

Te reo Māori in New Zealand English reporting



Previous chapters have outlined the potential for journalists in this country to write stories which feature, or include, Māori people and Māori perspectives. It is also apparent that a journalist cannot be truly professional in Aotearoa New Zealand without knowledge of Māori language or te reo Māori.

When reporters show an indifference to the Māori language - through poor pronunciation and misuse of Māori words and so on - it is seen by many as a sign of disrespect for the people, the culture and the special relationship established between the Crown and Māori in the Treaty of Waitangi.

Language is a primary expression of one's identity as a human being and a member of a group. Revitalisation and official recognition of te reo Māori over recent decades has increased confidence and optimism in the Māori community. It has reinforced a conviction that the language has equal status with English. You will make and develop more contacts if you show an appreciation and respect for this.

Knowledge of te reo Māori will also help you to know how to access stories from all the other cultures and languages that are part of our society. Scientific studies show that learning a second language opens up pathways in your brain so that you can absorb additional languages more quickly and easily.

Ideally, those who report on Māori affairs regularly should speak te reo Māori so they can understand fully what is being said and its cultural context. At the very least, journalists should be able to recognise greetings and return them, and be able to introduce themselves in Māori. They should also understand key concepts such as tangata whenua, whakapapa, whanaungatanga, manaakitanga, kaitiakitanga, tino rangatiratanga and mana. Many Māori concepts cannot be summed up with one word or phrase, but careful use of these key words - and the ideas behind them - can evoke a deeper understanding of an issue.

This guide includes phrases and words for journalists to use when writing letters or emails, in telephone conversations and when meeting Māori-speaking contacts. There is also a list of Māori words in common English usage that are likely to turn up in the course of your interviews. You can add to this list for your own purposes.

Almost everyone interviewed for this book talked about the pleasure they receive from knowing a little (and especially a lot) of Māori language and getting their pronunciation right. They spoke about the way it enriches their lives - to understand more about taha Māori in their community, to appreciate some of the nuances of what is happening around them and perhaps to share in Māori occasions – through whaikōrero, waiata, karakia and haka.

The language of the marae ātea, is more formal than everyday language and uses colourful figures of speech such as metaphor. For instance, it is often said at the passing of a prominent leader that a great totara tree of the bush has fallen. The more formal language also uses personification. Mountains, for example, may have their own character traits and behave like people in tribal narratives.

Journalists with knowledge of te reo Māori not only reap insights into the experiences and stories of the marae; they also feel comfortable greeting people in Māori. They know what to say in their phone calls and emails. When they go overseas they don't feel phoney, because they can do more than a poorly pronounced (and maybe off-key) version of Pōkarekare ana.

These people, at ease with the Māori language, are able to pass on, in their stories, an enthusiasm for the language, and a sense of belonging in Aotearoa New Zealand, that comes with it.

This chapter encourages you to enjoy the Māori language, too, as part of your work. It has been written with the assistance of Television New Zealand and Te Taura Whiri i te Reo Māori. The *Pou Kōrero* CD (prepared by Television New Zealand) will help you to hear the sounds. You will find additional help with the meanings and uses of Māori words at www.learningmedia.co.nz/ngata/

Pronunciation

The importance of correct pronunciation of Māori words in the work of a journalist in this country cannot be over-emphasised. Few things are more offensive than the mangling of a person's name, tribe or local place name.

A Māori woman journalist, interviewed for Pou Kōrero, described how her name is constantly misspelt and mangled by other reporters. Her gender has been switched in some media and she's been assigned to a different family and tribe because of assumptions made about her surname. If journalists are careless with Māori names, what must it be like for interviewees who come from cultures that are less familiar to New Zealanders?

An example of what can happen when you get it wrong in another language was the startling rendition of the name of a Māori Party MP, Te Ururoa Flavell in 2006. A newspaper spelt it as Ureroa – a word that means "long penis". Poor pronunciation could have produced something just as embarrassing as this written error.

In line with a strong recommendation from Te Taura Whiri i te Reo Māori, this book provides a model for publishers and television media by using macrons on all Māori words to assist correct pronunciation. When writing stories, journalists should be aware of, and use, macrons wherever possible. Sometimes the same word will have different meanings depending on the length of its vowel or vowels.

