



Insurance Verification Form - Feeding

To start therapy, this form must be completed and delivered or faxed to 734-527-5981. If you are comfortable emailing protected health information insecurely, you may choose to email the completed form to info@arborautismcenters.com. If your child has autism, continue reading. If not, you can jump to page 2.

Calling the insurance company to verify what services are covered for Autism Spectrum Disorder will guide the next steps for your child (and help prevent unnecessary evaluations or testing). Insurance plans vary a lot, even within the same insurance company, and it is not uncommon to speak with an insurance representative who mistakenly gives you incorrect information. If you are a parent new to negotiating your benefits and understanding what is covered, this misinformation could keep you from getting the services your child qualifies for. These suggestions will help you best direct the call representative to the autism portion of your plan and document the call.

First, have the following page ready to copy down your information, then call the number on the insurance card. Tell them if your child has an autism diagnosis. Ask them, “Is there a limit to speech therapy/occupational therapy/physical therapy sessions if my child has an autism diagnosis?” Tell them you are aware that these services have a different level of coverage when a child has an autism diagnosis and that you would like them to first check what is covered under the autism section of your plan. For some plans, this may be found under Behavioral Health.

Be sure that feeding therapy completed by a speech therapist is covered under the autism benefit. Specifically ask, “Does the procedure code 92526 completed by a speech therapist under diagnosis F84.0 get processed as an unlimited autism benefit or a medical benefit with limits.” There are a lot of processing errors in which this code is processed as a medical procedure rather than therapy. If they insist it is processed as medical, please ask them to direct you to the specific plan documents with this information along with the specific plan documents for your autism benefits.

After the representative answers your questions, repeat the answer back for clarification. For example, “So with an autism diagnosis, there is no limit to speech therapy visits, correct?” Write down this information on the following page and repeat again what you have written down. After confirming all the needed information, ask for the reference number of your call. This will ensure that you and the insurance company representative have a record of your conversation. If you run into problems with billing, the call reference number can be very helpful.

