Summer Family Fun Days at Itchen College

Through the summer of 2022, CM Foundation delivered four HAF family fun day events working in partnership with Itchen college for adults and children aged 0 to 12 years. Our programme was designed to support families to experience fun events with enriching activities which support the development of resilience, character and wellbeing along with an educational value for the whole family. At our family fun days, we have incorporated a range of activities, health eating and fun experiences to support children and gives them the opportunity to spend quality time with the adults in their family in a fun, social environment with a hot meal included. This allowed the whole family a chance to relax and engage together in a safe and supportive environment. As part of the HAF project, the families were able to access signposting information about local organisations support the whole family through conversations with the CM Foundation team, leaflets and a booklet especially designed for the programme.



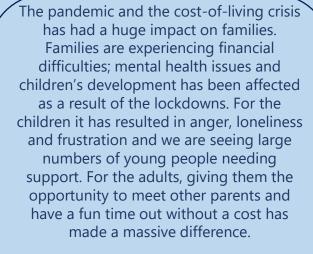
















Families and children had the opportunity to take part in art activities including, bracelet making, sewing book marks, badges, peg people and model characters, multi sports skills, football skills, remote control cars, smoothie making, pizza dough making, fruit kebabs and popcorn making and favouring.







All the families were provided with a two course meal created by Helen and Tracey and the team from Itchen College Kitchens, this meal was prepared to encourage families to eat healthy and to try something new.















Summer Family Fun Days at Itchen College



Some of the feedback we received from the families

Me and my two children

absolutely loved

coming here, lovely

people who run it and lots to keep the kids

busy- Dani

Great choice of activities

available all the time.

Great fun! - Zoe

Me and my two children

absolutely loved

coming here, lovely

people who run it and

lots to keep the kids

busy- Dani

Fantastic day, lots

of activities for all

ages, looking

forward to the

next one - Carly

The day was

amazing, lovely

activities, lovely

staff and I love

the fact the

food was free,

it's amazing -

Kristina



We have had the best time today. Thank you so much, the food was delicious. - Tanya

> Freddy (8) – "Its been fabulous, I loved making friends, playing football and frisbee."

Fantastic. Have recommended this on social media! Staff are fab. Food is good. Really impressed, thank you. Keep up the good work - Lucy

Everyone was so friendly, lovely time spent doing activities, I would not have on offer at home, My children got lots of attention. - Charlotte

Kids loved it, they played with everything. We are going home to make pizza for dinner with the dough! - Sam

Very good day. Kids love it @ and food was nice. THANK YOU-Aimee

Well thought out and

planned. Staff were

friendly and helpful.

Loads of activities and

children loved it. Food

was great too 😊 -Kat

Amazing! The staff, the

activities, the food! Also so

good adapting to

additional needs - Jamie

organised, lots to do! NO SCREENS, which was excellent. Mac 'N' Cheese was tasty- Julie

Fantastic! Well

Good time, lots of different activities inside and outside. Lots of helpers around. Would definitely come back again and recommend- Zoe

Mila had a great time. She made lots of bracelets and craft. Great day and ice cream for pudding ♡- Katie

Thank you for today, we liked the remote control cars, craft and lunch was lovely. - Jayne

Albie-"It was amazing!"



Jazz (12) - "I liked the scooby

bracelets and the wooden

people. The day was very well

Ali - "I loved the cars, mummy loved seeing us play with the outside toys and the helpers, who were lovely. Thank you so much"

> So much fun!! This is a wonderful time. Have a good arrangement. We have a great day ♡ ♡ ♡ - Suki

Daniel - "I love it here! There is lots of fun things to do! And I love everyone of them!"

Me and the children have had the best day today with lots of fun activities, great company and food and the staff were fantastic - Jamie

Great activities, keeping the kids happy and entertained. Lovely staff and great atmosphere. -Charly

Lexi, Parker & Remy - "It was really fun! I liked the bits I made! Didn't want to go home!

Great selection of activities to keep children of all ages entertained. Food was really nice and great portions -Lisa

Our daughter, has had a very fun time. She enjoyed the outdoor activities and popcorn making. - Ali

Bunch of thumbs up! Best day of the holidays, they had an enjoyable time. Thank you -Anita

My son had a great time and enjoyed all the activities that were available. He can't wait to make his pizza later. The food was delicious -

Joanne

Great mix of play stations. It was nice and calm- Vicki

FANTASTIC!! Lovely people, lunch was lovely, Thank you!! -Nichola

Wonderful, so much fun, learned new skills, lovely staff, Good food and smoothies -Dana

Kids had a great time. Lots of energy burnt off. Kids loved the food. Will be returning - Laura



Elliot - "I had lots of fun. Cars were best. Food good"









