



The long-term plan for Glendale

Area is expected to add 15,000 people to town's population when completed in 15 years



This rendering depicts what could line Glendale's proposed Main Street. It is looking southeastward from the top of Main Street with the proposed community/transit hub. SUPPLIED

Steve Hardaker
Community Correspondent

Niagara regional council has endorsed the Glendale District Plan, concluding a two-and-a-half year effort to develop a vision and a plan to support future development in Glendale.

With more than 700 hectares of land, 400 of which could be developed, Glendale has been identified by Niagara Region as an area to focus on growth and economic prosperity.

When fully built in a few decades, Glendale is expected to be home

to as many as 15,000 residents and about 7,500 jobs – “a complete, urban community,” according to a regional planner.

The district will offer a mix of housing options, a dedicated employment area, a hospitality district, a transit hub, greenspace

and walking trails, and new amenities to support the neighbourhood's population.

With its endorsement on Sept. 17, council authorized regional staff to work collaboratively with the Town of Niagara-on-the-Lake on an update to the existing Glendale Secondary Plan.

Council also authorized ongoing work of the Glendale District Plan technical advisory committee with the mandate to implement the key directions, strategies and recommendations of the development of the community.

During a presentation to

the region's planning and economic development committee on Sept. 9, lead planner Kirsten McCauley stated, “Endorsement of the plan confirms the vision and commitment to Glendale becoming a complete, urban

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Bell Fibe network comes to town

Julia Sacco
Special to The Lake Report

More residents of Niagara-on-the-Lake will soon have access to high-speed, fibre-optic internet as Bell Canada expands its service in town.

Bell's long-awaited Fibe service has only been available on the east side of town until now and many locals around the rest of the

town are glad to be included in the expansion.

Nathan Gibson, senior manager of media relations for Bell Canada, said the “all-fibre broadband network” will connect an additional 2,000 homes and businesses, “delivering internet access speeds up to 1.5 gigabits per second, the fastest in the country.”

Continued on Page 7



Ryan Bates operates the directional drill used to clear a path for the Fibe lines. RICHARD HARLEY

Gates wants lower taxes on Ontario/VQA wines

The Lake Report

Niagara MPP Wayne Gates wants to give Ontario wines a tax break.

On Wednesday he introduced a bill in the Ontario legislature which, if passed, would exempt VQA and 100 per cent Ontario wines from the 6.1 per cent basic tax paid on wine sold at winery retail stores.

“The wine industry is an incredibly important part of our community here in Niagara and the economic impact of COVID-19 has dealt a massive blow,” Gates said in a news release.

“This legislation is an important step in creating a level playing field and assisting our wineries and grow-

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Fired hydro worker pays back 60% of stolen funds

Kevin MacLean
Managing Editor

A Niagara-on-the-Lake Hydro manager who was fired after defrauding the utility of more than \$250,000 has repaid more than half of the money so far, hydro's CEO says.

"Sixty per cent of the funds have now been returned," NOTL Hydro president Tim Curtis told The Lake Report Tuesday. "We are expecting more this week and the remainder

in October. We still expect to recover 100 per cent of the funds," Curtis said.

The Niagara Regional Police have been notified and a detective has been assigned to the case, he said.

A police spokesperson said the criminal investigation is proceeding but no charges have been laid.

On the advice of lawyers retained by the utility, Curtis said he could not release the name or personal details of the former employee, who was a senior

manager.

The scheme involved phony invoices issued and paid over an 18-month period, he said.

The fraud "was accomplished by the creation of a false contract and the approval of subsequent false invoices," he said last week in a statement to The Lake Report.

The fraud was discovered by a co-worker in the finance department who was processing a payment.

After the co-worker

brought the discrepancy to the attention of senior management, the utility began an internal investigation and subsequently hired a Toronto forensic accounting firm to look into the case.

Only two business days elapsed between the discovery of the fraud on a Thursday and the firing of the employee the following Monday.

In the wake of the discovery, hydro has been examining its internal procedures.

"Beyond recovering the



NOTL Hydro office. FILE/RICHARD HARLEY

money, our focus is on ensuring there were no other frauds and maintaining

operations," Curtis said this week. "No evidence of anything else has been found."

Council debates ways to streamline lengthy meetings

Niagara-on-the-Lake councillors have spent twice the time in meetings that Niagara Falls has in the same period

Richard Harley
The Lake Report

Niagara-on-the-Lake town council will be sticking to its regular schedule for 2021, despite suggestions from town staff to help streamline meetings.

During the committee of the whole meeting Sept. 21, a staff report was discussed that showed councillors have spent more time in meetings than five other Niagara municipalities.

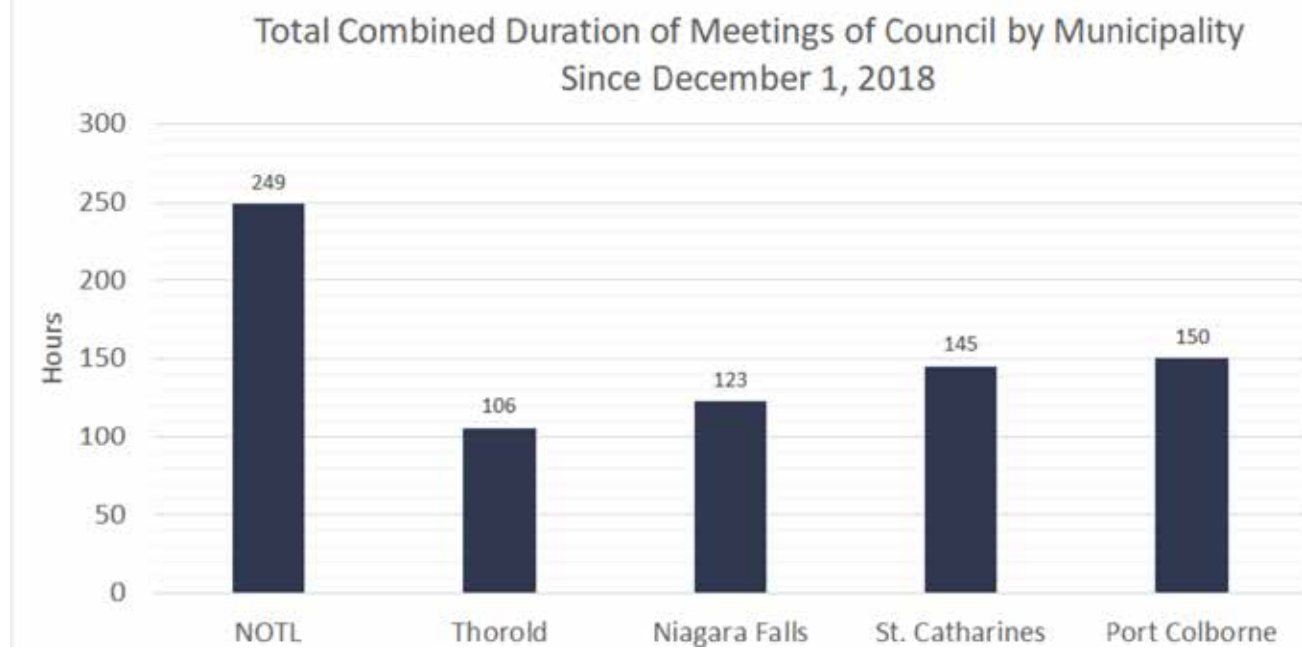
NOTL councillors spent 249 hours in session since Dec. 1, 2018, more than double Niagara Falls and Thorold, and about 100 more hours than St. Catharines and Port Colborne in the same period of time.

The report came with recommendations that council adjust its meeting schedule to try to reduce time spent, to stop delays in decisions and to save money on employee costs.

Staff suggested options that might save time, including removing committee of the whole meetings and having two council meetings per month instead.

"Staff has observed significant increase in the duration of the length of meeting times for both (committee of the whole) and council," the report said.

"Niagara-on-the-Lake in comparison to local municipalities has spent consider-



A graphic from the report shows a comparison of hours spent in office since Dec. 1, 2018. SOURCED

ably more time in meetings since taking office."

The report said that having bi-weekly council meetings means decisions can be made more frequently.

"Therefore, if council is not prepared to make decisions on a particular item at a meeting, they have the option, as always, to defer the report to a future meeting. The benefit of more frequent council meetings is that a deferral of a report or matter does not result in a month delay."

The report also recommended councillors come prepared with questions and not use council time to familiarize themselves with staff reports.

"Staff have observed

that (committee of the whole) meetings may be used by some members to become familiarized with the reports and use the time at meetings to ask questions of staff and gain greater clarity," the report said.

The report also acknowledged more time has been spent at special council meetings due to the COVID-19 pandemic, but said even without those meetings added to the total, "council is still on pace to greatly exceed the total of the past two terms of council."

Coun. Clare Cameron didn't support changing the schedule.

"I don't see how shortening our meetings, reducing debate and comparing our-

selves to other municipalities that have their very own different political culture does anything to advance our strategic goals as an organization," she said.

