

HERO Discovery Center

212 E Osborn Rd
Phoenix, AZ 85012
(602) 248-0368

Staff:
[Steven Saucedo](#)
(HERO Supervisor)
602-214-9231

HERO Hours of Operation:

Mon & Thur 11:30-3pm
Tues & Wed 9:00-11:30am
REN Mon-Fri 7:30-3:00pm

Breakfast from 7:30am-9:00am
Lunch from 11:45am-12:45pm

***ALL Outings are bold on
the calendar. Community
Events are in Italics.**



Calendar is subject to
change as needed.

Sign up for events at
renaz.org/events

HERO March Calendar

MON.	TUE.	WED.	THU.	FRI.	Sat.
				1	2 <i>REN'S 5K</i>
4 <i>Mall Walk 11:30-3pm</i>	5 Lucky You 9-11:30am	6 <i>CLOSED FOR ALL STAFF</i>	7 <i>Bowlero 11:30-3pm</i>	8 <i>R E N C l o s e d</i>	9
11 <i>Volleyball 11:30-3pm</i>	12 Botanical Gardens 9-11:30am	13 Recovery Talk 9-11:30 am	14 <i>Bowlero 11:30-3pm</i>	15 <i>St Patrick's Day Celebration</i>	16
18 <i>Wonder 11:30-3pm</i>	19 Let's Act Up 9-11:30am	20 Healthy Cooking 9-11:30am	21 <i>Bowlero 11:30-3pm</i>	22	23
25 <i>Main Event 11:30-3pm</i>	26 What's Your Color 9-11:30am	27 Crafts 9-11:30am	28 <i>Bowlero 11:30-3pm</i>	29 	30

Bowling - Let's get a STRIKE in HERO at let it roll bowling. Join us for a fun game of bowling.

Cooking Skills— Learn how to prepare meals on a budget!

Coping Skills— Learn how to deal with life experiences in new ways , working through anger, grief and symptoms.

Knowing Your Worth— Join us for a group of joy, love and aspirations as we take a look at prosperity in our lives.

Library—Take a trip to our local library to enjoy a group for reading and researching.

Movies- Come to HERO and let's associate HERO Values to our favorite film.

Recovery Talk— Come and bring your recovery to life and talk about real every day struggles that we face.

Volleyball— We are headed to the park for some team work and fun in the sun playing volleyball.

Remember to sign up for events, bowling will be a community event and will require you to sign up. Monday outings are for HERO members and do not require a sign up. If you have any questions or ideas please contact Jen during business hours and I will be happy to help you. Its time for new beginnings, welcoming Spring!