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Northern Nevada's COSSAP News

Spring is Just Around the Corner!

Spring is just around the corner, and so are the quarterly reporting requirements for the COSSAP grant! I have been hard at work programming the PMT tool into a survey that coordinators can complete to provide me with all the data we need to keep in compliance with the grant requirements. My goal is to make the process as easy as possible for you and your teams.

I hope to release the PMT survey by April 3rd, to offer plenty of time for our regional coordinators to respond so that I can consolidate the data for seamless reporting.

I have already met with several FASTT coordinators to discuss your data collection processes and needs, and have been hard at work creating data collection tools for program activities outside of what programs are currently capturing at the client level.

Preparing for Evaluation *A Key Step in Building Evidence Based Practice*

In addition to grant reporting, COSSAP funds awarded to the state included funding for program evaluation. Evaluation is a key step in building an evidence based program, but can be cumbersome for program staff to provide all of the data. I'm here to help! I will work to consolidate your data - in whatever form you've been collecting it, to prepare it for our UNR Evaluation Partner. I will be reaching out to coordinators over the next several weeks to request client level data, staff training records, and other program level data for the evaluation period, and I have set up a secure data drop form to ensure data security and confidentiality.

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COSSAP Resources

Did you know that COSSAP has free resources available online for you? You can go to:

<https://www.cossapresources.org/Media>

You will find all the latest presentations, webinars, podcasts, and more. If you enjoyed the conference in Las Vegas, you'll love checking out some of these presentation videos to learn what others have been doing to address challenges in their communities. For programs interested in implementing Peer Support, the BJA offers an Integration Toolkit, which addresses technology assisted support - which is especially important for rural communities.

COSSAP also offers training and technical assistance (TTA) to support funded programs. You can request TTA at:

<https://www.cossapresources.org/Program/TTA/Request>



Calls to Action!

Last month, partners from across the state attended the Nevada "Summit on Improving Community Response to Individuals with Behavioral Health Challenges" in Las Vegas. For two days, we heard speakers present on their programs, their research, and their goals for serving the behavioral health needs of our state. The overarching theme of the conference was deflection and diversion of people with behavioral health needs away from our justice systems and toward a community based care system.

During the conference, presenters put forth multiple calls to action for Nevada behavioral health agencies and programs.

Conference organizers challenged the regions to plan their own local summits.

Paul Schmitz challenged us to build community level collective impact by building strong coalitions that:

- 1. Set a common agenda**
- 2. Measure what we are doing**
- 3. Mutually reinforce one another's activities**
- 4. Support continuous engagement, and**
- 5. Build that robust backbone staff**

Judge Steve Leifman laid out his 3-part plan, developed from his experience working to improve the intersection of mental health and the justice system in Miami Dade County:

- 1. Invest in pre-arrest diversion and deflection**
- 2. Collect Data!**
- 3. Move upstream to help neighbors earlier in their mental health journey**

Our regional behavioral health partners have been meeting to work together on common goals at least since I started working with FASTT and MOST in 2019. I'm excited to see how our region responds to these calls to action as our collaboration grows!

Until next time, I wish you the best,
Katie M. Snider

Forensic Assessment Services Triage Teams are hard at work in Nevada setting up jail inmates for successful reentry into the community. However, FASTT coordinators and staff do far more than direct service provision. FASTT coordinators and program staff have been hard at work documenting their efforts for analysis and evaluation, sharing current trends, barriers, and strategies across county lines, and engaging in continuous learning to ensure that their teams can provide top quality service to FASTT clients.

Building a Robust Handbook

FASTT and regional coordinators have been hard at work creating a FASTT Handbook. Ultimately, the goal for this document will be to document and streamline the policies and procedures implemented in multiple FASTT programs across Nevada.

This resource will be useful in a number of ways. This handbook can:

1. Serve as a training tool for new staff joining FASTT programs.
2. Serve as a reference book for new and developing programs implementing the FASTT model.
3. Serve as a guide for materials discussing FASTT programs, including grant applications and promotional materials.
4. Serve as a guide for program evaluation to more accurately capture how FASTT programs work, and understand the data provided for the evaluation.

Building Robust Programs

Earlier this year, the database that FASTT uses to collect and share critical information about their clients received a major facelift. FASTT coordinators worked directly with the software team at BitFocus to streamline the Community Management Information System (CMIS) interface for FASTT. CMIS software is used by myriad programs across Nevada to track data for program clients. Program details are not shared between programs, but CMIS users can identify whether one of their clients was previously or currently enrolled in another program, so that they can better coordinate care between programs.

