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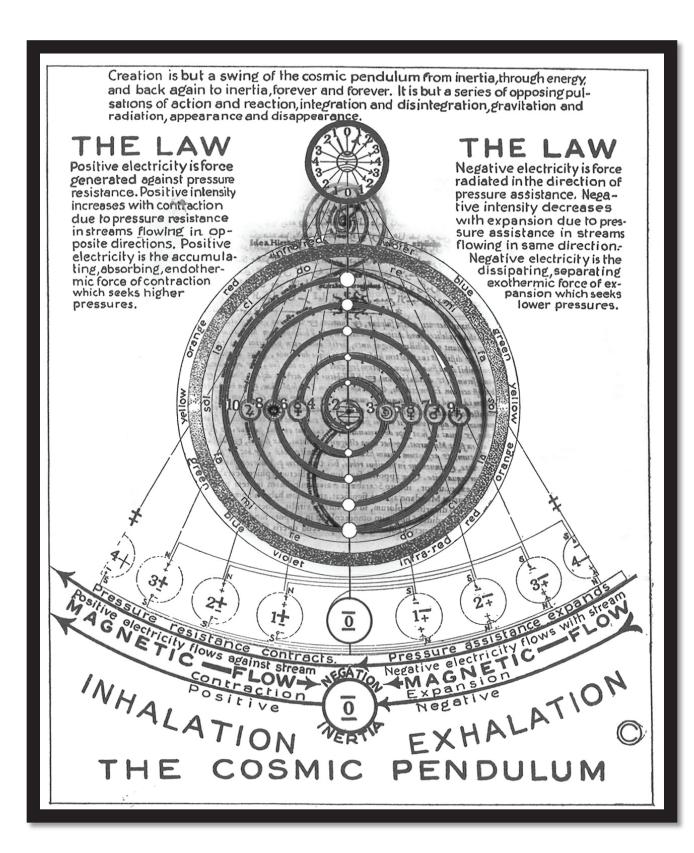
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1. Disclaimer and Acknowledgements

This report was inspired by the author's cousin, Sam Spicher, a Walter Russell devotee since 1964. The report provides the author's interpretations of excerpts from each chapter of The Universal One. These attempt to break down The Universal One into terms that can be more easily be understood. In so doing, the author made best efforts to apply his God-given ability to simplify complicated, abstract language into lay terms. One hundred percent translation accuracy was <u>not</u> achieved.

The author would like to thank his father, Dr, William S. Kiser, for taking the time to carefully study The Universal One and share his reflections which are found in Sections 6 and 7 of this report. Thanks also goes out to Jason Ferguson, a High School Physics Teacher in Central Virginia, for his valuable interpretation feedback on select sections of The Universal One. Thanks also to Matt Presti, President of the University of Science and Philosophy, for better explaining how the universe all began and for his valued friendship.



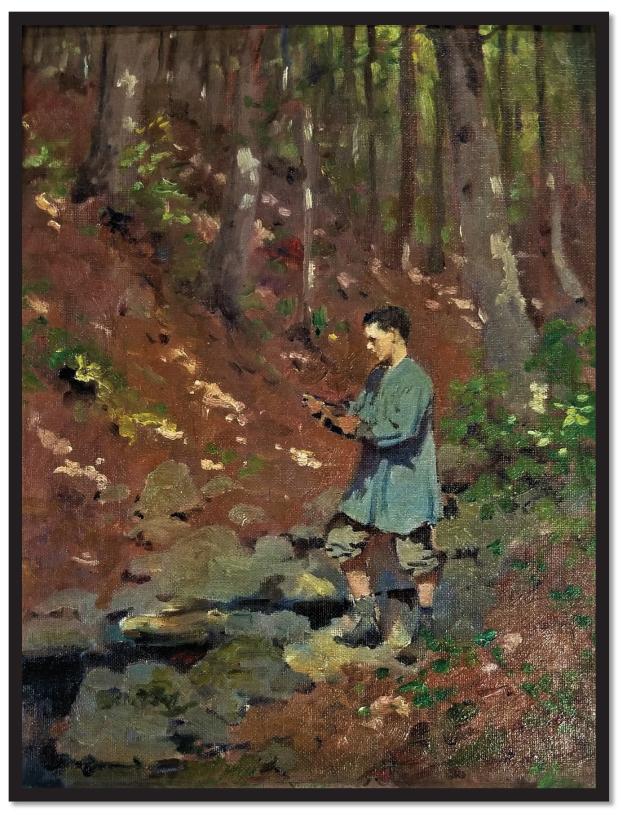




Dr. Bill Kiser (Left) at Castalia Trout Club, June 2019; Jason Ferguson (Center) in New Market, VA, January 2019; Sam Spicher and Matt Presti (Right) at the Grand Opening of the Walter Russell Museum in Waynesboro, VA, November 1, 2019.

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Nature Painting.



2. Background

Walter Bowman Russell (1871 – 1963) was an American painter, sculptor, natural philosopher, musician, author, champion ice skater, scientist, builder and more. The *New York Herald Tribune* called him "the modern Leonardo," a Renaissance man for the twentieth century.

On May 10, 1921, Walter Russell entered a state of Illumination that lasted a period of 39 days and nights. He described it in the following manner: "My personal reaction to this great happening left me wholly Mind, with but slight awareness of my electric body. During practically all of the time, I felt that my body was not a part of me but attached to my Consciousness by electric flux threads of light. When I had to use my body in such acts as writing in words the essence of God's Message, it was extremely difficult to bring my body back under control. It was necessary to overcome this difficulty, for the great reason for keeping me in the light for such a long period was to write down The Divine Iliad Message as interpreted from the rhythms of God's thinking in the inspired language of Light, for the purpose of making Mankind, at long last, know and comprehend God. Also, it was necessary for me to make hundreds of diagrams for chemical and astronomical chart for the purpose of giving science a new cosmogony in harmony with the laws of Nature to replace the present one which does not conform with Natural Law." (Russell 1950)



Following this illumination, Russell spent years developing The Universal One, ultimately publishing it in 1926. The book contains the pinnacle of the scientific knowledge he received during his 1921 illumination (from which over 40,000 words were written, along with hundreds of charts). Russell printed 1,000 copies of the original The Universal One and distributed them to the top scientists and universities around the world.

He presented to the world new theories such as the nature of matter, the fundamental principles of energy dynamics, and the depiction of the universe as a continuously changing, creating effort sustained by the systematic work effort of light energy of which all matter is composed. His depictions of universal laws were expansive enough to be considered a completed cosmology. (Russell 1939)

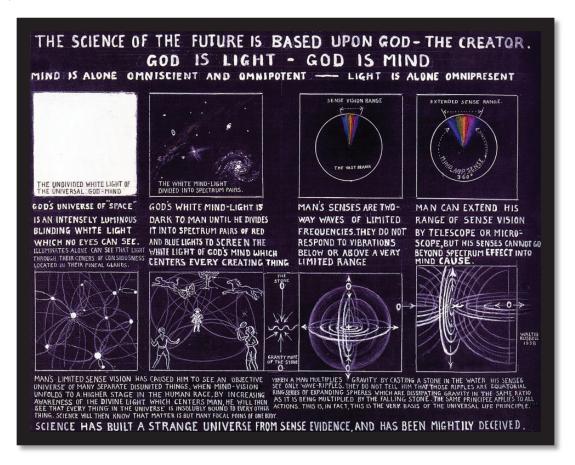
Russell portrayed the principles of the unity of universal law in a way that brought many highly considered theories into question, such as some of Newton's fundamental principles. He presented a new view of Mendeleev's Periodic Table of Elements that led him to the prediction of the existence of plutonium which was still unknown at the time and soon after discovered, as well as the creation of heavy water which is required for the process of releasing nuclear energy. (Russell 1939)

While The Universal One was not well-received at the time of its' release, Russell's illuminations were subsequently viewed by many to be well ahead of its time. Nikola Tesla famously said that Russell's electrical knowledge was true to Nature, but was so different from the accepted pattern that it would have to be sealed away for a thousand years when human intelligence had unfolded far enough to be ready to accept it. (Russell 1957)



Atomic Bomb Explosion (From Intense Hot Explosive Center of Expansion), the Ultimate Death Principle (Left); Human Form Comet Returning to the Setting Sun (Right).