For a better understanding of how the macron is used visit the Taura Whiri i te Reo website (www.tetaurawhiri.govt.nz) and look under Māori Orthographic Conventions. This is a set of writing conventions that the Māori Language Commission recommends for writers and editors of Māori language texts. The Commission believes it is essential for the survival of the language that all those producing material in Māori should use a standardised written form, creating a high quality literary resource for Māori language learners of today and the future.

There are a number of dialects in the Māori language so you will hear consonants pronounced differently in some areas.

Ngāi Tahu in the South Island, for instance, replace the "ng" with a "k" – for example, kōhaka reo instead of kōhanga reo.

Ngāi Tūhoe on the other hand leave out the "g" of "ng" – for example, tanihana where most say tangihanga.

Te Taitokerau drop the "f" sound from the "wh" so that it is more like "hw" or "h" - for example, hakarongo where most will say whakarongo.

Taranaki and Whanganui drop the "h" from "wh" – for example, ware instead of whare.

While it is useful to be aware of these differences, do not let them confuse you. If you follow this guide you will be pronouncing Māori in a way that is understood across iwi.

Good pronunciation of any language requires practice. If you are not familiar with te reo Māori, keep listening to the CD and practising. You will, in time, develop an ear for the language and the words will trip off your tongue.

Basic pronunciation guide (refer to the Pou Korero CD)

There are five vowel sounds in Māori. They can be pronounced as short or long sounds. In written form, the long vowel is usually marked with a macron:

U as in you Ü as in roof		a e i o u	as in putt as in pencil as in eat as in fork as in you	ā ē ī ō ū	as in car as in measure as in heel as in your as in roof
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Where two different vowels appear together, they each retain their basic sound but are run together to create a smooth transition. For practice you may like to check out the way the following pairs of vowels sound together on the CD.

Ae, ai, ao, au. Ea, ei, eo, eu. Ia, ie, io, iu. Oa, oe, oi, ou. Ua, ue, ui, uo

Consonants:

The consonant sounds are:

p, t, k, m, n, ng, wh, r, h, w.

ng - as in "singer".

Wh - as the "f" in "feather".

r - quite close to English "l", with the tongue near the front of the mouth.

t - sounded with the tongue behind the front upper teeth and not as in "tent".

p - generally a bit softer than in English, not an explosive sound like the first "p" in "pump", more like the second "p".

Divide the words into syllables to help your pronunciation. e.g. Ru/a/tō/ri/a.

Stress:

Stress is usually on the long vowel (as indicated by a macron) or on the first syllable:

ha he hi ho hu (hā hē hī hō hū)	ra re ri ro ru (rā rē rī rō rū)
ka ke ki ko ku (kā kē kī kō kū)	ta te ti to tu (tā tē tī tō tū)
ma me mi mo mu (mā mē mī mō mū)	wa we wi wo wu (wā wē wī wō wū)
na ne ni no nu (nā nē nī nō nū)	nga nge ngi ngo ngu (ngā ngē ngī ngō ngū)
pa pe pi po pu (pā pē pī pō pū)	wha whe whi who whu (whā whē whī whō whū)

All Māori words end in a vowel.

- Within longer words the meaningful parts all end in a vowel. For example, within the words pateretere and miromiro the meaningful parts are pa-tere-tere and miro-miro.
- The final "e" of a word is never "ay". The sound is always "e" as in egg. You can try this out with the word tane by practising with tanegg at first and then leaving off the two "g"s.

Avoid stressing the second to last syllable. This is a common error. Two surnames
often mispronounced are Tau Henáre and Nanaia Mahúta – with emphasis on the
second to last syllable. The stress should be on the first vowel "He" of <u>He</u>nare and
"Ma" of Mahuta.

The stress guidelines are:

- Stress the first long vowel (which ideally should be marked with a macron).
- If there is no long vowel, stress the first diphthong (two different vowels together). For example, "ae" as in mar<u>ae</u>, "ou" as in kor<u>ou</u>a.
- If there is no long vowel and no diphthong, stress the first syllable. For example:

