

# STEP by STEP 5k

# April 1, 2023



## Join us to Fight Parkinson's Our 21st annual 5K WALK in support of the Parkinson's Association of San Diego

Saturday, April 1, 2023 • Check In at 7:30am • 9am WALK, Dog Friendly  
LIBERTY STATION, SAN DIEGO

Your support of Step by Step enables PASD to offer critical resources to thousands of individuals with Parkinson's here in San Diego County.

All contributions remain in the County and provide services, assistance, and education to people with Parkinson's, their care partners, and families.

**REGISTER AS:**  
An Individual  
A Team or  
Sponsor a Walker

**REGISTER AT:**  
[parkinsonsassociation.org](http://parkinsonsassociation.org)  
(858) 215-2570

Adults	\$50
Youth 12-17	\$10
Under 12	Free



**PARKINSON'S**  
ASSOCIATION OF SAN DIEGO

*"Helping You Live Your Best Life"*

