

Keep Your Good Resolutions - 2024

At the time of welcoming the new year of 2024, we all have made resolutions to better our lives. We made new resolutions so that our old habits wouldn't dictate our lives. We are already two weeks in, so now is a good time to reflect on and see how far we are advancing in our resolutions and in making changes to our lives. If we have been keeping our new year's resolutions, great, we should congratulate ourselves and thank God for His help. If not, we should pause awhile and ask ourselves why we haven't been able to keep our resolutions. If there isn't a valid reason, it is an insult to our soul and to God to give into our weaknesses.

All of the good resolutions that we make must be kept up. The more we keep our resolutions in our day to day lives, the stronger we will become in our willpower and we will achieve what we want. When we don't keep our resolutions, our mind will get weaker and we will not achieve what we want. Before we make our resolutions, we should make sure that these resolutions improve our state of life, and once we make them, we should never give up, lest we will weaken our willpower.

Resolutions should not be changed because of their difficulty. You may change them if it better or justifies your state of life, otherwise you will be carrying your weak mind wherever you go. On the other hand, you should carry victory and strong willpower wherever you go and inspire others. You do not win by flying away or giving up your resolutions. Victory is yours when you keep your resolutions. By keeping your resolutions, your willpower is strengthened and it paves the way to a higher willpower to achieve higher goals.

Why should you not be able to do what you wish, guided by reason? You must try and do away with all of your faults. Review your actions of the past life. Make up your mind today, and know that you are never going to do those things that led you astray again. Make your unwanted habits your slave rather than your master.

If you find out that you are wrong, admit it with courage and proceed in your life in changing your attitude. The attitude with which you work is what counts. Mental laziness and working unwillingly spoils your life. God puts His children to greater tests and gives them more than enough power to overcome all the trials and shortcomings of their lives. Habits are grafts in our real nature, so graft habits that will build you or bring you closer to God. It is all in your hands or will. The error of a lifetime can be corrected in an instant.

Be the master of yourself, the captain of your destiny. Resolve to give more time to God to pray and meditate regularly every day to feel the spiritual progress in God. Nothing is impossible because you are the child of God. Seek God first, in which everything is included, and you will have everything in life. Face your challenges boldly because you are not alone, God is in you and you are the image of God.

Rev. Dr. Louis Maram Reddy
Pastor, St. Mary's Church, Tomahawk, WI