Donna Awatere-Huata - Donna <u>A</u>-wa-te-re <u>Hua</u>-ta

Dave Hereora - Dave Here-ora

Parekura Horomia - <u>Pa</u>re-kura <u>Ho</u>ro-mia

Georgina te Heuheu - Georgina te-<u>Heu</u>-heu

Nanaia Mahuta - Na-<u>nai</u>a <u>Ma</u>huta

Moana Mackey - M<u>oa</u>na Mackey

Mita Ririnui - <u>Mi</u>ta <u>Ri</u>ri-nui

Metiria Turei - Me- <u>ti</u>-ria <u>Tu</u>-rei

Tariana Turia - <u>Ta</u>-ri-a-na <u>Tu</u>-ria

Ani Waaka - <u>A</u>-ni <u>Waa</u>-ka

Haami Piripi - <u>Haa</u>-mi <u>Pi</u>-ri-pi

Ruakere Hond - <u>Rua</u>-kere Hond

Mahara Okeroa - <u>Ma</u>-ha-ra <u>O</u>-ke-roa

Pita Paraone - <u>Pi</u>-ta Pa-<u>rao</u>ne

Note that stressing a vowel does not necessarily mean that it is held as a long vowel.

At the back of the book, under **Pronunciation Practice**, you will find sentences which are recorded on the CD to help you to practice your pronunciation and rules of stress.

Mihi:

A mihi is a basic greeting or introduction to let people know a bit about you. It can be expanded to include as much information as you like.

Kia ora - Hello/Thank you

Tēnā koe - Hello (more formal, to one person)

Tēnā kōrua - Hello (to two people)

Tēnā koutou - Hello (to more than two people)

Tēnā koutou katoa - Hello (to three or more people)

Kia ora koutou - Hello to you all

Kia ora tātou - Hello everybody (greetings to a

group of which the speaker is part)

Mōrena - Good morning

Ko (name) ahau - I'm (name)

Kei te pēhea koe? - How are you?

Kei te pai - Good/Okay

Ko wai tōu ingoa? - What is your name?

Ko (name) taku ingoa - My name is (name)

Aroha mai - I'm sorry/Excuse me

Ka pai - Well done

Haere mai - Welcome, come forward

Ka kite anō - See you again

Telephone greetings:

Tēnā koe/Kia ora

Ko (name) tēnei - It's (name) here.

I would like to speak to ... - Kei te hiahia kōrero au ki a (name)

Yes - Āe

No - Kāo

Can I speak to him/her please? - Tēnā kia kōrero au ki a ia?

I'll put you through to him/her - Māku koe e whakawhiti atu.

Thank you - Kia ora

How are you? - Kei te pēhea koe?

I'm well - Kei te pai

Thank you - Kia ora rā

Goodbye/See you later - Hei konā

Goodbye/See you later - (Ā/Āe), hei konā

Emails and letters:

Formal Greetings

Dear Sir/Madam - Tēnā koe

(When writing to two people): - Tēnā korua.

(When writing to three

or more people): - Tēnā koutou.

(When addressing the head

of an organisation): - E te kaihautū, tēnā koe./

Tēnā koe e te kaihautū.

(When writing a follow-up

letter or email): - Greetings again/ Hello again

Tēnā anō rā koe.

Informal greetings

Hello/Hi - Kia ora.

Hello again/Hi once again - Kia ora mai āno.

(Using the name of the person): - Kia ora (name).

Closing remarks and signing off

From - Nā

Be well - Noho ora mai rā

Thanks again - Kia ora anō

To end a letter

Yours faithfully - Nāku, nā (name)

Yours sincerely - Nāku noa, nā (name)

(If two people are signing the letter) -Nā māua, nā (two names)

(If three or more are signing

the letter or email) Nā mātou, nā (list of names)

Māori place-names:

In your area, it is good practice to provide your readers, viewers and listeners with the Māori names of their local towns and cities when the opportunity presents itself. Often your knowledge of the meanings of place-names, and the stories behind them, will add another dimension to your report. It may also help your pronunciation. Here are some typical words used in place-names:

one - sand, earth au - current pae - ridge, range ara – way, path awa - river papa – flat iti - small, little poto - short kai – often signifying abundant food puke – hill mānia – plain roa - long roto - lake; inside manga - stream maunga – mountain tai - coast, tide moana - sea, lake, ocean tomo - cave motu - island wai - water nui - large, big whanga - harbour, bay Ō – belonging to; the place of

One way to bring a place name to life is to know the story behind it.

