

RALALA Lake Association

Roosevelt and Lawrence Area Lakes Association Newsletter

Summer 2013

Upcoming RALALA Events:

- **Silent Auction and BBQ from 11:30 to 2:30pm on August 10th at Village Inn!**
- **Raffle at 6:00pm at the Village Inn on August 31st!**

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President's Letter—by Bob Lee

I was lightly sleeping about midnight on one of those hot and humid nights that we had a couple of weeks ago when I heard a loud metallic crash outside the sliding glass door of the bedroom. Our dog Tucker and our daughter's dog, Laney, who was spending her "vacation" here at the lake, suddenly both leaped off the bed and started barking so frantically I knew something was seriously wrong. I jumped up, turned on the floodlights, and went out the sliding glass door onto the deck. About 20 feet away was the biggest black bear I have ever seen! He had ripped down one of my large bird feeders and was calmly devouring a big



pile of sunflower seeds. When he glared up at us, squinting in the floodlights, both dogs backed into the bedroom. My fierce canine protectors continued to bark, but from behind the protection of the bedroom windows with only their eyes

peeking over the sill. Despite my yelling at the bear and the dogs barking, he (or maybe she) continued to eat and ambled off only when all the seeds were gone.

This incident was a strong reminder to me that one of
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Special Invasive Species Alert – Thursday, July 11, 2013

We have been advised by the DNR that a small number of adult zebra mussels have just been found in a single location in Cross Lake and another in Lower Hay.

Further surveys are in progress to determine if they can be detected in other areas of these lakes or in other lakes on the chain.

Because boat travel takes place throughout the Whitefish Chain, the DNR is erecting signage at all Public Ac-

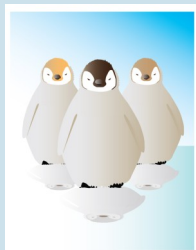


cesses on the chain advising of the presence of Zebra Mussels. (see above)

The signage at each access indicating the presence of Zebra Mussels does not

mean they have been detected in that particular lake. It means Zebra Mussels have been detected in a lake accessible by boat from that access (e.g. Cross Lake).

As soon as additional information is available we will post it on our website. We will also post a link to a soon to be published advisory from the DNR.



RECORD WINTER by Roger Brekken

Everyone knows it was a loooooong winter. It began in RALALA country when Emily Lake froze over Thanksgiving weekend. The first measurable snowfall also came during that time. The first below zero temperature came on 11/26/12 with temps of minus 3 F to zero depending on which hollow you lived in. Then came a warm up. The snow was all gone by 12/3/12 as the temperature reached 49 F. North Roosevelt and Lawrence froze over around December 5th. The final open areas of South Roosevelt froze over on 12/12/12.

The long winter was evidenced by the late ice-out dates. Little Emily (formerly Squaw) lost its ice on 5/8/13. Emily Lake ice out was on 5/10/13. During the early morning hours of 5/11, a light dusting of snow fell. The ice went out of Lawrence Lake during the night of 5/10 or early morning of 5/11/13. With the fishing opener on 5/11/12, North Roosevelt still had a large ice block from east shore to west shore at the last bend towards the west at the north end along with snow cone slush ice near the

channel to Lawrence Lake. North Roosevelt appeared ice free on May 13th. South Roosevelt went ice free around noon on May 14 in the midst of a strong south wind and a high temperature of 90 F.

I have been asked if 2013 was the latest ice-out and by how much. My most complete set of data is for South Roosevelt below. The ice cover period does not take into account leap day.

YEAR	FREEZE UP	ICE-OUT	ICED OVER (days)
2004	12/18/04	4/13/05	117
2005	12/17/05	4/11/06	116
2006	12/21/06	4/22/07	124
2007	12/06/07	5/04/08	150
2008	12/08/08	4/24/09	138
2009	12/16/09	4/03/10	109
2010	12/14/10	4/26/11	134
2011	12/17/11	3/25/12	99
2012	12/12/12	5/14/13	154

Freeze up is usually in mid December. The previous latest ice out was on May 4th 2008. It looks like this past year takes the record for the latest ice-out and the longest ice cover period.

