



# UCMAA KI-AI

**9-1-2023**

**(Vol.2; Issue 1)**

**Website: [ucmaa.net](http://ucmaa.net)**

## **UCMAA PRESIDENT KI-AI**

\*Hello to all UCMAA members. I would like to take a moment to encourage each of you to really consider attending the October 7th and 8th National seminar and banquet. All of the board members and dojo headmasters put plenty of work in this once-a-year event that we hold. When you see Shihan Paul Mathews thank him for all that he does as the Secretary, and organizing everything for this seminar. The whole purpose of each seminar that we host throughout the year is to help all our students to grow in the martial arts. This is always an opportunity for each of you to not just train with the original students in these arts that started in 1969 here in the United States, but it also allows you to cross train in the arts offered by UCMAA. Most of us have attended seminars, and National seminars that cost \$150 to \$200 a person. You will notice that we as an association do not charge these types of fees to our members. We charge enough to cover the cost of the facilities that we use. Each instructor at the National seminar is not paid, they are dedicating their time to share with you. So set time aside this October and let's make this an amazing National Seminar.

The last few newsletters I have been sharing different qualities of a martial arts student, and Black Belt with all of our members. In this newsletter, I will discuss "Indomitable Spirit."

## **“Indomitable Spirit”**

\*You may have heard the phrase ‘indomitable spirit’ being used in movies or inspirational speeches, but do you really know what it means? This phrase has a very deep and personal meaning, so it can be difficult to understand. Basically, it means that your ambition, determination, and a will to succeed, is very strong and cannot be changed or influenced. People with an indomitable spirit are often set on a particular path or goal and will stop at nothing to achieve it.

It is very important to remember that having an indomitable spirit does not mean you are **arrogant** or **selfish** when you are working towards a goal, but that you never give up on achieving your goal. An indomitable will is about having a strong work ethic and a dedication to do anything you set your mind to, whether it’s becoming a martial arts master, pursuing a career, or achieving any other given goal.

### **What is the Value of having an Indomitable Spirit?**

\*Having an indomitable spirit can be a powerful thing that drives you towards success. It is sometimes it’s easy to get discouraged or quit when things get hard. Many people eventually stop a hobby, class, or other activity when they face a difficult challenge. But those with an indomitable spirit continue to practice and train until they meet their goal.

This determination can help you in many areas of life, from your schoolwork to your future career, it can be the trait that sets you apart. You will always face challenges, but with an indomitable spirit you will never get discouraged enough to give up. This allows you to become a person of many skills and talents, who can persevere through anything.

### **Where does an Indomitable Spirit Come From?**

\*Learning about the power of an indomitable spirit, you may not think you are capable of having such a trait. But everyone can have this inspiration if they understand where it actually comes from. People with an indomitable spirit are just like everyone else, they have feelings and they can be hurt and discouraged too. They simply don’t allow these emotions to get the better of them.

An indomitable spirit comes from a place of courage, confidence, and ambition. You have to want to succeed, and you have to have the bravery and work ethic to train tirelessly. It takes a lot of courage to try something new, but it takes even more courage to try and fail and try again until you do succeed.

### **How to Cultivate an Indomitable Spirit of thanksgiving?**

\*From my own experience and perspective of my faith. Possess an attitude of gratitude; basically count your blessings and be thankful for even the little things in your life. Many people live their lives as if everything around them is going wrong; it seems like they never have enough and nothing good is happening in their lives. However, the truth is, there is a lot of

good and a lot that has already been done for you.

This kind of life paints a picture of gloom and doom. It will send you down a path of bitterness and endless complaints whose stress levels lead to debilitating diseases that could have been avoided from the very beginning. Make a choice, one of the greatest choice's you can ever make; it is the choice to rejoice. Cultivate this attitude of thanksgiving in everything, however small it may be. **“Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.” (1 Thessalonians 5:16-18).** You need the Spirit of thanksgiving in everything. The scripture doesn't say for everything, but in everything. So, no matter what you are facing, find something to thank God for. In everything, however bad it is, thank God for the assured victory. We do not thank God for bad things, but we thank Him in spite of the bad experiences for the victory that is assured. Do not develop a habit of complaining; the person who complains is in essence saying that God cannot and will not help him. Complaining makes the problem worse.

### **How You Can Have an Indomitable Spirit?**

You don't wake up with an indomitable spirit, you have to develop it by training your mind and heart. Although others may have told you this before, you truly have to believe in yourself and your potential. You are very capable of achieving anything you work for, no matter what the goal. Hard work and perseverance pay off in the end, but even if you don't meet your goal, an indomitable spirit will help you keep trying until you do. To develop your indomitable spirit, set your mind on something and give it your all. You may be surprised with what you can truly accomplish!

**Next UCMAA Newsletter on December 1, 2023. Hope to see you on the mats!**

**Shihan Joey Harvey, President: UCMAA**

## **UCMAA BOARD MEMBERS**

Joey Harvey; 10 Dan, **President**  
Jose Monegro; 7 Dan, **Vice President**  
Paul Mathews; 10 Dan, **Secretary**  
Stevie Tillson; 10 Dan, **Treasure**  
Jimmy Gauthier; 10 Dan, Board

Kirby Roy; 10 Dan, Board  
John Allen; 10 Dan, Board  
Jeff Marien; 9 Dan, Board  
Cheryll Whigham; 5 Dan, Board  
Anita Harvey; 5 Dan, Board



# UCMAA ARTS

Aiki Jujutsu  
JuJutsu

Judo  
Kobu-Jutsu



Iaijutsu  
Kempo-Jutsu

Sean Mayeux is a fifth dan

Karate  
Toide



UCMAA PATCH

# UCMAA: Active Black Belts (8-31-2023)

*Jimmy Gauthier (10 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Jujutsu</i>
*Kirby Roy (10 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Kempo Jutsu</i>
*John Wayne Allen (10 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Ki</i>
*Stevie Tillson (10 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Goshin</i>
*Paul Mathews (10 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Iai-Jutsu</i>
*Jeff Marien (9 <sup>th</sup> Dan)	UCMAA Charter Board Member	Open Division
*Joey Harvey (10 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Toide</i>
*Anita Harvey (5 <sup>th</sup> Dan)	UCMAA Board Member	
*Jose Monegro (Fl., 7 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Shurin-ryu</i>
*Cheryll Whigham (Fl., 5 <sup>th</sup> Dan)	UCMAA Charter Board Member	<i>Aikijujutsu</i>

