

### C. Do not forget the Holy Spirit will enable you.

**Colossians 2:11** *"In Him you were also circumcised in the putting off of the sinful nature, not with a circumcision done by the hands of men, but with the circumcision done by Christ."*

**2 Peter 1:3** *"His divine power has given us everything we need for life and godliness through our knowledge of Him who called us by His own glory and goodness."*

### Beware of Substitutes

#### Colossians 2:16-20

#### Lesson #10

2/18/24

### I. They were warned about legalism.

#### A. Do not let anyone judge you by your diet.

**\*\*Colossians 2:16** *"Therefore do not let anyone judge you by what you eat or drink or with regard to a religious festival, a New Moon celebration or a Sabbath day."*

**Galatians 5:1** *"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."*

**\*\*Colossians 2:16b** *"... by what you eat or drink ..."*

**Mark 7:15** *"Nothing outside a man can make him 'unclean' by going into him. Rather, it is what comes out of a man that make him 'unclean.'"*

**Mark 7:19** *"For it doesn't go into his heart but into his stomach, and then out his body." (In saying this, Jesus declared all foods "clean.")*

**I Timothy 4:3** *"They forbid people to marry and order them to abstain from certain foods, which God created to be received with thanksgiving by those who believe and who know the truth."*

**Romans 14:17** *"For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit."*

#### B. Do not let anyone judge you by a holy day.

**\*\*Colossians 2:16b** *"... or with regard to a religious festival, a New Moon celebration or a Sabbath day."*

**Galatians 4:9** *"But now that you know God – or rather are known by God – how is it that you are turning back to those weak and miserable principles? Do you wish to be enslaved by them all over again? <sup>[10]</sup> "You are observing special days and months and seasons and years!"*

**\*\*Colossians 2:17** *"These are a shadow of the things that were to come; the reality, however, is found in Christ."*

**John 6:35a** “Then Jesus declared, “I am the bread of life. He who comes to me will never go hungry ....”

**John 6:41b** “... I am the bread who came down from Heaven.

**I Corinthians 5:7b** “... for Christ, our Passover Lamb, has been sacrificed.”

## II. They were warned about mysticism.

### A. False teachers will lead you on a detour from Christ.

**Colossians 2:18** “Do not let anyone who delights in false humility and the worship of angels disqualify you for the prize. Such a person goes into great detail about what he has seen, and his unspiritual mind puffs him up with idle notions.”

**Matthew 6:9** “This, then, is how you should pray: “Our Father in Heaven, hallowed by your name.”

**\*\*Colossians 2:18** “Do not let anyone who delights in false humility and the worship of angels ....”

**Matthew 4:10** “Jesus said to him, “Away from me, Satan! For it is written: ‘Worship the Lord your God, and serve Him only.’”

**Revelation 19:10** “At this I fell at His feet to worship Him. But He said to me, “Do not do it! I am a fellow servant with you and with your brothers who hold to the testimony of Jesus. Worship God! For the testimony of Jesus is the Spirit of prophecy.”

### B. They will cause you to be disqualified.

**\*\*Colossians 2:18b** “Do not let anyone who delights in false humility and the worship of angels disqualify you for the prize. Such a person goes into great detail about what he has seen, and his unspiritual mind puffs him up with idle notions.”

**Colossians 2:18** [Classic Amplified] “Let no one defraud you by acting as an umpire and declaring you unworthy and disqualifying you for the prize, insisting on self-abasement and worship of angels, taking his stand on visions [he claims] he has seen, vainly puffed up by his sensuous notions and inflated by his unspiritual thoughts and fleshly conceit.”

**\*\*Colossians 2:19** “He has lost connection with the Head; from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to grow.”

## III. They were warned about asceticism.

### A. We died to the principles of this world.

**\*\*Colossians 2:20a** “Since you died with Christ to the basic principles of this world, why, as though you still belonged to it, do you submit to its rules.”

**\*\*Colossians 2:21** “Do not handle! Do not taste! Do not touch!”

**\*\*Colossians 2:22** “These are all destined to perish with use, because they are based on human commands and teachings.”

### B. The rules of men do not deter people from sinning.

**\*\*Colossians 2:23** “Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.”

**Jeremiah 2:13** “My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns.”

## How do you apply this lesson to your life?

### A. Do not allow man-made rules to enslave you.

**Galatians 5:1** “It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

### B. Do not forget man-made rules fail to empower you.

**\*\*Colossians 2:23** “Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.”