Some Summer Recipes for all those Veggies (taken from the Star Tribune)

Pico De Gallo

Ingredients:

1-1 & 1/2 ripe tomatoes, seeded and chopped
 1/2 cup finely chopped red onion
 1/3 cup finely chopped fresh cilantro
 2 Tbsp. freshly squeezed lime juice
 1 small clove garlic, minced
 1-3 Tbsp. minced jalapeno or Serrano chili peppers or to taste
 1/4 tsp. salt

Directions:

Combine all ingredients in a medium bowl, seasoning and using chili peppers to your taste. Let stand at room temperature for a minimum of 30 minutes to develop flavors. Use in your favorite wraps, salads and appetizers.

Broiled Salmon with Strawberry-Mango Salsa and Spicy Spinach

Salsa Ingredients:

1 tsp lemon zest
 1/2 lb. strawberries, washed, diced
 1 cup cucumber, peeled if

desired

1 mango, peeled, diced
 3 Tbsp. sliced basil
 2 Tbsp. fresh lemon juice

Salmon Ingredients:

4 salmon fillets (about 4 oz. each) with skin on
 1/2 cup favorite citrus juice (blood orange, orange or mango-lemonade)
 2 tsp. Dijon mustard
 1 Tbsp. light brown sugar
 1 Tbsp. orange marmalade or apricot jam

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President's Message cont'd from p. 1

the great things about living or vacationing up here in the Emily-Outing area is seeing and hearing so many of the creatures both large and small that inhabit the lakes and forests of this region. Sometimes we take all this natural magnificence for granted, but we really should step back from time to time and think about just how fortunate we are to experience all this—something that most city dwellers have only read about in books, seen on TV, or watched in movies.

Our AIS inspection program is well underway. We are funding a substantial number of

hours on weekends and holidays as well as on some weekdays, and are doing a good job of leveraging the grants to us and those to Crooked Lake Township and Emily. We are currently exploring how to improve upon the program for next year and what else we can do to protect our lakes from invasive species, especially zebra mussels. With the recent DNR announcement of mussels being discovered in the Whitefish Chain, the threat to us has materially increased. We all need to be vigilant.

I urge you all to be actively involved in RALALA. We recognize that your lake time is spe-

cial, and relaxing is a very important part of the lake experience. But If each family gives just a small bit of their time, money and talent, we can also easily fulfill our duty to be good stewards of these lakes that give us so much enjoyment. We can use any time you can give us. Check out the volunteer section of the website or give me a call.

I hope to see all of you at the **SILENT AUCTION and BBQ on Saturday August 10th at the Village Inn** in Outing. Brats, beans and chips will be served from 11:30 to 2:30 and the silent auction is from noon to 2:00pm.



Sheriff's Water Patrol—by Greg and Wendy Koch



It's finally here, that prime Minnesota boating weather we've waited for all year. Now just imagine yourself cruising around the lake, enjoying the sun, watching people and talking to boaters. Well..., RALALA Water Patrol volunteers do exactly that. We cruise the lake meeting boaters, and promote boat safety by help-

ing them understand the rules of boating. It's simple, it's fun, and most of all you get to make a difference.

The RALALA Water Patrol has been making the rounds on Lake Roosevelt and Lake Washburn, but there are still plenty of openings for boaters like yourself to join in. We

need teams to cover all of our area lakes including Lawrence and Leavitt.

Our 2 person teams check boaters for life jacket usage and adherence to boating rules. We welcome new volunteers and will gladly provide training for those who want.

Please email Greg and Wendy Koch at gw_koch@yahoo.com, or call Greg at 612-803-3954. Hurry, this is a limited time offer. If you act quickly, you will also receive a free Water Patrol shirt and cap courtesy of RALALA and Cass County.

This offer is not valid in all 50 states, supplies are limited, some restrictions may apply, void where prohibited by law, eat your vegetables, don't run with scissors, and remember only you can prevent forest fires. See you on the water!