- \*Dal Neathammer (9th Dan, CA)
- \*Corina Neathammer (9th Dan, CA)
- Vernon Schlieff (NO)
- Gary Barth (4<sup>th</sup> Dan)
- Glenn Cooley (4<sup>th</sup> Dan)
- Sean Mayeux (5<sup>th</sup> Dan)
- James Gifford (Pa.)
- Artie Lyons (3<sup>rd</sup> Dan)
- Joey Stokes (3<sup>rd</sup> Dan)
- \*Jamie Taylor (5<sup>nd</sup> Dan)
- Scott Dixon (2<sup>nd</sup> Dan)
- Roberto Guzman (2<sup>nd</sup> Dan)
- Kevin Fruge (Fl., 5<sup>th</sup> Dan)
- Howard Freedland (Fl., 3<sup>rd</sup> Dan)
- Eddie Pitre (2<sup>nd</sup> Dan)
- Steve "Pop" Batiste (3<sup>rd</sup> Dan)
- Paul Slater (1<sup>st</sup> Dan)
- Reese Martin (1<sup>st</sup> Dan)
- John Coutee (5<sup>th</sup> Dan)
- Adrian Richard (1<sup>st</sup> Dan)
- Hope Dixon (1<sup>st</sup> Dan)

- Charles Charrier (1<sup>st</sup> Dan)
- Stephen Kimble (1<sup>st</sup> Dan)
- Hannah-Rose Monegro (Fl., 1<sup>st</sup> Dan)
- Jeremiah Batiste (1<sup>st</sup> Dan)
- Isaiah Monegro (Fl.)
- Cameron Deam (Fl.)
- Donald Lambert 111 (Fl., 4<sup>th</sup> Dan)
- Donald Lambert 1V (Fl., 3<sup>rd</sup> Dan)
- Christian Bursk (Fl., 2<sup>nd</sup> Dan)
- Larry Beall (Il., 1<sup>st</sup> Dan)
- Robert Murry (1<sup>st</sup> Dan)
- Chris Bordelon (1<sup>st</sup> Dan)
- Kenny Brassette (1<sup>st</sup> Dan)
- Mark Hale (Il.)

\*UCMAA Shihan



Stevie, John, Kirby, Jose, Jimmy Shihan Harvey and Shihan Mathews (backs turned)

# Dojo Locations



(If a guest, always call before attending to insure any schedule change)

## West La. Jujutsu Training Academy

101 South 3rd Street; Leesville, La., 71446  
[shihanharvey@gmail.com](mailto:shihanharvey@gmail.com)

Joey/Anita Harvey 337-375-7371  
M/T/TH - 4:00pm to 8:30pm

## Avoyelles Martial Arts Center

617 North Main St.; Marksville, La., 71351  
[avoyellesmartiakarts@cricket.net](mailto:avoyellesmartiakarts@cricket.net)

Stevie/Chris/John C. 318-253-8974  
T - 5 to 7:30; W - 5:30 to 7:30

## Mathews' Niryushin Dojo

4603 Coliseum Blvd.; Alexandria, La., 71303  
[plmathews1387@gmail.com](mailto:plmathews1387@gmail.com)

Paul & Jeff 318-794-9187  
W - 6:30pm

## Hessmer Martial Arts

581 Little Corner Rd.; Hessmer, La., 71341  
[kirbyroy54@gmail.com](mailto:kirbyroy54@gmail.com)

Kirby/Jimmy/John/Jamie/Pop 318-305-1076  
Sun/Th/Fri - 6pm

## Florida Karate

[therisensonmac@hotmail.com](mailto:therisensonmac@hotmail.com)

Jose 352-428-3727  
TBA

## Florida Aiki-JuJutsu

[senseicheryll@hotmail.com](mailto:senseicheryll@hotmail.com)

Cheryll Phone  
TBA

## Green Dragon Dojo

13627 Linden Dr.; Spring Hill, Florida, 34609  
[greendragondojo@outlook.com](mailto:greendragondojo@outlook.com)

Donny Lambert & Son Phone  
M-Th - 5pm to 8pm

## Neathamer Training Consultants

5371 Deschutes Rd.; Anderson, Ca., 96007  
[dalandcorina@yahoo.com](mailto:dalandcorina@yahoo.com)

Dal/Corina Neathamer Phone

## Tao Martial Fitness:

223 Yellow Springs Ct.; Yardley Pa., 19067  
[james\\_gifford@hotmail.com](mailto:james_gifford@hotmail.com)

James Gifford Phone

**Black Dragon Academy-Chicago**  
5062 N Kimball Ave, Chicago IL 60625  
[mhale@blackdragonacademy.org](mailto:mhale@blackdragonacademy.org)

Mark Hale  
Online

708-846-3075

**JTMA Dojo: Florida**  
[kwfruge@bellsouth.net](mailto:kwfruge@bellsouth.net)  
[caskman1@gmail.com](mailto:caskman1@gmail.com)

Kevin Fruge'/Howard Freedland      Phone

**New Orleans Judo**  
[vschlieff@outlook.com](mailto:vschlieff@outlook.com)

Vernon Schlieff      Phone



**\*GREEN DRAGON DOJO:** The Green Dragon Dojo is proud to announce as of September 1<sup>st</sup> we have successfully completed our first year in business. We have had substantial growth over the course of the year with new and returning students. I am also excited to announce the promotion of Senpai to a former student, Hector L. Alicea Jr. He has proven to be a great asset to our dojo family. Also new is Sensei Donald Lambert IV's competition team. He has been successful in the development and will take his team to the mats this September for the first time. The Green Dragon Dojo will be participating in our first community event showcasing all levels of talent we offer. We hope to continue our growth this year and look forward to seeing you all at the national clinic.