"Of all the things that I'm concerned about in this town, the length of our meetings isn't something that I'm concerned about. I actually take heart in how much debate and discussion occurs."

She said if overtime hours for staff is the main concern, she would support reevaluating when staff members need to be present for a meeting.

"Let's look at the numbers for the overtime, let's have a conversation about who is expected to attend council

or committee meetings and why. And see if maybe we can reduce the number of staff that are expected to attend," Cameron said.

Cameron said with regards to councillors coming with questions prepared, it's not always possible when information comes right before the meeting.

"We continue to receive items at the very last minute," she said.

She said she was "very troubled" by the proposal, "especially in this community with such a high voter turnout and such engaged citizens. I want to see more public debate and more engagement rather than less."

Craig Larmour, the town's director of community and

development services, said the purpose of the report was to help in planning the 2021 council meeting schedule.

"The reason for some of these changes were just some of the observations that I've seen since this new council has taken office," Larmour said.

"They're just suggestions on ways we can provide for more efficient use. I'm not trying to limit any discussion I'm just trying to channel it."

Lord Mayor Betty Disero said it would be "difficult to limit the number of staff that are required at committee of the whole and council."

"We tried to do that when we came up with this schedule that we're meeting in now," she said. "We tried to put all the planning into one meeting and then that way the planning staff could be there and public works doesn't have to be ... but that hasn't happened because we now have planning items at the general meetings so we're still requiring everybody to be here all the time."

Coun. Allan Bisback said he favoured finding options to streamline the meetings and he encouraged members of council to "discipline" themselves to "read the material, understand the material."



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Shaw **cancels** last remaining 2020 show

Tim Taylor
The Lake Report

The COVID-19 pandemic has forced the Shaw Festival to cancel “A Christmas Carol,” the last remaining show on its 2020 calendar.

The Christmas classic was originally scheduled to run in November and December at the Royal George Theatre.

“We held off making this decision for as long as we possibly could because we

had set our hearts on getting back into one of our theatres this year. But it was not to be,” artistic director Tim Carroll said in a news release.

“The situation clearly calls for caution. We need to keep everyone safe.”

Shaw’s production of “A Christmas Carol” premiered in late 2017, playing to sold-out audiences for the past three seasons. The production provided valuable support for the local tourism and retail businesses in the

pre-Christmas season.

“The loss is heartbreaking, especially after hoping we’d be able to continue this annual holiday tradition that we know is cherished by so many,” said Tim Jennings, Shaw’s executive director and CEO.

“Niagara-on-the-Lake and the Shaw need everyone’s help to remain strong through these incredible and difficult times.”

As with other cancelled productions, the festival has

a team of box office representatives working to contact ticket holders to discuss options for the disposition of their unused tickets.

Details of the 2021 season are expected to be announced soon.

The Shaw Festival is one of the largest charitable theatre businesses in North America, employing some 540 people, including the second-largest resident acting ensemble. Its annual budget is \$35 million.

Transit riders looking forward to new **on-demand** service

Jessica Maxwell
The Lake Report

NOTL resident Mary McGrath is looking forward to Niagara-on-the-Lake’s new on-demand transit system scheduled to hit the road in November.

Town council has approved a one-year pilot program for on-demand transit service, replacing the traditional “scheduled” transit model.

“I’m delighted with it, I think it may even be better than what we had before,” McGrath said. “I’m hoping it is, I’m trying to be positive.”

Residents will be able to book rides for \$3 through a mobile application or by dialling in up to 15 minutes before departure. The maximum wait times for rides is one hour, according to the Niagara Region on-demand transit website.

The program, operated by Via Mobility LLC, will have two vehicles to service



A sign for NOTL Transit. JESSICA MAXWELL

residents in urban and rural areas of town – pending regional council amending its contract with the service provider.

Via has transit operations in over 20 countries and the partnership with the region allows a flat fee for rides unlike other services that charge by the distance travelled.

Cash payments will not be accepted by drivers, but riders can pay through the mobile application with credit card or pre-paid debit.

Some patrons who have taken the bus for years are looking forward to having transit reintroduced to regain some independence, but still feel November is a long wait and wonder if the town will arrange something in the meantime.

“We have to have something between now and November. We can’t keep going on with this,” Catherine Starrs, a resident who has been taking NOTL transit for six years, told the Lake Report.

Starrs said she has been

trying to contact town representatives about the possibility of “a back-up system until the new system comes in.”

So far there is no sign of any temporary system until the on-demand service is implemented in November.

“This new program will provide greater flexibility for residents by offering pick-up locations at the nearest intersection to their residence, as well as curbside drop-off,” interim chief administrator Sheldon Randall said in a news release from the town.

“This service supports the transportation needs of our community and aligns with council’s strategic plan to deliver smart, balanced growth within the community,” he said.

Those looking for more information on the progress of the new pilot program and information on the town’s current transit system can visit www.notl.com/content/transit.

Gates wants **lower taxes** on Ontario wines

Continued from Front Page

ers during a difficult time.”

The bill, called the Supporting Economic Recovery and Renewal in the Niagara Region Act, would apply to on-site retail stores for all wineries selling VQA and 100 per cent Ontario wine across the province.

Foreign imported wine does not currently pay the same tax.

Gates, New Democrat MPP for Niagara Falls riding, which includes NOTL, introduced a similar



Grapes growing at Two Sisters Vineyards.

RICHARD HARLEY

bill in 2018.

“Frankly, we need to do a better job of supporting our wine industry and ensure they have a larger share of industry like we see in

other provinces,” said Gates. “These businesses create jobs right here in our community and the impact of COVID-19 could see up to one in five wineries closing

their doors.”

“From my discussions with winery owners and industry associations, this bill will provide much-needed relief at a time when many in the industry are struggling from the ongoing impact of COVID-19,” said Gates.

“We are really lucky in Niagara to have such a wonderful wine region and opportunities for education in the field at both Niagara College and Brock University. Let’s work hard to make sure it can continue to grow.”

We acknowledge the support of the Government of Canada through the Federal Economic Development Agency for Southern Ontario.

Canada



Niagara-on-the-Lake Launches Tourism Recovery Grant

Applications are open for the Niagara-on-the-Lake Tourism Recovery Grant, created in collaboration with FedDev Ontario and delivered in partnership with the Niagara-on-the-Lake Chamber of Commerce, Winery Operators, and the Niagara Region.

ELIGIBILITY GUIDELINES:

- Eligible projects will be granted a minimum of \$4,000 & up to a maximum of \$20,000
- Minimum 20% matched funds by the recipient required
- Project costs incurred from June 1, 2020, to December 31, 2020
- Businesses must be located in Niagara-on-the-Lake
- In operation on or before January 31, 2020
- Business must demonstrate a reduction in revenues comparable to last year due to COVID-19
- Any project costs already funded with Federal relief dollars are not eligible
- Recipient must obtain all necessary permits and abide by all municipal and provincial laws
- Recipient must be able to pay for eligible expenses up front and be reimbursed
- Recipient acknowledges this grant is considered income to their business and agrees to keep accurate records
- Recipient acknowledges their name and grant amount will be public information, displayed on the Town’s website and/or social media platforms, and possibly used in the Ministry’s success stories or public announcements
- Project activities are new to the business and must be related to tourism-focused adaptation of COVID-19 protocols or practices, sustaining or growing revenue generation and ensuring long-term stability

Online applications will be accepted until October 15, 2020. For more information, visit notl.com/feddev-grant. To begin your application, visit notl.com/feddev-apply.

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Contributed by Patty Garriock

"We can only do what we can do when we can do it and while we are still able to do it." - Patty Garriock



Contributed by Norm Arsenault:

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Editorial: Kudos to our councillors

Richard Harley
 Editor-In-Chief

Wow, our town councillors have spent a lot of time in meetings.

A staff report to councillors says they spent more than 249 hours in meetings since December 2018, more than twice as long as some other Niagara municipalities over the same period.

While certainly it could be argued that there are more effective ways to structure meetings so there isn't so much time spent on the same issues or delays in getting things done, one thing this data shows is that our elected officials put in the time.

They don't gripe about it, they don't miss meetings. They just do it — presu-

ably because they love this town and want very much to make the right decisions for residents.

Kudos to that.

It isn't often that councillors are recognized for the sheer time they put in to doing their jobs.

With other municipalities giving pay raises to councillors, it could be time to ask ourselves if our town councillors deserve a bit more for their time.

We wouldn't be opposed to writing that story.

It is, however, much more frequent that people voice discontent with decisions, often overlooking things that they might agree with.

It's important, as always, that we have councillors who know what they're doing while they're in public office.

And it's no secret that what was for the most part a brand new council needed some time to get in the swing of things.

That's partly why there was such a high cost for inquiries to the integrity commissioner as we reported last week.

So, it feels important to remind residents of NOTL that just because you're not happy with some issues, it doesn't mean our councillors all deserve to be voted out in another clean sweep next election.

