents.

I am not sure if the majority of Canadians would object to such spending.

I will not comment on the several different theories as to the best way to combat climate change, but I wait anxiously for the Conservative Party to put forward any type of plan beyond the "throwing rocks" mode.

But as the stars align for Pierre Pollièvre's leadership aspirations, I look forward to being the "freeist" person in Niagara-on-the-Lake.

*Michael Eagen  
NOTL*

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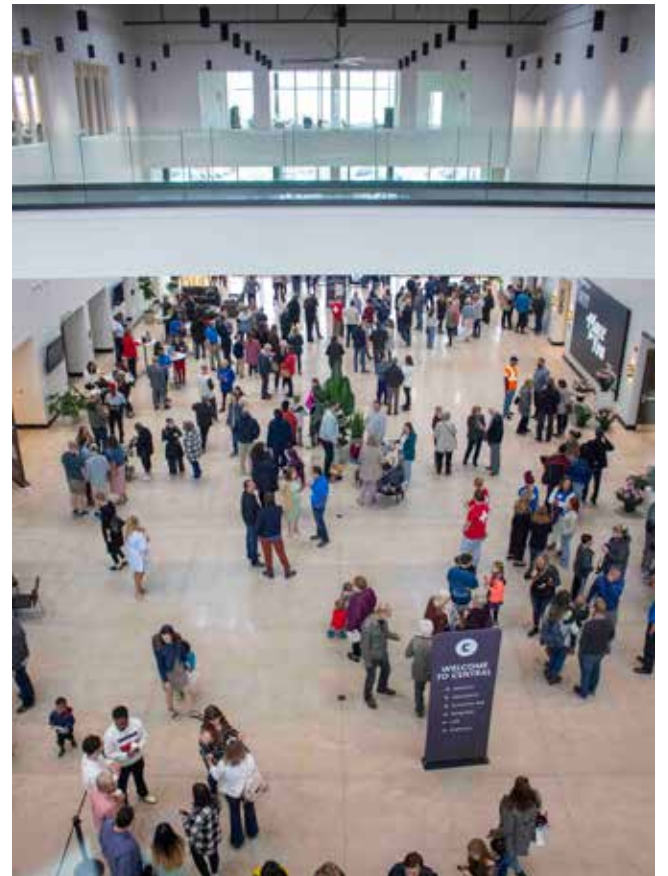
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Left: Central Community Church's lead pastor Bill Markham with Carol Miller, Spencer Miller and Bre Miller at the new 73,495-square-foot mega church. The Millers aren't members, they were there to see the new space after being invited by Bre's mother. Right: Visitors gather in the massive lobby after Sunday service. Left below: Central's 2,500-capacity auditorium, which also doubles as a gymnasium. Right below: The church set up bouncy castles and hired food trucks for the official opening. RICHARD HARLEY PHOTOS

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# On the ball: Soccer coach gearing up for busy season

Evan Saunders  
Local Journalism Initiative  
The Lake Report

Sports have been a constant in the life of Mike Cwierniewski.

As an accomplished former junior player with the Thorold Blackhawks, he played the hockey at a highly competitive level.

Now as a dad, he just spent his first season on the bench coaching the Ontario Minor Hockey Association team his daughter Ella played on.

And with soccer season beckoning and lacrosse hitting the floor, he's immersed in those two sports as well.

"I'm taking (my five-year-old son) Auston to the rink at 5:30. He's doing lacrosse fundamentals today," Cwierniewski said in a recent interview.

"All his buddies are doing it and he's really excited about it. It should be a ton of fun."

He said he will be offering to help out with the lacrosse team as needed but won't be coaching. He will, however, be a soccer coach this summer.

"There's usually about three or four of us who share the coaching duties. But it's a little bit different this year because we haven't played in two years," he said.

"So now Ella will be two years older so it will be more practices and games than it was."

"Auston will still be Timbits style, you know, move the ball around in herds," he said with a laugh.

Indeed, the bench rookie is a bit of a jack-of-all sports. But not many rooks can say they were



Soccer, baseball, basketball, lacrosse, hockey — Mike Cwierniewski has been involved with them all. The father of two is now busy coaching soccer and hockey for NOTL's leagues. EVAN SAUNDERS

named an OMHA coach of the month.

That's what happened to Cwierniewski, courtesy of some of the parents of the kids on the U11 Niagara-on-the-Lake team he and Dan Plomish coached this past winter.

The parents secretly nominated Cwierniewski and in February he was selected for the honour by the OMHA.

"I just love hockey. I love playing the game, I love being involved with it," he said in an interview.

The 40-year-old had never coached a season of hockey before but has been playing it his whole life, including four seasons with Thorold in late 1990s and early 2000s.

He's been volunteering in the leagues Auston and Ella play in for several years just to help out, he said.

With Ella now 11, Cwierniewski decided to try his hand at coaching for the first time this past season.

"It's different once your kids get involved. It really kind of switches you to a different mode," he said.

Cwierniewski said he hadn't considered coaching when he was younger.

"But once you have kids and you know the association is looking for volunteers it's a pretty easy 'yes' to help out and to help out wherever you can," he said.

The OMHA coaching award came out of the blue.

"It was pretty cool and it was surprising. We've

got a fantastic group of parents on our team and I think a couple of them nominated me for it. Very cool, very unexpected," Cwierniewski said.

The anonymous nomination submitted to the OMHA read in part: "Coach Mike is an excellent role model and leader for this team. We are very grateful for the time, effort and dedication he has put into coaching our NOTL Wolves U11 Team 1."

He recalled the positive impact good coaches had on him when he was young.

"I grew up with some pretty great coaches — Chris Paul, Billy Hope, George Lepp — and those were guys who kind of stayed consistently with the

teams every year and it was great," he said.

This year Cwierniewski said the focus for his team was always on skill development and having fun — not on winning. The team's lack of wins actually paved the way for his favourite memory of the season.

"We weren't the most competitive team, being in a smaller town," Cwierniewski said.

"But our first win came in Fort Erie. I think it was in November. It was just before the lockdown."

"By the end of the game it was 8-6. It was just an offensive explosion for us. We usually got two goals a game or three goals a game."

"We were short on the bench, we only had three

subs. I think it was eight skaters and a goalie and we were just trying to run everyone through as much as we could."

Cwierniewski said that one win made everyone feel like champions.

"It was an awesome experience to be involved in, especially with these kids. They had a tough year, not a lot of wins on the board," he said.

"To finally get that win after getting knocked around by a couple of the bigger teams, pretty hard — that was the best. That was the highlight of the year for sure."

"Seeing how excited the kids got. It gave them a little boost of energy, a little boost of life to keep it up."

And that moment spoke to Cwierniewski's philosophy as a coach.

"As long as we're keeping smiles on these kids' faces and making them enjoy the game, it really doesn't matter what happens," he said.

He also always tried to give all the kids equal ice time.

"It didn't matter your skill level. I made sure that everybody got on the ice, especially in the last few minutes (of the win against Fort Erie) so they could experience it, feel the intensity and what it's like to be out there in those minutes," he said.

"Because sometimes you want to shorten the bench but we didn't believe in that. If you're on the team everybody's going to play and everybody's going to play equally."

Cwierniewski is now getting ready to help out with the NOTL soccer season which starts May 28.