Remaining RALALA Summer Events

We have two major events left in 2013:

The **Silent Auction and BBQ** will be held on August 10th, at the Village Inn in Outing. Brats and beans will be served from 11:30 to 2:30. The silent auction will

go from 12 to 2! There will be nearly 100 wonderful items to bid on!

The **Raffle** will be on Saturday August 31, 2013 at 6:00 P.M. at the Village Inn. The raffle will include prizes of a Browning X-Bolt Medal-

lion rifle, \$1000, and a Target gift certificate for \$250. Tickets are in the mail to you.

Please mark your calendars and invite family and friends to participate in these RALALA events. Both are critical to our fund raising efforts for 2013!.

MINNOWS AND DARTERS

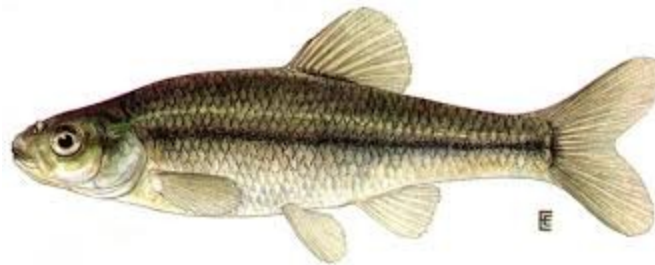
More than 150 fish species call Minnesota's lakes and streams home. Fewer than 10 percent are game fish. More than 40 native species are minnows.

Not all small fish are minnows, and not all minnows are small. True minnows are members of the Cyprinidae family, and all have naked, scaleless heads, except males in the breeding season, when they develop tubercles. Goldfish and common carp are minnows. Creek chubs, golden shiners, common shiners, and brassy minnows are all familiar bait-fish.

ideal bait species. Unfortunately, they feed on aquatic invertebrates, many of which are important food for ducklings. Fatheads reproduce rapidly. Their excrement can stimulate algal growth and leave a shallow lake murky and degraded.

Minnesota also has 15 species of darters, minnow-like fish in a subgroup of the perch family. Ichthyologists like Konrad Schmidt consider darters to be among the most beautiful and fascinating of North American fish. Lacking swim bladders, darters lie motionless on a lake or stream bottom as though

at maturity, is the smallest back-boned animal species in Minnesota. Capturing them requires a one-eighth inch woven mesh net. Least darters prefer crystal-clear streams and lakes and habitats rich in aquatic vegetation, where they feed, avoid predators, and spawn. In spring the male stakes out a territory and awaits a female. Atypical for spawning fish, she attaches herself to a pant stem in a vertical position, nose up. The male clasps her with his large, bright red pelvic fins. They wiggle together, attach one or two eggs to the stem, then move to another stem to repeat the behavior.



Fathead minnows are also familiar to Minnesota anglers, who buy more than 1.5 million pounds of them each year. Tolerant of extremely low oxygen concentrations and high water temperature, fathead minnows are an

asleep. Reach out to catch one and it darts to safety faster than the eye can follow, hence its name.

The least darter (*Etheostoma microperca*), just over the length of a small paper clip

The DNR has classified more than a dozen minnow-like fish as endangered, threatened, or species of special concern. Other species, including banded killifish, blacknose hiiners, and blackchin shiners, are considered sensitive species. Though these species are doing well in northern Minnesota, they were among the first to disappear from lakes in the southern half of Minnesota.

(taken from the Minnesota Conservation Volunteer)

RALALA WEBSITE – By Bob Lee

As I told everyone attending the Annual Meeting, I finally managed to put the website together this winter. I have been getting feedback from you and making additions ever since. As of this writing, we have had 1090 visits to the site! If you haven't been there yet, you can find it at www.ralalalakes.org.

Unlike our previous website that was hosted by Minnesota Waters, we now have complete freedom to put just about anything on this site in any format that we choose—provided that I can figure out how to write the code to make it happen! We have a huge amount of space available to house lots of documents and text.