We've seen our fair share of letters and social media posts criticizing the mayor and councillors. And we feel it's important for residents to have a place like The Lake Report to voice those opinions and keep our elected officials on

their toes.

But we also need to recognize and show some appreciation for the people who have dedicated now more than 10 whole days of their lives to this town, for a meagre salary — and that's not including the countless hours spent talking to and visiting residents, responding to emails and reading reports, attending events and generally being ambassadors for our town.

They're not doing it to get rich, they're doing it because they care.

And they may not be perfect. But who is?

One thing is certain — a whole new council would face the same steep learning curve all over again.

Let's count our blessings. editor@niagaranow.com



A new appreciation for heritage trail improvements

Dear editor:

When the machines showed up to pave the natural trail behind my place, I was aghast!

But since then, I have been impressed by the increased activity on the Upper Canada Heritage Trail and the many delighted people with their children and dogs.

So now, I can grudgingly

appreciate this new reality.

However, we must retain the natural trail setting that follows south from Charlotte to the East and West Line. This section of the trail is more rural. It is an easy, level natural path, but it requires a little more effort to track.

This increased effort is important to enhance our heart rate, our heart blood volume,

our lung function and capacity, our neural pathways, our ligaments, our muscles, our brain co-ordination and our mental outlook.

Puddles and roots and stones and mud and tufts of grass are only mild obstacles and our brains thrive on resolving them. I'm 80 and I know I need this. Get some walk-anywhere boots and you are good to go.

The cutting down of healthy trees in their natural setting was an egregious event and the perpetrators should be banished from the herd (maybe, I guess).

Those trees were just doing their natural carbon thing; abiding and providing us all with restorative vitamin tree.

Brian Emes
 NOTL

Bob Nevin, number 11, was a great man and friend

Dear editor:

Another great Leaf has passed on, and I hope the real fans remember him.

Bob Nevin always conducted himself with such class and modesty. Back in 2013, my pal Eric Skillins and I drove Bob and Dick Duff up to Fenelon Falls for the funeral of Allan Stanley.

Two Leaf legends, one who has a photographic memory for road maps and the other one a master of numbers.

Four guys on a road trip, with eight Stanley Cups

among us. Bob had two and Dick had six (including four with Les Canadiens.)

Eric and I had zero each. Bob loved a good road trip, sitting in the back seat, glibly adding a story here and a quip there. A true good guy and totally unpretentious. A dry sense of humour and perfect timing.

When he was playing junior hockey, his dad told him, "You are good enough to make the NHL. Work hard, and always wear number 11.

You'll be easy to remember, Bobby Nevin, number 11."

On our way home from Allan Stanley's funeral, Bob offered this story. "I was always good with numbers. After our Stanley Cup win in 1963, my wife and I used my bonus money to buy a nice little house in Leaside. In those days, Bell Canada assigned you a number. They gave us 416-632-7310."

I said, "That's interesting." Bob waited a moment, and said, "Add 'em up, boys." The penny

dropped. Dick said, "11, 11. That's amazing. How'd you figure that out, Bobby?"

"Hey, I had a lot of time to sit around and think. Played hockey a couple of hours a day and had lots of free time. I was good with numbers."

Bobby Nevin, number 11. A great hockey player, a great man and a great friend.

Rest in peace, Bob. Thanks for the thrills and the friendship.

Ross Robinson
 NOTL



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OPINION

It's time OHIP covered PSA tests for prostate cancer

The Ontario legislature last week unanimously approved a private member's motion to have OHIP cover all PSA tests for prostate cancer. The motion was sponsored by Niagara Falls MPP Wayne Gates.



MPP Wayne Gates.
FILE/RICHARD HARLEY

Wayne Gates
Special to The Lake Report

This year it is estimated more than 1,500 men will die of prostate cancer in Ontario.

Yet we know that if diagnosed early enough there is almost a 100 per cent survival rate for those who have prostate cancer.

Residents in Ontario can get an early warning of this disease by having their prostate-specific antigen (PSA) levels tested early – but in many cases, they must pay for this test out of their own pocket unless they are already diagnosed with prostate cancer or a test is ordered by a doctor.

So why is this life-saving PSA testing not covered by OHIP? In an era when

residents are falling on hard times, more and more residents are forgoing this test to ensure that they can pay their bills at home.

Never before has it been more important for OHIP to cover the cost of PSA testing for every person who wants one.

Here's the thing: saving lives should be enough to enact this policy right away but when you dive deeper into the policy its benefits become undeniable.

A late-stage prostate cancer diagnosis costs the province on average \$66,000 more per patient

than if they caught the cancer early. Furthermore, estimates tell us that one in nine men will get prostate cancer in their lifetimes.

At a time when we're facing unacceptable overcrowding in hospitals, early detection can mean people avoid late-stage diagnosis and thus don't ever need to seek out late-stage care in our hospitals.

While this is not, and should not, be the solution to people receiving medical care in our hallways instead of in hospital rooms, it's one part of a comprehensive plan we need to fix the shameful overcrowding of our hospitals.

So we know this policy would save money, save lives and help stop overcrowding in our hospitals. Beyond that, we can clearly see that Ontario is lagging behind our fellow provinces and territories.

PSA testing is already covered by the provincial health programs in eight provinces and three territories. Yet, here

in our riding there are community golf tournaments being held where the money collected is going to pay for PSA testing for those who cannot afford it.

Since when did a Canadian's access to health care depend on their ability to access charity? Why is it that other provincial governments have stepped up to cover this cost, yet here in Niagara it's our charities that are filling that role?

Simply put, this a straightforward policy that makes sense.

I am proud to say that our team worked across the aisle and that this motion was accepted unanimously by the Legislature.

Unfortunately, this does not mean it comes into force right away. Motions must still be enacted by the government even when they are passed by the members.

We're happy we've made it this far but now we must turn to ensuring that Premier Doug Ford actually implements this policy.

Get it right: Ricin suspect is a French national

Dear editor:
All Canadian citizens should be offended by recent national coverage, led by our major TV outlets, of the reference to the "ricin suspect" as a Canadian, first.

Clearly this is fodder for our U.S. neighbours and, in particular, President Donald Trump, to headline their news as "A Canadian attempts to assassinate the president." The last thing we need

is this additional attention and potential retaliation from a president who hates our guts.

A much better, and more accurate, reporting should say: "Pascale Ferrier, a French national, who

holds dual Canadian citizenship etc." is a suspect in a ricin letter mailed to the White House, and addressed to President Donald Trump."

Samuel Young
NOTL

Ring bike bells but pedestrians often don't hear them

Dear editor:
Ringing a bell on a bicycle to warn a pedestrian of one's approach as noted in a letter ("Bikers on trails need to ring those bells," Sept. 24) cannot be faulted.

However, as an enthusiastic and experienced cyclist and tour guide, I can say that pedestrians are not alert

to "traffic" on the path and often do not hear a bell and even if they do their reaction can be unpredictable.

Yes, ring one's bell, reduce approach speed, but unless eye contact is made between the pedestrian and bicyclist then assume the worst and either give a wide berth and ride around on the

grass or if this is not an option, slow down pretty well to their pace.

The other recommendation I often hear is shout "on your left." This relies on the party hearing you and indeed taking a safe and appropriate action. Bad advice.

Another impediment and

a significantly risky one when passing pedestrians or another bicyclist, is them wearing headphones.

They either don't hear you or even worse, react unpredictably when "suddenly" confronted by you passing – ask me how. I know!

Martin Harvey
NOTL

Why don't we protest at animal rights activists' homes

Dear editor:
I have to agree that the "animal rights" protesters are not only misinformed about treatment of the horses but also cause damage to the image of NOTL. I believe that it is a mis-

take to protest the protesters as it just brings more attention to them.

As any military commander would tell you, you don't go to battle on the ground of the enemy's choosing. You fight

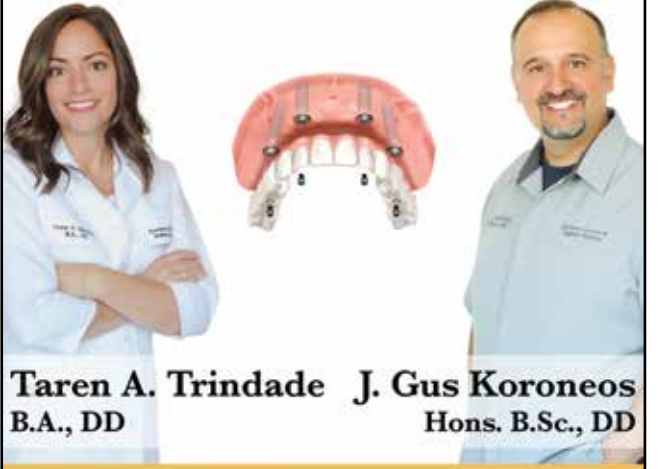
on ground of your choosing.

Therefore, I would suggest that the best place to have a counter demonstration would be at the homes of the "animal rights" protesters.

Maybe a taste of their own medicine and the resultant effect on their neighbours would convince them to rethink their concerns and strategy.