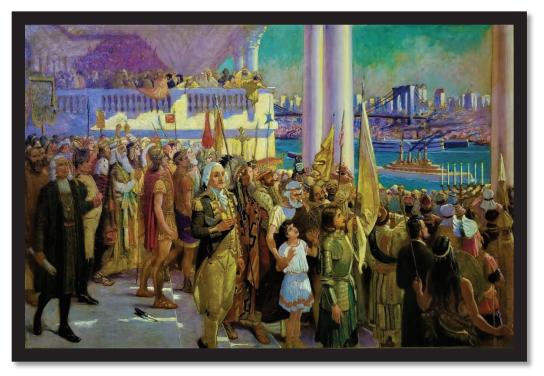
In *The Russell Genero-Radiative Concept or The Cyclic Theory of Continuous Motion*, Walter Russell stated: "When The Universal One was published it was generally condemned because it was based on the continuous atom of a continuing universe of all effects of motion expressing themselves in repetitive cycles, the wave as the basis of all motion, the corpuscle and all matter as merely the records or dimensions of motion and the unity of force. Many of those who condemned its ideas have since accepted them when proposed by scientists, who, although, in announcing these ideas have made no reference to The Universal One. Prof. Albert Einstein recently made the most revolutionary of modern scientific statements to the effect that the electric and gravitational field were unity. This discovery claimed by Prof. Einstein was copyrighted by me throughout the world three years before Einstein announced it." (Russell 1930)



Such conflicts have left Russell's work somewhat in the category of obscurity since his cosmology, while complete in itself, would require upon its academic and scientific acceptance not only the upheaval of many scientific theories, but also matters such as the nature of God. The connections between matters that many consider religious has left many to dismiss all of his material. (Russell 1939) Some readers of The Universal One are challenged by the text covering both the physical three-dimensional sensed simulated reality and the unsensed metaphysical true reality. In some cases, Russel's descriptions can shift from physical to metaphysical without clear indication this has happened. Further clarity (which would come in later writings) in this regard would likely have helped.



Impressionist Swimmers.



The Might of Ages.



3. Key Interpretation Findings

Provided below are many the author's interpretations of select key points made by Walter Russell in *The Universal One*. The full list of interpretations and other insights are included in his 2020, 100-page book *Decoding The Universal One*. A copy of *The Universal One*, from which these interpretations were derived, may be found on the Internet.

- The Universal One is intended to enlighten humans about how to achieve the ultimate eternal life. This book, along with wisdom from other universal messengers (e.g., Jesus, Gandhi, the Beatles, Bob Marley, others) will help modern humans to see the Light and realize their ultimate potential as One with the Universe. One with God. Through enlightened thinking, humans can become one with God. God = Mind = One universal substance.
- Throughout the ages, prophets introduced in the Bible and beyond have known the Light to varying degrees. Some passed the light of inner thinking directly to others by way of reincarnation. King David passed the universal language of light to Jesus who knew the universal language of light perfectly. No one before or since has exemplified this message of universal love better.

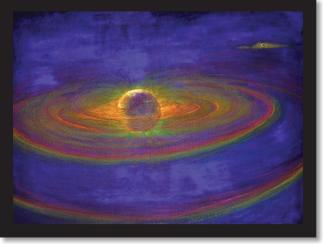


Christ of the Blue Ridge with Portraits of Walter (Left) and Lao (Right) Russell.

- Jesus referred to the fact that, during his brief time on Earth, humans were not ready to receive the complete universal light message. He also indicated that, from time to time, more aspects of the message would be revealed. We have seen this come to pass with the bringing forth of writings like The Universal One.
- Humans who effectively and purely tap deeply into their subconscious will achieve great happiness and union with the Light, also known as God.
- Everything in the universe starts with God. The believe that God is a separate entity from humans is incorrect. God is all things in the universe seen and unseen, including man. Light is visual evidence of God's existence. Light is a type of energy, a form of electromagnetic radiation of a wavelength which can be detected by the human eye.
- Humans define the physical world as being that which they can see in a tangible sense. They define the spirit world as being that which they cannot see. The human body is comprised of the combination of moving particles, just like the rest of the universe.
- Since humans base their perception of the physical universe on what can be seen and felt with our senses (lower octaves of matter) and the spiritual world on things unseen (higher octaves), this is an indication that we are not living in the Light. By tapping into The Universal One through the freeing of our minds from our bodies, we are capable of accessing the entire range of universal light and come to the realization that the physical and spiritual worlds are actually One.
- Love = God = Mind = All things in the Universe = The Universal One. Humans have the potential to operate on the same level of God by tapping into God's knowledge (i.e., the Light). In "The Message of the Divine Iliad, Vol. II" (pp. 207-208), Russell says: "To meditate is to become one with God. It means to STOP THINKING and thus get out of the awareness of body. Void your mind of thoughts, thought forms and ideas. Become perfectly blank insofar as idea and form are concerned. In that manner, you become transformed from man as an individual unit of mankind, and become all Soul, the universal Soul. In that manner you make the transition from the state of sensing some things materially to knowing all things cosmically." (Russell 1949)
- Being a knowledgeable individual doesn't define whether you are truly intelligent or not. It depends upon how that knowledge is applied. Illusions of idea reflect a thought of something we believe is truth but actually isn't. For example, Russell pointed out that the light we think we see in the universe is actually motion. We don't actually see light. Similarly, the long-perpetuated doctrines of organized religions that God is separate from humans does not reflect the reality that all things in the universe are part of The Universal One.

- Walter Russell also said, "When you feel inspired the source of knowledge is working within you. Thereby allowing you to overcome the limitations of the conditioned, survival and ego-driven surface mind we often call intellect." (Wikischool Universal One 2019)
- Our soul is the spiritual, immaterial aspect of our life(s) and record of our deeds in life. Once our physical body dies, the soul remains as an on-going record until such time that we are reincarnated. Russell said, "Out of the soul, the body is again born. The soul is but the record of man's thinking. The soul of man contains a complete and exact record of every action and reaction of thinking man. He who walks toward the Light through right action writes new lines of light upon his soul, but he who walks toward the dark takes on the dark, and no light is there in him. Hear thou me when I say that man writes his own record of his thinking, and his acting, in his own immortal soul; and that which man writes there will be repeated in the patterned seed of the reborning of that man unto eternity." (Wikischool Reincarnation)
- Human's notion that we have dominion (supremacy) over Earth's creatures and can control nature by upsetting the balance of our fragile ecosystems is completely misfounded. We must be in-synch with the rest of Earth and the universe. Genius is defined as those who have a true understanding of the universe and human's role within it. A genius makes the world a better place by bringing forth the message that all things are one and should be treated as such. A genius is connected to nature, speaks on behalf of the trees (which trap carbon dioxide (CO₂), the leading global warming greenhouse gas, and generate life sustaining oxygen), the Earth's water resources, and so on. A genius does not seek to excessively exploit the Earth's resources with a greed motive or inflated ego.





The Sun with Dark Blue Polar Caps Centripetally Converging Inward and Golden Centrifugal Discharge Fanning Out from the Equatorial Rim (Left); The Earth and Moon Showing Spectrum Colors of Waves in Octave Tonal Positions (Right).

• All living creatures are units of a larger whole, breathing in and out in a motion called oscillation (i.e., the cosmic pendulum). All mechanical devices and principles are founded in the inhalation and exhalation pattern of the cosmic pendulum. Humans must "use it or lose it," whether it be our physical bodies or the sharpness of our minds. One must continually work to keep our shape together.