For instance, Whakatāne was named when the Mataatua waka arrived in the Bay of Plenty. It was the tradition for the men to go ashore first and leave the women in the waka. On this occasion the women saw that the waka was taking them out to sea, but for reasons of tapu they were not able to use the paddles to bring it back to shore. Finally, in desperation, the captain's daughter, Wairaka, seized a paddle and cried "Kia whakatāne au i ahau." (I will act as a man.) The other women joined her and took the waka to safety. Whakatane means "to be manly".

Cape Reinga, near the tip of the North Island, is a name that evokes many layers of meaning. The spirits of the dead travel to the cape to Rerenga Wairua, where they "leap" off into reinga, the spirit world, on their journey to the after-life and the spiritual homeland of Hawaiki.

Some place names suffered from faulty spelling and misunderstandings by colonial settlers. For example, Te Tihi a Maru became Timaru. Te Oha a Maru became

Oamaru. Pito-one became Petone. Whanganui became Wanganui. For macrons on placenames try the New Zealand Historical Atlas.

Below is a short list of Māori names for towns and cities. You will find more in the Reed Dictionary of Māori Place Names or at www.tetaurawhiri.govt.nz

Ashburton - Hakatere Napier - Ahuriri Auckland - Tāmaki Makaurau Blenheim - Te Waiharakeke

Bluff - Murihiku

Christchurch - Ōtautahi

Dannevirke - Tāmaki nui a Rua

Dunedin – Ōtepoti Feilding – Aorangi Foxton – (Te) Awahou

Gisborne - Türanga nui a Kiwa

Greymouth - Māwhera Hamilton - Kirikiriroa Hastings - Heretaunga Invercargill - Waihopai

Levin – Taitoko Lower Hutt - Te Awakairangi

Masterton - Whakaoriori

Nelson - Whakatū

New Plymouth - Ngāmotu Oamaru - Te Oha a Maru Palmerston North - Te Papaīōea

Petone - Pito-one

Taupo – Taupō nui a Tia Tauranga - Tauranga-moana Timaru - Te Tihi a Maru Upper Hutt -Whakatiki Waitemata - Waitematā Wanganui - Whanganui

Wellington – Te Whanga nui a Tara/

Pōneke

Whakatane - Whakatane Whangarei - Whangarei

On the CD you will hear the correct pronunciation of a number of placenames that are commonly mispronounced: Whangarei, Ōrewa, Taupō, Wairarapa and so on.

Māori words for flora and fauna

In many cases, Māori names for flora and fauna are more accurate than their English equivalent. For instance harakeke is the appropriate word for New Zealand "flax" which is a different species from the plant known as flax in other countries. "Kiwi", "kina", "paua", "pipi" and "huhu" are among the many examples of indigenous names that are embraced in everyday language. Where possible, try to use the Māori names for flora and fauna in your stories to reflect their relationship to this country.

Māori words likely to be used in stories

The meanings given below are the generally accepted ones. But they can vary according to context, and from district to district. Some English equivalents are approximations rather than exact translations. A single word such as "mana" often requires a lengthy explanation. Some concepts in particular require additional research to be properly understood, they are marked with an asterisk*.

ahi kā	-	maintenance of kinship and links to a particular area*
ake (ake)	-	forever
te ao Māori	-	the Māori world*
Aotearoa	-	New Zealand
ariki	-	hereditary leader or chief
aroha	-	caring, love, sympathy, affection*
atua	-	spirit, god
awhi	-	embrace, assist or support
haere mai	-	welcome, enter
haka	-	posture dance, chant of welcome or defiance
hākari	-	feast
hāngi	-	earth oven and the food cooked in it
hapū	-	sub-tribe
harakeke	-	New Zealand "flax"
hauora	-	health*
he	-	a (indefinite article)
hei tiki	-	a (pounamu) carved flat figure worn around the neck
hīkoi	-	march, long walk
hoa	-	friend, mate, companion
hōhā	7-	tiresome, wearisome; a person who is a nuisance
hongi	-	pressing or touching noses as physical introduction
hui	-	a meeting of any kind, conference, gathering, assembly
iwi	-	people, nation; tribe
kaha	-	strength (as in kia kaha – be strong)
kaiāwhina	-	a person who provides help or assistance

