



**I Sell Tomatoes,
Inspiration and Consideration
Before End-Of-Life**

Michelle Angel

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BOOK ANNOUNCEMENT

Helping to take the fear out of dying is focus of thought-provoking book

Deerfield Beach, FL – September 7th, 2022 – Michelle Angel is a full-time guide and consultant for the dying and their loved ones. Her little book, *I Sell Tomatoes, Inspiration and Consideration Before End-Of-Life*, published by Trimark Press, is what you, your friends and family can use to open the conversation on the often difficult subject of what happens at the moment of death and how to meet the end-of-life.

Called to her mission after an epiphany in 1994 upon witnessing the soul leave the body at death, Angel, who operated a farmers market in Boynton Beach for twenty years, often sidestepped customer inquiries about her death experiences by saying, “Where did you hear that? I sell tomatoes.” Such information sometimes could not be readily offered amidst the bins of produce. Yet, the lively hum of the market, she adds, became the place “where even conversations of death and dying felt non-confrontational, safe, and uplifting.”

Indeed, through the years Angel has found that her life’s work is to serve the dying.

“This is not a book about Grief or After. (Although some of that is included). This is a book for before that. It is meant to encourage self-inquiry into the experience we’re all guaranteed one day,” she writes.

It was hard for Angel to pick and choose what to share in her book, which measures four inches by six inches, and easily fits into a palm or purse or pocket. “The subject matter is endless.” She does discuss “Stuff Worth Mentioning” in chapter III that might not otherwise be mainstream, and in Chapter VII, “Let’s Talk,” she provides dialogue starters about death and dying in order to develop a foundation for what’s to come. “Most importantly, and the reason for my work, I’ve included three very different experiences of light at death that affirm to me there is an After,” she says.

Death, of course, is not going away. “We live in a time in which everything gets researched to death, often excluding death. The fear of anything loses some of its power the minute it is made less confrontational. In the end (pun intended), the best deaths are the ones met fearlessly. I know this to be true. I invite the reader to be prepared and find out for themselves.”