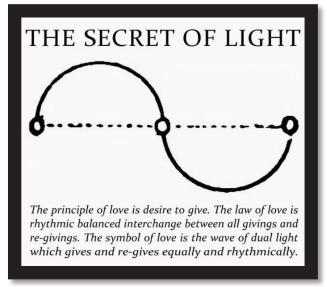
Tornado, Nature's Method of Creating Power (Winding Light Waves Through a Progressively Compressing Vortex into Intense Pressure at the Apex).

- Life stems from thinking. Thinking reflects the setting into motion rhythmically throbbing electric currents and magnetic fields (i.e., a repeating physical interaction that occurs between electrically charged particles). Thinking reflects the movement of energy in a cosmic pendulum pattern from a stable state to an instable state and back to stability. Life continues even after physical death of the body.
- Life is created and sustained within a constant universal energy. Such energy is expressed by a regular interval pattern of opposite deceleration and acceleration tones (sound). The tones reflect a sequential pattern of exhalations and inhalations (implosions and explosions of accumulating or redistributing mass) which resemble the motion of a swinging cosmic pendulum. What keeps the pendulum swinging are the two apparently opposite forces called gravitation (electric) and repulsion (magnetic), thinking action (positive) and corresponding reaction (negative) impulse.
- Reproduction of motion reflects repetitive achievement of a state of equilibrium (union) between male actions and female reactions. Such actions and reactions are expressed in tones (i.e., sounds) within an octave (i.e., an interval with 12 tones) within

the constant state of energy (i.e., energy cannot be created or destroyed) found in the universe. Without exact equal and opposite male actions and female reactions reproductive union typically does not occur.

- Human interpretations of heaven somewhere above and hell somewhere below are illusions of the outer mind. The inner mind does not believe in such imaginings. If heaven and hell exist, they are part of the universe, not separate from it.
- Humans will reach another level of evolution when we realize that we are part of the thinking force which is God. Such true thinking will reflect an equilibrium of action and reaction. If humans exhibit untrue thinking in the form of unequal actions (i.e., ego driven, extreme behaviors) we will suffer the consequences in the form of the reaction penalty. In other words, giving in life will be repaid through equal regiving from others. Just as nature does applying the cosmic pendulum formula.
- People have the opportunity to do great things if they choose to unlock their God-given potential and channel it toward the betterment of the world. They can also choose to misuse their time and energy spent here on Earth for their own short-term gains at the expense of other humans and the environment (which includes all the plants and animals and systems that sustain life on Earth). For example, no amount of public relations spin or outright lies from our political leaders, corporations, and others will ultimately cover up the misdeeds and devastating impacts of humans (e.g., embracing on-going fossil fuel usage, resulting in millions dying each year and giving rise to accelerated global warming, when less expensive, cleaner renewable forms of energy are available for use here and now).





Left: Russell Cosmology Applied to Biological Systems. Top: Female (Left) and Male (Right) Seeds Showing Attraction; Bottom: Seeds Unionizing; Right: The Secret of Light Love Principle.

- When humans become enlightened enough to realize that their individual bad actions are recorded in their souls and perpetuated forward in a reincarnated state, they will hopefully be motivated to improve such bad behavior.
- Death and life represent two opposing effects of motion traveling in different wave of life directions. They pass one another at the maturity point of one life where degeneration of the body begins and meet again when the soul leaves the body (degeneration ends) and regeneration begins in another life journey through time, space, and motion. Walter Russell stated: "God has two desires: the desire to unfold His creations to give them form and set them into action; and the other desire is to refold His forms and take them back to Him for rest and resurrection so that they may repeat their action. That is the basis of the entirety of creation the two desires of God, to act, to create, and to take back for re-creation." (Wikischool Universal One. 2019)
- To get beyond outer thinking and achieve inner thinking within God's realm, one must first have the desire. The next step is to actually connect through deep meditation and subsequent loving actions toward all elements of the universe with which humans are actually One. Few have achieved this in the past, many more will hopefully achieve this moving forward.
- Sex is another was to describe the opposite pulsations of the cosmic pendulum, with male being the initial action of force (i.e., energy as an attribute of physical movement) and motion (i.e., change of position of an object over time), and female being the equal responding reaction of force and motion. This mirrors the Bible account of Eve being formed from Adam's rib.
- Creation starts from a resting energy state of inertia and evolves from thinking into rhythmic creative male sex thinking (positive production) and decomposing female sex thinking (negative destruction) counterparts, returning once again in the resting state. This is perpetuated through charged electron and proton particles (radio-active) being born again (regeneration) through the reproductive joining of the male and female sex thinking. Creation reflects the unlimited power (omnipotence) of the universal Mind to execute motion of the cosmic pendulum endlessly.
- The universe is finite since God does not operate beyond the ten-octave cycle of cause and its effects (i.e., something happens making something else happen). Every effect of motion is curved and therefore must end where it started. When the opposing charging (male) and discharging (female) dimensions equalize in the 10th octave, the cycle is completed and begins again at the first octave. Humans typically think in the lower octave ranges on a more tangible level. We have the potential to unlock thinking in the higher octave levels which are reflected in spiritual terms, in the Light.

- Human life stages can be traced along the universal ten octave cycle, with youth representing the first five octaves, maturity reflecting within the fifth octave (the turning point/dividing line of the cycle being linked to the carbon element), and aging reflecting the last five octaves.
- God's universe/creation can be quantified and defined by about 140 elements (i.e. substances that cannot be chemically interconverted or broken down into simpler substances and are primary constituents of matter). Each element is distinguished by its atomic number (i.e. the number of protons in the nuclei of its atoms). By defining the specific property or characteristic of each state of motion, humans will be able to produce new technologies and other advancements into the world.
- The chart on page 107 of The Universal One shows elements in a state of maximum stability, thereby being defined as a chemical element. Each element is distinguished by its atomic number. The atomic number reflects the number of protons in the nucleus of an atom, which determines the chemical properties of an element and its place in the periodic table. This chart will allow chemists to work out problems on paper rather than trying to blindly attempt the same in the lab.



Four Waves with Female (Blue Spectral Colors) and Male (Red Spectral Colors) Positions.

- Russell identifies 18 dimensions (aspects/facets) of the universe, all related to gravitation (inward compression motion) and radiation (outward expansive motion), and all have one thing in common, an orderly periodicity (the quality of occurring at regular intervals). The 18 include: 1. Length/Distance; 2. Breadth/Area;
 3. Thickness/Volume; 4.Duration/Time; 5. Sex; 6. Pressures; 7. Potentials;
 8. Temperature; 9. Ionization; 10. Crystallization; 11. Valence; 12. Axial Rotation (speed/time); 13. Orbital Revolution; 14. Mass; 15. Color; 16. Plane of Gyroscopic Rotation; 17. Tone/Sound; and 18. Ecliptic. (Note: Conventional science says the universe has only the following four dimensions: Length, Breadth, Width, and Time.)
- All universal phenomena are repetitive, and the dimension of Time measures this
 repetitiveness. Here on Earth, Time measures sequential expression of motion tied to
 this planet. For example, one year reflects one revolution of the Earth around the
 Sun. Similar to the dimension of Temperature, the Color dimension is an indication of
 motion. Red stars are young and evolve through orange and yellow to their white
 maturity.
- Gravitation and radiation are mirror opposites from one another, with the attraction of gravitation pulling inward and the repulsion of radiation pushing outward. (Note: Page 44 of "In the Wave Lies the Secret of Creation" indicates Walter Russell believed the 18 dimensions of matter held the key to new pollution-free sustainable energy sources. Page 45 indicates the 18 dimensions may provide the key to developing new transportation systems.) (Binder 1995) The universe is in complete harmony with itself. If one of the 18 dimensions in space changes, the others adjust to remain in the equilibrium state.
- The dimensions are comprised of about 7,000 color lines of light which is how God communicates with humans. When we think and act in the Light we will be one with God. Page 37 of "In the Wave Lies the Secret of Creation" notes, "Each component of the Universe and each element with exhibit or can be described by each of the 18 dimensions of matter." (Binder 1995)
- Mass (the fundamental property of all matter) is comprised of light units held together
 by self-generated internal high surface tension pressure. If such mass is introduced
 into a low-pressure zone, it will rapidly lose its light units through the process of
 Ionization (i.e., intensified radiation). For example, humans would explode if placed
 unprotected in the extremely low pressure of outer space.
- Motion is recorded with many colors of light. Light is the universal language and colors of light can be thought of as letters of the alphabet. As explained on page 42 of "In the Wave Lies the Secret of Creation," "The color spectrum springs from the white, colorless inertial plane in both directions of sex charging as ultraviolet. On the male end, it begins as the first locking point red-ultraviolet to infrared, to the second

locking point as red, to the third locking point as orange-red to orange, to the fourth amplitude position as yellow to white incandescence in the zero of union. From the female end, it progresses from the first locking point as blue-ultraviolet to violet, to the second as blue, to the third as blue-green to green, and to the fourth as the yellow to white incandescence of union." (Binder 1995)