**\*HESSMER DOJO:** Shihans Gauthier, Roy, Allen, Taylor, and Sensei “POP” Batiste welcome all members to UCMAA and to our dojo. Our dojo is based on private instruction, not mass. The Hessmer Dojo teaches JuJutsu, Kempo, and weapons. We incorporate ground techniques for survival and self defense. Classes are held on Sunday evening (varies), Thursday evening, and Saturday morning. We encourage our students and UCMAA members to support all clinics.



Scotty working with Shihan Taylor on black belt techniques

A couple of recent key promotions are Sensei Batiste to Sandan (3rd Degree/Full Instructor) and Sensei Taylor to Godan (5th Degree Black Belt; after 33 years of experience). Sensei Taylor will also receive a Shihan (“Points the Way”) appointment for his many years of service and dedication. Congratulations to both and also to Blaine Laborde receiving his Ikkyu in Kempo and Jujutsu. A black belt test will be scheduled on September 9th, at 9:00.



**\*WLJTA DOJO:** This past three months have flown by. We have had a lot going on here at WLJTA. Before I get into writing about what we have had going on at our dojo. I want to publicly encourage each of our youth and adults to plan to attend the upcoming National Seminar in October. As all of my students know from me talking about this seminar in class. We don't just want you to come, we expect you to do your best to attend. There is going to be a lot of instruction offered to you all from instructors that I came up learning from. Take the time and plan to train and have a great time.

WLJTA hosted a nerf war with our youth class at the end of July. This was a major battle between all of our youth. It is always a lot of fun to get out and do this with our kids. There is no mercy when these guys go to shooting. We are still finding plenty of nerf darts around the dojo. Some of these kids really rocked it with fire power.

Our advanced youth class has been really working hard in all areas of training from Jujutsu, Jai-Jutsu, Grappling, and Kickboxing. Most of our advanced class has almost completed session 2 and we are doing a final review of all required techniques for them to qualify for rank advancement. We will be starting testing towards the end of October for the qualified students. We are very proud of their progress in sparring. This is an area that we have switched direction in with teaching them STX Savate Thai Kickboxing. This is a system that incorporates traditional boxing, Juan Fan Chinese Boxing, Filipino Dirty Boxing, Muay Thai, and French Savate. We have had several classes where they have been training on the heavy bag and ground dummies. They are truly developing some awesome power in their strikes and kicks. I also want to mention how proud we are in their Jujutsu training. Their blocking, countering, and overall ability to do throws and takedowns are amazing. We have some amazing young students who are coming up in the arts.

I would like to start off by saying welcome to all of our new adult students. We look forward to not just working with you but challenging you to be the best. We have two of our senior students, Dorrien Loftin and Dylan Gallion who will be testing in September for their Shodan rank. These guys have been coming in and spending time with other Shihan's to prepare for this test. We are very proud of them and are looking forward to seeing these two men demonstrate their abilities to our Board Members. We will also have another group next year that should also be going before the board to test. As we all know it takes hard work, sweat, discipline, and dedication to get to black belt This group has shown their dedication and desire to go the distance. All of our students are progressing very well, and we are proud of them all. Keep up the hard work.



**\*Avoyelles Martial Arts Center:** Avoyelles Martial Arts Center started out the 3<sup>rd</sup> Quarter with an Introduction to Naishin-Ryu Bojutsu Seminar at Menard High School. Shihan Stevie Tillson taught bo fundamentals, assisted by Sensei Chris Bordelon and Sempai Kenny Brassette, followed by the first bo kata, led by Shihan Joey Harvey. Look for additional bojutsu clinics in the near future!



Avoyelles Martial Arts Center also held its first annual awards banquet on June 17<sup>th</sup>. It was a great opportunity for the dojo to get together off the tatami and celebrate the students' accomplishments! Great food, two wonderful guest speakers, and a chance to cut loose and relax for an evening.





Currently, Avoyelles Martial Arts is going through some remodeling, with a new office and new mats being installed soon!

**\*Mathews Niryushin Dojo: 7-5-2023** The Niryushin Dojo is headed by Paul Mathews and Jeff Marien. We train on Wednesday nights from 6:30 – 7:30/8:00. Classes meet in the Activity Building of Holy Savior Menard High School on Coliseum Boulevard in Alexandria. Most nights the training centers on Naishin Ryu Jujutsu but we also frequently spend time on Karate, Iai Jutsu, Kempo Jutsu, and Hanbo Jutsu.

**\*Black Dragon Academy-Chicago:** Sensei Mark Hale had seminars in Germany and the Netherlands on August 1<sup>st</sup> through 15<sup>th</sup>. Sensei will have an article to place in the next newsletter on the Origin of JuJutsu.

**\*Jupiter Traditional Martial Arts:** Jupiter Traditional Martial Arts has enjoyed a fantastic 2023! After we hosted the "Brothers of Destruction" (Paul and Joey,) we dived down the newly discovered rabbit hole that is UCMAA. We hosted Sensei Morgan Freschette, Shorin-Ryu and Krav-Maga instructor, while she trained us on the internal facets of martial arts, including adrenaline control and stimulus response. We are looking at joining up with the good folks in Spring Hill in the near future for a joint workout, and at the end of July, I will be heading to Alexandria to spend a weekend meeting the Louisiana folks while studying a bit of Toide! After amassing a humorous quantity of weapons from Century, we are embarking on the study of Bo, Tonfa and Sword in the upcoming months. Lastly, we are hosting a Women's Self Defense

seminar at the end of September - these usually draw 20-40 ladies, and as of late, some of them even stick around to train with us going forward!

We are proud of Sensei Frank LoPresti for competing at the 2023 US Open. He brought home quite a haul in awards!



**SHIHAN STEVIE TILLSON** (by Kirby Roy):

Shihan Stevie Tillson was born in Lake Charles, La. on March 9, 1960. He is a graduate of Marksville High School of 1978. Shihan resides in Marksville and is the father of two and grandfather of two. His significant other is Gayle. Shihan has operated a Dojo in Marksville since 1984 till this date.



In 1978, Stevie began Martial Arts at the age of 18. The system was Shorin Ryu and classes were held at Jefferson Davis Jr. College in Gulfport, MS, under Mr. Anastasio.

