

Addressing Addiction in the Home



A COURSE IN FAMILY RECOVERY

Tuesdays, 5:15 – 6:30 pm

Feb. 20th through Apr. 2nd, 2024

(No meeting on March 19th)

Having a loved one in active addiction can be traumatic. As personality and behavior changes are experienced, it has a profound effect on the rest of the family.

In this course, you will learn about...

- the disease of addiction
- what has happened to our loved one
- how family members are affected by their loved one's disease
- why fear-driven control, rescuing, and enabling do not work
- the need to develop healthy communications and boundaries

Recovery is possible for family members, regardless of whether your loved one continues to use substances or enters sobriety.

Participants will be utilizing the *Addressing Addiction in the Home* workbook, available at OASIS for \$12.00.

Registration required by February 16th

OasisBethlehem.org/Special-Events

Facilitated by:

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OASIS programs are offered to support families and friends impacted by a loved one's substance-use