At the moment, the site contains, among other things, all of our newsletters for the past three years (in color for those of you who do not get them sent to you by e-mail and have only seen them in boring black and white); information about our Environ-

mental Quality Initiative; lots of information on Aquatic Invasive Species and what you can do to stop their spread to our lakes; some great shoreland restoration resources for your use if you are thinking about fixing up or restoring your lakeshore; a copy of our Lake Management Plan and all the attachments and related resources for those who really want to dig deeper into this subject; extensive information about our lakes, including an aquatic vegetation survey, fish stocks information from the DNR; water quality data on all of our lakes; the current RALALA event schedule; minutes for all our meetings this year; some great information on volunteer opportunities including contact information for those to call with respect to volunteering; links to a number of community sites in this area and links to the sites of other lake associations with which we deal; information on joining RALALA and a comment form.

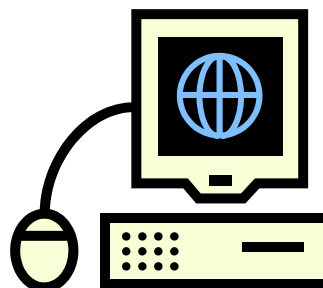
I am also planning on adding another feature to allow you to pay your dues or make EQI do-

nations by PayPal.

I am also eager to add photos to a photo gallery on the site. So far, I have used the few photos that have been sent to me as artwork on the various pages of the site, but there is room for an unlimited number of additional photos. Please send me your best.

Based on the great comments and suggestions I have been getting from all of you, I am sure that there is lots of additional stuff that belongs on this site. I am looking to you to tell me what you want to see, and hopefully provide me with additional content that your friends and neighbors will want to see or read.

I look forward to hearing all of your suggestions.



Recipes Continued from p. 2

Kosher salt and pepper to taste

1 (10-12 oz. bag baby spinach leaves, rinsed but not dried

½ Tbsp. olive oil

¼ tsp. crushed red pepper flakes to taste

Directions: In a medium bowl, combine all the salsa

ingredients. Set aside. (Can be done several hours ahead.)

Rinse and pat dry the salmon. Place salmon on a foil-lined baking broiler pan or baking sheet. In a small saucepan, combine the juice, Dijon, marmalade or jam, brown sugar, kosher salt and black pepper. Bring to a boil and cook about 3 minutes or until slightly thickened.

Set aside half of the mixture in a

separate bowl. Brush the other half on the salmon.

Preheat the broiler low with the rack 6-8 inches from the heat source. Broil salmon about 8 minutes depending on thickness. Spoon remaining juice mixture over salmon and continue broiling another 6 or so minutes until salmon

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DNR Liaison – by Roger Brekken

AIS Related Information:

I think most of you know that Ruth Lake has been battling a milfoil infestation. But did you also know that milfoil was also discovered in Lake Washburn in 2009? It was distributed only in a small area and treated with an aquacide in the fall of 2009. In the spring of 2010 scuba divers picked any remaining plants that could be found. In 2011, divers found only a few immature plants which they pulled up from the roots and two areas were treated with aquacide after obtaining a permit from the DNR. No plants were found in 2012. The lake association has an ongoing monitoring effort underway.

Also of interest on the AIS front is that California has developed a new tool for zebra mussel inspections—DOGS! Just as they can be trained to detect contraband



like drugs, California found they can be trained to detect mussels. Although the dogs can detect the presence of the

mussels, the game warden or K-9 handler still has to find them. Now, with the help of California DNR, the Minnesota DNR has trained three dogs for this purpose.

Chemicals used to treat zebra mussels usually contain copper. Copper sulfate has been used in the past to treat lake areas to kill snails which cause swimmers itch. It is also being tested for efficacy against zebra mussels. One problem is that it also kills other things. Another option is an aquacide called “Zequanox” which is a dead bacteria. Many things work well in “closed systems” but are not effective in in “open” lake situations. An article in “Outdoor News” reported that “Zequanox” tests in Illinois were successful in selectively killing the zebra mussels. Testing is underway in Lake Carlos near Alexandria, MN.

Fall Meeting with DNR:

Marc indicated he is very open to a meeting with a RALALA

delegation for discussions of DNR activities. I ask that anyone interested in attending contact me. Also if anyone has any question for the DNR that they send them to me, regardless of whether or not you will be attending the meeting. The meeting will likely be late summer or early fall. We will try to get answers to any and all pertinent questions.