In 1982, Tillson joined Keichu Ryu under Mark Williams. His instructors were George Johnson and Keith Delany. He obtained a black belt in 1986 in Keichu Ryu. He opened his own dojo, known as the Marksville Karate Institute in September of 1984, in Marksville, La.

Tillson joined Juko-kai as a student under Kirby Roy and Jimmy Gauthier's dojo in 1989 and obtained a black belt grading in 1996 in Jujutsu. In 1994, he changed the name of his dojo to Avoyelles Martial Arts Center. Tillson began cross training in several different arts. In 2015, he earned his 10<sup>th</sup> Degree Black Belt grading in Jujutsu and maintained a Shihan recognition.

In 2017, after 38 years, Shihan resigned from Juko Kai, and became one of 10 charter members of United Combat Martial Arts Alliance (UCMAA). Below are previous ranks and titles held:

Keichu Ryu / Sandan / 3<sup>rd</sup> Dan  
Combative Ki Dai-Shihan / Great Master  
Shorin-Ryu Karate / Shicidan / 7th Dan  
Tai Jutsu Godan / 5th Dan  
Kobu Jutsu / Godan / 5th Dan  
Goshin-Jutsu / Godan / 5th Dan  
Judo / Sandan / 3rd Dan  
Kempo Jujutsu / Shihan Judan / 10th Dan  
Inducted into the USA Martial Arts Hall of Fame  
Held many other positions, ranks, and titles  
UCMAA Naishin-Ryu Jujutsu / Shihan Judan/10<sup>th</sup>  
Dan/Board



Many martial arts TV appearances:

- \* "Ripley's Believe It or Not"
- \* Learning Channel's "Ultimate Top 10 Martial Arts"
- \* Univision
- \* Discovery Channel (twice)
- \* JAPAN (twice: 2010-2011)
- \* Stan Lee's "Superhuman" (History 2)
- \* Tu Si Que Vales TV Show 2021

Shihan Tillson is a business man and belongs to many civic organizations:

Kricket Internet Services – Owner  
Multitech Communications – Owner  
Business Owner of rented homes and storage facilities  
USPA-B License Skydiver  
SSI Scuba Certified  
Avoyelles Rotary Club Member – 1998  
Harley Davidson HOG Club (President 2000)  
Court Appointed Special Advocate (CASA) for  
children in foster care



**In Rome: Shihans: Joey, Paul, Stevie**

Shihan Roy states, Shihan Jimmy Gauthier and I met Stevie at a demonstration performed for the Town of Cottonport. We were demonstrating "Ki" with four men striking at the neck area, simultaneously. After the demonstration, not knowing who Stevie was, I mentioned to Shihan

Gauthier, *“Whoever was striking in the rear had a very powerful strike.”* Months later, we had the opportunity to meet Stevie, the powerful striker.

Stevie was very interested in what we did and wanted to train in our system. He stated he wanted to start at white belt and reach the goal of black belt. In 1996, with Bryan Bartell as his partner, they both obtained the rank of Black Belt in JuJutsu. From that point on, Shihan and I attended many martial arts clinics throughout the US, which included many television appearances. It has been a great ride with Stevie and I am proud, as with all UCMAA Board members, to call him a friend and partner in UCMAA. I have always known Stevie as a “happy go lucky” type person who would give the shirt off his back, if you needed it. Thanks, Stevie.



Stevie at ancient site and the Coliseum in Rome during filming break of “Tu Si Que Vales”



## RECENT EVENTS

**July 15     Dojo Workout in Leesville     Shihans     WLJTA**

A black belt preparation workout was held between the Hessmer Dojo and WLJTA. Five Ikkyus with four shihans (Gauthier, Roy, Mathews, Harvey) trained for three hours in preparation for a black belt test in September. This was a great access to all Ikkyus in being observed by four shihans, of three different dojos. It also gave the opportunity to have different training partners,

observations, and experiences. Thanks to Mr. Howard for taking pictures. A second workout was planned for August 26.



### **July 28 Mathews Niryushin Dojo Freedland/Mathews WLJTA**

UCMAA recently accepted its first Affiliate Dojo, the Jupiter Traditional Martial Arts Dojo. The dojo is headed by Kevin Fruge and Howard Freedland. Sensei Freedland will not be able to attend the National Clinic in October due to a prior commitment. Due to this, he made arrangements to come to La. on July 27 through July 30 to meet and train. Sensei Freedland trained in Toide and the sword.

There was a time set aside to eat and meet with a few of the board members. Shihan Mathews, with his wife Tricia, took Howard to meet Shihan John Allen, wife Monica, Shihan Kirby Roy and wife Samantha in Avoyelles Parish. Shihans Marien, Gauthier, and Tillson were unavailable. Below is a picture of the Shihans at the famous Kyrle's Restaurant in Mansura.



July 29

Toide Clinic

Shihan Mathews

WLJTA

August 26 Dojo Workout in Leesville

Shihans

WLJTA

A mock exam was presented to black belt candidates, set for September 9.



Four black belt candidates in the center: Dylan, Blaine, Scotty, Dorrien



Shihans preparing to give a mock black belt test.

**\*See Dojo News for additional recaps of local events.**

*Upcoming Events*





## UPCOMING EVENTS

September 5	Demonstration (AMAC & Hessmer)
September 9	Black Belt Exam (WLJTA & Hessmer)
October 6	UCMAA board meeting
Oct. 7-8	UCMAA Yearly National Seminar/Banquet
Nov. TBA	WLJTA Clinic (Grappling and Savate)



## UCMAA NATIONAL SEMINAR

**OCTOBER 7 & 8, 2023**

\*Country Inn Suites, 2727 Monroe Hwy #165, Pineville, La.;

\*Saturday 8:30-3:30, Banquet-5:30, and Sunday 9:00-11:30;

\*Banquet following Saturday's clinic-5:30 (meal, awards presented, Black Belt promotions, 90 minutes, separate fee, etc.);

\*Three sessions per one and a half hour period on Saturday; One period Sunday;

\*Advance registration; T-shirts available; Family discounts; Kids separate from adults;

\*Judo, Jujutsu, Karate, Sword, Kempo, Aiki, Knife Fighting, Bo, Sparring, and so much more.