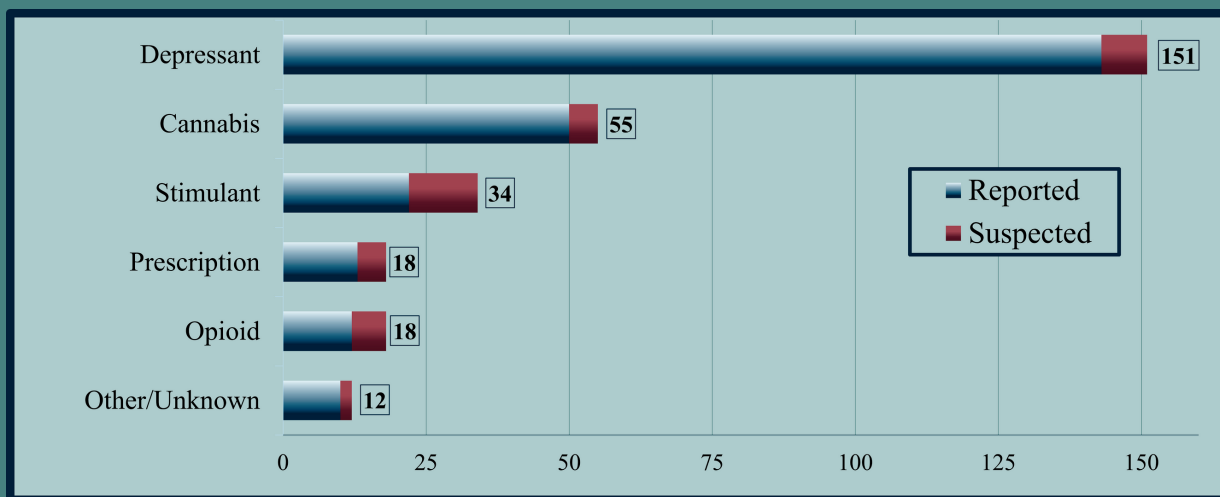
Revisions to CMIS included the ability to document transition plans for FASTT clients. These revisions also bring FASTT closer to collecting the data required to become an Evidence Based Program!

Spotlight on Douglas County MOST

Douglas County MOST collects data through a Qualtrics form hosted by the University of Nevada, Reno. This team enters data for each of their cases, including follow-up calls and new incident reports. In 2022, Douglas County MOST entered 548 consumer contacts for 326 unique consumers in 2022, an average of 27 new consumers a month. The number of contacts entered for each consumer ranged from 1 to 30. Twelve high acuity consumers had 10 or more contacts entered through out the year, including multiple new incidents as well as regular follow-ups.

In 2022 Douglas County MOST Responded to Over 200 Calls with Suspected or Reported Substance Use

22.4% of These Calls Involved Reported or Suspected Opioid or Stimulant Use



Douglas County MOST Responded to 223 calls for service in 2022 which involved reported or suspected substance use. More than one in every five calls involving substance use involved opioid and/or stimulant use, and one out of every 10 new calls for service involved opioid and/or stimulant use.

Douglas County MOST reported 488 new calls for service in 2022. Of these:

- 305 calls for service resulted in an in-person consumer contact. MOST spent an average of 33 minutes of in-person time with consumers on these calls. 2.5 hours of in-person time.
- 157 Consumers were reached by phone. MOST spent an average of 19.5 minutes of phone time with each consumer. Phone time ranged between 10 minutes and 45 minutes with each consumer.
- 65 Consumers were contacted in phone and in person. MOST spent an average of 55 minutes combined phone and in-person time with these consumers. Combined time spent ranged from 25-105 minutes.

Douglas MOST conducts follow-ups with clients on an individualized basis. While the majority of follow-up contacts find the consumer stable, there were 29 instances in 2022 where follow-up by MOST found consumers in active crisis, and provided additional services.

Douglas County MOST staff conducted motivational interviewing during 211 follow-up calls for which they recorded the amount of time spent with consumers. Motivational interviews ranged from 10 minutes to 4 hours, and lasted an average of 26 minutes.