Doug Johnson
NOTL

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NOTL hairdresser **retiring** after 25 stylish years

Richard Harley
The Lake Report

He might have cut your hair, or your mother's — or perhaps even your grandmother's.

Fernando Spadafora, of Fernando's Hair Salon, has been cutting and styling hair in Niagara-on-the-Lake for more than 25 years, though he can't remember exactly how long.

On Oct. 17, the 70-year-old will give his final cuts from his shop on Mississauga Street.

For Fernando, it's a happy-sad feeling. On one hand, he's looking forward to relaxing and finally taking some vacations to his villa in Italy. On the other, he will miss his long list of clients as he heads into retirement.

"I'm going to be missing a lot of people, you know," he says, as calls for appointments keep coming in during a short interview Tuesday.

"But I've had enough. I want to enjoy my life right now."

Fernando says he has barely taken a vacation since he started his shop in town 17 years ago.

"I want to enjoy my life. I want to go on vacation. I



Fernando Spadafora is closing his NOTL salon on Oct. 17. RICHARD HARLEY

never had a vacation since I've been here," he said.

He said he has about 475 clients.

"Matter of fact, I'll be honest with you. Some of them they still want me, but I'm gonna be going to their house. But I'm only doing part time," Fernando says.

Fernando spent eight years at Fringe salon in Virgil, and another 17 years at his own Old Town location.

He's also run a business in Niagara Falls, where he had 17 girls working for him.

He first started hairstyling in St. Catharines, he says, before heading to Italy to train with Arte & Technica.

"I studied with them about four or five years. I used to go to Italy. And then after that I went with Tony & Guy from London, England, did all that. I did a lot of seminars too with other

people," Fernando says.

He's proud of what he made with his small salon, and says most businesses in his location only lasted six months to a year before him.

"I made this what it is," he says. "There was a lot of experiences around. There was good days, there was bad days and all that stuff."

"I've been here a long time."

He remembers many days coming to work early for clients.

"A lot of my customers, they always wanted to come here early. So I had to get up between 5:30 - 6 o'clock to be here before seven o'clock," he says.

And that's not all — Fernando has had a long list of things he's done since moving to Canada in 1957 (on Feb. 9, he adds), including

playing music with his own band, doing nightclubs and stints on the radio.

He's particularly proud of playing at the Skylon Tower.

But all that has come to an end, and now he just wants to sit back and enjoy life.

"It's time for me to say goodbye."

"I'm getting old and I just want to enjoy myself right now."

Newark Neighbours Food Bank receives **a ton** of food, literally

Tim Taylor
The Lake Report

On Sept. 23, officially designated by the town as Newark Neighbours Day, a handful of concerned residents and an army of donors collected a ton of food and more than \$3,200 in cash donations, for the almost 50-year-old organization.

The Newark Neighbours food bank helps ensure food security for area residents in need and Cindy Grant, the food bank's volunteer manager, was ecstatic.

By day's end, she and her team had completely sorted the food donations and personal hygiene items, ready for packaging for this year's Thanksgiving distribution to as many as 47 NOTL families.

"Beyond Thanksgiving, these donations will even serve as a solid foundation for the Christmas holiday program of food hampers and gifts," said Grant.

"Our sincere and heartfelt thanks go out to the organizers of the Community Food Drive and to the entire Niagara-on-the-Lake community for your generosity and support."

Four local businesses helped promote the campaign and collect donor food packages and cheques: Phil's Valu-mart, Virgil Avondale, Simpson's Pharmacy, and the Niagara-on-the-Lake Golf Club. In addition, there were a dozen team leaders throughout the community motivating donors in their own neighbourhoods.

The campaign was the

brainchild of Syme Jago, who with her husband Adrian Goldberg came up with the idea during a Zoom conversation with friends and neighbours in the heart of the early pandemic.

After hearing about the great work of Newark Neighbours during the chat and how much the organization needed community help, Jago said, "Let's do something about it."

A small trial run in June demonstrated how much the community wanted to help and drove the second campaign on Newark Neighbours Day.

"It's overwhelming, truly overwhelming," said Jago. "And honestly, with dozens of people helping it was surprising how little work it was. Thank you, Niagara-on-the-Lake."



A dedicated team of food drive organizers, collection drivers and Newark Neighbours sorters, collected a ton of food and over \$3,200 in cash donations. The donations will be used to create Thanksgiving baskets for the organization's registered families in need.

TIM TAYLOR

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Injured kitten recovering, awaiting surgery

Richard Harley
The Lake Report

A young kitten is recovering after being found injured on the side of the road. The cat, only about seven weeks old and weighing just two pounds, was found on Lakeshore Road by Niagara-on-the-Lake resident Janice White on Sept. 21.

White, who named the cat Micky, believes he was hit by a car.

When she found him, she immediately rushed him to the Virgil Animal Clinic, she said, though it was uncertain if he would survive.

“He was such a fighter that I named him Micky after Micky Ward, who was another red-headed fighter,” White said.

“He still has eight lives!” she said.

She praised the vets, saying they were fantastic in treating the kitty quickly and offered a discount on their services.

Though he is recovering, Micky will need surgery to amputate his front left leg, which is unresponsive.

The surgery is a costly operation, so White started a GoFundMe to help cover



Micky the cat is recovering after being found injured on Lakeshore Road. SUPPLIED

the vet bill, which has already reached \$2,745.

She said the support from people in the community has been outstanding.

“Someone in the community came forward and has made arrangements for the surgery to be done by a relative who is an orthopedic surgeon for small animals,” White said.

White has since taken the cat home until his surgery and plans to put him up for adoption after he’s all healed.

The money raised from

the GoFundMe campaign will cover the cost of the surgery, but there is still going to be a cost to having Micky get all his vaccinations and post-op follow-ups, she said.

White said Micky is in good spirits, considering what he’s been through.

“I’m so happy to see the recovery he has made. I wasn’t even sure he was going to make it alive to the vet.”

“He is tiny but vocal,” she said. “This poor boy has been through a lot in the

last week.”

She thanked the community for helping to cover the costs of the surgery.

“This type of situation is tricky because the local rescues don’t have the funds to help with this type of situation and the vets still have a business to run and want to be paid. Without the GoFundMe I’m not sure what would have happened.”

She said she didn’t do anything heroic. “I couldn’t leave him in the middle of the road.”



Ryan Swartz shows where the line will go along Niagara Stone Road in Virgil. RICHARD HARLEY

Lines for Fibe network being installed in town

Continued from Front Page

“The first connections will be available beginning in the Virgil area next month, followed by other neighbourhoods throughout the town over the next year,” he said.

Those who live in neighbourhoods where the upgrades are occurring received a notice of construction from Bell and Trinity Communications. Much of the preparation work will be done by Trinity between now and November.

Garrison Village John Buchanan said that after moving to NOTL from Mississauga he noticed the service speed was not up to the level he was used to.

“We’re really excited that the crews are coming now,” he said.

“I talked to the guys upgrading the underground conduits which will deliver hydro and Fibe cable, we’re finally getting to the modern age in Niagara-on-the-Lake!”

In Cory Abt’s Virgil neighbourhood, where construction is almost complete, everything went

smoothly, he said.

“They offered to run it to your house even if you aren’t planning to use the service, thereby avoiding the run cost in the future if you wanted to switch over,” said Abt.

Nick Giannoulaki, who lives in a rural area outside of where the upgrades are taking place, hopes Bell will continue with its expansion throughout the town.

“I’m paying \$90 a month for internet that is 1.35 to 1.60 megabits per second and an upload of 0.20, if that,” he said.

Giannoulaki said his internet costs could even increase to around \$600 a month with needed upgrades, but with Bell Fibe he would only pay about \$125.

According to Gibson, Bell is also continuing to expand its high-speed wireless home internet service for rural customers in the Niagara region, including areas around Niagara-on-the-Lake.

Customers can check service availability for their area at Bell.ca/FastInternet as coverage expands.

Glendale plan endorsed by Niagara Region

Continued from Front Page

community.” A district plan is a proactive development strategy for a specific area of Niagara, intended to support the region’s focus on growth and economic prosperity.

Development of the district plan was a collaborative effort involving the town and region, municipal leaders, residents, Niagara College, stakeholders and land owners.

Earlier in 2020 there were recommendations from the Friends of Laura Secord to use the opportunity to recognize the geographic, historical and cultural attributes that may one day lead to a renaming of Glendale to a more relevant name.

Now that the plan has been endorsed, next steps include a regional official plan amendment during the



The view looking south toward Glendale Avenue from the Outlet Collection parking lot, with the Niagara on the Green neighbourhood and the Escarpment in the distance. STEVE HARDAKER

fall/winter of 2020-21, work on updating the Glendale Secondary Plan in 2021 and ongoing work with the technical advisory committee for implementation.

Through this update, technical studies, such as reviews of infrastructure, densities and transportation capacity, will assist in refining the land use

boundaries and confirming suitable buildings and building heights.

Once completed, land owners and developers will be able to submit plans that are consistent with the vision of the district plan and the Glendale Secondary Plan.