**\*GOAL: 100 participants—Many pictures need to be taken for the next newsletter.**

\*[\*\*\* Click Link Below to register \*\*\*]

[https://sparkpages.io/?i=\\_vIX&c=\\_nvry&upID=5786535](https://sparkpages.io/?i=_vIX&c=_nvry&upID=5786535)



**SHIRT Description for National Clinic:** *As the sun began to set, the samurai stood atop a hill. Gazing out at the red orb as it descended below the horizon. Smoke billowed at his feet, a sign of the intense battle he had just fought. Ahead , a traditional Japanese house stood tall and proud, its black walls and roof a stark contrast to the fiery sky. The samurai's face was stoic and determined, as if he was ready to face whatever challenges lay ahead. As he stood there, a symbol of honor and strength, it was clear that he was a true warrior.*

**From President Harvey:** Hello to all of our members of the United Combat Martial Arts Alliance. The Board of Directors have worked hard on planning this year's National Seminar in Pineville Louisiana. Please take a moment to get registered. We truly encourage you to preregister this is a lot of help to us in planning. This gives us a head count on the amount of lunches that will need to be ordered ahead of time for participants.

We have a lot of great instructors who will be teaching this year and some great classes setup for everyone. Each year this event has grown and so has our organization. We encourage you all to make plans to attend. **Our goal is to have over 100 participants at this year's national seminar.**

We will be having an awards banquet on Saturday evening starting at 5:30 PM. All members of UCMAA and their families are invited to attend. If you are planning to attend simply add the banquet dinner for yourself and any family members that will be attending with you when you go to checkout on the registration link below.

### **UCMAA National Seminar 2023 Schedule of events**

\*[\*\*\* Click Link Below to register \*\*\*]

<https://sparkpages.io/?i= vIX&c= nvry&upID=5786535>

### ***UCMAA NATIONAL SEMINAR 2023***

#### **SCHEDULE: SATURDAY, OCTOBER 7**

08:30 – 09:00	Registration/Check In
09:00 – 09:30	Introductions and Bow In
09:30 – 11:00	Session 1
11:00 – 11:15	Restroom/Water Break
11:15 – 12:45	Session 2
12:45 – 01:45	Lunch Break ( <i>provided</i> )
01:45 – 03:15	Session 3
03:15 – 03:30	Announcements, Presentations, Bow Out
05:30 – 06:20	Banquet

	Session 1 9:30 – 11:00	Session 2 11:15 – 12:45	Session 3 1:45 – 3:15
	<b>Jujutsu (Advanced)</b> <i>Gauthier/Roy/Allen</i>	<b>Kempojutsu (Beg/Int)</b> <i>Roy</i>	<b>Karate (Advanced)</b> <i>Monegro/Lambert</i>
	<b>Karate (Kids)</b> <i>Monegro/Lambert</i>	<b>Kumite (Kids)</b> <i>Anita Harvey</i>	<b>Aikijutsu &amp; Knife Basics(Beg/Int)</b> <i>Whigham/Bursk</i>
	<b>Bojutsu (Beg/Int)</b> <i>Tilson/Bordelon</i>	<b>Judo (Advanced)</b> <i>Schlieff</i>	<b>Bojutsu (Kids)</b> <i>Tilson/Bordelon</i>

**Kids:** Under 12 years, unless granted permission by their sensei.

**Beginner/Intermediate:** New Student through Gokyu (Blue Belt).

**Advanced:** (Yonkyu and above, including Dan Ranks).

**SCHEDULE: SUNDAY, October 8**

09:00 – 09:30	Bow In and Announcements
09:30 – 11:15	Iaijutsu/Kenjutsu/Bokken Drills (Everyone) <i>Harvey/Mathews</i>
11:15 – 11:30	Closing Remarks and Bow Out

**COSTS**

**Seminar Attendance:** UCMAA Members - \$50.00, \$25.00 per third plus additional family members. Non-UCMAA - \$70

**Banquet:** \$20 per person (*Buffet includes entrée, salad, 3 sides, 1 dessert, yeast rolls, and tea, lemonade, or water to drink. Menu TBA.*)



**LOCATION: Country Inn & Suites'; 2727 Monroe Hwy. 165, Pineville, La. 71360**

If you would like to stay at the event location we have worked out the following rates with Country Inn & Suites. These rates will only be available up to a few weeks prior to the event.

Call (318) 641 8332 to make reservations and let them know it's for the UCMAA event on October 7th and 8th. If you have any issues ask to speak to Danny Mitchel.

Standard 2 queen room is \$95 a night; Suite with king and living area is \$109 a night.



2022 UCMAA 4th National Clinic held in Alexandria, La. 87 participants including 13 black belts. Paul, Anita, Joey, Jose, John, Jimmy, Donny Jr., Donny, Kirby, Stevie, John C., Chris, Mr. Kenny



## DOJO COMMANDS, CONDUCT, & ETIQUETTE

**\*No member shall present a dirty or unkempt appearance in the *dojo*.** Unkempt means: messy, filthy, wrinkled, sloppy, disheveled, disorderly, stained, bloody, mussed, unclean, not combed, neglected, rough, soiled, befouled, unpleasant, dirty, nasty, stinky, tangle, polluted, neglected, "B-O", to small, to name a few.

*Students of karate, judo, jujutsu, and other disciplines wear a gi or a special uniform as a symbol of their martial art. It is not too difficult to keep it clean and stain-free if you pre-treat stains immediately and wash them after each use with a heavy-duty detergent using warm water in a normal wash cycle. If there are blood stains, wash in cold water. Never wash a color*

*belt with a white uniform. Do not machine dry (air-dry only); only use oxygen bleach if you need to brighten the whites. Do not use chlorine bleach, especially with patches. Here are detailed instructions for how to wash and care for martial arts uniforms of all kinds.*

*Wash after each use and wash your belt occasionally. If it gets sweaty, it can get smelly. You can prolong the time between washes if you wear a T-shirt underneath your gi, but if any sweat transfers to the gi, it can start harboring bacteria and odor. (Leverette, 11/12/22)*

*A clean, well cared for uniform is vital to practice. Mainly, if it was drenched in sweat last week and was never washed, you will have no training partner. "Solo kata," it is for you. If it is ripped or torn, repair or replace it as it may very well become permanently damaged during class.*

*It is important to have multiple uniform sets so you never miss a class because it was "dirty". Take care of your training gear so you never have to miss a class again! (Impulse 4-12-2022)*



## EDITOR'S KIME

**From Shihan Roy - Combative *KI* (part 3 of 4).** Below are additional questions I receive on a regular basis. With all due respect, some photos have patches of a system from many years ago which UCMAA is not affiliated with any longer. Due to many young readers, words such as "nether region" have been substituted.