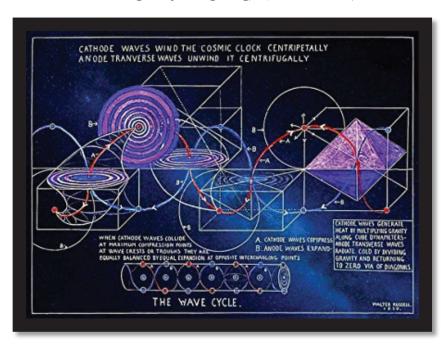
Invention of the spectroscope, which splits light into the wavelengths that make it up, has allowed humans to make the most progress toward solving the unexplained secrets of the universe. This can be thought of as defining God's letters of light language. For example the first three and greater part of the fourth out of ten octaves is clearly written in hydrogen and helium.



The Sun Viewed on Edge with Blue-Green Female and Red-Violet Male Poles.

• A visual representation showing how all dimensions can be measured is depicted by the formula: \$\pmu4 + 3 + 2 + 1 + 0 = -1 - 2 - 3 - 4\$\pmu\$. This represents the cosmic pendulum. Zero is the inertial ground state of energy (i.e., the lowest non excited resting state). The numbers represent the hours of the cosmic clock, in the relative positions of the atoms of the elements and in the order of their respective varying dimensions (i.e., as clarified on page 41 of "In the Wave Lies the Secret of Creation"). (Binder 1995) The cosmic pendulum accurately ticks off the varying dimensions of all motion continually.

- All components of the universe (dimensions) must be measured within the context of curved waves (expanding and contracting equally in opposite directions) since motion is expressed in waves. To quote Walter Russell: "In the Wave Lies the Secret of Creation." (Binder 1995) God = Thinking Mind = Energy = Motion = Waves. Waves reflect how God creates universal form from a state of dimensionless rest (inertia) and transforms it through sequential energy force, octave by octave, to the high potential of maximum motion (the state of progression from one point to another). Everything in the universe, including human life, is a continuous uniform flow pattern. The end of a wave is the start of another, the end of one life is the beginning of another.
- All light (energy) in the universe results from the division of one still light into opposing male and female polarities (in the form of a wave). Think of this as the universal seesaw, with the rhythmic, polar unbalancing causing ongoing motion back and forth across the balancing point (state of inertial equilibrium). Russell used this cosmic pendulum formula (also called the formula of locked potentials, and formula of rhythmic balanced interchange, the love cycle) to describe all transactions of Nature (i.e., nature never takes, it gives for regiving). (Russell 1950)



The Wave Cycle.

• Jason Ferguson Physics Interpretation: Inertia is the desire to continue current motion. Still objects like to remain still and objects that are moving like to continue moving. The universal seesaw has the desire to return to its equilibrium point (inertia). Inertia is the ongoing rhythmic motion of the see saw across the equilibrium point that creates disturbances in the stillness.

- The solar system is a whirlwind (i.e., with the planets moving rapidly around and around in a cylindrical or funnel shape), with the Sun representing the gravitative center (i.e., the middle of a seesaw). The further from the Sun the planets are the slower each travels around it. All energy in the universe moves in an orderly spiral wave pattern which moves from the south to north by way of the east, and back toward the south by way of the west. Planets are born from Sunspots locate near the Sun's equator. Sunspots are solar flares and coronal (outer most part of the Sun's atmosphere) mass ejections, the geomagnetic flow from the Sun. The planets are renewed by receiving the Sun's energy while facing the Sun.
- The planet Saturn is an outstanding example of the battle between electric centripetal (moving toward the center) male force and its desire to retain a spherical mass appearance, and magnetic centrifugal (moving away from the center) female force and its desire to become invisible. The belt around Saturn's equator (the line equal distance from each pole) accelerates at great speed and throws off a maximum quantity of rings (subatomic particles) from the planet's surface.
- The Sun is the storage battery of this solar system including the planets. Energy explosions from the Sun heats the planets with radiant solar energy, impacting the constant state of planetary motion along the orbital plane (all planets in our solar system orbit around the Sun along the same plane in space which resembles a flat disk). Exhaust energy from one planet moves to the next planet by way of a positive force flowing from within the source planet in a spiral single direction. This continues until the last planet in the solar system (Neptune) is reached. No power is wasted. On the other hand, motor engines created by humans waste a lot of energy and generate pollution. To be in synch with energy in our solar system and the universe, humans must learn to create engines/power that do not waste heat or pollute.



The Creating Universe Appears From the ONE and Disappears Into the ONE.

• Jason Ferguson Physics Interpretation: The Universal One concept characterized in the previous bullet isn't really true in a physics sense but makes enough sense philosophically. The referenced "positive force" is the solar wind which will strip away planetary atmospheres. It travels radially away from the Sun. If it strikes the planet's atmosphere tangentially (rather than straight on) it has a higher chance to strip a particle from the atmosphere. The photons (a particle representing a quantum of light or other electromagnetic radiation) and other particles will continue well past Neptune.

Walter Russell on Sex

Walter Russell applied the inverse of the cosmic clock formula to the dimension of Sex. Russell said the following: "Sex is the motive power behind force and motion. Sex is the apparent division of the father-mother substance of Mind into apparent opposites. This division is due to the opposite desires of electricity and magnetism, expressed in the action and reaction of the thinking process. There are two points of rest in every cycle. At each of these two rest points each opposite condition reverses and becomes the other. DAY is a contraction of light-waves into visibility. The name of that great divider of rest into two-way electric motion is Polarity. As sex is the most important thing in shaping man's life, individually and collectively, sex science should be the most important fundamental of his education and dealt with as frankly as history or mathematics. It is unfortunate for the progress of the human race, physically and culturally, that this is not so, for the renaissance from this downhill plunging of the races of man is a long way off and slow in its coming. Individual unbalance is the forerunner of universal unbalance.

Unbalance is usually created by sex unbalance; therefore, too much importance cannot be placed on sexual education in youth. The creative urge is in truth the sex urge and can either become the greatest force for good or the greatest deterrent in life. Our youth should know the importance of balanced mating. A marriage which is based purely upon physical attraction is not a balanced mating. There must be a spiritual, mental and physical harmony if the essential electrical balance is to be attained. Every male is also female, and every female is also male, for every unit of everything is polarized with both opposites.

The male-female conditions are continually interchanging in each polarized body in every cycle of every wavelength. When you breathe in you are charging your body toward strengthening the fatherhood idea of you. Out of that opposite the motherhood idea springs in your outbreathing. In that one cycle you have expressed both conditions. That same interchange and alternation takes place in every thought cycle, as well as your whole life cycle. One of Nature's characteristics is the development of patterned forms which we call species, types, races or breeds. Nature's manner of repeating these unfolding species of things is the splitting of their patterns into two electrically balanced equal harmonious opposite halves, and then mating those equal halves in order to electrically reproduce other equal pairs of halves, by Nature's automatic processes in her use of electric waves.

| MALE | | | | | FEMALE | | | |
|-------|------|-------|-------|-----------|--------|-------|------|--------|
| 0 | 1 | 2 | 3 | 4-0-4 | 3 | 2 | 1 | 0 |
| | baby | | youth | United | youth | | baby | |
| embry | 70 | child | | man-woman | | child | | embryo |

We call this division of Nature into pairs of mates a "sex division." We call the unions of the sexes "matings." Nature creates her pure species of separate kinds of things by controlling the division into pairs of equal halves of the same electrically recorded patterns, and the matings of similarly balanced equal halves.