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# Vintage Hotels preparing for ‘pent-up demand’

Richard Harley  
The Lake Report

Niagara-on-the-Lake’s hotels are hiring and gearing up for what will hopefully be a busy summer, as people resume travelling.

Bob Jackson, chief executive officer of Vintage Hotels, says the company is hiring about 300 people to prepare to meet the anticipated demand among travellers, especially people staying close to home this year.

“We’re expecting a good season. Obviously demand is strong, a lot of pent-up demand. So, on that side, it’s good. Our challenge, like everybody else, is on the staffing front.”

The hotel company hosted a job fair in St. Catharines recently, but Jackson said those types of events draw fewer and fewer people every year. The company almost never stops hiring, he said. And while job fairs used to bring out hundreds of people, he said now it’s more like dozens.

“On the good side, you’re generally hiring the majority of those,” he said.

“You’re never going to stop looking for people. That’s always been the norm in our business regardless, but certainly at this point in time, it’s become a larger challenge.”

The company operates the Prince of Wales, Queen’s Landing, Moffat Inn and Pillar & Post in Niagara-on-the-Lake.

He said in general the hotels are in a better position this year with hiring, looking at hopefully a more stable season without being back and forth between opened and closed.



Pillar and Post staff on a Vintage Hotels trolley. SUPPLIED

COVID-19 “continues to be a challenge for the business,” he said. “But for the most part, we’ll be in good shape. You kind of make your plans around that and we’ll be good to go.”

Jackson said one challenge is that the pandemic cut down the work force numbers, but he said Vintage Hotels planned for that and would normally be hiring about the same number of positions as in past years.

The hotel firm also is looking at options through the foreign workers program to bring in additional staff — something the company did historically about 10 years ago, but haven’t been able to do since.

“We’re getting some help from the government who just recently loosened restrictions on the foreign workers program,” he said.

“We’re optimistic that we’ll be able to bring some people through that avenue.”

Jackson said while it’s not a normal year for hiring, “but in terms of the operation itself, I think it’ll be close to normal.”

“There’s many things that could happen along the way. We don’t expect any major interruptions to business. But there could be a hiccup or two. I think, if the last couple of years has taught us (anything) it’s to be very agile when it comes to that kind of stuff.”

The company is hiring lots of different positions, Jackson said, including various levels of kitchen staff, housekeeping and management.

Right now Vintage also is focused on finding more flexible job options.

“As an employer and like a lot of employers are doing, we’re we’re looking at ways to become more flexible to people and bring people on that want to perhaps move around in the organization and not be committed to either one hotel or one de-

partment but kind of grow their skill base and grow what they’re exposed to,” he said.

That includes basic things like shift selection and days off and the times that people work, he said.

“Sick days, for example. A lot of it, honestly, it’s a bit of an experiment to see what people want because this is a job-seekers’ market and we have always aimed to be a top employer,” he said.

“That has never been more important, whether that’s on the wage or benefit but also just in terms of the experience. When you’re coming in to work every day you want to enjoy the time that you’re spending there.”

Looking to the summer, Jackson says demand is “very strong,” especially in southern Ontario and the GTA. Even some corporate clients are returning, but in smaller groups.

“There is a strong demand to get away,” he said.



**What two things can you never have for breakfast?**

**Last issue: The person who makes me has no need of me. The person who buys me has no use for me. The person who uses me can neither see nor feel me. What am I?**

**Answer: A coffin/casket/urn**

**Answered first by: Margie Enns**

**Also answered correctly (in order) by: Mary Drost, Claudia Grimwood, Bert Dandy, Pam Dowling, Wade Durling, Rob Hutchison, Doug Bruce, Sheila Meloche, Dennis Blake, Kathleen Waller, Jane Morris, KC King**

**Email answers to editor@niagaranow.com, with your name, for a chance to win a \$20 Irish Harp Pub gift card every week. (Subject line: Riddle me this)**

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# Artist from NOTL designs Canada Summer Games medals

Evan Saunders  
Local Journalism Initiative  
The Lake Report

The mighty Falls, the history of a region, its character and the characters who call it home. All these things and more are part of the design of the medals for the upcoming Canada Summer Games.

“What I wanted to do was I wanted to celebrate Niagara as a whole,” medal designer Sean O’Melia said at a medal unveiling ceremony last week at Ravine Estate Winery.

“So what I did was I separated it into 13 different waves,” said O’Melia, who attended high school in Niagara-on-the-Lake.

The intricately designed medals incorporate a plenty of symbolism to evoke the region and the country at large. There was no finer place to begin than that natural wonder of the world in our backyard: thunderous Niagara Falls.

The 13 waves at the bottom of the medal are representative of the Falls, but O’Melia also used the number of waves to represent a further trinity.



Sean O’Melia with the Canada Games medal he designed. EVAN SAUNDERS

That is the 13 provinces and territories, the 13 Niagara municipalities hosting the Games and, crescent-shaped no less, the 13 celebrations of the moon the Haudenosaunee and Anishinabe people, the original inhabitants of this land, have each year.

“So the second feature is

the sun that is behind the Falls. I wanted this to represent the agricultural focus we have here in the Niagara region,” O’Melia said.

Also on the medal are seven human figures surrounding the sun and logo, frozen in a moment of celebration, their arms in the air.

“I wanted to tie in the seven generations and the importance of tending to the land and leaving it for the next seven generations,” he said, evoking a long-held Haudenosaunee belief.

The medal also represents the Niagara Escarpment, which O’Melia referred to as the backbone of Turtle

Island, an Indigenous term for the North American continent.

Depth was used to create this effect and the designer said he wanted to make it seem like the Falls were pouring out of the medal.

The final design component of the medal is the lanyard itself, on which the medal hangs.

The lanyard is designed in the style of a wampum belt, an ancient form of record making in Haudenosaunee, Onondaga and other Indigenous cultures. They have been used on several occasions to embody treaties made between Indigenous people and settlers.

“The speaker puts the words of the agreement into the wampum as the strings or belts are woven together. Each speaker thereafter uses the wampum to remember the initial agreement and the history that has happened to date. To us, the belts are our living history,” according to Onondaganation.org.

The festivities at Ravine had an air of the celebration of co-operation.

“The Canada Games exist to strengthen the fabric of Canada through the power

of sport,” said Courtney Pollock, a senior adviser for the games.

“They also spark greatness in the next generation of athletes and leaders. There’s no doubt that these medals will do the same by igniting that competitive spirit in athletes from coast to coast.”

Games chair Doug Hamilton said a blind call for art submissions for the medal design was put out two years ago.

“And, ironically, a resident of St. Catharines and a graduate of Niagara College was chosen,” he said, referring to O’Melia.

“These medals and their lanyards will undoubtedly provide the many deserving medalists from the Canada Games with an honour that they’ll cherish for many years to come.”

“They’ll remember this medal as one of the first national medals that they won.”

Hamilton said the celebration around the medal and the approaching Games serve as a “premonition of what is going to be happening over the next 100 days and the 16 days of the Games.”

## The “REAL” Report

### Early The ^ Spring Market

Real estate prices continued to climb during the first quarter of 2022 and at a faster pace than the same quarter of 2021.

All districts of Niagara-on-the-Lake and all property types, on average, increased by 14% between January and end of March 2022.