A few questions I have already received are:

- What are the historical data on the effect of muskie on the walleye fishery in MN lakes?
- How many MN lakes are natural muskie lakes and how many are stocked muskie lakes?
- Has the DNR determined the efficacy of the new bridge/spillway between Lawrence and Levitt on walleye spawning??
- What are the results of the Lake Carlos zebra mussel/Zequanox study?
- With the low walleye count shown in the 2012 DNR survey, can the walleye stocking level be increased?

Please send your questions to me and let me know if you are interested in attending the meeting at the DNR in Brainerd. If you signed up at the Annual Meeting I already have you as planning to attend. I will let you know as soon as I have a date and time for the meeting.

Fish Stocking Report on Roosevelt Lake—by Roger Brekken

As reported at the annual meeting, on May 3rd, I had in introductory meeting with Marc Bacigalupi who is the new head of fisheries for the Brainerd region replacing Tim Brastrup who retired. Marc shared with me recent stocking history and near future stocking plans.

Historically, Roosevelt had been stocked alternately with lake trout and walleye—one species each year. However, the water temperature and oxygen content became no longer conducive to lake trout. They were last stocked in 2006. Walleye were stocked in 2007 (1900 fingerlings and 450 yearlings) and in 2009 (555 pounds or 6,000 fingerlings). In 2011, 8,150 or 390 pounds of walleye fingerlings were stocked in Lake Roosevelt. Also stocked in 2011,

were 345 adult and 45 fingerling muskies. The muskies used are pure Leech Lake strain. The long term goal of the DNR is to have a naturally reproducing muskie population in Lake Roosevelt. A muskie must be 6-8 years old before it is mature enough to reproduce. In 2012 muskies were again stocked with 323 fingerlings and 13 adults. The DNR stocking plan for Lake Roosevelt for 2013 is for 195 pounds or 2900 fingerling walleye at 5-6 inches long.

The DNR fish survey in 2006 revealed a northern pike population averaging 25 inches and 3.9 pounds. Walleyes averaged 21.8 inches and 4.0 pounds. The numbers for both northern and walleye put the lake below the first quartile for its lake class. The small mouth

bass survey was in the “average” category. Large mouth bass abundance was “high” and tullibee numbers were above the third quartile value for the lake class.

The lake was again surveyed in 2012. That survey indicated that the northern pike population was right at the first quartile for the lake class. The walleye population rated only 1.44, well below the first quartile rating of 4.01 for the lake class. In view of the stocking, one might conclude that Roosevelt is not a “walleye” lake?? The large mouth bass was the only game fish with a good population relative to the lake class and was in the third quartile for the lake class.

LIBRARY NOTES

This great supportive community helped us raise \$800 at our annual Memorial Day book and plant sale. After the sale Carol went through the remainders and chose books of interest and was able to donate 70 boxes of books to the Emily Library which just started accepting donations in the former charter school library in the new city hall. We also gave them 2 paperback spinner racks. The Remer library now has 7000 books catalogued of which half were donated by us. For the time being, their shelves are full and we are no longer saving duplicates for them.

Library usage has been very

high this year. We have had as many as 25 people visit us on several days this summer and the Saturday following the 4th of July we broke a record with 35 or more (I lost count)!

We love your patronage and appreciate that the great donations just keep flowing in. Carol tries hard to find the best place for them all. What rich communities we have with all of our little towns building their own libraries, especially since the bookmobile has eliminated its stop in Emily.

We will be looking for 5 new or newer computers since we will be offering Wi-Fi, a pine bench with a back for a reading area,

a globe, and a countertop stand for the “big” Webster’s 3rd International Dictionary if you are inclined to donate such items or money to help us in our efforts. We love serving you and appreciate your enthusiastic support.

The Outing Volunteer Library will be open this summer for the normal hours:

Saturday	10:00 A.M. to 1:00 P.M.
Monday	10:00 A.M. to 2:00 P.M.
Wednesday	10:00 A.M. to 1:00 P.M.