Through her connecting lines of magnetic flux Nature telegraphs to all unfolding creatures her inviolate laws. They are recorded in them as instinct, or are otherwise sensed: and every living creature, except those to whom freewill has been given, instinctively obeys that holiest of all Nature's laws, the law of equal mating of harmoniously patterned halves."

(Wikischool Sex 2019)



4. The Universal One – Truth, Beauty, and Love

The Universal One concludes on page 254 with the following statement: "Faith and belief will in no way open the doors of heaven to man. They but point out the path which lead to them. Through comprehension alone can man hope to know the language of light. And when that day comes to waiting man then will know that truth, beauty and love, in equilibrium, are the very foundations of universal existence. When he acquires the stability of perfect balance in his thinking, then will he be ready for the light; and for the ecstasy of universal thinking in the knowledge of all things; and for all power within universal limitations; and for all presence in unity with the One."

Truth, Beauty, and Love are defined below, along with accompanying text, from *Truth, Beauty & Love; For Your Awakening.* (Stellamuse 2019)

Truth as the path of the Divine. We have all been hurt and deceived by others lack of truth, and we should all commit to crusading for its purest form in more and more ways. Truth is also the science of the soul, helping and guiding us away from what is false and closer to what is true. But once we know something to be true we have a habit if holding onto it very tightly. Defending it even, as though at times it is a part of us. Ever done that? The issue here is that the truth we are holding may be 'true' but it still may only be one facet to the whole diamond. Making it incomplete. Thus, we should embrace the continual evolution and deepening of truth. For as we grow, expand and evolve our connection to consciousness, so too will our truth evolve. 'Knowing' something does not mean we have the wisdom of all knowledge associated. Simply put, truth grows as we grow towards the Light.

Beauty is the harmony and synthesis. It is said to be a feminine principle of love. The form and shape, the color, scent, line and essence are aligned to beauty. Beauty is the arts. While it can be visual it can also be intangible, that certain *je ne sais quoi* of not knowing why or how but it just is, beautiful. One person's beauty may not be another's. But, when the depth of beauty is felt in its purest, rawest, most illuminated form, one cannot deny when something or someone is radiating and magnetizing the allure of beauty.

Love, ah love! We not talking of *Hallmark*, 'rom-com', Mr. Big, Mr. Darcy or, girl next door adorable kind of shiny love. Love is one with Wisdom. They are part of the same luminous thread. Love is goodness, it is heart, it is the guiding light at the core of every religion, philosophy, faith and belief system. The connection to goodwill and the will to do good is rooted in love. This is part of having love in your heart for all. A striving for a selfless love. Not a glamourized, "I will give to you, if you give to me," conditional love. Neither is it about affection or feelings, for love is not an emotion, nor a sentiment. Love is perceptive understanding. Love is the driving force of the world and the entire Universe, leading to unity, inclusiveness and integration. Love is not easy in its organic, authentic form. It will demand the

most of you as it stamps out personal, selfish motivations and actions. Just ask the mother or father of a newborn child or, a wise elder who has walked this path. They know.

It is in choosing Truth, Love & Beauty over ego (success for selfish gain), materialism (accumulation of wealth, money, 'things') and hedonism (pleasure of the lower animal nature and constant pursuit for unattainable satisfaction), then our path clears. Our ability to expand our consciousness, and consequently align with our highest purpose; how we can serve those we are here to serve with our unique essence, all can become embodied and embraced.

The Bhagavad Gita (700-verse Sanskrit scripture that is part of the Hindu epic Mahabharata) also describes "words which are good and beautiful and true" and Thich Nhat Hanh said, "The real object of our love is not outside of us, the real object of our love is ourselves." This is because we first have to know how to love ourselves and return to our true nature. Which is being able to see the wholesome, the good, the true and the beautiful within each of us. It is from this place of deep knowing, awakening from within if you will, that we can then truly see this also in others.





Left: Red-Orange Male and Blue-Green Female Poles of Multiple Gravity Bars (Magnets); Right: Scientific Painting Showing Red-Orange Male and Green-Blue Female Poles.

When you have seen real beauty, goodness, and truth in ourself and others, we will no longer live in a state of illusion; deceived by the outer adornments and glamourous shiny, sexy, quick fix and distracting things. When we also can begin to see people in the world deceive each other with illusions and glamour's, instead of being hurt, or sad or angry we will feel compassion. A stirring fire within us may be flamed as we secretly trust they find their way within, just as we have found ours. This is a choice of non-judgment and loving kindness, of humility, as we are choosing to live from a place of truth, beauty and love. (Stellamuse 2019)



5. William S. Kiser MD Answers Questions Relating to The Universal One

On January 3, 2020, the author interviewed his father, Dr. William S. Kiser, regarding The Universal One. Dr. Kiser, humble, gracious, brilliant, kind, and great exemplifier of living in the light, spent much time carefully digesting the book during 2019. Provided below are the questions Jonathan asked, and answers Bill provided.

1. What inspired you to carefully read/study The Universal One?

It was due the association I have with Sam Spicher. Sam is a disciple of Walter Russell and therefore Russell's ideas impress Sam. Sam has a serene demeaner and a very spiritual aura around him. He seems totally honest and shows a lot of love in many respects toward people, the environment, and in his dealings with life. When I think of Sam I think of love and concern for other people. These are some of the ethics that have no doubt come from his association with Walter Russell and his teachings. This helped to inspire me to read Russell's work more carefully. I was also inspired by you to consider Walter Russell's work based on your comments about Swannanoa and the time you spent volunteering at the Russell Museum in Waynesboro, VA helping to preserve Russell's artwork treasures. I am grateful to have been introduced to Walter Russell who was a mixture of a lot of things, a renaissance guy for sure in our era. He was a man of many talents.

2. What were some of your key take-aways from reading/studying The Universal One?

Walter Russell was inspirational in his thoughts. What he was trying to do was quantify, maybe for the first time in one book, the matter of the universe and of life. To interrelate spirit and matter. I believe he was saying that universe is everything (all there is), as described by our minds. Separating mind from matter is erroneous (for example, our concepts of heaven and hell and religion). From Russell's thinking it's all an illusion created by the mind. The only thing that really exists is thinking, the Mind. Russell tried to describe the scientific energy of the universe in terms of elements, energy, and the like. Here was a man who took us one step closer to the true meaning of life.

3. What new revelations did you learn?

My first revelation was that we tend to simplify knowledge to be comfortable with our ignorance. There are two realms. One is physical (matter) and the other is spiritual. We understand matter more fully over time as a result of the evolution of mankind and the acquisition of knowledge. We still have an enormous amount of ignorance because we don't use our thinking ability fully. Some people have done this better than most. A number of prophets have made progress along the line. We have certainly made scientific progress in terms of

clarifying some of the mysteries. But we still have an enormous amount of distance to go before we have answers to all the questions.

4. How do you view The Universal One, relative to the Bible, the teachings of Buddha, and other religious/spiritual doctrines, in terms of improving our understanding of God, life after death, and the universe of which we are a part?

I think there is some revelation there. For instance, Russell make the strong point that there is no death, only eternal life. He enforces the teachings of Buddha in this regard. That there is reincarnation. That with death the soul leaves the body, goes into a state of inertia, and then is reactivated atomically into another form of life (whether it be in human form, he doesn't emphasize). The soul is not wasted. There is no beginning and no ending, only the cycle of reincarnation. This is one of the things that made me feel comfortable.









