



KANGAROO ISLAND OATS

The Remote Oat

KOWARI OATS

Oats with Health Benefits

Kangaroo Island Oats are **100% Kowari** oat variety and all grains are grown on Kangaroo Island, Australia.

Kowari is a new local oat variety that has been developed with **increased levels of beta glucan** to help reduce blood cholesterol re-absorption.

Kowari has been developed by the South Australian Research and Development Institute (SARDI) as part of the National Oat Breeding Program.



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Follow Our Journey

