

# Navigating SUD in the Family Counseling Group

Thursdays – 6:00 to 7:30 p.m.  
*In-Person Meeting*

Recommended for anyone dealing with the challenges of a loved one's substance use.

- Safe and confidential group
- Gain a deeper understanding of the disease model of substance use disorder (SUD) and the family's role
- Learn healthier communication skills
- Develop self-care strategies to build strength, resilience, and self-compassion
- Join a community of families in recovery

This psychoeducational and process group is facilitated by Bill Arnold, a licensed professional counselor (LPC) with a certified advance alcohol & drug counselor (CAADC) credential from the Pennsylvania Certification Board.

**Rolling admission | No fee to participate**

**Registration/Pre-Approval Required for Access**

Email us to start the registration process:  
[info@oasisbethlehem.org](mailto:info@oasisbethlehem.org)

*There are many paths to recovery  
to explore and discover.*



Addiction is a family disease...

One person may use, but the whole family suffers.

Together, we can help each other heal.



*OASIS programs are offered to support families and friends impacted by a loved one's substance-use*

3410 Bath Pike, Bethlehem, PA 18017

484-747-6285

OasisBethlehem.org