AIS Inspections are Quick but Detailed



Pictured here is boat owner Troy Atwater working with Crooked Lake Township AIS Inspector Bill Schaefer at a recent trip onto Lawrence Lake in Cass County. Here they are examining the live well. In the inspection process, they also checked the bilge water, bait containers, assured that the boat drained by having pulled the plug and “tipped down” the motor. By checking fishing gear for spiny water fleas, they further protect the clean waters of the area. All of this is in addition to being sure there is no debris on the boat or trailer, nor any clinging zebra mussels on the hull, motor or gear.

Crooked Lake Township in Southern Cass County is engaged in a determined local

effort to stop the spread of Aquatic Invasive Species (AIS). Using DNR-trained AIS Inspectors to work with water users, as well as local “Lake Ambassadors” to help educate the general public, the area’s effort is part of a DNR program to curtail the future infestation of more waters of Minnesota. Paid for by a combination of DNR, township and lake associations funding, regular contact is made with folks at the boat ramps.

The AIS Inspection effort seeks to stop the Minnesota spread of non-native species, such as zebra mussel veligers, spiny water fleas, VHS (Viral Hemorrhaging Septicemia) and others that can easily travel in any water carried on a boat. Picked-up from an Infested Waters, these devastating organisms will be invisible during transport. Even more scary, is that they are able to survive for days in ‘wet conditions’ on the boat, and so special care is essential.

Every water-user, boat owner, and waterfront property owner is asked to follow systematic inspection techniques for their boats, as well as be sure to avoid moving any equipment into any waters of Minnesota without following the stated precautions.

In recent years, boat lifts and/or docks from infested waters were moved directly into clean waters (rather than sit on shore over the winter or at least for two weeks). Subsequently, those waters became infested with zebra mussels. When dealing with any such equipment move between waters, the use of a “DNR Certified Water Services Provider” should be arranged. These folks have completed training on the processes and procedures for protecting against the unwanted spread of lake-damaging plants and animals.

Public education and awareness are keys to stopping the spread of AIS. Everyone is asked to be a guardian for our lake area’s future.

“Virtually ALL contacts at the ramps have been positive and appreciative, but there has been that occasional boater who is upset at the process and does not see the AIS threat affecting them and/or their enjoyment” said Schaefer. “I am here because I believe we need to protect these waters from infestation, rather than allow them to be compromised for our children and their children. With the 4th of July coming, this is even more crucial.”

RALALA on Facebook



RALALA has a presence on Facebook. Search for RALALA to see existing content, and

post new information or comments. Search for us when you log in. If you are not a member of Facebook, it is very easy to join! Go to www.facebook.com, and create a personal profile for yourself. It is easy to protect

your privacy and to keep your information for only friends or family. We look forward to your visit!

MPCA Studies Find Unregulated Chemicals Widespread in Lakes and Rivers

Two studies released by the Minnesota Pollution Control Agency (MPCA) confirm that a wide variety of unregulated chemicals are ending up in Minnesota's lakes and rivers. The chemicals, including pharmaceuticals and personal care products, are of concern because many have properties that can interfere with the functioning of hormones in animals and people.

Previous studies have shown the chemicals are often found in streams that receive wastewater discharges. Limited sampling has also revealed that they are often found in lakes, which do not typically receive wastewater. But the number of lakes and rivers included in those investigations was not large enough to give an accurate picture of the extent of the contamination. The two latest studies provide statistical evidence of just how widespread the chemicals are in Minnesota's surface waters. "What these studies really are measuring is the footprint of our society and how we live," said MPCA Commissioner John Linc Stine. "Our lakes and rivers are reflecting the chemicals we use and put into our bodies. These chemicals have very beneficial uses, but unfortunately they tend to stick around in the environment after their first use."

In the two studies, the MPCA in 2010 and 2012 sampled lakes and rivers

using funds from the state of Minnesota and the U.S. Environmental Protection Agency, part of nationwide EPA surveys to find out what's in the nation's waters.