#### Snapshot by District (end of March):

	2021	2022	% Change
Glendale	\$652,100	\$862,700	+32.3
Virgil	\$851,400	\$1,141,000	+34.0
Lakeshore	\$893,600	\$1,190,700	+33.2
St. Davids	\$1,068,900	\$1,430,400	+33.8
Old Town	\$1,118,100	\$1,468,600	+31.3
Queenston/River	\$1,154,900	\$1,612,600	+39.6
All NOTL	\$994,400	\$1,320,700	+32.8

\*Stats provided by the Niagara Real Estate Board, based on actual sales of MLS listings and using a benchmark home price index formula.



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# A helping hand: Mothers become **fast friends** thanks to Lake Report story

**Editor's note:** Sometimes, even in our little town, the stories we write have a big impact. Sometimes it's effecting positive political change, or building connections among people in our community. Other times it's something completely unexpected. When we hear about it, we like to share the good news, too. This is just one example of the power local journalism has on communities.

Richard Harley  
The Lake Report

When Janice Dodd read a story in The Lake Report in March about Teresa Wong's family fleeing the rapidly changing state of Hong Kong, it stirred up similar feelings she once had moving to Niagara.

She remembered how it feels to be alone in a new country, how different Niagara-on-the-Lake is from a busy city.

And as a mother, it hit close to home to learn Wong was facing the situation mostly alone with her two young boys – while her husband and daughter were still waiting for the right time to leave.

It didn't take Dodd long to reach out and offer a helping hand – and it didn't take long for that to blossom into a strong friendship.

Dodd, who was eight months pregnant, tracked down Wong with the help of her husband Michael, who recognized the home she was staying in from the picture in our newspaper.

"When we came across that story, I told myself, 'I want to meet this lady' because this is where I came from, and I know the backstory of what's going on in Hong Kong," Janice Dodd said during a chat at her family home, where she and her husband had just arrived with their newborn baby James.

Wong and her two sons are staying with her former English teacher, Kaspar Pold, who opened up his home to her when she needed it.

"I was like 'Wow, I know how that feels. I can relate to it,'" Dodd said.

And after learning Wong was still not reunited with



"Everything happened so fast, but in a good, good way."

Wong still can't share much of her story with her friends in Hong Kong. She's worried about her husband and children getting safely to Canada, but says she's grateful for the help from everyone around her.

Dodd still has immediate family in Hong Kong, too. She said things have changed so much that now when she talks to them, they use encrypted phone lines and special apps to make sure their conversations remain private. If they say something negative about the state, the government could arrest her family.

Hong Kong has been moving away from democracy rapidly in recent years, even though there was supposed to be assurance of 50 years of political autonomy starting in 1997.

"Fifty years is only a number, you know," Wong joked.

She noted there is an "election" going on in Hong Kong right now.

"Only one candidate election. Very democratic," Wong said, rolling her eyes.

"Can you imagine if you had a vote for the (prime minister) here with only one candidate?"

Through the challenges, Dodd plans to stick by Wong's side. And vice versa.

"We have a community now, right? We can always call each other for support," Dodd said.

"And then our kids are similar ages. So they are like friends already," Wong said.

In their chats, they realized there is a magic year that oddly connects them. Dodd moved to Niagara in 1998 to study computer science at Brock University, which is how she ended up meeting Michael.

That same year, Pold had moved to Hong Kong to teach English, and Wong also moved to Hong Kong from mainland China. That's when she first met Pold.

Meanwhile, Wong's husband and daughter are doing well in Hong Kong, she said, and are planning to move to Niagara in the summer to join with the rest of the family.



Top: From left, Kaspar Pold, Teresa Wong, Janice Dodd and Michael Dodd. Teresa and Janice have become close friends after a story in The Lake Report sparked a connection between the two mothers, both from Hong Kong. Bottom: Teresa Wong's story of fleeing Hong Kong was on The Lake Report's front page March 10, a story for International Women's Day about a strong mother who wanted more for her children than to grow up with a tyrannical government that doesn't respect free speech and democracy. RICHARD HARLEY

her husband and daughter, "It was heartbreaking. This is so hard for any family to have to go through this."

Being a mom, she knows "support from the community is so important."

She moved here from Hong Kong in 1998 to attend university.

"I'm an immigrant myself, so I know that there's a period of time that Teresa needs to get a job in order to stay. I really wanted to know how we can help? I have the experience of the deadline of the work permits. I can sense the urgency of it," Dodd said.

About three days after the story was published, she dropped off a note at the home, identified from the photo in the paper.

"So Kaspar opened the

door and then I told him where I came from and why I was coming," Dodd said.

"And then she came in the house and then we chat, chat, chat, chat," Wong added.

The two, both mothers of children around the same age, became fast friends.

Dodd, with help from Michael, found Wong a job right away. Wong had been studying and hoping to get a job as a personal support worker, but the Dodds' connections helped her find steady temporary work at Meyers Fruit Farms.

The job also qualifies Wong to stay in Canada on a work permit, which was an important factor because she had been here on a six-month visitor's permit, and already been here for three months.

Michael Dodd, the former head grower for Meyers, knew right away it would be a good fit, because Meyers has a lot of experience already with workers from different cultures, and knew how to use migrant worker programs to their advantage.

A work permit also allows her children to attend school.

"Once you get a work permit you will be able to proceed with immigration," Dodd said.

For Wong, opening the door and meeting Janice was a big surprise – another woman from Hong Kong to whom she can relate. She said she'd been researching NOTL and the only person she knew of from Hong Kong was Si Wai Lai, who helped make Vintage Hotels

into the popular NOTL brand it is today.

"Besides that, I (thought) 'I'm the only Hong Kong lady in town,'" Wong laughed.

Dodd thought so, too. "I thought I would be the only one."

"And then suddenly come another Hong Kong lady. Wow. It's great. We just like chatting blah, blah, blah. It's amazing," Wong said.

A few days later they went out for lunch and now seeing them together one could easily think they've been friends for a lifetime.

Wong remembers how fast everything happened. Just days after her story was published, she had met Janice and Michael, and another week later she had solid work.



## Cheers TO MOM

Celebrate this Mother's Day with wine from Konzelmann, including our famous Peachwine and Cabernet Rosé.







Members of the NOTL Golf Club's nine and 18 hole women's leagues kicked off the season Tuesday with a fun morning on the links. KEVIN MACLEAN PHOTO

## Women kick off **golf** season

Kevin MacLean  
The Lake Report

The Niagara-on-the-Lake Golf Club's women's nine and 18 hole leagues had an awesome start to the season Tuesday, says nine holers' captain Deborah Williams.

"Our theme was a 'Splash of Colour' and everyone was dressed in bright summer colours for the shotgun scramble" to open the season, she said.

Three teams tied for first place with a score of 39.

The winners were: the team of Marg Ketcheson, Peggy Larder and Rita

Trudeau; the team of Cathy Saytar, Ruth Dowsett, Valerie Chubey and Janice White; and the team of Charlotte Kainola, Deborah Williams, Cathy Murray and Sue Gagne.

The sun was out and skies were clear for the morning groups. The men weren't so lucky in the afternoon.

### MEN'S RESULTS

There was some sharp shooting when the men's Tuesday WOOFS league hit the links Tuesday afternoon, despite some wicked winds and intermittent rain.