\*What major TV shows have you and/or the team been a part of?

\*One of the first major TV shows I attended was in Puerto Rico in 1987. It was the debut of my major demos of ki. This trip also included a JuJutsu Clinic.

\*The second major event was the two trips to the Dallas Cowboys Football Training Camp (April/May 1988). What an experience it was. On the April trip, I took Shihan John Allen and my son, Brandon with me. In April of 1988, it was three days of testing our abilities. We were limited to taking pictures/VCR taping and asking for autographics. Major football stars were Danny White (QB), Randy White (DT), Herschel Walker (RB), Too-Tall Jones (LDE), Mike Saxon (P), Michael Irvin (WR), Nate Newton (LG), Tom Rafferty (C), and Legendary Head Coach Tom Landry.

\*The second trip in May was for the whole week. Highlights of the trip were introducing us to the players/coaching staff, orientation of the facility, training the athletes in footwork and breakfalls, a small demo, a major demo (media), and teaching the ability to take hits. The major demo was in every major newspaper in the Dallas/Fort Worth area, Black Belt Magazine, with inserts on The Today Show, ESPN, and the Johnny Carson Show. And for your knowledge, we left with signatures, memorabilia, and they were actually wanting our autographs.

\*In April of 1999, "You Asked For It ("Seeing is Believing")" was filmed in Dallas. This included the SMU Football team and a couple of Dallas Cowboys striking the team. It aired August 8, 1999 on NBC. For one reason or another, there were many "retakes."

\*The next major production was "Ripley's: Believe It or Not" (August, 1999) located in Hollywood. The studio was actually next to Pam Anderson's Studio. We had the opportunity to walk into Ripley's filming studio and saw many weird artifacts. Strikers included Mr. California, a MMA/TaeKwonDo Champion, and a New Orleans Saints Defensive lineman.

The TaeKwonDo practitioner stated he would kill someone today. After the demonstration, we were all smiling and shaking hands and there were no injuries. The Tae Kwon Do practitioner was very frustrated because no one was hurt, much less dead. He took his frustration out by kicking an iron pipe fence, numerous times, with his shins. There was blood all over his white gi pants. It was unreal or let's say "unbelievable." Shihan Tillson and I were part of the team. It aired March, 2000 on TBS.

\*Discovery Channel (September, 2000) produced a documentary about "Ki" in Maine. Roy, Allen, Marien, and Tillson attended. All four of us went behind the scenes to demonstrate hard style JuJutsu for over 60 "blood and sweat" minutes. None of it was played in the documentary.



Jeff, John, Producer (front), Stevie, Kirby

\*The Discovery Channel had a follow up documentary after this aired. I only have a DVD with no additional information.

\*In April of 2002, Shihans Allen, Marien, Tillson, and I were part of The Ultimate "TOP 10" Martial Arts, filmed in Florida under the Learning Channel. I believe we were number 5.

\*Univision: Spanish Channel, filmed in Florida in January of 2003. Attending were Shihans Roy, Allen, and Tillson. This is where the producer, who was a female, kicked Shihan Allen about 15 times, non-stop. The show aired in March, 2003.

\*In September, 2008, I flew to Hollywood for the filming of “Sports Science.” The dome facility was amazing. Under one roof, there were four football/soccer fields, six basketball courts, an enormous stage, track facility, and so much more. New Orleans Saints Quarterback Drew Brees was filming next to us.



The production had EMT's, doctors and scientists, with all types of equipment, testing the speed and foot pounds of force we were getting hit with. The striker was 6' 9", 300 lb. MMA and Sports Gladiator Justice Smith. Martial Arts history was made on Fox "Sport Science." Justice Smith (American Gladiator/MMA) struck Roy with 600 lbs. of force to the Adam's Apple and 1,100 lbs. of force to the "nether region" area. The show was filmed in Hollywood. See photos above.

\*In August, 2010 a production company out of Japan visited the Marksville Dojo. The production staff came to our dojo in Marksville in preparation for a trip to Japan in September. Shihan Tillson and I attended this show in Tokyo, Japan. The striker was a MMA martial artist with many knockouts. The show was actually a competition of many different life events. Our portion was actually in first place till the very end. The winner was an extremely sad story of a young boy losing his dad in a boat racing event. Very heartfelt and well deserving of first place.

\*Eight months later (2011), Shihan Tillson and I returned to a different show in Tokyo, Japan. This was a week after a major earthquake and tsunami hit Tokyo and devastated a nearby nuclear plant. Shihan Tillson and I felt tremors while in Tokyo.



Preparations for first trip to Japan  
Nolan, Harvey, Mayeux, Tillson  
Roy (center) being struck

Second trip to Japan  
Kirby and Stevie with translator (female),  
Japan Karate Group, and MMA Champion

\*Stan Lee's "Superhuman" (History Channel 2, Houston, June 2011), as with "Sport Science," this production had a sports doctor on scene with all types of data equipment. The strikes were from Chamberlain's Dojo (Kempo Karate/boxing). We had no clue who these guys were, but their objective was to hurt us. The kick to the "nether region" measured 900 lbs.; Shuto to the throat at 500 lbs.; Boxer's uppercut to the liver measured an unbelievable 1030 lbs. Shihan Tillson, Allen, and Harvey were on site. The show aired on the History Channel 2 on March 14, 2013. Parts of it aired on the "Chelsea Show"(Entertainment Network).

\*The most recent demonstration was "Tu Si Que Vales" in Rome, Italy in August of 2021, the height of the COVID Pandemic. Attending were Shihans Paul Mathews, Stevie Tillson, Joey Harvey and myself. We were invited to Rome to be part of "TU SI QUE VALES." It is similar to America's Got Talent. The team was asked to perform "Ki Force ("Combative Ki")," the ability to take strikes to different vital areas of the body. This was a seven day/night trip to Rome. We also had time to do sight seeing at the Vatican, Coliseum, etc.