In an emailed statement, Regional Coun. Gary

Zalepa, who is also a member of the region’s planning and economic development committee, said, “The Glendale District Plan is a great example of leveraging both regional and town planning expertise, through the completion of an extensive public process.”

He called it a great model for future development across the Niagara region.

“The Glendale plan is well-developed for benefiting the town’s future and will ensure we move forward in a sustainable fashion and attract the proper balance of employment opportunities combined with great places to live and work and play,” he said.

Steve Hardaker has lived in Glendale for 10 years and is active in many community organizations. He was a member of the Glendale District Plan, Phase 2 Community Focus Group.

Rotary Estate Sale is this weekend

Richard Harley
The Lake Report

The NOTL Rotary Estate Sale is on this weekend.

The sale will be held Oct. 3 and 4, from 9 a.m. to 2 p.m. both days, at 949 East and West Line Rd.

As a registered charity holding an event open to the public, the club will have “experienced staff

to monitor the event and a nurse on duty to ensure that COVID protocol is in place and consistently followed,” said Jolanta Janny, marketing co-chair for the club.

Masks will be mandatory and proper distancing will be encouraged in line and inside. Hand sanitizer will be placed throughout the venue and will be required before entry.


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Email answers, with your name, to editor@niagaranow.com for a chance to win a prize. (Subject line: Riddle me this)

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Image Detail: Lauren Stewart Harris, Study for "In the Ward 1, City Paintings", 1918. Collection of Samuel E. Weir ©RiverBrink Art Museum



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Sunday	Monday	Tuesday	Wednesday
<p>COVID-19</p> <p>Due to COVID-19, many events are now virtual. Find a list of NOTL events here week to week.</p> <p>Stay safe, wash your hands, wear a mask and distance whenever possible.</p>			
<p>LEGION FISH FRY EVERY THURSDAY!</p> <p>From 4:30 to 7 p.m. Drive-thru only Cash only</p>			
4	5	6	6
<p>S.L.A.P.S. Fundraiser - 2 p.m. - Club 55</p> <p>Last Night of the Proms: At Home Concert Series - 4 p.m. - Virtual: Facebook/MusicNiagaraFestival</p>	<p>Committee of the Whole: Planning - 6 p.m. - Virtual: notl.org</p> <p>Public Meeting - 6 p.m. - Virtual: notl.org</p> <p>Ask a Tech: One on One Tech Tutoring - all day - contact creganti@notlpl.org</p> <p>NOTL Community Centre Reopens for programming - all day - NOTL Community Centre</p> <p>Niagara's Name that Tune - 7 p.m. - The Irish Harp</p>	<p>NOTL Rotary Virtual Tasting Tour: Caroline Cellars - 7 p.m. - Virtual: niagaraonthelakerotary.ca</p> <p>Virtual War of 1812 Trivia Night - 8 p.m. - Virtual: http://www.friendsoffortgeorge.ca/</p>	<p>Irrigation Committee - Virtual: notl.org</p> <p>German Conversation a.m. - Virtual: contact@aol.com</p> <p>Lecture Series with The Atom with the Rutherford, Bohr a.m. - register@notl.org</p>
11	12	13	13
<p>Historic Walking Tours - 11 a.m. - Queen's Royal Park</p>	<p>Ask a Tech: One on One Tech Tutoring - All Day - NOTL Public Library Contact creganti@notlpl.org</p>	<p>NOTL Rotary Virtual Tasting Tour: Strewn Winery - 7 p.m. - Virtual: niagaraonthelakerotary.ca</p> <p>Transportation Advisory Committee - 2 p.m. - Virtual: notl.org</p>	<p>Open House: Zoning Hunter Road - 5 p.m. - org</p> <p>German Conversation a.m. - Virtual: contact@aol.com</p> <p>Lecture Series with The Great Debate: Einstein - 11 a.m. - register@notlpubliclibrary.org</p> <p>Virtual STEAM Story a.m. - register@notl.org</p> <p>Hello World: Virtual a.m. - register@notlpubliclibrary.org</p>

Know of a local event? Tell us. Submit it directly to www.niagaraontheLake.com

Lake Report

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COMMUNITY CALENDAR

Oct. 1 - Oct. 17

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Wednesday	Thursday	Friday	Saturday
	1 Two Part Lecture Series: Portraiture - 2 p.m. - Niagara Pumphouse Arts Centre LearnMORE from Home:Fakes and Forgeries - 10 a.m. - Virtual: www.riverbrink.org/education.html Virtual Live Breathe Pilates Classes - 9:30 a.m. - Zoom info@ livebreathepilates.ca	2 Two Part Lecture Series: Portraiture - 2 p.m. - Niagara Pumphouse Arts Centre Lion Burger Drive Thru Barbecue - 4 p.m. to 7 p.m. - St. Davids Lions Club Fort George Murder Mystery - 2 p.m. - Fort George National Historic Site	3 Picnic in the Park - 12 p.m. to 3 p.m. - Lions Club Park Historic Walking Tours - 11 a.m. - Queen's Royal Park NOTL Rotary: Multi Location Estate Sale - 9 a.m. to 3 p.m. - Multiple locations in NOTL + Niagara Pumpkin Spice and Everything Nice - 11 a.m. - Outlet Collection at Niagara NOTL Rotary Estate Sale - 9 a.m. to 3 p.m. - 949 East West Line Road Virtual Live Breathe Pilates Classes - 9:30 a.m. - info@ livebreathepilates.ca
7 Dr. Brown: Curies, and others - 11 - publiclibrary.	8 Environmental Advisory Committee - 6 p.m. - Virtual: notl.org LearnMORE from Home: Fakes and Forgeries - 10 a.m. - Virtual: riverbrink.org	9 LIVeStream.Love.Jazz with Bill Mays - 7 p.m. - Virtual: youtube.com/jazzniagara Lion Burger Drive Thru Barbecue - 4 p.m. to 7 p.m. - St. Davids Lions Club The Wild: Exploring NOTL - 10:30 a.m. - Niagara Shores Park	10 Historic Walking Tours - 11 a.m. - Queen's Royal Park
14 Bylaw 448 - Virtual: notl.org Dr. Brown: Bohr and - register @ publiclibrary.org	15 Wildflowers in Watercolour - 1 p.m. - Niagara Pumphouse Arts Centre	16 Learning to Draw Portraits - 1 p.m. - Niagara Pumphouse Arts Centre	17 Back to the 80s Debut - 7 p.m. - Club 55 Decorate Pumpkins at the Pumphouse - 11 a.m. to 2 p.m. - Niagara Pumphouse Arts Centre Book Club: Drawing for the Absolute Beginner - 9 a.m. - Niagara Pumphouse Arts Centre

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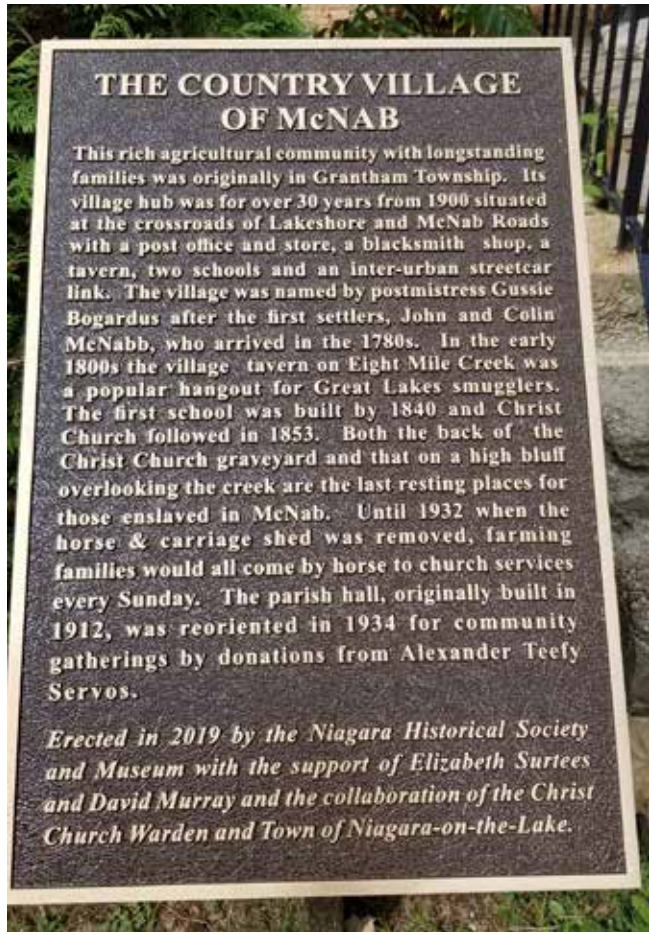
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New plaque commemorates country village of McNab

A new plaque honouring the McNab area was erected in September, commemorating the village's history. The plaque is located at Christ Church on Firelane 14. Benefactors David and Liz Murray, commented that the plaque encapsulates the history of McNab from its founding by the McNab family from Scotland in 1800 and is part of their ongoing commitment to fostering the appreciation of local history throughout the Niagara community.