The Four Freedoms Statue, Madison, Florida in June 2019, © 2020 Jonathan V. L. Kiser.

You can approach life like William Cullen Bryant said in his famous poem *Thanatopsis*. To paraphrase, live your life in a such a manner that when you approach the solemn halls of death, do not be afraid, instead have peace of mind. Russell is talking about this in essence. That our soul carries the image of the person, the things that we learned in life, good and bad, out into space. Our physical body disintegrates, and the atomic material is then out there awaiting to be reincarnated into another form in the future.

5. What aspects of the book would you have liked to have been more fully described and/or further explained?

One of the things I would have liked to see further clarification about relates to Russell's statement that all knowledge exists within a man. That potentially all that we can learn is there.

Jonathan: Russell appears to be saying that through deep meditation, we can calm our mind and achieve the next level of awareness from where the answers of the universe can be revealed.

Dr. Kiser: Apparently that is what Russell experienced in 1921 when he went into a 39-day period of hibernation. He freed his mind from the body and received revelations about what we are, where we came from, and other topics. He was able to see things that exist that the average guy can't see, such as his advances in science (e.g., light travels in a curved line).

6. What steps do you feel modern man can/should take to become better in tune/closer to The Universal One principles?

The thing that's going to drive it to a new generation or new civilization is knowledge. The level of scientific curiosity is probably unprecedented. More people are thinking because there are more people. People have new tools that ancients didn't and couldn't have even imagined. Just think, when electricity started, humans could then create light. Russell said if you have imagination and can understand the elements you can build almost anything you can imagine. We now have more tools to do just that. The most important thing now a days is information. We are in the information age so you can share information readily with millions of people. Before it was almost one on one. We have communication of information that is leading us forward toward understanding of what really is. It's the Internet, probably the most powerful force, that may help lead to us to enlightenment. In other words, to the truth.

7. What are the best ways to motivate a positive change in human behavior toward this end (i.e., given the obstacles like greed and ego)?

Some of the obstacles include the negative things, the black side of life such as hate and crime, hurtfulness, war, savagery. These cause us to regress. However, they also stimulate thinking people to try to try to address such behavior. For example, all these mass killings like the recent church incident in White Settlement, Texas (December 29, 2019) where members of the congregation security team had armed themselves against such violence. When this crazy guy shot and killed two people, the security team was able to quickly stop him. That was a positive force generated by need to protect the surrounding environment.

Illness is another example illustrating good things coming from thinking. Medicine has advanced in response to illness and there will be constant improvement in this regard moving forward. We are becoming enlightened about causes of illness. The next step is to make medical solutions available to everybody. It's a good example of what we can do, bearing in mind that the secret is knowledge.

Jonathan: How about the issue of cancer treatment? On the one hand a case could be made that we have made great progress toward beating cancer and, on the other hand, a lot of this knowledge is apparently being suppressed because the medical institutions and big pharma companies make their money on disease treatment (as opposed to prevention). How do you actually beat cancer if the emphasis is on treatment?

Dr. Bill: That's a negative incentive scenario with the positive forces (the general public) gradually coming to the realization that they are being over-charged for treatment, and more needs to be done to address the issue. The general public will not tolerate this type of situation but for so long. This is a temporary thing. The opioid crisis is another example, with all the lawsuits and other actions that are now being taken in response to big pharma and medical institutions greed-driven negligence.

Also, vaping is now being challenged because it has killed a number of people. It makes the person feel better transiently, but sooner or later it may harm them. The positive side of the medical profession recognizes this and is trying to educate the public about the risks. Government action has also recently been taken to stop certain types of vaping. Everything in life is action versus reaction, centripetal versus centrifugal, and the reaching of a state of equilibrium. Everything moves in that direction. Everything we do involves that formula.

8. What other thoughts and/or additional insights would you like to provide stemming from your reading/studying of The Universal One?

First of all, Russell could have spent a little more attention on the concept of the chemistry of the universe. He talks about the universal dimensions such as light, motion, and other forces. Some of these things are less tangible, like sound. I'd like to spend more time studying and thinking about the dimensions and learning which questions he raised that remain unanswered.

Jonathan: Conventional scientist only recognizes four dimensions and he identified 18.

Dr. Bill: Exactly, where did that come from? What insight(s) did he have into those that we didn't have already? It's such a profound subject. You have to keep the big idea in mind of what you are trying to achieve before you can start getting into the details.

So much time was spent in The Universal One on the idea of construction and destruction and equilibrium (balance). The whole concept of matter. How can something that appears to be solid, like a rock, still be in motion? It's hard to understand. Consider a fireplace with the andiron sitting in front. This was fashioned by mankind who has been enlightened enough to understand how one element matches another element to be able to create a brass andiron with all its beauty and luster.

Another thing that was quite fascinating to me was how Russell positions the element carbon in the midst of everything relating to time. Think about how scientists carbon date things these days to measure the timespan of man on Earth. The discovery of the 3.2-million-year-old skeleton known as Lucy in Africa (named after the Beatle's song *Lucy in the Sky with Diamonds*) was all based-on carbon dating.

It's a whole subject area of chemistry relating to understanding the environment we live in and how it is in a constant state of flux. This should not cause alarm. For example, you have a solid piece of wood that is burned in the fireplace. The next thing you know it's gone with nothing but ashes remaining (a different form of basic elements) and the smoke going up the chimney. The human body follows a similar pattern over time. When we die the body disintegrates back to ashes. The soul leaves the body and ultimately returns as a reincarnated state of elements. The whole thing is very profound and much thought is required to even begin to scratch the surface about thinking. Walter Russell spent 39 days and nights thinking about thinking!

Humans tend to create images about life after death that make us feel comfortable, linked to our ignorance. For example, we are raised to believe that if we live to do the right thing, we will end up at the pearly gates, there will a mansion there in gold, and there will be a vestal virgin there waiting for each of us.

I had an image of your Retreat property in New Market, Virginia, and how beautiful it is there every season. Every time you walk down those same paths it's different, there has been change. There is no such thing as permanency. Everything is forever changing at the Retreat, in this society, in this country, in this world, in this finite universe, and beyond in outer space.









Shadow Bend @ The Retreat, 2017 - 2018, © 2020 Jonathan V. L. Kiser.

Since the universe is what people can comprehend, there is no way to go beyond cosmic consciousness (awareness). Our cosmic consciousness can't get beyond our own universe. Apparently, there are millions of universes out there. I'd like to know more about that. Why can't we think beyond our own universe? That comes from learning and enlightenment. That's why we are sending rockets out there to explore the possibility of colonizing another planet.

Mankind is doing what we can with what we have. We are the creature with the most advanced ability to think. So we are trying to unravel some of these mysteries to explain what is going on around us or within us. Once we solve all these questions we will be omnificent (have unlimited creative power).

Jonathan: Why do you think human ego and greed factors, from a short-term perspective, always seem to wreak havoc in terms of the balance in the Earth's ecosystem?

Dr. Kiser: That's because if you don't have matching pairs or ideas elements the result will be disequilibrium. What one person thinks is acceptable may not be in tune with the right thoughts of the time. What we think is right may not be, it's a figment of our imagination. Mankind creates our own rules and laws and sometimes if they are not adhered to there is disequilibrium.

Jonathan: Or the laws are slanted toward disequilibrium to protect those who are making the laws. Consider the vaping situation again. The tobacco lobby were able to get vaping devices into the marketplace without any regulation. Young people then died. On January 2, 2020, the President then gave lip service about protecting children when he announced that some flavored (fruit, desert, and mint) e-cigarette products would be temporarily removed from the U.S. market. Menthol and tobacco flavored vapes remain on the market.

Dr. Bill: Exactly correct. Mankind has decided that tobacco is something we want to tolerate because we enjoy it. Tobacco does kill but this is about the pleasure we get from it relative to the risk. You're enjoying it now but it will get to you later on.