From the producers: "Tu Si Que Vales", is the most successful TV show going on air in full-season on the Italian main TV channel "Canale 5." We have received a video of your act and we found it really entertaining. In our TV show we have different exhibitions performed by national and international performers coming from all over the world. Last year our Talent was a total success with approximately 7 million people watching each episode (you can easily read about our show on the net). We will start the recordings of the show in Rome (Italy).



In Rome: Shihans Harvey, Mathews, Roy, and Tillson

\*Other events:

06-16-2012: William Durbin wrote a book on "Combat Ki." It featured Shihans Roy, Allen, Tillson, and Harvey. There are also three commercial DVD productions of the major television shows from above.



06-12-2013: Roy interviewed over SKYPE with DiGa Vision. Discussion: Being a “*Martial Artist Involved In Politics.*”

There have been other major inquiries or probes which did not work out for one reason or another. There are a few other shows which I, nor the team, did not appear in. Many demonstrations were performed for local channels (KALB, KLAX, etc.) and JAG organizations.

Thanks for your interest. **Send questions anytime to [kirbyroy54@gmail.com](mailto:kirbyroy54@gmail.com).** What I stated is my opinion and not necessarily the opinion of other "Combative Ki" practitioners.

This concludes the third segment, of four, on “Combative Ki.” I apologize for the length. Hope you got something out of the fifty years I put into it.



**WLJTA DOJO:** Congratulations to our new Sempai:

Anita Harvey, Beth McGraw, Paul Doty, Anthony Zittle, Robert Lozano, Joey Harvey, Larry Beal



**FIRST AID**

**Heat illnesses and hydration:** Heat related illness is a serious medical condition in which the body can not cope with various heat conditions. In other words, the body gets too hot and can not cool itself. One illness can lead to another and it can be both dangerous and life threatening. This article will discuss the different types of heat illnesses, signs, symptoms, and first aid. Hopefully, this will give you an opportunity to recognize the symptoms and how to deliver first aid. There is also a paragraph on prevention.

One other point needs to be made. Your body produces sweat to keep it cool. On extremely hot and humid days, the body's cooling mechanism process slows down which causes the body temperature to rise. Below are the three major types of heat illnesses with signs/symptoms and first aid:

- 1) Heat Cramps is the mildest form due to dehydration (loss of water) and loss of salt in the body. Cramps usually occur during and after intense exercise and heavy sweating in extreme heat conditions.  
**Signs and symptoms:** Heavy sweating; painful spasms/cramps(legs); moist skin.  
**First aid:** Stop activity; move into a cool area (shade/fan); hydrate; stretch muscles.
- 2) Heat exhaustion is more severe and can occur under the same conditions as heat cramps. Lack of fluid and electrolytes leads to the body inability to cool itself properly and can come on quickly.  
**Signs and symptoms:** Heavy sweating; painful muscle spasms/cramps(legs); pale, clammy, moist skin; fatigue; nausea/vomiting; headaches; fast/weak heartbeat; feeling faint (dizziness).  
**First aid:** Stop activity; move into a cool area (shade/fan); hydrate (sports drink, water); loosen clothing; cool compresses/cloths; observe; no improvement-take to ER or seek emergency medical help.
- 3) Heat Stroke occurs when the body's heat regulating system is swamped by excessive heat, which could be life threatening and requires medical attention. It can cause shock, organ failure, brain damage, and even death.  
**Signs and symptoms:** Hot, dry skin; rapid heart rate; nausea/vomiting; throbbing headaches; extreme fatigue; confusion, dizziness.  
**First aid:** Stop activity; move into a cool area (shade/fan with a towel); call 911; lie down with feet elevated; only if alert, hydrate (sports drink, water) with small sips/wet rag; cool compresses/cloths drenched in water; watch closely; no improvement-take to ER or seek emergency medical help.

How to prevent: On hot days, drink plenty of fluids which does not mean caffeine and alcohol; become acclimated over time; dress in light-loose-fitting clothes; take frequent breaks in cool areas; schedule activities early in the morning (before 10am) or late evenings (after 6pm); use a hat, sunscreen (SPF of 15); extra careful on very humid days (heat index of 90 degrees or above); extreme care if on medication, obese, heart issues, or suffered from heat stroke before.

*\*First aid is to address the immediate needs & safety of someone. Before administering any first aid to anyone outside your family, be aware of your rights and responsibilities: "Good Samaritan Law." A licensed physician should be consulted. Call 911 for all medical emergencies. If there are any doubts, do not assume, call 911.*

# Glossary



## GLOSSARY

**Kobudo:** “*ko-boo-do*” or “*co-boo-doe*” 1) The Way of Ancient Martial Arts Weapons’ name given to the lesser martial arts of Jujutsu; weapons of the Japanese samurai. 2) In Okinawa, it was Okinawa Kobudo which derived weapons from farm tools, handed down for over 200 years. 3) The term also applies to all martial arts disciplines which use unconventional weapons that include the bo, sai, nunchaku, jutte, tonfa, kusari-gama, jo, kama, naginata, yari, etc. See below (\*).



**Kobujutsu:** “*ko-boo-joo-tsoo*” 1) The combat ‘Ancient Martial Arts’ of weapons including bo, sai, nunchaku, jutte, tonfa, kusari-gama, jo, kama, naginata, yari, etc. 2) The Old / Ancient combat martial arts developed due to a ban on weapons, with commoners, such as the sword or conventional weapons. In Okinawa, many weapons were developed from farm tools.



\***Bo:** “*bo*” Okinawa. A six foot staff is usually constructed of a hard wood such as oak or iron wood. As a farm tool, a bo was used to balance baskets carrying fish, water or crops on the Shoulder. The bo can block, strike, wield, etc.

\***Ekū:** “*e-qu*” Okinawa weapon that originated from a boat oar. Used similar to the Bo.

\***Hanbo:** “*han-bo*” Japanese. A half staff. About three feet long. Shihan Mathews’ weapon of choice.