kaihautū leader; helmsman of waka kaimoana seafood kaitiaki guardian* kaitiakitanga guardianship kai food kaikōrero speaker (there are many other terms) kāinga village, home kaiwhakahaere coordinator kākahu harakeke woven cloak kākāriki green kapa haka Māori performing arts or the group that performs them ka pai good, excellent karakia prayer, chant, church service welcoming call to invite guests to karanga enter the marae elder or elders, senior people in kaumātua a kin group (includes females in plural form) Te Kauhanganui the governing body of Waikato-Tainui programme, plan, purpose, kaupapa philosophy, objective, agenda kawa ritual kāwanatanga government kete woven basket or bag kingship, the concept of Kīngitanga (and support for) a pan-tribal Māori Sovereign* kōauau a music instrument like a flute koha gift, present

genealogy of high rank

Kāhui Ariki

kōhanga reo	_	language nest, Māori-language pre-school
Kullaliga 100	_	language fiest, Maori-language pre-school

kōrero		talk,	speak,	discussion
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koro - old man, term of respect for elderly man

koroua - male elder koru - spiral motif

kotahitanga - unity kōtiro - girl

kōwhaiwhai - patterns on meeting house rafters

kuia - female elder, senior woman

kūpapa - traitor; neutral person or Māori

who supported Crown during NZ wars

kura - school mahi - work, job

mahi kai - food gathering

mana - power, authority; influence, prestige*

manaakitanga - hospitality*

mana moana - modern term for control of fisheries or coastline

manawa - heart, belly

mana whenua - long term ancestral connections

with the land, or status and

authority held at any particular time

Te Māngai - title given to T. W. Rātana, founder

of the Rātana movement

manuwhiri - guests, visitors

māori - natural, native

Māoritanga - Māori culture

marae - open space in front of meeting

house; whole complex (including kāinga) around meeting house

marae ātea - tapu area or courtyard in front of

meeting house

mātaitai - seafood; Mahinga mātaitai is the legal term for

reserves under Fisheries Act managed by a local Māori committee for gathering seafood for traditional

waon committee for gathering seafood for traditional

communal purposes

Matariki - the Pleiades constellation that

heralds the Māori New Year*

mātauranga - knowledge*

mate - death, illness

mau rākau - Māori weaponry; armed

martial arts

minister

mauri - life force*

mihi - greeting

mirimiri - massage

minita

mokamōkai - preserved human heads

(also moko mōkai or toi moko)

moko - tattoo on face or body

(tā moko - the art of tattooing)

mokopuna - descendant or grandchild

mōrehu - survivor

Moriori - indigenous people of the Chatham Islands (Rēkohu)

mōteatea - lament, tribal song

nau mai - welcome

ngā - the (definite article, plural)

Ngāi - a tribal prefix (e.g. Ngāi Tuhoe)

Ngāti - tribal prefix (e.g. Ngāti Raukawa);

sometimes used as slang for community

Niu Tireni - transliteration of New Zealand

ohu - a group working in cooperation

(e.g. Te Ohu Kai Moana)

pā - village; fortified settlement

paepae	-	a beam on threshold of meeting-house or a
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bench off to one side where tangata whenua

speakers usually sit during pōwhiri

pānui - to publish, public notice

Papatūānuku - earth mother*

piupiu - traditional skirt made of harakeke

poi - dance performed with small flax

ball on string; ball used in such dances

poroporoaki - final farewell, often for the dead

poukai - Kīngitanga hui

pounamu - greenstone, nephrite

pōwhiri - welcome

pūhā - edible sow thistle often eaten

with pork

rāhui - prohibition, reservation, ban on

an activity or an area

rangatahi - youth

rangatira - leader; chief

Rangi / Ranginui - sky father*

raranga - weaving

Rātana - religious movement founded in

1918 by T. W. Rātana

raupatu - confiscate, take by force*

reo - voice, language

Ringatū - religious movement founded by

Te Kooti in 1867*

rongoā - medicine, remedy; to apply medicine

rōpu - group of people

rūnanga - council

rūnanga ā-iwi - tribal council

taha Māori - Māori dimensions of life,

a Māori approach

take - cause, subject for discussion

tamaiti - child

tamariki - children

tāne - man, husband

tangata whenua - people of the land, local people

tangi - cry especially for the dead,

ceremony of mourning

taniwha - deity*

taonga - treasured possession*

taonga puoro - musical instruments

tapu - sacred, prohibited, not to

be touched*

tauiwi - foreigner, stranger

taurahere - a group of unrelated iwi outside of

their traditional iwi areas

tautoko - give support

te - the (definite article, singular)