In all, 75 players took part in the opening nine-hole

scramble, said league convenor Bill Katrynuk.

And playing from the farthest-forward gold tees, several teams managed to break par.

First place, with a 5-under 31 went to the team of Rick Janes, Richard Cook, Cam Calder and Don Cruickshank. Second, also with 31, were Jim McMacken, Gordon Horne and Jack Hanna.

Two teams tied for third at minus-4: Glenn Murray, Earl Shore, Kerry Knapp and Don Stewart and the foursome of John Sobil, Jon Schmidt, Bill Farnell and Gary Wasylko.

## Niagara-on-the-Lake players compete in **Champion of Champions** tourney

Billy Simkin  
Special to The Lake Report

Months after it was supposed to be played, the 2021 Champion of Champions tournament was hosted this past Saturday at Grand Niagara Golf Club in Port Robinson.

Host professional Bob Culig and course superintendent John Taylor had the course in fine shape and provided a great day for all competitors.

The day was played under sunny skies, but the course was still a little bit wet, which made it play much longer and tougher than the scorecard would show.

The Niagara-on-the-Lake Golf Club was well represented as five players competed in the prestigious event. NOTL had players in all divisions except the junior girls competition.

NOTL junior winner Sam Walker played well in his Champion of Champions debut. He was one of the youngest players in the



sights set high entering play. He posted a round of 86 and wound up 10 shots behind Rockway's Derek Divok, good for 13th place.

In one of the most competitive fields, the women's open category saw some great golf with Rockway's Kennedy Bodfield posting a strong round of 78 to take the title. NOTL's Yolanda Henry had a solid day, with a round of 99 to claim 10th spot.

James Grigjanis-Meusel, the NOTL men's open champion, did not play up to his full potential on this day. The long, wet course did not favour his high-fade ball flight.

He also finished 10th, with an 87. He was 10 shots behind David Toulouse, the 2021 Champion of Champions winner from the host club Grand Niagara.

*Billy Simkin, the longtime former pro at the NOTL Golf Club, is now head teaching professional at Peninsula Lakes Golf Club in Fenwick.*

field and posted a solid 105, to claim 10th place. Caleb Shorthouse of Twenty Valley was the low junior boy with a score of 81.

In the senior ladies division, Martha Cruikshank filled in for Louise Robitaille. Despite a nagging shoulder injury, Cruikshank as always was proud to represent her club and did so with a round of 102 and a 10th place finish.

Sara-Anne Smurlick of Freedom Oaks took the title after a two-hole playoff with Theresa Holmes of Niagara National. Both both posted scores of 84 over 18 holes.

NOTL seniors champ Jim Panetta, a former Grand Niagara member, had his



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## In-Person Coyote Encounter Demonstration

In-person demonstration session led by Coyote Watch Canada and Lincoln County Humane Society, with support from the Town of Niagara-on-the-Lake.

**Date:** Wednesday, May 11, 2022  
**Time:** 6:00 to 7:00 p.m.  
**Location:** Back field of the Community Centre (14 Anderson Lane, Niagara-on-the-Lake)

Learn how to properly react and respond to a coyote encounter.

 Registration is required and limited. Visit [notl.com/coyotes](http://notl.com/coyotes) to register.





# Teeing it up and playing the long game

Rick Janes  
Special to The Lake Report

Nathane Jackson doesn't need to know the temperature or check outside to see if the grass is turning green to realize a new golf season is here.

He just needs to check his inbox and count the emails from golfers looking for his help to add another 20 yards to their tee shots.

Jackson is a veteran health and wellness authority with over two decades of experience as a personal trainer, strength and conditioning coach, and nutritionist helping clients shed body fat, build strength and improve performance.

He's an athlete and former university basketball player, who fell in love with the game of golf and has been training golfers ever since.

Now 45, he was born in Fonthill, where he attended elementary school and played baseball, basketball and football. His father was transferred to the small town of Cary, Ill., where, in Grade 9, Jackson quickly learned that sports in U.S. schools were vastly different from Canada.

"Playing high school sports in the United States was a huge shock. I went from playing football at recess as a way of making friends to getting crushed in football practice every day," he says.

"I'd come home with bruises all over my body and tears in my eyes because I was being hit so hard. It was a horrible experience. I hated it, but I couldn't give up," he recalls.

Jackson hit the weight room for his second year of high school and got stronger. He was named co-captain of the sophomore football team and got called up to the varsity squad as a practice player when the team made the playoffs.

When basketball season came, the tall and lanky teenager had grown into his 6-foot-4 frame and no one pushed him around again.

He attended West Chester University, a Division II school just outside Philadelphia. He missed Canada and transferred to the University of Windsor



Nathane Jackson is an expert at teaching golfers how to get more distance through improved fitness. SUPPLIED

where he played two years of varsity basketball and earned a degree in sociology. He started to train in 2000 soon after graduation. Jackson's first job was at GoodLife Fitness in Toronto's Union Station, where he quickly realized that the big box experience was more about selling memberships than training clients.

He moved to Revolution Fitness, a small boutique gym on Yonge Street, where he met Sidney Crosby's longtime personal trainer Andy O'Brien, a much sought-after strength and conditioning coach.

"When Crosby and O'Brien came into the gym, they had a ball and a couple of bands. That was it. They didn't use any of the equipment. They used our exercise room, not for its privacy, but because all they needed was a wall and a floor," says Jackson.

"Here was one of the best athletes in the world training this way, which made me realize how much I didn't know. This was different. It was about movement, mobility and stability."

By 2015, Jackson's parents had returned to Canada and settled in Niagara-on-the-Lake. He was still training in Toronto when he joined his father and uncle at the Queenston Golf Club for his first game of golf in nearly three decades.

"During that round I hit a shot square on the clubface that felt like hitting a pillow. It was that perfectly struck shot that keeps us

all coming back. For me, it was a watershed moment," says Jackson.

"I knew right there that golf could fill a competitive void that I had, not only as a sport that I could play, but one where I could share my knowledge as a strength and conditioning coach to help golfers perform better. I've been an avid student of the game ever since."

A small-town boy at heart, Jackson soon returned to the Niagara region and started training clients at the community centre in Niagara-on-the-Lake.

He enrolled in the Titleist Performance Institute, a certification program designed by golf teaching professionals, medical practitioners and fitness trainers that teaches how the body functions during the golf swing.

He then started collaborating with Norm Moote, a protégé of the late PGA Tour player George Knudson and full-time golf teacher for more than 40 years.

Jackson was anxious to learn as much as possible about the swing and Moote was looking to add yards to his drives and lose some weight. The collaboration worked and Jackson became a decent player in a short time.

"While I knew nothing about golf in the beginning, there are fundamental things from my strength and conditioning experience that clients need to be able to do regardless of the sport. I knew I could train people to

achieve the fundamentals," he says.

"That's 80 per cent of the job. You train the person first and then you train for the sport."

His approach is based on a pyramid, at the base of which is movement, followed by strength, and then power.

"If you can't move properly, nothing else will follow. You can't have strength without movement and you can't have power without strength. And you can't add 20 yards to your drives without increased speed."

Pre-pandemic, 60 per cent of Jackson's training was done one-on-one in the gym. His practice today is entirely online and his clients, who are now mainly golfers, come from across North America.