For the lakes study, 50 lakes were randomly selected across Minnesota. Samples were collected and analyzed for 125 chemicals. The study included analysis of "endocrine-active compounds" (EACs), so called because they mimic or interfere with the actions of naturally occurring hormones. These chemicals can have adverse effects on aquatic ecosystems and fish.

Results of the lake study were generally consistent with findings of previous but smaller studies that found commonly used chemicals widely distributed in Minnesota lakes. The insect repellent DEET was found in 76 percent of the lakes sampled, making it the most frequently detected chemical. Chemicals not previously analyzed — including cocaine, the antidepressant amitriptyline and the veterinary antibiotic carbadox — also were often detected in the lakes.

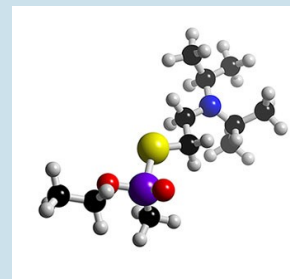
MPCA officials said the detection of cocaine was unexpected, one for which they couldn't account except that other studies have shown it can attach to fine particles and might be transported long distances through the atmosphere.

The rivers study analyzed 18

chemicals, including several pharmaceuticals and personal care products, and was conducted at 150 river locations selected at random. Parabens, a family of chemicals used as preservatives for food and cosmetics, were commonly found, with methylparaben detected in more than 30 percent of the samples. A breakdown product of the corrosion inhibitor benzotriazole was found in 12 percent of the samples. Carbamazepine, used in medications to treat attention deficit hyperactivity disorder, and several antidepressants were also found.

Many of the chemicals in the MPCA studies were detected at very small concentrations, in the low parts per trillion. Such levels are of concern because EACs have the potential to adversely affect fish and other aquatic organisms even at extremely low levels. One part per trillion is roughly equivalent to one drop in a pool of water covering the area of a football field 43 feet deep.

The MPCA plans to continue testing surface waters for pharmaceuticals and EACs on a rotating five-year basis to identify any trends that may be occurring. Reports on the studies and summary information are available on MPCA's Endocrine-disrupting compounds webpage.



Recipes Continued from p. 2

is just cooked through.

While salmon cooks, heat a large skillet over medium heat. Add spinach with water still on the leaves, cover and cook 5 minutes or until spinach is wilted, stirring occasionally. If desired, drizzle the spinach with olive oil and sprinkle with crushed red pepper flakes. Divide spinach among plates.

Slide a spatula between the salmon and the skin and place the salmon piece on the spinach. Top with the salsa and serve.

Grilled Zucchini Salad with Mozzarella and Dill

Ingredients:

3 medium yellow and/or green zucchini, sliced lengthwise into ¼ inch thick planks

3 Tbsp. extra-virgin olive oil, divided
Salt and freshly ground pepper

8 oz. fresh mozzarella, pulled into large pieces

2 Tbsp. coarsely chopped fresh dill

¼ tsp. crushed red pepper

1 Tbsp freshly squeezed lemon juice

Directions:

Preheat grill to medium heat. On a baking sheet, arrange zucchini in a single layer. Drizzle with 1 Tbs. olive oil and sprinkle with salt and pepper. Place zucchini directly over medium heat and grill until tender, about 8 minutes, turning once.

On a serving platter, arrange warm zucchini and mozzarella. Sprinkle with dill and crushed red pepper. Drizzle with lemon juice and remaining 2 Tbs. olive oil and serve.

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in Vacationland Realty Building
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Roosevelt and Lawrence Area Lakes Association

The goal of RALALA is to maintain water quality in our lakes and the surrounding environment for ourselves and all future Generations.

RALALA MEMBERSHIP FORM

Date: _____ Email address: _____

Would you like your newsletter sent by email? Yes No (circle choice)

Are you a new member? Yes No

Name (s): _____

Best Mailing address: _____

Lake address (if different from above) _____

Best phone number: _____ Lake phone: _____

Which lake is your home on or near? _____

RALALA has many volunteer opportunities—please indicate your areas of interest:

Membership fee: family or corporate \$25.00

EQI Donation _____

Total enclosed

Make checks payable to RALALA

Mail check and form to: RALALA, Box 139, Outing, MN 56662-0139

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