Jonathan: But since tobacco is addictive, so this goes back to the powers that be (tobacco companies, lawmakers) doing the wrong thing (killing others) to earn short-time profits.

Dr. Kiser: Sure. But you tolerate it because you want to do it. This starts to get into the chemical reaction business that generates disharmony among your bodily elements to the point that it kills you. It's chemically based in terms of the generation of desire and addiction. It's all about chemistry and how it relates to behavior, the thought process.

When Russell talks about enlightenment, he is approaching that subject from a theoretical perspective. The more we know, the better we will understand the desirability and undesirability of many of our actions. We will become more enlightened. We are getting closer to what is called God and God is our own mind. There is no separation between our mind as a human and God. Jesus Christ is the most God-like human who ever existed because he understood enlightenment in his time. Theoretically he understood the fact that all of life is tied to atoms and the whole subject of generation, "death" (refolding as described by Russell), and regeneration.

These are all very profound thoughts that are hard to describe in terms of where we are right now. But they are explainable. There is human greed. Man has always been in the same type of a cycle in terms of behavior. We can make choices in our minds that will determine our future. We generate our own masterplan.

Jonathan: I am encouraged by my interpretation of Russell's explanation that the quality of our existence is linked to light beams. If we are doing good works in this lifetime, we are enhancing

our light and will come back stronger in a future life. If we are acting poorly, through greed, deception, killing, and the like, then we are detracting from our light and will return weaker (i.e., in terms of quality of character, integrity, and the other things that truly matter).

If you're actions are in the light, then you are more God-like. There is no heaven and hell (as organized religions define it, out of ignorance) but the Light is what it's all about. In your case, Dr. Kiser, where you are always overly giving with everyone and you don't worry about the small stuff in life (and it's all small), you act in a very enlightened manner. By comparison, my need to call people out on their bad behavior (e.g., Those who pollute in the name of profit) is less loving and not in synch with Jesus's instruction to love our enemies.

If you follow this through to what I believe Russell was saying, everything we create during our lifetime (i.e., recorded on our soul, which is a record of all our actions) all cycles back once our atoms are reactivated from the deep state of rest in the ethos (i.e. after our physical bodies have died). When we reenergize, our soul record is carried forward to other lives and the cycle continues for eternity.

Dr. Kiser: More amplification on this topic would be very helpful. To have a better understanding of the concept that evil transmits along with good based on our behavior and as it pertains to reincarnation. What do the individual atoms contain in terms of who we are and how we are put together. Very profound.

The subject of genomics (i.e., The branch of molecular biology concerned with the structure, function, evolution, and mapping of genomes) is another related topic. Over the past 20 years we have gained insights into the human genome structure. Now we have to figure out how it works. Man has the ability to create and pretty soon we will be able to make a human, if we want to. Can we make a perfect human through identification of the good genes and the bad genes? For example, we can start to identify which genes cause cancer of the kidney. What else is on that gene? Perhaps the gene that cause glaucoma. Once identified these bad genes could be eliminated.

Walter Russell was quite a thinker, a unique guy. And this was one only one part of his life. He had an eye for beauty in the sense that he saw everything from an artist's viewpoint. He could create human images, in his sculptures and paintings, and capture the spirit of the individual. His paintings were very prophetic. During certain phases he was inspired to express certain feelings in his paintings. When he was in his state of illumination he was apparently making drawings and describing certain things he was seeing or thinking at the time. Somewhere in all of that he was thinking about enlightenment, and being closer to God, and seeing in Jesus love, which is the ultimate human thought relating to human behavior.

Jesus was a man who could do anything, including death, or termination of his genes, as an example for all the rest of us to live a more perfect life and to relate some of the things he was teaching. Jesus was a great teacher. In Russell's mind, Jesus came closest to our image of God compared to anyone that came before or since. Some of the other profits exhibited similar characteristics.

Jonathan: Apparently Russell had little patience for the ignorance of others and could exhibit an abrupt persona.

Dr. Bill: He was able to express himself in many ways, as a writer, musician, the skater, as a party boy who loved to dress up and show off. He was vain, apparently. He was convinced that he was right and nobody else was, like other great thinkers. He was human. But he also had the advantage of living in modern times. He wasn't Moses on the banks of the Nile.

This whole assessing of The Universal One experience has been good since it makes us think in modern terms. If you go to the Catholic church whatever the Pope says is supposed to be the word. Well, we know this isn't completely true and he knows it too. The Pope is not God, just a messenger. Over the Christmas holiday the Pope was out shaking hands with people in the audience when one woman reached out and grabbed him as he went by, pulling him off balance. He hit her hand to make her release (to keep from falling) and he was then widely criticized around the world for being aggressive.





Landscape Paintings.

Jonathan: That's the female (#MeToo movement) energy pushing the cosmic pendulum out of equilibrium.

Dr. Kiser: Exactly! There has been very little public discussion about this kind of thing. Instead there has been a lot of dogma in the past, like the issue of celibacy among priests in the Catholic church. Or the #MeToo movement responding to a history of men being able to do anything they wanted and getting away with it. The issues of right and wrong are being debated because there is more knowledge do to the Internet and social media.

Jonathan: In terms of the media's role, every night on the evening news there are reports about major weather storms in the U.S. And if it's not here, then its record high temperatures in Australia leading to drought conditions fueling catastrophic wildfires. And yet the news usually does not link the weather to the underlying cause which is human generated global warming. It's a disconnect that may have something to do with big business controlling the major media outlets. How can people still be skeptical about human's role in this world crisis, when the scientific evidence and daily events are so obvious? As we add more heat trapping pollution (greenhouse gas emissions which are also directly killing millions of people each year) into the air, the atmosphere is getting more and more energized and the consequences are getting worse. How do you get climate critics to see the light, in this highly politicized and divided world that we live in?

Dr. Bill: For every action there is a reaction. It's ultimately a matter of knowledge. Eventually it becomes pretty evident that this idea of human pollution causing irrevocable damage is what many people are now thinking about. The current wildfires in Australia, resulting in the loss of an estimated half a billion animals, is an example. There is very good evidence that we are creating our own problem here. It sometimes takes the reaction (e.g., the massive fires) to bring about the necessary positive actions. It takes steps and it takes time. Time is another factor that needs to be explored more in terms of Russell's thinking. It sometimes takes generations to make a change. We learn over time. Humans have a talent for doing things wrong before they finally do things right. Regarding global warming, the question is whether our ignorance is going to overcome us or our knowledge is going to save us? Time will tell.



Mermaid by the Water.







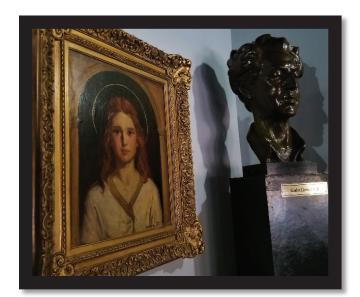
Top: Matt Presti in Rockingham, VA, July 2019; Middle: Ribbon-Cutting Ceremony, Walter Russell Museum, Waynesboro, VA, November 1, 2019; Bottom: Sam Spicher and Matt Presti at Swannanoa Palace, © 2020 Jonathan V. L. Kiser.



6. Matt Presti Clarifies the Origins of the Universe

On December 29, 2019, the author asked Matt Presti, President of the University of Science and Philosophy (former Walter Russell Foundation), the following questions: *What did Walter Russell say about how God was initially created? Was it a big bang, an initial God particle sparked by thought into motion, or something else?*

Matt: Basically, God is consciousness which neither lives nor dies. Rather, God expresses itself through bodies in motion that we call the universe and everything in it. Therefore, no beginning or end. Temporality cannot explain the infinite. Thus when linear thinking is applied the truth is concealed.





Holy Paintings with American Pianist Ossip Gabrilowitsch Bust (Center).

The unmanifest (i.e., the Absolute, the pure and formless ground of being from which creation and manifestation arise) just is. What is manifest is so because of what isn't. Thought/mind is. Until you build a body to house your thoughts it has no existence. The poem is not the poet. The song is not the musician. The creation is not the creator. And so on. Therefore, by extension, the mind is not the body. Rather, the mind thinks through the body. One is cause and the other is effect.