Among his various services, his programs feature follow-along videos delivered through his website including six-week mobility programs for hips, spine and shoulders, and a 12-week coaching program designed to help golfers increase clubhead speed for added distance.

Is it too late to start training for the golf season? Absolutely not according to Jackson.

"My clients in Sun Belt markets train throughout the year. Those who stop training during the golf season eventually find it harder to walk the course, feel like they're losing distance and start to experience injuries," he says.

"I recommend that my clients train for a minimum of 30 minutes three times a week during the season. One hour, three times a week would be amazing."

There is a popular Chinese proverb that says "the best time to plant a tree was 20 years ago. The second-best time is now."

The same is true of fitness training. Adding 20 yards is like losing 20 pounds. It takes time, patience, consistency and commitment. And the thought of a perfectly struck shot every once in a while.

*Rick Janes is a member of the Golf Journalists Association of Canada. For more information about Nathane Jackson visit [nathanejackson.com](http://nathanejackson.com).*

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# A proverbial plethora of Porta Potties is plaguing our pretty metropolis



## Ross's Ramblings

Ross Robinson  
Columnist  
The Lake Report

Yes, some of us have had way too much time on our hands during the ongoing deadly global pandemic. And my ramblings today may cause a parallel reaction to the strange result of learning a new word.

For the next month or so, that word seems to regularly pop up. We wonder, "How did I get this far in life without knowing that word?"

Back now to Porta Potties. Not bathrooms, latrines, water closets (W.C. Winston Churchill in the U.K.) crappers, johns, outhouses, privies, or powder rooms. Porta Potties!

Why has this topic wafted into this space? Perhaps because life is so visual and

certain images seem to catch one's eye.

Then, repeated impressions can create a "Dripping Water Torture" effect, which can play games with the mind. Drip, drip, drip on your forehead and eventually interrogators get the answers.

Just two years ago, a basic human right was taken away from many people as we reacted to the COVID-19 pandemic. Many coffee shops and restaurants put up signs on their front doors reading, "Toilets for Customers Only."

Employees of local Avondales and gas stations were regularly verbally abused by desperate people pleading to use the men's and women's. God Bless Tim Hortons, which was always welcoming.

(By the way, let's take a moment to thank our fabulous NOTL convenience store and gas station front-line workers.)

Long-distance truckers in Canada were forced to create alternate comfort stops as we figured this problem out. Disaster.

And the Niagara Parks Commission. Ah, the



Portable toilets are popping up in places all over town. ROSS ROBINSON

Niagara Parks Commission. For at least the first six months of the pandemic, the commission didn't cut the grass between Fort Erie and Niagara-on-the-Lake. Remember what a sorry sight that created? But good Canadians that we are, we understood.

Meanwhile, thousands upon thousands of people were seriously inconvenienced when the parks commission, an agency of the provincial government,

closed all of its toilets between Fort Erie and NOTL. Many of us had had enough, and got upset. Or mad. Or agitated. Or \_\_\_\_ (you fill in the blank.)

Now, rambling back to Niagara-on-the-Lake. Driving into Old Town on Mississagua Street near the corner of John, on the left shoulder of the road, in front of a house under construction, a green Porta Potty has been placed within three or four feet

of the road right of way. It has been there for several months now.

Same thing driving into Old Town from the west along Mary Street, near the corner of Dorchester. This unit is orange, and again, within a metre of the road. Sort of an eyesore, after three or four months.

Enjoy a drive around NOTL, and notice why I have a problem with this. Many municipalities have a bylaw (and we have no

shortage of bylaws) stating that portable construction toilets must be located at least 30 feet from a roadway. Some classy towns, like Pinehurst, N.C., even state that temporary toilets must be camouflaged by tellisii or small cedar trees at least four feet high. This is detailed under their official Olfactory Bylaws.

Over now to Rye Street. A green construction Porta Potty, situated right at curbside, sports a laminated sign approximately reading, "This toilet is for the use of trades working at this site only."

Talk about exclusionary. Such an attitude in a town that is making a conscious effort to become more diverse and inclusive?

OK, I am over rambling. I'll call it a day and go for a walk.

By the way, is it just me, or are there a lot more people walking dogs lately? And couples and mini groups out walking? Where have Maureen Dickson and Shirley Rednall and their walkie talkie ladies been? I miss seeing, and hearing, them.

Stay healthy. Think positive. Test negative.

**THANK YOU!**

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## Pillitteri to host Garden City Comedy Festival gala

Staff  
The Lake Report

Get ready for a busted gut, Niagara — the Garden City Comedy Festival is planning to return in June.

After a two-year COVID hiatus, event producer and Niagara comedian David Green said the festival is getting ready for a “triumphant return” for the fourth edition of the festival.

It will run from June 1 to 4 at multiple venues across St. Catharines.

Green said the festival is “a celebration of all things comedy in Niagara.”

“The goal of the festival is to provide four days’ worth of hilarious entertainment for Niagara residents and visitors, offer a platform for the region’s established and up-and-coming comedians to showcase their skills, promote the area’s arts and entertainment community, and support local organizations,” he said in a media release.

The festival runs daily, beginning with the Festival Kick Off Show on June 1 and concluding on June 4 with the Gala Night at the First Ontario Performing



NOTL comedian Joe Pillitteri will host the gala event for the Garden City Comedy Festival. FILE/RICHARD HARLEY

Arts Centre headlined by Canadian Comedy Award winner Mike Wilmot and hosted by Niagara-on-the-Lake’s Joe Pillitteri.

Here are the dates:

### June 1 – Festival Kick-off Show

Starts: 8 p.m.

Where: Mahtay Café and Lounge, 241 St. Paul St., St. Catharines

Tickets: \$20

### June 2 – Niagara Comedy All-Stars

Starts: 7 p.m.

Where: Essential Café and Bakery – 3490 Schmon Pkwy., Building 7

Tickets: \$20

### June 3 – Badunkafunk Street Party

Starts: 7 p.m.

Where: Niagara Artists Centre (Papa Tee Show Mobile), 354 St. Paul St.

Performers: Badunkafunk (aka Craig F. Watkins) and special guests

Tickets: Free admission

June 3 – Laughter from the Rooftop: A fundraiser

for Women’s Place

Starts: 9 p.m.

Where: Niagara Artists Centre, 354 St. Paul St.

Tickets: \$20

### June 4 – Festival Gala Night

The Garden City Comedy Festival’s Gala Night and marquee performance features headliner and internationally renowned comedian Mike Wilmot. He has won two Canadian Comedy Awards for best male stand-up and best actor for his work in “It’s All Gone Pete Tong.” Wilmot has also appeared on “Corner Gas,” “The Jon Dore Television Show,” British TV shows such as “Never Mind the Buzzcocks,” and alongside American comedian Rich Hall in the BBC television series “Rich Hall’s Fishing Show” and “Rich Hall’s Cattle Drive.” The gala also features performances from top touring headliners such as Fiona O’Brien, Zabrina Douglas and Ernie Vicente. The evening will be hosted by Niagara’s Joe Pillitteri.

Starts: 8 p.m.

Where: FirstOntario Performing Arts Centre – 250 St. Paul St.

