

CM Foundation's Summer HAF Portsmouth Programmes 2022

CM Foundation designed and delivered projects, aimed primarily at young people, in the summer of 2022. The aim of this project was to provide young people the chance to experience events and enriching activities which would support their development of resilience, character and wellbeing, as well as supplying an aspect of educational value. Using a minibus, we were able to take the young people to a range of local places and offer them a WOW moment in their lives.

The pandemic and the cost-of-living crisis is having a huge impact on families and young people, especially on their personal, social & emotional development.

Through the HAF project, we were able to give young people the opportunity to try new things, meet new people, gain new life skills, and enjoy a healthy meal in a social environment.

The projects included street cooking and community planting, first aid training, a trip to Blue Reef, craft activities, and games.



Comments from the young people:

"I really enjoyed the BBQ - the food was great!"

"The first aid training was really interesting, and we got to use the training defibrillator"

"I wasn't sure about the art session but I was really pleased with my picture at the end"

"I liked seeing the large sting rays being fed"

"I enjoyed all of it!"

"I like the projects and would like to do more, maybe ice skating again or sailing?"

"Learning to cook with John was good"

"I would really like to go out of Portsmouth – somewhere new and different"



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