


















MAY 2024 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1 REN closed for All Staff</p>  <p><i>Remember to cancel your rides!</i></p>	<p>2 AM Groups 9-11:30 Circuit Training Fresh Start St Vincent DePaul Volunteer Power of Positivity RST Artificial Intelligence Recovery Reelz</p> <p>PM Groups 12:30-3 REN/HERO: Bowling Fun in Recovery</p> <p>REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!</p>	<p>3 AM Group 9-11:30 RST Fun Fact Friday Stardust Volunteer Bingo Recovery Reelz Tea Time LGBTQ+ Ability 360</p> <p>PM Groups 12:30-3 Good Vibes Music Time</p> 	<p>4 Saturday Services 7:30AM-2:30PM Burton Barr Library (Off-Site Activity) Activity Info: <i>Head to the local library to explore knowledge in all its glory!</i></p>  <p><i>*Activity subject to change</i></p>
<p>6 AM Groups 9-11:30 Muscle Mondays RST Weekend Highlights Fresh Cutz Creative Writing Recovery Reelz</p> <p>PM Groups 12:30-3 Wellness & Wholeness HERO</p> 	<p>7 AM Groups 9-11:30 Chair Aerobics Circle of Support St Vincent DePaul Volunteer Open Discussion Recovery Reelz HERO RST</p> <p>PM Groups 12:30-3 Anger Management Craft Nation</p> 	<p>8 AM Groups 9-11:30 Wellness Workouts Awesome World Heidi's Village Animal Shelter Volunteer Gratitude Challenge HERO/TeaTime</p> <p>PM Groups 12:30-3 Women's Group To Boundary or Not to Boundary Men's Group Book Club</p> 	<p>9 AM Groups 9-11:30 Circuit Training Fresh Start St Vincent DePaul Volunteer Power of Positivity RST Security</p> <p>PM Groups 12:30-3 REN/HERO: Bowling Fun in Recovery</p> <p>REN@Nite 3-7:30p REN will be open late for extra activities and a great dinner!</p>	<p>10 AM Group 9-11:30 Fun Fact Friday Stardust Volunteer Bingo RST Tea Time LGBTQ+ Ability 360 Mother's Day Purse Giveaway</p> <p>PM Groups 12:30-3 Good Vibes Music Time</p>	<p>11 Saturday Services 7:30AM-2:30PM Shark Tank Saturday (On-Site Activity) Activity Info: <i>Let your ideas be heard and share your knowledge with others!</i></p>  <p><i>*Activity subject to change</i></p>
<p>13 AM Groups 9-11:30 Muscle Mondays Weekend Highlights RST Creative Writing Laundry 4 Love</p> <p>PM Groups 12:30-3 Wellness & Wholeness HERO</p> 	<p>14 AM Groups 9-11:30 Chair Aerobics Circle of Support St Vincent DePaul Volunteer Computer Basics HERO RST</p> <p>PM Groups 12:30-3 Anger Management Craft Nation</p> 	<p>15 AM Groups 9-11:30 Wellness Workouts Awesome World Heidi's Village Animal Shelter Volunteer Gratitude Challenge HERO/TeaTime</p> <p>PM Groups 12:30-3 Women's Group To Boundary or Not to Boundary Men's Group Book Club</p>	<p>16 AM Groups 9-11:30 Circuit Training Fresh Start St Vincent DePaul Volunteer Power of Positivity Couponing RST</p> <p>PM Groups 12:30-3 REN/HERO: Bowling Fun in Recovery</p> <p>REN@Nite 3-7:30p REN will be open late for activities and dinner!</p>	<p>17 AM Group 9-11:30 Ability 360 Fun Fact Friday Stardust Volunteer Bingo RST Tea Time LGBTQ+ Camp Open Sky: Jackpot Ranch</p> <p>PM Groups 12:30-3 Good Vibes Music Time</p> 	<p>18 Saturday Services 7:30AM-2:30PM Martin Auto Museum Car Show (Off-Site Activity) Activity Info: <i>Vroom! Vroom!</i> <i>Explore a variety of vintage and luxury cars.</i></p>  <p><i>*Activity subject to change</i></p>
<p>20 AM Groups 9-11:30 Weekend Highlights Muscle Mondays Creative Writing</p> <p>PM Groups 12:30-3 Wellness & Wholeness HERO</p> 	<p>21 AM Groups 9-11:30 Chair Aerobics St Vincent DePaul Volunteer Circle of Support Google Ecosystem HERO</p> <p>PM Groups 12:30-3 Anger Management Team Jeopardy</p> 	<p>22 AM Groups 9-11:30 Gratitude Challenge Wellness Workouts Awesome World Heidi's Village Animal Shelter Volunteer HERO/TeaTime</p> <p>PM Groups 12:30-3 Women's Group To Boundary or Not to Boundary Men's Group Ashley's Book Club</p>	<p>23 AM Groups 9-11:30 Circuit Training Fresh Start St Vincent DePaul Volunteer Power of Positivity The Internet</p> <p>PM Groups 12:30-3 REN/HERO: Bowling Fun in Recovery</p> <p>REN@Nite 3-7:30p REN will be open late for activities and dinner!</p>	<p>24 AM Group 9-11:30 Fun Fact Friday Stardust Volunteer Bingo RST Tea Time LGBTQ+ Ability 360</p> <p>PM Groups 12:30-3 Good Vibes Music Time</p> <p>VOLUNTEER</p> 	<p>25 REN CLOSED in Observation of</p>  <p>MEMORIAL DAY <i>Remember & Honor</i></p>