Tickets: \$40

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# Have some fun



**Across**

- 1. Egg-shaped (4)
- 4. Occurring after one's death (10)
- 9. Kind of engineer (10)
- 10. First son of Adam and Eve (4)
- 11. Six (4-5)
- 13. Also-ran (5)
- 16. Garment of ancient Rome (4)
- 17. Nobles (5)
- 21. Accustom (5)
- 22. Sailor (7)
- 23. Caterpillar (5)
- 24. Paces (5)
- 27. Harmonize (4)
- 30. Plot of ground (5)
- 33. Monarch (9)
- 35. Old Peruvian (4)
- 36. Immeasurably deep (10)
- 37. Overstate (10)
- 38. Indifferent (2-2)

**Down**

- 2. Small community (7)
- 3. Satan (7)
- 4. Portion of time (6)
- 5. Small bag (6)
- 6. Consecrated (4)
- 7. Former Portuguese territory in S China (5)
- 8. Join (5)
- 12. Name of a thing (5)
- 13. Dens (5)
- 14. Gravy (5)
- 15. Staggers (5)
- 17. Coral builder (5)
- 18. White heron (5)
- 19. Shatter (5)
- 20. Golf clubs (5)
- 25. Lattice (7)
- 26. Winged horse (7)
- 28. Against (6)
- 29. Previously (6)
- 31. Addition (5)
- 32. Loud, resonant sound (5)
- 34. Showing unusual talent (4)

## Crossword Puzzle

1	2	3	4	5	6	7			
			8			9			
10						11			
			12						
13						14			
			15	16					
17						18			19
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			25						
26	27					28			
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31						32			
			33						
34						35			

Last issue's answers

O	F	T	E	N	G	S	T	R	I	P		
O	X	D	R	O	O	P	R	D				
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I	N	F	E	C	T	C	O	P	P	O	S	E
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D	R	A	W	E	R	E	N	A	S	S	A	U
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F	O	W	H	E	R	E	S	N				
S	T	O	R	Y	R	N	E	W	T	S		

			7	4	2		
				9		7	6
	9	8		2	4		
					1		4
	3	9			6	5	
4	6						
		5		4		9	1
8	4		1				
		1	8	6			



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# Time varies and is **not the same** everywhere in the universe



**DR. BROWN**

Dr. William Brown  
Special to The Lake Report

In a recent column about time, I wrote about the regularity of time, and time related to the universe, geology and evolution. For all, time was assumed to be the same everywhere: that is, seconds, minutes and hours tick off with the same metronomic regularity everywhere in the universe.

These days we know that's not quite true. Astronauts orbiting Earth age a tiny bit slower than their Earth-bound mates. The same holds true for travelers to the moon or in the future, Mars, because of the speed with which they travel relative to Earth.

Even though the errors in time are minor on Earth, precise GPS navigation depends on correcting

for those tiny differences in clock times between orbiting GPS satellites and their related stations on the Earth's surface.

Before 1905 there was a dilemma in physics about the relationship between time and the speed of light. If, as many physicists then assumed, time marched to the same metronomic pace everywhere in the universe, then the speed of light must vary, slowed perhaps by a hypothetical substance some physicists called "ether," for which no evidence could be found. Hence the dilemma.

Then Albert Einstein proposed the obvious solution: perhaps it is time, not the speed of light, that varies. To make his point he resorted to one of his ingenious thought experiments.

Imagine two men, one standing at a tram station (in Bern, Switzerland, as Einstein described it) and the other standing inside a nearby stationary tram car. Assume that both men's watches are set to precisely the same initial time.

What happens as the train leaves the station and speeds up, eventually to reach light speed? Does



Time is relative, but the speed of light is constant. PIXABAY PHOTO

time remain the same for both men? The answer is no. As the speed of the tram increases, time slows on the tram relative to the station until finally at light speed, time stops on the tram, while outside the moving tram, time continues as before at the station.

This thought experiment was the subject of one of Einstein's annus mirabilis series of four papers in 1905, this one on special relativity. It, together with his 1915 paper on general relativity, made him the most famous theoretical physicist of his time and arguably, all time.

Broadened, special relativity also related mass to energy in his most iconic,

simple and profound equation that same year,  $E=mc^2$  where E stands for energy, m for mass, and c2 for the speed of light squared. All that was missing in his paper on special relativity was gravity and that was incorporated in Einstein's general theory in 1915.

One quirk in this story involves the reluctance of the Nobel committee to award Einstein the Nobel Prize for general relativity. Instead, he was awarded his prize for his theoretical study of the quantal nature of light.

The latter was a solid piece of work, good enough to qualify him to be the father of quantum physics – but not the masterpiece that general rela-

tivity was and remains, despite many challenges including recent studies of black holes and pulsars, both studies of which validated the predictions of general relativity.

The latter was the best of several outstanding products of Einstein's creative imagination, determination and contrariness when it came to dogma.

Special and general relativity predicted what have become everyday observations. Orbiting astronauts age a tiny bit less than others on Earth, travel to the moon and planets such as Mars is associated with slowing of time or time dilation as some refer to it. And masses such as stars bend

light and slow time.

Consistent with the claim that mass affects time, is the notion that time stops inside the event horizon of those gravitational sink holes for mass and energy, called black holes. Then there's the claim by some physicists that time may not exist at the quantum level, leaving us to wonder, what happened to time?

That's a lot of change in little over a century. We've moved from the belief that time was the same everywhere, to the realization that time varies with speed and mass, to perhaps not existing at all at the quantum level.

The last claim may answer the question of what existed before the Big Bang because if the Big Bang began with a quantum event, which many physicists such as Roger Penrose suggest, then time began as did the universe, with the Big Bang – not before.

Puzzling? You bet.

Dr. William Brown is a professor of neurology at McMaster University and co-founder of the InfoHealth series at the Niagara-on-the-Lake Public Library.

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## Niagara Wharf, 1935

This 1935 photograph was taken from the balcony of the King George III Inn (later the American Hotel) at 61 Melville St. It shows how busy the Niagara Wharf at the marina was with passengers arriving or leaving NOTL by steamship. The commercial fishing boats can also be seen in the basin. To learn more about our steamships, the fishermen and the history of the waterfront in Niagara-on-the-Lake, the NOTL Museum will be launching its summer exhibition, All Along the Waterfront, on International Museums Day, May 18.



## Niagara's Neo-Classical

Brian Marshall  
Columnist

During the rebuilding phase immediately after the War of 1812, a new architectural expression captured the attention of the monied folks here in Canada.

This style was buoyed by the public fascination with all things Roman, borrowing liberally from American Early Classical Revival buildings and the British school developed after the publication of "Works in Architecture" by Robert and James Adam.

During the first decade of the style's popularity, the most typical expression can be seen by viewing the Breakenridge-Hawley House (ca. 1819) at the corner of Mississauga and Wil-

liams or the Clench House (ca. 1816) at 234 Johnson St.

Both of these houses are clad in clapboard and retain the symmetrical rules of the older Georgian style, but are visually lighter and more refined than the Georgian.

They are appointed with Roman architectural orders, forms and decorative details. Each of these houses sport a prominent central entrance that incorporates sidelights and elliptical fan-shaped transom light making an impressive statement.

However, it is not the "typical" examples I'd like us to visit this week. Rather, it is a Neo-classical interpretation, which is largely unique to Niagara.

No one knows who put pen to paper in the development of this interpretation. It could have been a local architect, talented amateur or creative craftsman; whoever it was, their name has been lost to time. Luckily, some of their work still survives here in Niagara-on-the-Lake.