Bill and Sheryl Christensen, Mark and Susan McKay, Laura Gibson and Roman Mamalyga. Gibson accepts a cheque to support Newark Neighbours. RICHARD HARLEY

Golf tournament supports Newark Neighbours

Richard Harley
The Lake Report

A neighbourhood golf tournament and picnic has raised \$500 for Newark Neighbours' annual food drive.

Roman Mamalyga, who helped organize the Sept. 13 tournament for the St. Andrew's Glen community, said when he heard about the food drive, he wanted to do something to

help – especially during the COVID-19 pandemic.

He said in Niagara-on-the-Lake, people have been very fortunate in terms of making it through the pandemic with so far low numbers of cases.

"We are very, very lucky where we live. I don't think we live in the real world with all this stuff going on out there. And we're very fortunate how

we've gotten through this (pandemic) and are getting through this and we just wanted to give back some of our gratitude for everything we have."

He said he'd like to thank fellow committee members Mark McKay and Sheryl Christensen for helping with the event, along with sponsors Irish Design, Simpson's Pharmacy, NOTL Realty,

Sandtrap Pub & Grill, The Mortgage Couple and NOTL Golf Club.

"Everyone had a great time and we helped a good cause," Mamalyga said.

"Hopefully they can make someone's life better for Thanksgiving and going forward."

The four winners of the tournament were Howard Jones, Kevin Jackson, Shelly Sanson and Bruce Cochrane.

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 Pub Jugs - Oct. 3 - 7:30-10:30 p.m. | Barley Brae - Oct. 4 - 2-5 p.m.

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Thanksgiving Dinner
Oct. 11 & Oct. 12
Details to follow

Canopy donates iPads to Upper Canada Lodge

Cannabis company also supports heritage trail improvements with \$40K donation

Richard Harley
The Lake Report

Canopy Growth, which operates Tweed Farms in Niagara-on-the-Lake, has donated two iPads to Upper Canada Lodge.

The cannabis company donated a total of 57 iPads to 21 long-term care homes across the province, to help residents stay in touch with their families during the COVID-19 pandemic.

“It started when the lockdown and COVID first began in the spring,” said Hilary Black, chief advocacy officer for Canopy Growth.

“I have a 103-year-old grandma and I am able to speak to her every day because she lives at home with full-time caregivers. And many families don’t have that same privilege,” she said.

She said the idea came after a worker at Spectrum Therapeutics, Canopy’s medical cannabis company, was speaking with his father who is a resident of a long-term care facility.

“The frontline care worker in the long-term care facility was holding her personal phone while wearing all of her (personal protective equipment) in order to be able to give this resident access to talking to



Coun. Allan Bisback, Tweed Farms general manager Djin Schott, Canopy Growth vice-president of government and stakeholder relations Sean Webster, trail chair Rick Meloen, Tony Chisholm, Richard Coyne and Lord Mayor Betty Disero. RICHARD HARLEY

his son. And that got us to thinking about the need for connectivity for residents of long-term care facilities that we know are hardest hit by COVID,” Black said.

“So really it’s about giving residents the opportunity to talk to their kids, talk to their grandkids, and just to be able to connect, because a lot of those folks don’t have their own phones,” she said, adding the devices have had major connectivity apps like FaceTime and Skype pre-installed.

The iPads are also on stands, so they can be easily moved and wiped down.

The long-term care facilities were chosen because they’re part of an existing research project with Canopy Growth, which is looking at the utility of medical cannabis for treat-

ing pain, mood and sleep problems in long-term care patients.

Black said she also hopes to inspire more businesses to support long-term care facilities in their communities.

“Call your local long-term care facility and find out what they need. And perhaps there’s more ways that we can be supporting our elders as we go through the fall and winter with COVID.”

The company also made a \$40,000 donation towards development of the town’s Upper Canada Heritage Trail.

A cheque was presented during a small ceremony at the trail on Wednesday.

Canopy Growth’s vice president of government and stakeholder relations Sean Webster said the initiative

fits with the companies core goal of “growing good together.”

“We see that in the communities that we work with in a project like this, which will increase activity and connect communities,” Webster said.

Rick Meloen, chair of the heritage trail committee, said the donation helps the development of the trail move forward.

He said the next phase of the trail renovation from Charlotte Street to East and West Line will hopefully be ready by spring 2021.

“There will be no construction this year. But we’re hoping that next spring we’ll be ready to go,” he said.

“And then we just keep trucking on.”

“The support we’ve had has been tremendous.”

Study examines effect of medical cannabis on seniors

Richard Harley
The Lake Report

Canopy Growth is looking to see if medical cannabis can benefit seniors living in long-term care homes.

The project, which is studying 500 residents in 21 long-term care facilities across Ontario, began in October 2019.

Some of those patients are at Upper Canada Lodge in Niagara-on-the-Lake, though a Canopy Growth spokesperson said for privacy reasons they would not disclose how many.

“We are looking at a variety of ratios of THC and CBD. And they are at a dose that is appropriate for residents and seniors,” said



Cannabis growing at Tweed Farms. FILE PHOTO

Hilary Black, advocacy officer for Canopy Growth.

Seniors won’t be smoking, though, Black adds.

“We’re really looking at oils and soft gel capsules as a delivery system ... In a long term care facility, it’s not realistic to use inhalation or vaporizers. But soft

gel capsules, it’s just like taking a medicine the way that you would with any other medicine.”

She said the ongoing study is looking at the best ratios of THC and CBD to help seniors with pain, mood and sleep.

Black said she’s been an advocate for medical cannabis for a long time, spending years creating access for patients.

“For me as a patient advocate, I personally have spent 20 years, many of them breaking the law, dedicated to creating access for patients to medical cannabis. Seniors who live in long-term care facilities are one of the last patient groups that don’t have access to medical cannabis.

And it could tremendously improve their quality of life. So I’m really excited about this study, I think we have the potential to really improve quality of life for residents who live in long term care facilities across the country.”

Black said her own grandmother, who is 103 years old, “takes a soft gel capsule with a little bit of THC and a little bit of CBD every afternoon.”

“She says that it’s the thing that’s helped her to survive COVID in terms of her sleep, and her mood. So we’re hoping that other grandparents and seniors across the country will eventually be able to have those same benefits,” Black said.

Music Niagara Presents Classical and Jazz Thanksgiving

At Home Series Specials

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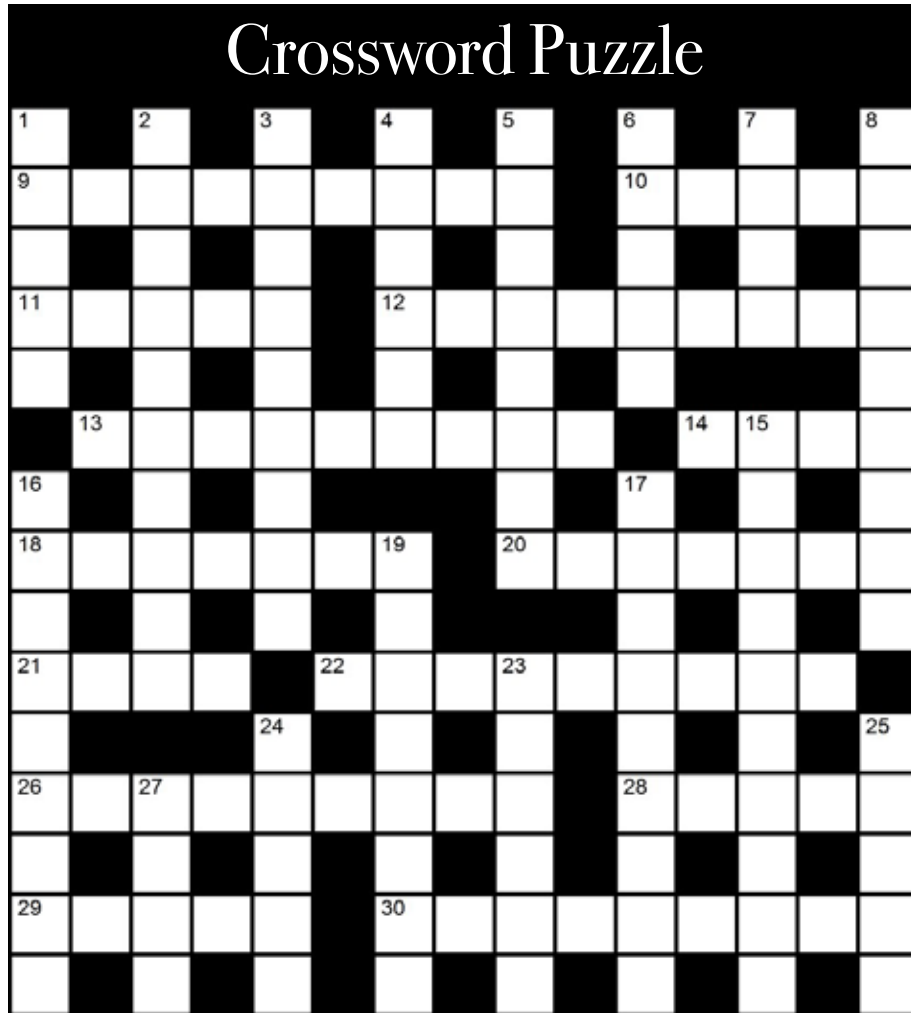
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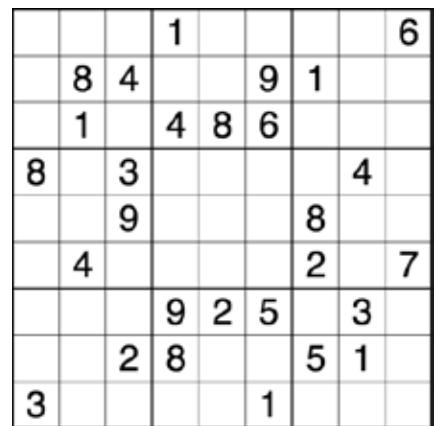