Opioids Represented Over 40% of Drugs Identified in Overdoses Reported in 2022 Unspecified Prescription Drugs were Also Prevalent

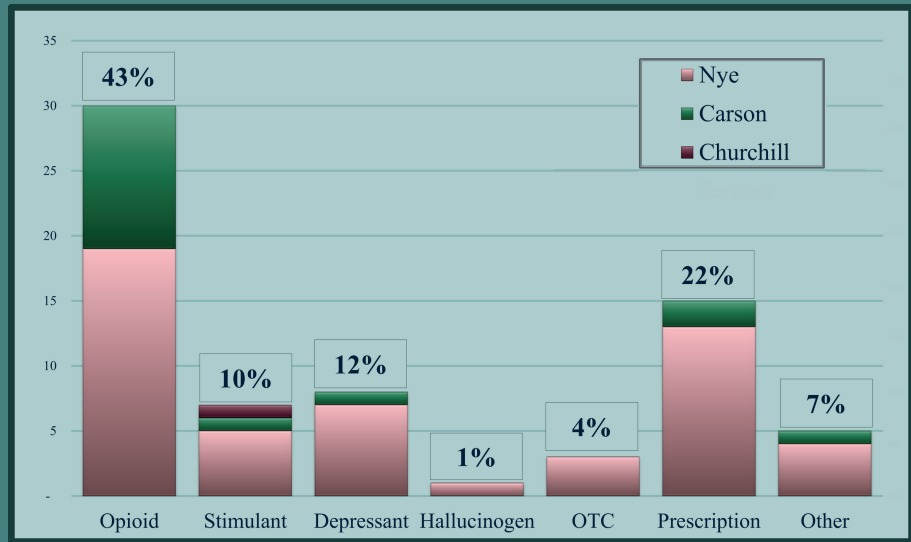
Most of the data entered in ODMAP comes through the Nevada Attorney General's Office, through an API connected to EMS reporting systems. However, some local agencies can also enter data into ODMAP.

In 2022, three counties entered overdose data into ODMAP through local agencies:

- Churchill County Sheriff's Office entered one (1) case.
- Carson City entered (16) cases.
- Nye County Sheriff's Office entered fifty-two (52) cases.

Stimulant overdoses were reported in all three counties.

Methamphetamines were the more common stimulant drug with 4 reported meth overdoses in Nye County, and one in Churchill County. Carson City and Nye County each also reported one cocaine overdose in 2022.



Cases entered by local agencies also include information about the suspected drug involved in the overdose incident:

- In Carson City, opioids were the suspected drug in 69% cases, with Fentanyl suspected in 7 out of 11 reported opioid overdoses.
- In Nye County, opioids were the suspected drug in 36.5% of cases. Among the 19 opioid overdoses reported by local agencies in Nye, the most commonly identified opioids were heroin (10), oxycodone (4), and fentanyl (3).

January overdoses were down from the previous year

January 2022

- 26 Suspected OD
- 3 Suspected Fatal
- 7 Drug reported
 - 29% Opioid
 - 14% Stimulant
 - 29% Rx

January 2023

- 19 Suspected OD
- 2 Suspected Fatal
- 7 Drug reported
 - 57% Opioid
 - 14% Alcohol
 - 29% Rx

Opioids were the most common drug type reported by local agencies in overdose cases, followed by prescription drugs. Cases entered as prescription drug overdoses did not include further drug details. However, opioids and stimulants are among the more commonly abused prescription medications. It is unclear whether prescription overdoses involved opioid or stimulant drugs, or other commonly abused prescriptions such as barbiturates, antidepressants, or depressants.

Upcoming Training and Conferences

The 2023 National Deflection & Pre-Arrest Diversion Summit

- Who:** Police, Treatment, and Community Collaborative (PTACC)
- When:** October 3-6, 2023
- Where:** DoubleTree by Hilton, 3203 Quebec Street, Denver, CO 80207
- Web Link:** <https://ptaccollaborative.org/conference/>
- Registration** \$325 (Early Bird, through April 30)
\$375 (Regular Rate, May 1st onward)
- Hotel Rate:** \$179.00 (+ taxes & fees)
- GSA Rates:** Lodging: \$199/Night
Per Diem MI&E: \$79/Day (\$59.25/Travel Day)
**Based on Rates published for October 2022 - September 2023*

Additional Links

<https://www.cossapresources.org/Media>

[https://www.cossapresources.org/Content/Documents/Publications/Altarum Effective Integration Toolkit Technology Assisted Supports.pdf](https://www.cossapresources.org/Content/Documents/Publications/Altarum_Effective_Integration_Toolkit_Technology_Assisted_Supports.pdf)

<https://www.cossapresources.org/Program/TTA/Request>

<https://justiceresearch.org/client-file-drop>