At first glance, these houses constructed of brick are distinctly different than those mentioned above. The main facade is broken into sections by graceful elliptical arcades constructed

of bricks set proud of the primary wall field.

In considering the arcades, I am strongly reminded of the Colosseum in Rome and the aqueducts that criss-crossed the Roman Empire.

But, as one looks closer, the relationship between this expression and the common Neo-classical begins to emerge.

Consider the main entry statements on the McDougal House at 165 Queen St. and the Steward-McLeod House at 42 Prideaux St. These entry ways in form, decorative elements and artistic tracery of the glazing in the sidelights and elliptical transom window firmly proclaim familial Neo-classical treatment.

More subtle is the treatment of the pilasters. Here, the designer chose to recall (for reasons I suspect were associated with the basic brick shape) the simple, uncomplicated form of the Tuscan column while the more typical period examples display pilasters referencing the Roman iteration of Ionic column form. Still, there is a continuity of design expression that establishes the stylistic relationship.

It is likely that our unknown talent had a direct

hand in the design of the 1817 Court House (see: Arch-i-text Sept 1, 2021). Images of this building, taken prior to it being demolished circa 1921, clearly show a brick building with elliptical arcade treatment on two of the facades.

This brings us to one of the hidden gems of our shared built heritage: The Cameron House. Located near the south end of King Street at #708, just past Cottage, its construction was contemporaneous with and its design stylistically consistent to the Court House next door.

Although today this small, single-storey dwelling is largely hidden from view by tall hedges, its parapet end walls (as on the McDougal House) and the facade's elliptical arcade can still be discerned without impinging on the owners' privacy.

So, not only does Niagara-on-the-Lake count among its surviving built heritage what is likely the greatest concentration of Neo-classical houses in Ontario (and probably the country), but that inventory contains several examples of this unique interpretation.

It's something we can all celebrate.

## Looking to the Stars

### Moon in Saturn means a stressful week ahead

This week we see Mercury turn retrograde and a full moon in Scorpio.

**Thursday, May 5:** Uranus has been sitting in Taurus for quite some time. Today the sun, also in Taurus, reaches the same place in the zodiac. This is the day of an explosive surprise, hopefully for the better. The most gifted pop singer of her generation, Adele, celebrates birthday number 34 today.

**Friday, May 6:** With the moon in its last day of Cancer for this month, it's a clever and laid-back Friday for all. Winner of three Golden Globe Awards and two Oscars, George Clooney turns 61 today.



**Saturday, May 7:** Another day where laid-back meets energy which is sensitive and intuitive. A day for quiet, personal progress. It was May 7, 2017, that Emmanuel Macron first defeated Marine Le Pen for the presidency of France, a feat he repeated last week when he was re-elected.

**Sunday, May 8:** Too much pride can hurt today. This day also marks the first quarter moon in Leo. Use the drive that comes from that challenge to draw a list of what is important now. It was May 8, 1945, that Germany signed surrender papers, putting an end to the Second World War.

**Monday, May 9:** Expect a stressful start to the week as the moon opposes Saturn. Everything will seem like pulling teeth. Today is the last day of Mercury direct in Gemini for now. Mercury goes retrograde tomorrow. Retrograde means Mercury "appears" to stop moving forward and then moves backward for a period of time. Mercury goes direct on June 9. Of course,

planets do not ever change direction in their motion. But they appear to do just that due to the "doppler effect." It's like when you're on a train and another train passes you moving in the same direction but at a slower speed. You feel the other train is moving backward. Happy birthday to two-time gold winning Olympic hockey coach and longtime Detroit Red Wing Steve Yzerman, who is turning 57 today.



**Tuesday, May 10:** At 7:47 this morning, Mercury turns retrograde in Gemini. Mercury will be retrograde until June 9. This is a period of fuzzy thinking, changed facts, missed messages and failed communication devices. It too shall pass. Likely only true U2 fans know of Paul Hewson, better known to the world as Bono. He turns 62 today.



**Wednesday, May 11:** With the sun in Taurus and the moon in Virgo, it's a day where harmony rules, especially with practical things. It's a good day to improve on what is. Natasha Richardson was filming in Quebec when, on a day off, she fell on a ski slope at Mont Tremblant in 2009 and never recovered. She was born on May 11, 1963. She played in the 1990 film adaptation of "A Handmaid's Tale."

**Bill Auchterlonie's weekly Podcast, Looking Up to the Stars, is at [www.lutts.ca](http://www.lutts.ca).**

*Astrology is a form of entertainment, not a science.*



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## From the ground up, here's **the dirt on soil**



**GROWING TOGETHER** 

Joanne Young  
Gardening Columnist

Healthy soil is the key to any successful garden. It is the foundation on which a healthy garden is built.

Over the past decades, we have relied heavily upon synthetic fertilizers as a way of trying to produce larger, healthier plants with the hopes of them producing a larger quantity of flowers or fruit.

The one thing that we have forgotten is that the plants are not the only things that need to be fed. The basic principle that gardeners should live by is, "If you feed the soil, the soil will feed your plants."

We tend to think the plants are the only living component in the garden. We forget the soil is also alive with many different organisms.

The top 12 inches of your soil, where most of your plants' roots feed and grow, is teeming with bacteria, fungi and countless other microscopic creatures.

Most of these are beneficial and some are even essential to keeping your plants healthy. Therefore, the challenge for gardeners is to balance your soil so it provides all the conditions the plants need to thrive.

There are several reasons why the soil in your garden can be out of balance. If you have a newer property, chances are that the good topsoil was scraped away before the house was built.

Repeated use of equipment or foot traffic also compacts the soil and harms its structure. Your soil's natural characteristics may not be favourable for gardening. Or your soil may be too acidic for the kinds of plants that you would like to grow.



Soil quality can make the difference between success and failure. JOANNE YOUNG

As well, your soil may be depleted of nutrients from overuse. By using a lot of chemical-type fertilizers, the soil's micro-organisms that are essential for plant growth, may have died off.

So, here is the dirt on soil.

First of all, dirt is what you sweep up from your floor. Soil is much more, an intricate mix of fine rock particles, organic matter, water, air, micro-organisms and other critters.

Managing your soil to keep this living system thriving can make the difference between gardening success or failure.

Soil is nearly half minerals and half water and air. Organic matter makes up only a small percentage of the soil but is critical to its overall make-up. Soil life, including mammals, insects and micro-organisms, transforms organic matter into nutrients to be taken up by your plants.

There are three different types of particles – sand, silt and clay. Even though the size difference between the particles seems insignificant, it is of great importance.

The relative proportion of these tiny particles influences water retention, drainage and fertility. The

tiny spaces between the particles are the holding areas for water and for the dissolved nutrients that can be absorbed by roots.

Sand particles measure anywhere from 0.05 to 2.0 millimetres in diameter and are the largest of the three particles. Those larger particles do not fit together as tightly as silt and clay, leaving more and larger air gaps in between.

This means sandy soils drain quickly but may not hold enough water to support many plants. Sandy soils tend to be less fertile as well. If you were to squeeze together a handful of sand, it would not maintain any shape.