Have some fun

- Across**
- 9. Cliff face (9)
 - 10. South American ruminant (5)
 - 11. One who shapes metal (5)
 - 12. Rhizome (9)
 - 13. Telegraph messages (9)
 - 14. Government supremo in a specified policy area (4)
 - 18. See (7)
 - 20. Uproarious (7)
 - 21. Vex (4)
 - 22. Caused by overexposure on a hot day (9)
 - 26. Musical note (9)
 - 28. Inexpensive (5)
 - 29. Type of male (5)
 - 30. Cut off (9)
- Down**
- 1. Sudden convulsion (5)
 - 2. Type of military flag (10)
 - 3. Made more restrictive (9)
 - 4. Reflecting surface (6)
 - 5. Progressive (8)
 - 6. Utter joy (5)
 - 7. Western pact (1,1,1,1)
 - 8. Cold weather personified (4,5)
 - 15. Retailer (10)
 - 16. Fencer (9)
 - 17. Eighty (9)
 - 19. Memento (8)
 - 23. Perspiring (6)
 - 24. German submarine (1-4)
 - 25. Malice (5)
 - 27. Charts (4)




Last issue's answers






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Dr. Brown: Einstein's lifetime of work, in one **amazing** year



Dr. William Brown is a professor of neurology at McMaster University and co-founder of the Infohealth series held at the Niagara-on-the-Lake Public Library.

Dr. William Brown Special to The Lake Report

In this, the third in the library's series, "The Camelot Period in Physics: 1900-1930," we move on to the quantal nature of universe writ tiny – the atomic and subatomic levels.

That's quite a shift in gears given that the first two sessions focused on those scientists in the early 1900s who revealed that the universe was far larger than was previously thought, and moreover was expanding, evidence for which led to the Big Bang hypothesis

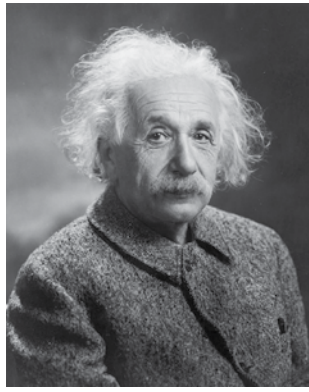
and a compelling narrative for the evolution of the universe.

At the beginning of the 20th century the very existence of the atom was questioned by some of the best physicists of the day, including at the top of the heap, Max Planck.

And any notion that light, never mind the rest of the electromagnetic spectrum, or for that matter, energy, might be composed of particles, came as an unwelcome challenge to a generation of physicists brought up on Faraday's and Maxwell's studies of electromagnetism in the 1800s and a large body of evidence attesting to the waveform nature of light.

But there was a paradox at the heart of physics and no one got to the heart of the matter better than Albert Einstein. In his 1905 paper on the quantal nature of light, for which work he later won the Nobel prize, he put the dilemma this way.

"There exists a profound formal difference between the theories that physicists have formed about gases and other ponderable bodies



Albert Einstein. SOURCED

(particles), and Maxwell's theory of electromagnetic processes in so-called empty space. While we consider the state of a body to be completely determined by the positions and velocities of a very large, yet finite, number of atoms and electrons, we make use of continuous spatial functions to describe the electromagnetic state of a given volume."

Therein lay "the great distinction between theories based on particles such as the kinetic theory of gases and seemingly at odds theories that involve continuous functions like the electromagnetic fields of the wave theory of light" (Kumar, 2010). It was a distinction

Einstein would deal with in his paper on the quantal nature of light – one of four revolutionary papers he published in 1905.

That paper on the quantal nature of light concluded, based on Einstein's analysis of Philipp Lenard's observations of the photoelectric effect, that the observations were inconsistent with the wave form theory of light, but made sense if light was thought of as packaged in discrete quanta – what later would be called photons.

Einstein went on to take a fresh look at Planck's analysis of blackbody radiation in 1900 in which he reluctantly resorted to accepting the quantal nature of radiation as a contrivance to make sense of his equations.

Einstein showed no such reluctance – light was quantal – but rather than using Planck's tortured logic, Einstein based his conclusions on his analysis of the photoelectric effect and the nature of gases and energy.

Summarizing Planck's work, he wrote, "Mr. Planck's determination of the elementary quanta is to

some extent independent of his theory of blackbody radiation." Einstein's paper on the photoelectric effect (and blackbody radiation) was quite the start for the young brash Einstein still working in a patent office in 1905.

His audacity, brashness and energy for his work is caught in a letter he wrote to his best friend, Conrad Habicht.

After teasing Habicht for not writing, Einstein went on to say, "I promise you four papers The first deals with radiation and energy properties of light and is very revolutionary The second paper is a determination of the true sizes of atoms... The third proves that bodies on the order of magnitude of 1/1000 mm, suspended in liquids, must already perform an observable random motion that is produced by thermal motion. Such movement of suspended bodies has actually been observed by physiologists who call it Brownian molecular motion. The fourth paper is only a rough draft at his point, and is on electrodynamics of moving bodies, which employs a

modification of the theory of space and time."

Later there was a three-page add-on, which contained that most iconic of equations, $E=mc^2$, or energy (E) equals mass (m) times the speed of light squared. Wow.

Taken together, Einstein's body of work for 1905 constituted his annus mirabilis. In his achievement, he ranks with Isaac Newton, who in 1666, tucked away in his mother's countryside home to escape the plague, had his own annus mirabilis when he developed calculus, an analysis of the light spectrum and the laws of gravity. Quite an achievement by any measure, as was Einstein's 239 years later.

The "quantum" was a huge step forward in physics and was engineered by the two reluctant fathers of quantum physics, Planck and Einstein, two men who could not have differed more in nature, dress, habit and their understanding of physics and yet became close friends. That's an important lesson that applies to life anywhere in anytime.

LOCAL SNAPS



The Niagara Pumphouse hosts an outdoor plein air seminar to teach artists about natural outdoor colours.

Plein air art in the park

SCAN FOR VIDEO USING ROAR

We're always trying to find ways to make the newspaper more interactive for readers. Try this one out by downloading the Roar app on your smartphone or tablet. Then simply scan this image and watch the video come to life!



Off to the races

Sailboats compete in the Shark Homecomers Race on Saturday. The photo shows five boats at a mark, four with colorful spinnakers flying, and shows where each boat is placing, the green boat being in the lead.

SUPPLIED/DIANE HALISKI



Raising awareness

Staff at the Angel Inn restaurant wear orange shirts to create awareness about the history of Canada's residential school system, which systematically oppressed Indigenous Canadians. RICHARD HARLEY



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Farmers' market to finish up the season

Jessica Maxwell
The Lake Report

As the final Saturday of the Niagara-on-the-Lake farmers' market approaches, staff and vendors look back on the season as one of the best years they have ever had, despite it being during a global pandemic.

Adapting the Market at the Village to accommodate changes due to the pandemic has given the market a whole new look, said co-ordinator Sharon Brinsmead-Taylor.

"I think the way we set it up and the flow just works for us," she said.

"It looks busier and it's more spread out. It also makes it easier for people to see what each vendor has."

The market sees the same faces week in and week out, Brinsmead-Taylor said, as well as day-trippers from out of town. She estimates 95 per cent of traffic to be



Partons walk through the Market at the Village.
JESSICA MAXWELL

locals shopping on Saturday mornings.

"It's great. They get to know the vendors, they've got their farmers that they buy from and I think it makes a big difference when they get to know their farmers," she said.

Brinsmead-Taylor wants patrons to know how grateful they are for the support this season.

"Living in a small town, it's really nice to see that people appreciate local

business and do their shopping locally," she said.

"It's a tough go for a lot of the vendors right now, but the market has been one of the real positives this year for all of them."

Brinsmead-Taylor said the market at the village was unable to offer on-site food consumption and sampling this year due to COVID-19 restrictions and precautions, but she hopes to see those things come back next year.