teina/taina - junior relative, younger brother of

male, younger sister of female

tikanga - rule, plan, law, correct method, custom*

tino rangatiratanga - self determination; absolute

authority, full sovereignty*

tipuna - ancestor (plural tīpuna - ancestors)

tuakana - senior relative, older brother of

male, older sister of female

tūpāpaku - corpse

tupuna - ancestor

(plural tūpuna - ancestors)

tūrangawaewae - a place to stand, sense of belonging, a home

marae, a seat of identity

urupā - cemetery, burial place

uruwhenua - passport

wāhi tapu - sacred place, usually a burial ground or pā site

wahine - woman, wife, spouse

(plural wāhine)

waiata - song, lament, chant which

follows speech

waiata ā-ringa - action song

wairua - spirit, soul*

waka - canoe: tribal federation (all the iwi

and hapū descended from the crew

of a founding waka)

waka ama - outrigger canoe

waka taua - war canoe

wānanga - place of high learning

wero - challenge

whaikorero - the art and practice of

speech-making, formal marae discussion

whakairo - carving

whakapapa - genealogy*

whakatau - part of a powhiri

whakataukī - also whakatauākī; saying

or proverb

whānau - family

whanaungatanga - sense of relationship, of kinship

whāngai - to nurture or feed; customary

Māori adoption of a child

whare - house

whare kai - dining room

whare kura - (modern) Māori immersion

secondary school, house of learning

whare mate - a place where a dead person rests

wharenui - meeting house

wharepaku - toilet

whare wananga

university, tertiary institution;

place of higher learning

whenua

land, country; afterbirth, placenta

Tips for using Māori words in English stories

Plurals

In Māori, plurals do not have an "s". This is not a concept that is foreign to English (there is no "s" on deer, sheep, moose or bison for instance). Māori plurals are indicated by changing the definite and indefinite articles ("te" to "ngā", for example), not by adding an "s". In general, the singular and plural form of the word will be the same. In a few cases macrons are added to plurals: for example, wahine (singular) wāhine (plural) and tipuna/tupuna (singular) and tīpuna/tūpuna (plural).

Use of "te" and "ngā"

"Te" and "ngā" are a familar part of New Zealand English, although their correct use is still not understood by many journalists and editors in both print and broadcasting.

Māori words that begin with "te" already have a definite article and shouldn't be given a further one in English. For instance, when referring to an iwi: it is Te Ati Awa, not "the Te Ati Awa tribe" or "the Te Ati Awa people"; Te Puni Kōkiri – not "the Te Puni Kōkiri Department"; Te Kōhanga Reo, not "the Te Kōhanga Reo movement"; and so on.

The same applies to the plural definite article "ngā". Ngā Tamatoa means "the young warriors" so it is inappropriate and repetitious to write in English: "...the Ngā Tamatoa were influential, etc..." Write "Ngāpuhi" not "the Ngāpuhi"; Ngāi Tūhoe, not "the Ngāi Tūhoe".

Appropriate Māori words in English reporting

The use of Māori words, concepts and expressions in stories written in English is constantly evolving. Certainly all readers - Māori and other New Zealanders - must be able to follow stories.

But sometimes journalists leave out Māori words because they do not recognise them, or because they assume that other New Zealanders will not understand them. The result can be to miss the point of a story altogether, to offend Māori readers unnecessarily and to deny readers the opportunity to hear and read more about Māori culture and language.

As a rule of thumb, Māori words that Māori speakers of English use when they speak English (for example, hui for meeting, karakia for church service) ought to be in Māori in a story. Such words have become (or, in some instances, are still becoming) part of New Zealand English as distinct from Standard English.

Putting them in italics is no longer appropriate because that indicates a foreign language or an exotic expression. Italics are useful only to avoid ambiguity with a similarly spelt English word. An example of the latter would be take: in English, the verb meaning to lay hold of by the hands; in Māori, a noun meaning the subject for discussion at a hui.

Some papers insist on using a bracketed English translation after a Māori word. This is acceptable when the word has been introduced into wide English usage for the first time (for example, whakatau in 2006) but is not necessary for such basic vocabulary as hui, tangi, hīkoi, mana, and so on.

Some Māori readers will be offended by the constant use of bracketed translations – especially if they are only approximations of the Māori word. When Māori words have been used sufficiently frequently and their context is clear, there will be no need for accompanying translations.