Silt particles range in size from 0.002 to 0.05 millimetres in diameter. These particles feel smooth and rather silky. Individual silt particles cannot be seen with the naked eye and are so fine that they cannot be individually felt with your fingers. Silt retains water well and releases it more slowly than sand.

Clay particles are the smallest and measure less than 0.002 millimetres in diameter. Clay forms extremely hard lumps when it is dry and is very sticky when wet. As a result, it re-

tains water well, but it also means water does not drain through it well.

Because the particles are so small there is little air space in between them, which makes it difficult for roots to make their way through the soil. When you pick up some moist clay in your hands and squeeze, it remains in a tight ball shape.

The best soil is a balanced mixture of sand, silt and clay. This type of soil is called loam. Loam is relatively soft and crumbly and slightly gritty to the touch. It will retain and release water at a moderate rate.

Whether you are digging a new garden, planting shrubs or getting your vegetables going, it is always best to amend your soil whenever you have the chance to. The best way to amend your soil is by adding in organic matter such as leaf compost or composted manure.

This will help break down a heavy soil, help sandy soils retain more moisture and provide nutrients to the plants.

Happy digging!

Joanne Young is a Niagara-on-the-Lake garden expert and coach. See her website at [joanneyoung.ca](http://joanneyoung.ca).

## Obituary

### Irene Bartel (nee Wiens)

Irene Bartel, 88, of Virgil passed peacefully with her family by her side at Niagara Health Center in St. Catharines, Ontario. She is now in the presence of her Lord and Saviour Jesus Christ. Irene is survived by her children Judi Bartel of St. Catharines, Kenneth (Rose) Bartel of Niagara-on-the-Lake, Cheryl (Ed) Heinrichs of Washago, Mark (Patty) Bartel of



Calgary and Matthew (Alison) Bartel of Winnipeg also Mike Flear of St. Catharines (former son-in-law, father of Ashley and Luke). Oma to 10 grandchildren Ashley Flear, Kyle (Belinda) Bartel, Luke (René) Flear, Kelsey (Emily) Bartel, Joshua and Nicki Heinrichs, Calvin (Stephanie) Bartel, Jackson and Madison Bartel and Julian Bartel. Great-Oma to 10 great-grandchildren +1 due in October. She is also survived by her sisters Anne Koop, Edith (Pete) Klassen, Helen (Bert) Warkentin and brother-in-law Helmut Koop, sister-in-laws Kate (Wiens) Knechtel-Code and Maggie (Wiens) Block. Irene is predeceased by her husband of 56 years Rudy Bartel (2012), her parents Frank (1994) and Helen (1999) Wiens and siblings Werner Wiens (1991), Leona Koop (2021) and Menno Wiens (2000) and brother-in-law John Koop (1998).

Visitation will be held on Thursday, May 5, 2022, from 7-9 p.m. at Cornerstone Community Church-Orchard Campus, 434 Hunter Road in Niagara on the Lake. The Funeral Service will be held on Friday, May 6, 2022 at 1pm also at Cornerstone Community Church-Orchard Campus under the direction of Hulse & English Funeral Home & Chapel (905-684-6346). Live-streaming will be available. The link to stream the service online can be found at [www.hulseandenglish.com](http://www.hulseandenglish.com). If desired, memorial donations made to the church would be appreciated by the family.



## Easter winner!

Mason Vidal, 5, with one of his Easter colouring contest prizes from The Painted Turtle. His mom Tanya said he was "SO happy! He painted the gnome all by himself and now it's in our garden." SUPPLIED PHOTO/TANYA VIDAL



Pauline Reimer Gibson  
Audiologist

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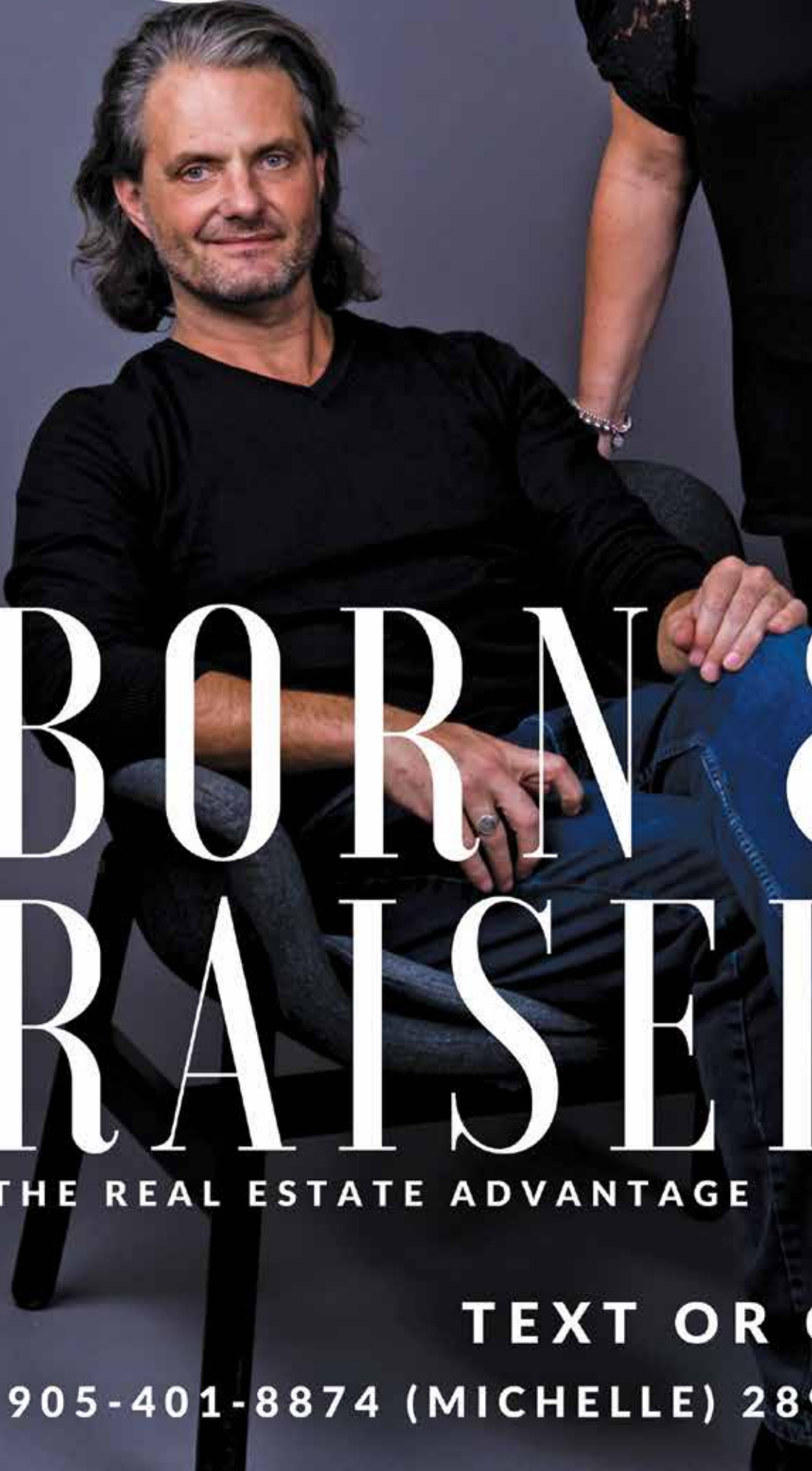
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