"It helps with sales," she said. "There's a lot of people that come for the first time and they're not going to buy something without trying it."

The farmers' market is typically a popular summer pairing with the Super Market, which normally happens Wednesday evenings, though it was cancelled due to COVID.

"We're hopeful that the Super Market will also run again next year," she said. "That's a big part of Niagara-on-the-Lake and what locals do. It'd be nice to be able to get the community together again."

The NOTL Farmer's Market wraps up the successful season at the end of the week which has been a positive for vendors and patrons alike.

Oct. 3 will be the final day of the Market at the Village for 2020.

Obituary

Clifford Smythe



SMYTHE, CLIFFORD ALLAN — December 1, 1928 - September 29, 2020

It is with our deepest sorrow that we announce the peaceful passing of Dr. Clifford Smythe on September 29 at home in Guelph, Ontario, with his devoted wife Margaret by his side.

Beloved husband for 64 years to Margaret; inspirational father to Leslie (Larry), Karen (Greg), Susan (Tim), and Drew (Jessica);

and amazing grandfather ("Doc") to Taylor (Michelle), Phoebe (Tim), Kennedy, Katrina, and Karlie. Cherished brother to Shirley Finkle; dear brother-in-law to Shirley Smythe and to Henrik (Heather) Stavang. Wonderful uncle to his nine nephews and nieces. A great friend to many in Toronto and Niagara. Predeceased by his brother Douglas and by their parents, Leslie and Florence Smythe.

Dr. Clifford Smythe was born in Kitchener, Ontario, on December 1, 1928. His family lived in Stratford, Shakespeare, Fergus, and Owen Sound, before settling in Toronto in September 1939. Clifford worked part-time at Hayden Park Pharmacy from the age of 12 until he finished high school, a job he credited with developing his interest in medicine. He graduated from University of Toronto's medical school with Honours in 1954. After a year of general practice in Copper Cliff, Ontario, he completed a research term at The Banting Institute in Toronto before starting a surgical residency. He and Margaret married in 1956; in 1961 Clifford received his Fellowship with the Royal College of Physicians and Surgeons, and they moved to Winnipeg, where Clifford began practising urology and lecturing in Surgery at the University of Manitoba. The family moved back to Toronto in 1968 when Clifford accepted the position of Chief of Urology at the North York General Hospital, which he held until retiring from medical practice in 1990. He then joined the staff of the Workers Compensation Board, co-ordinating a pension fund for injured workers, until 1995, when he and Margaret moved to Niagara-on-the-Lake; there, he chaired the local hospital board, served two years as Vice President of the Shaw Guild, and played golf at the club near their home as often as possible. Clifford and Margaret moved in 2016 to Guelph, where Cliff spent many happy hours in his art studio completing several family and house portraits as gifts for his children and siblings. He also loved spending time in the peaceful oasis of the backyard garden that Margaret designed for them.

Cremation has taken place. The family will hold a celebration of Clifford's life at a later date. In lieu of flowers, donations in Clifford's name may be made to the Kidney Foundation (kidney.ca), the Juvenile Diabetes Research Fund (jdrf.ca), or Lupus Canada (lupuscanada.org).

NOTL players compete in annual champions golf tourney

Kevin MacLean
Managing Editor

Players from the Niagara-on-the-Lake Golf Club represented NOTL at the annual Champion of Champions tournament in Port Colborne on Saturday.

It was a tough day on the links for a lot of the more than 80 golfers from around Niagara Region, all champions at various levels on their home courses.

The weather was excellent but the Port Colborne Golf and Country Club layout proved to be challenging.

In the top individual competitions, Dave Bunker of Cherry Hill Golf Club was the champ of champs, shooting a sizzling 3-under 69. He was the only golfer under par all day. James Grigjanis-Meusel of NOTL, with associate pro Ricky Watson caddying, tied for eighth place.

After shooting 76, Alexandra Taylor of Lookout Point needed a one-hole playoff against Port Colborne's Stef Markovich to claim the women's title. NOTL club champ Yolanda Henry finished in

the middle of the highly competitive field.

In the seniors flights, NOTL's Ginny Green was seventh, as was senior men's champ Jim McMacken.

Niagara-on-the-Lake's lone junior entrant, Bruce DeLuca, was eighth amid a packed field of young golfers.

NOTL club pro Billy Simkin was the official starter, announcing players as they teed off on the first hole.

MEN'S LEAGUE: Summer golf leagues are winding down and in NOTL Golf Club's Thursday men's play on Sept. 24 Jim McMacken led with an even-par 36.

In modified Stableford scoring, Brian Campbell was tops with 22 points followed by Doug Hernder with 21. McMacken, Dan Regan, Glenn Young and Stu Young all tied at 20.

No one took home the \$360 net skins. Gross skins worth \$30 each went to: Sean Simpson (#1), Alan Robb (#2), Jim Panetta (#4), Paul Dickson (#5) and John Reynolds (#8).



Top: NOTL men's champ James Grigjanis-Meusel, left, and caddy Ricky Watson, far right, at the Champion of Champions tournament. Middle: Jim McMacken eyes a long downhill putt at Port Colborne. Bottom: NOTL's Yolanda Henry plays a shot on the 17th hole at the Champion of Champions tourney.

KEVIN MACLEAN/MAY CHANG

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EXPLORING PHOTOS
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Reid's Grocery store

This is an interior view of Reid's Grocery store, which was located at 16 Queen St., now the location of The Owl and the Pussycat store. It was built in the 1830s and much of its history was as a grocery store, with the upper floor serving as a storage loft for merchant goods. It was also occupied briefly as a penny arcade. In the 1970s, the front of the building was renovated in a Gothic Revival style. In the photo we see Pudd Paterson, a veteran of the First World War, and store owner Hedley Reid, standing at the counter to the left.



They have to breathe

Brian Marshall
Columnist



Spalling in Historical Brick Field. SUPPLIED

Last week we looked at one of the types of perhaps well-intentioned, but definitely uninformed alterations that result in damage to historic masonry. Continuing in that vein, and much more common during the past few decades, there's been another "silent killer" introduced into these old houses: Improper insulation.

Now, before proceeding too far, allow me to state that insulation is a far greater threat to structural brick buildings than for 19th-century frame and wood-clad houses. In fact, when correctly installed by experts, historic wood-

clad structures can be fully insulated with little or no detrimental effects. But the same cannot be said for masonry houses.

Nineteenth-century brick is not only softer than its current day counterpart, but it is also more porous. In short, that means it absorbs water when moisture is present. Then, in dry periods, aided by the drawing effect of lime mortar, the brick transpires to both the exterior and interior of the building.

This was a normal and expected process in these old houses. With no vapour barrier (the plaster was applied directly onto the inte-

rior brick walls), they were able to "breathe," thereby remaining sound and whole over many, many decades.

Unfortunately, when insulation is installed in a typical fashion not only is the "breathing" significantly impaired, but it will also lower the temperature gradient across the masonry and reduce the difference in temperature between the masonry and the exterior air, further reducing its drying capacity.

Damage to the brick field, particularly during our freeze/thaw cycles, almost inevitably results.

While the thermal mass properties of structural

brick buildings deliver heating/cooling benefits to the building's interior and a brick wall three wythes (layers) thick is approximately R-5, it certainly doesn't perform at the level of a modern house.

So, are you the proud owner of a historical house that must limp into the future with comparatively expensive heating and cooling bills?

Not necessarily. There are methods to both insulate and protect your old house from damage. For example, one solution presented by Dr. Kim Pressnail of the University of Toronto at the Westford Symposium on Building Science in 2015.

Now in use by several insulation companies specializing in historic buildings, it entails adding a mineral fibre blanket (like Mortair Vent) to act as a vented airspace between the old brick walls and a layer of spray foam insulation.

Before you insulate, speak to a specialist!

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WONDERING WHEN YOU CAN GET YOUR FLU SHOT?

When will the flu vaccine be available this year (2020)?

Unfortunately, Public Health can not guarantee a delivery date for the flu vaccine. It is anticipated that the flu vaccine will be available mid-late October. It will be available at your Family Doctors office and at your local pharmacy.

Will there be a high-dose flu vaccine available?

Yes. There will be a high dose flu vaccine (for ages 65+) available this year at both the Family Doctors office and at the pharmacy but the quantity and date that they will receive it is unknown. Usually, a small supply is received by mid-late October and then a second, larger, supply of vaccines is received later on.

Will the NNFT be holding any flu clinics this year?

Planning for potential NNFT flu clinics (for patients of the NNFT) is currently underway. More details to come. All patients are welcome to get their flu shot at the local pharmacy. If you do get a flu shot outside of your Family Doctors office, kindly let your Family Doctor know the date that you received your flu shot.

How will I know when the flu vaccine is available?

Due to high phone volumes at the clinics and pharmacies, **it is strongly encouraged to first check social media platforms;** website, Facebook and register for the patient portal (for patients of NNFT) or e-mail subscriber list (for local pharmacy) and check for signage outside of the clinics and pharmacies.

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