MAY 2024 REN CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>27 REN CLOSED in Observation of</p>  <p><i>Happy MEMORIAL DAY</i> CELEBRATE • HONOR • REMEMBER</p> <p>*Remember to cancel your rides</p>	<p>28 SPIRIT 29</p> <p><i>Toy Story Tuesday</i> AM Groups 9-11:30 Chair Aerobics Circle of Support St Vincent DePaul Volunteer iPhone/Android Tips & Tricks HERO PM Groups 12:30-3 Anger Management Craft Nation</p>	<p><i>Villain Wednesday</i> AM Groups 9-11:30 Wellness Workouts Awesome World Heidi's Village Animal Shelter Volunteer Gratitude Challenge HERO/TeaTime PM Groups 12:30-3 Women's Group To Boundary or Not to Boundary Men's Group Book Club</p>	<p>30 WEEK 31</p> <p><i>Fairy Tale Thursday</i> AM Groups 9-11:30 Circuit Training Fresh Start St Vincent DePaul Volunteer Power of Positivity Games & Gaming History PM Groups 12:30-3 REN/HERO: Bowling Fun in Recovery REN@Nite 3-7:30p REN will be open late for extra activities and great dinner!</p>	<p>DISNEY DAY</p>  <p>All day event</p>	



MAY MONTHLY AWARENESS EVENTS

- Mental Health Awareness
- National Pet Awareness
- 4th Star Wars Day
- 4th Firefighter Memorial Day
- 5th - 11th Public Service Recognition
- 12th Mother's Day
- 12th - 18th National Hospital Week
- 12th - 18th National Women's Health

Understanding the Calendar

- GREEN requires sign up
- BLUE gym
- PURPLE Courage Computer Lab
Open Lab: Mon. - Fri. 7:30AM - 9AM
Limited Staff Assistance

REN Hours

Monday - Friday 7:30am – 3:00pm*
Saturday 7:30am-2:30pm*
*Unless otherwise noted

Meals Served Daily

Breakfast 7:30am – 9:00am
Lunch 11:45am – 12:45pm
Transportation starts @ 3pm

All offsite activities have limited spaces available and require registration. Confirmation calls will be made to confirm your registration & attendance.
REN Phone # 602-248-0368



If you're interested in attending an offsite event you can register in the computer lab or on the REN website @ www.renaz.org/events

Calendar Highlights

- ⇒ REN/HERO Bowling every Thursday 12:30 - 3pm
- ⇒ REN@Nite every Thursday 3pm - 7:30pm
- ⇒ 05/01 REN CLOSED for ALL STAFF
- ⇒ 05/04 Burton Barr Library
- ⇒ 05/06 Fresh Cutz
- ⇒ 05/10 Mother's Day Purse Giveaway
- ⇒ 05/11 Shark Tank Saturday
- ⇒ 05/13 Laundry for Love
- ⇒ 05/17 - 05/19 Camp Open Sky
Jackpot Ranch
- ⇒ 05/18 Martin Auto Car Museum Show
- ⇒ 05/25 - 05/27 REN closed in observation of Memorial Day
- ⇒ 05/28 - 05/31 Spirit Week
- ⇒ 05/28 Toy Story Tuesday
- ⇒ 05/29 Villain Wednesday
- ⇒ 05/30 Fairy Tale Thursday
- ⇒ 05/31 Disney Day