The exact point when this is reached is usually unclear. However, mainstream media outlets ought to lead the way in establishing such changes, much as US newspapers changed English spellings in the 1940s.

The word Pākehā has as much right to a capital letter as Māori. Pākehā with a small "p" has become archaic.

There are many examples of journalists who understand Māori - or take the trouble to find out the meanings of Māori words and expressions - making stories richer and more colourful. A New Zealand Herald reporter began coverage of a Māori Battalion reunion by quoting one grey-haired veteran greeting another with, "Kua heke te kohu". "Ae", came the reply, "engari kāore anō kia ara te marama". In translation: "The mist has descended." "Yes, but the moon has yet to rise."

Metaphorically one speaker was taking note of the other's age and white hair. The response implied that despite that, he still had plenty of life in him. Writing such exchanges in Māori and English conveys the flavour of an occasion and of its participants to readers of all cultures.

Song and prayer

Journalists covering Māori events will find knowledge of a few basic waiata useful in a number of circumstances, such as responding to a welcome or joining in a hymn or prayer with your hosts. The Māori version of the Lord's Prayer is included for those who would like to learn it, along with the national anthem in Māori.

Committing the waiata to memory would be a useful beginning for a journalist aiming to participate with confidence at Māori occasions.

Haka: Ka mate

Ka mate! Ka mate! (Death! Death!)

Ka ora! Ka ora! (Life! Life!)

Ka mate! Ka mate!

Ka ora! Ka ora!

Tēnei te tangata pūhuruhuru (This is the hairy person)

Nāna nei i tiki mai (Who delivered me)

Whakawhiti te rā (So that the sun may shine on me)

A upane! ka upane! (One upward step! Another upward step!)

A upane ka upane whiti te rā ! (An upward step, another.. the Sun shines !!!) Hi !!!

Waiata: Ehara i te mea

Ehara i te mea (It is not a new thing)

Nō nāianei te aroha (what we know as love)

Nō ngā tūpuna (It is part of our ancestry)

Tuku iho tuku iho (Handed down through the passage of time)

Waiata ā-ringa: Tūtira Mai

Tūtira mai ngā iwi (The people are standing in rows)

Tātou tātou e (As one)

Tūtira mai ngā iwi (The people are standing in rows)

Tātou tātou e (As one)

Whaiā te māramatanga (Seek knowledge)

Me te aroha e ngā iwi (And fellowship)

Kia tapatahi (Think as one)

Kia kotahi rā (Act as one)

Tātou tātou e (All of us)

Hīmene: Tama Ngākau Mārie

Tama ngākau mārie (Son of peace)

Tama a te Atua (Son of God)

Tēnei tonu mātou (We are always here)

Arohaina mai (Show us compassion)

Murua rā ngā hara (Wipe away our sins)

Wetekina mai (unshackle)

Ēnei here kino (these evil ties)

Whakararu nei. (that burden us.)

Tama ngākau mārie (Son of peace)

Tama a te Atua (Son of God)

Tēnei tonu mātou (We are always here)

Arohaina mai (Show us compassion)

Hīmene: Whakaaria mai

Whakaaria mai,

Tou rīpeka ki ahau (Show your cross to me)

Tiaho mai

rā roto i te pō (Let it shine out of the dark)

Ki konā au

Titiro atu ai (There I will be looking.)

Ora, mate

Hei au koe noho ai (In life, in death, let me rest in thee)

Karakia: Te lnoi A Te Ariki (The Lord's Prayer)

E tō mātou Matua i te rangi,

Kia tapu tõu Ingoa

Kia tae mai tõu Rangatiratanga.

Kia meatia tāu e pai ai ki runga ki te whenua,

Kia rite ano ki to te rangi

Hōmai ki a mātou āianei

He taro mā mātou mō tēnei rā.

Murua ō mātou hara,

Me mātou hoki e muru nei

I ō te hunga e hara ana ki a mātou.

Aua hoki mätou e kawea kia whakawaia

Engari whakaorangia mātou i te kino

Nou hoki te rangatiratanga, te kaha, me te kororia.

Ake ake ake. Āmine.

National anthem: God Defend New Zealand

E Ihoa Atua

O ngā iwi mātou rā

Āta whakarongo nā

Me aroha noa.

Kia hua ko te pai

Kia tau tō atawhai

Manaakitia mai

Aotearoa.