

# CM Foundation's Summer HAF Surrey Programmes 2022

CM Foundation designed & delivered projects especially for young people in the summer of 2022. The aim for this project was to support young people to experience events & enriching activities which support the development of resilience, character & wellbeing along with an aspect of educational value. Using a minibus, we were able to take the young people to a range of local places whilst providing a WOW moment in their lives.

The pandemic and the cost-of-living crisis is having a huge impact on families and young people, especially on their personal, social & emotional development.

Through the HAF project, we were able to give young people the opportunity to try new things, meet new people, gain new life skills & enjoying a healthy meal in a social environment.

The projects included street cooking, board games, first aid training, Aldershot Military Museum, art and wellbeing and Wildwood Adventure.



## Comments from the young people:

Millika – "Took up a good amount of my day"

Lacie – "Fun activities, good food, good amount of time used"

Matilda – "Good food, exciting, fun, adventurous"

Noah – "Good days and fun"

Emma – "I loved beating Cris at Uno!!!"

Sarah – "I Loved all the activities"

Jeyda – "Completing the wildwood course, I never thought I could do that"

Naimah – "I was able to make it round the course and jump off from the top"

Yelyzaveta – "I enjoyed learning how to use a defibrillator"