



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	8:15 AM Manhattan Ballet School [Alexander]		8:15 AM Manhattan Ballet School [Alexander]	8:15 AM Manhattan Ballet School [Alexander]		
9:30 AM Manhattan Ballet School [Alexander]	9:30 AM Manhattan Ballet School [Alexander]	9:30 AM Manhattan Ballet School [Alexander]	9:30 AM Manhattan Ballet School [Alexander]	9:30 AM Manhattan Ballet School [Alexander]		9:30 AM Manhattan Ballet School [Barbara]
11:00 AM Manhattan Ballet School [Alexander]	11:00 AM Manhattan Ballet School [Alexander]	11:00 AM Manhattan Ballet School [Alexander]	11:00 AM Manhattan Ballet School [Alexander]	11:00 AM Manhattan Ballet School [Alexander]		11:00 AM Manhattan Ballet School [Barbara]

Book class online: [www.bestworkoutbarrenone.com](http://www.bestworkoutbarrenone.com)

Manhattan Ballet School- 149 East 72nd Street. #1

## Locations

### Manhattan Ballet School

149 East 72nd Street. #1 Between Lex and Third Ave. Doorbell: enter 001, then push the bell icon

### Hampton Ballet Theatre School 213

Butter Lane Unit J, Bridgehampton

## Cancellation Policy

Email us at [support@bestworkoutbarrenone.com](mailto:support@bestworkoutbarrenone.com)  
24-hrs before the start of class. Late fee is the price of booked class.

## Class Price

### In-Studio Class at Manhattan Ballet School

Cash: \$35 or Venmo: \$40

### In-Studio Class at Hampton Ballet Theatre School

Cash: \$35 or Venmo: \$40

### Live Stream

\$20