\***Jo:** “*jo*” or “*joe*” Japanese. A four to five foot staff. It is shorter than the bo. There is a legendary story about a swordsman and a jo technician.

\***Jutte:** “*joot-tay*” or “*jeet-tay*” Japanese. Means “ten hands” and was used by the police or palace guards. Similar to a sai, except, not used in pairs and has one prong. Used to block/trap knife/sword strikes and hit opponents with the shaft. It had the ability to break sword blades in the hands of a master. The prong was commonly used to hook into clothing or parts of the body like the nose or mouth, or to push into joints or other weak points on the body.

\***Kamas:** “*ka-mas*” Okinawa developed it as a martial art; it means sickle. A sickle type farm implement used in cutting crops such as rice throughout Asia. Traditionally used in pairs when used as a weapon. Used in blocking, trapping, and striking. Double strikes are popular.

\***Kusari-gama:** Japanese. A chain-sickle. A kama like weapon with a metal chain (kusari) and heavy iron weight at the end. The sickle or weight would be wielded against an opponent. Could be used against short weapons, like a knife or sword.

\***Naginata:** “*nah-gee-nah-tah*” Japanese halberd. It’s a pole weapon (47.2 to 94.5 inches) with

a curved single-edge blade at the end. It was used by foot soldiers. The shaft can be used offensively or defensively.

\***Nunchaku:** "*noon-chah-koo*" Okinawa origin, a flail constructed of two sticks (12 to 14 inches each) connected by a cord or chain. A farm tool used in threshing rice. Bruce Lee popularized the weapon in "Fist of Fury" and "Enter the Dragon." Also known as "nunchuks." Illegal in many states and countries.

\***Sai:** "*sah-ee*" Okinawa. Iron ruler. A three pronged weapon with the central prong being the thickest and longest extending approximately 15 to 18 inches. The outer prongs are curved and are about 1/4 inch in diameter and 3 inches in length. It originally functioned as a yolk pin of an ox harness and was developed by the Okinawa peasants as a defensive weapon against a sword. Used in pairs.

\***Tonfa:** "*tohn-fah*" Okinawa origin; It is a perpendicular handle attached a third of the way down the length of a stick (15 - 20 inches long). It was used against Japanese Samurai. It could be used to block, strike, and hook. Usually used in pairs. It evolved from a farm working tool as a handle of a rice millstone (rice-grinder handles) to prepare grains.

\***Yari:** "*ya-ree*" Japanese spear with a straight blade. Eventually, the Naginata replaced it.

\***Other weapons:** Tekko (brass knuckles); Kuwa (garden hoe); Nunti Bo (spear with hooks); Sansetsukon (three sectional); Surujin (weighted chan/rope); Tambo (very short staff); Tinbe Rochin (spear and shield); Manji Sai (prongs pointed in opposite directions); Shuriken (star).



## 50 YEAR HISTORY TIMELINE

**1993:** \*Promotions: Schlieff/Zahavi/Donald Shove Shodan presentation: Ju-Jutsu (11-15-1992).

\*National Clinic in Dallas on Shinjo Iai-Jutsu and Shuri-Te Karate.

\*Promotions: Gauthier/Roy to Kudan; Allen/Smith/Marien/Mathews/Land to 6<sup>th</sup> Dan;  
Herbert to 4<sup>th</sup> Dan: Ju-Jutsu

\*LSU-A Clinic: 90 participants: Dai-Yoshin Ryu. Host: Smith/Mathews.

\*Remember: George Parulski, Tex Marshall

**2003:** \*Univision Filming in Orlando. Roy/Allen/Stevie/McGregor. Aired: March.

\*Florida Clinic in Orlando. Aiki/Ninpo. Host: McGregor.

\*National Clinic: Paragon in Marksville. Double tanto, expandable baton, & Black Belts favorite tech



# TRIVIA



Name the below weapons? Is the origin, Japanese or Okinawa?

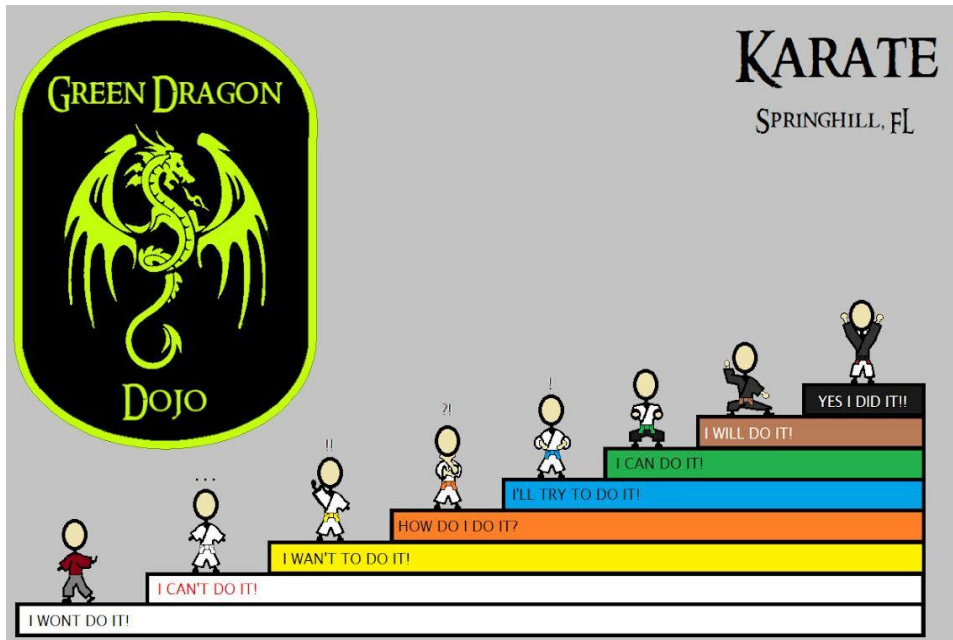


**Last quarter:** Who is the senior board member in UCMAA? How many years has he been in the martial arts? What rank does he hold?

Answer: Shihan James Gauthier; 53 years experience; Judan/10 Dan/Shihan.



## Additional Photo's



Next UCMAA Newsletter on December 1, 2023. Hope to see you on the mats!

# THE END