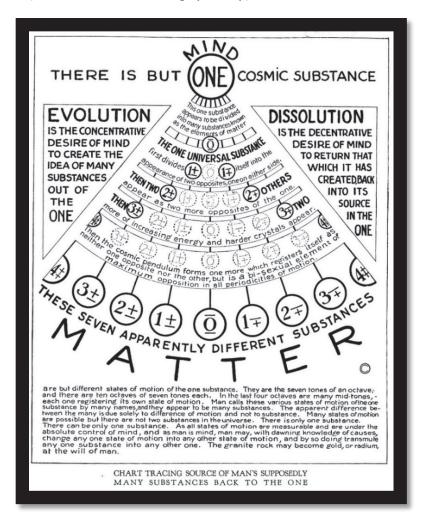
To understand this is to know the secret of creation and therefore apply your knowledge to it, instead of being ruled by it. By seeking to understand the origins of the universe, one does the very thing they are trying to understand. For example, putting such thoughts into a written question. That's how the creator creates creation. We call God's thinking nature.

You cannot put the particle (cart) before the mind (horse). If this were true, all of the written questions would appear before they were thought of. With this knowledge, it is impossible to remove mind from creation. So therefore, mind/consciousness must be God. That's the Russell's philosophy. And basically to the degree that we know this is to the degree that we can demonstrate it in our individual lives. Walter knew this to be what geniuses must also know in some degree, however variable.

On January 16, 2020, Matt provided the following additional insights:

Russell's reference to the universe of illusion is another expression for motion. All motion is temporal (e.g., human bodies are born, die, then are born again, and so on). The universe reflects one big kaleidoscope of constant motion exhibiting a curved, spiral wave pattern. Motion starts in a state of resting equilibrium. In other words, motion is bounded by stillness. The atom at its core is still. In addition, a universe without desire would be purposeless. For example, great art has a purpose.

God = Consciousness = Mind. God is not localized or out there gallivanting around the universe destined to return one day. A God particle will not be found since God is a quality of Mind that can only be known (i.e., can't be measured physically).





7. Parting Thoughts

On January 4, 2020, President Trump ordered a drone strike that led to the killing of a top Iranian commander. The predictable reaction to this action was Iran firing missiles at a U.S. military base in Iraq. This, once again, begs the age-old question: Why must humans continue to wage war and how can this ongoing killing cycle ever be stopped? Walter Russell addressed this issue at a May 19, 1951 Armed Forces Day Celebration in Portsmouth, Virginia. His words of wisdom are as relevant today as they were nearly 70 years ago. Here are some excerpts:

"Let us look at our own nation face to face. How did we build our empire from the handful of pioneers who landed here about 500 years ago? We gradually killed the entire race of Indians which we found here and kidnapped thousands of Africans to enslave. . .We fought over 100 wars and killed hundreds of thousands of people whom we made our enemies by being their enemies. . .We lived be the sword and now seem very much astonished that we are threatened with death by the sword. . . God's law always works. Whatever seed you sow you harvest in kind, multiplied by a hundred. EVERY NATION MADE ENEMIES BY BEING ENEMIES. WE FEAR MAN TODAY BECAUSE WE MADE MAN FEAR US YESTERDAY." (Russell 1951)

"We made Hitler, Mussolini and Stalin that way. . .Yes, it was we who made these monsters by creating the conditions which bred them. Every empire on earth has tried to build peace and prosperity for itself by taking away the peace and prosperity of others. . .The only remedy for stopping wars is to entirely reverse the old selfish and greedy basis upon which human relations of the past have been built and substitute the golden rule basis of equal interchange in all transactions between men. Man must someday learn to serve his fellow man with full knowledge that in so doing he is serving all men. When that day comes the world of men will then know the real prosperity, happiness and peace which love alone will give to men." (Russell 1951)

As humans continue to ponder our purpose in the universe, Walter Russell offers the following concise words of wisdom from his "A New Concept of the Universe," originally published in 1953 (Russell 1953):

- 1) The sole purpose of man on Earth is to manifest his Creator. JVLK interpretation: Humans need to pattern themselves after God.
- 2) The soul desire of man on Earth is to find peace and happiness. JVLK interpretation: Deep within us (i.e., at the soul level) we all seek to be happy and peaceful.
- 3) The only way that man can find peace and happiness is to discover his unity with his Creator. JVLK interpretation: By coming to the realization that we are all One in the universe, and by executing love toward all fellow humans and the rest of God's creation, we will find true peace and happiness.

4) God's one Message of Love can best be described as Rhythmic Balanced Interchange. JVLK interpretation: This is the ultimate universal law. As described in the 1995 publication "In the Wave Lies the Secret of Creation" (Binder 1995) Rhythmic Balanced Interchange means "giving for equal regiving." In plainer terms, each of us should give (i.e., spread love) to others to receive an equal amount of regiving from others.





Left: The Octave Wave Showing a Complete Wave Cycle (All That Exists in the Universe); Right: Christ of the Blue Ridge Painting.

There are many similar expressions that share the giving, regiving wisdom. Here are a few:

- You must love the Lord your God with all your heart, all your soul, and all your mind. This is the first and greatest commandment. A second is equally important: Love your neighbor as yourself. The entire law and all the demands of the prophets are based on these two commandments. . . Jesus Christ
- Bread cast upon the water returns many fold. . .a favorite quote of Robert Smith Crow Sr. (the author's grandfather)
- I believe that my life is going to see the love I give return to me. . .John Mayer, musician, "Wheel"
- When you stop giving and offering something to the rest of the world, it's time to turn out the lights...George Burns

- The best way to find yourself is to lose yourself in the service of others. . . Gandhi
- The family that perseveres in good works will surely have an abundance of blessings. . . Chinese Proverb
- It is every man's obligation to put back into the world at least the equivalent of what he takes out of it. . . Albert Einstein
- It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself... Serve and thou shall be served...Ralph Waldo Emerson
- Whatever God gives to you must be paid for by equal regiving. . . Lao Russell
- To get the full value of joy you must have someone to divide it with. . . Mark Twain
- And in the end, the love you take is equal to the love you make. . . The Beatles, "The End"





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9. About the Author

Jonathan V. L. Kiser, M.B.A. has more than 40 years of professional environmental work experience on behalf of public and private sector organizations internationally. He has been the President of Kiser Environmental Consulting since 1995 and provides services in the following areas: Program management, technical research, writing, and analysis, QA/QC, full cost accounting assessments, due diligence, benchmarking surveys, environmental audits, regulatory compliance, and strategic planning. His areas of subject matter expertise include: NEPA, integrated waste management, recycling, renewable energy, global warming climate risk management, air quality, pollution control, energy conservation, and litter.

Jonathan received his M.B.A. from George Washington University, and his B.S. in Resource Economics from the University of New Hampshire. He has generated well over 100 book publications, articles, reports, and op-eds, including *The Lost Art of Walter Russell* (2011), a call to action to save Russell's artwork then being kept in a non-climate-controlled storage facility since 1998. During 2019, Mr. Kiser published *Benjamin, Nikola, & Walter: Geniuses Who Maximized Their Creative Energies*, a side-by-side yearly comparison covering the lives of Franklin, Tesla, and Russell, including images of the men and their life contributions.

Mr. Kiser has taught environmental topics at universities, international and domestic conferences, community meetings, organization workshops, and elsewhere. He is a Research Associate with the Columbia University Earth Engineering Center for Sustainable Waste Management in New York City, and a member of James Madison University's Collaboration for Environment, Health and Safety. Jonathan is also an avid photographer, hiking enthusiast, musician/singer, and an expert ice skater. The author may be reached at: jvlkiser@aol.com.



The Author in the Austrian Alps Above Innsbruck, June 2019, © 2020 W. Rhett Kiser.





Paintings of Nudes.