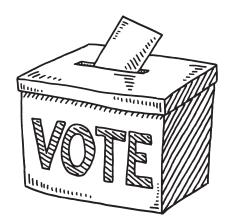


ALTA LOMA RIDE CLUB BOARD POSITION CANDIDATES FOR 2024-2026 TERM

President: Heather Decauwer 1st Vice President: Martha Cowan 2nd Vice President: Kara Haulman Recia Treasurer: Charleen Ariza Secretary: Alana Quinn Membership: Susan Csik/Kate Bowers Youth Director: Alana Quinn City Liaison: Joe Cowan Local Trail Ride: Julie Bradley Trailer-Out Director: Julie Bradley Food Service: John Recla Publicity: (write in) Newsletter Editor: Claudia McNeill



Voting will be held during the **GENERAL MEMBERSHIP MEETING AND POKER RIDE** at the Heritage Park Equestrian Center on **Saturday, May 4, 2024**. Voting will be in person where ballots will be distributed.

Thank You very much for being a vital part of the Alta Loma Riding Club! Happy Trails!

Please. NO DOGS!



Spring CDS Rated Show • Saturday, April 20th (no rain date)

Judge: Peggy Klump (S) Heritage Park Equestrian Center 5546 Beryl Street • Rancho Cucamonga, CA 91737

Closing Date: Entries must be postmarked by April 6, 2024 (Please remember to include a copy of your CDS membership card and proof of current vaccines, within 6 months)

Western Dressage classes: Please note there are also a limited number of Western Dressage rides (Schooling only) available.

ICC Show Manager: Linda Florence; info@icccds.org; 909-730-7931 **Show Secretary:** Susan Williams; littleblackhorse12@gmail.com



"Courage is being scared to death, but saddling up anyway." - John Wayne

<page-header><page-header><section-header> SATURDAY APRIL 6, 2024



a little bit of obstacle course... all at a fun, non-judged, practice event!

Bring your friends and get your horse ready for this year's trail season! The arena will be set with various obsticales and challenges that you can work through as you choose. No pressure, just practice

SATURDAY

APRIL 6, 2024

Come Join the Fun!



JOIN US! FOR THE MAY ALRC LOCAL TRAIL POKER RIDE!

Everyone's favorite poker ride is back!

This year's ride includes refreshment stops along the way! BRING A DISH FOR THE POTLUCK DINNER.

\$20 a hand. Riders and non-riders can play. Throughout the ride (or at the clubhouse) you'll get 5 cards with the option of trading up to 3 cards for new ones for \$5 a card.

If you're playing but not riding, plan to arrive by 4:30.

Winner wins half the pot.

Saturday, May 4, 2024 Riding Time: 1:00-4:30pm

DESCRIPTION OF TRAIL RIDE:

Staging Info: Meet at Heritage Park around 12:30pm and plan to leave by 1:00pm

Route: Demens Wash out and Almond Trail back

Distance: 6ish miles

Time: approximately 3.5 hours

Elevation: Relatively flat

Terrain: Wide trails behind houses and along the streets

Technicality: Crossing streets, shared trails, barking dogs and backyard activities of residents

Contact: Heather if you have questions: localtrailofalrc@gmail.com

NOTE: No stallion, dogs or ponying on the ride.

Thank You very much for being a vital part of the Alta Loma Riding Club!



Event details may change. See Facebook and May newsletter for more information.

TRAILER OUT RIDE with Julie Julie Bradley, Trailer Out Director

LET' GO SEE SOME DONKEYS! It's Spring time. A beautiful time of year to see what is happening with the donkeys. I expect we will be seeing some babies.

DESCRIPTION OF TRAIL RIDE: Date: Saturday, April 20, 2024 Time: 8:30am-2pm

STAGING INFO: Meet at Heritage Park at 8:30am. WHERE? Moreno Valley: exact details to be determined as both the March pre-rides that were planned were cancelled due to rain. PLEASE CHECK THE FACEBOOK EVENT FOR UPCOMING DETAILS. TERRAIN: We will follow fire roads and donkey trails through the hills in Moreno Valley. I'll post more specific trail conditions once the pre-ride is complete. The ride will be 3-4 hours based on the groups comfort level. Bring water and snacks/lunch for you and your equine partner. CONTACT: Julie if you have questions: TrailerOutofALRC@gmail.com Please no stallion or dogs on the ride.

15 FUN FACTS ABOUT DONKEYS:

- 1. A donkey is stronger than a horse of the same size
- Donkeys can see all four legs at the same time 2.
- 3. Donkeys can vary wildly in size, from 26 inches to 68 inches tall
- 4. A donkey's bray can carry up to 60 miles in the desert
- 5. Donkeys have an incredibly efficient digestive system, using 95% of what they eat.
- 6. Donkeys don't like to be in the rain for long periods of time because their fur isn't waterproof.
- 7. Donkeys have been used as draft animals for at least 5,000 years and they are still a lifeline for families in parts of Europe, Asia, Africa and South America.
- 8. Healthy donkeys can live into their 50s
- 9. A blind donkey often bonds with a sighted donkey who will act as a guide.
- 10. Donkeys can have a calming influence on other animals
- 11. Donkeys are highly intelligent with a keen sense of curiosity
- 12. Donkeys are not stubborn but can be reluctant to do anything that could be dangerous - they think things through before deciding what to do.
- 13. Donkeys are extremely agile and can traverse difficult terrain.
- 14. Donkeys are very social and form strong bonds you will often see pairs of best friends within a herd
- 15. Donkeys are different from horses in their physiology, communication, thinking and behavior - they do their best with other donkeys as companions.

Source: C. Kent Thames DVM on Facebook 3/12/24



MARCH LOCAL TRAIL RIDE RECAP!

A lovely day for our March Local ride. Four riders and horses enjoyed a babbling brook and great views!



Vaccination Clinic

Sat & Sun • April 6 & 7

with Dr. Rebecca Blair

5-way + West Nile \$65 4-way + West Nile \$55 Worming

Additional \$10 trip charge. Dr. Blair comes to your location.

FOR MORE INFO **OR TO SCHEDULE APPOINTMENTS:**

Contact Martha Cowan (909) 912-2117 Make reservations by April 2, 2024





ADVERTISER SPOTLIGHT: WELLNESS RANCH EQUINE ASSISTED THERAPY

Wellness Ranch Equine Assisted Therapy, is passionate about igniting inner strength and emotional resilience in individuals of all ages. A non-profit organization, they are wholeheartedly committed to empowering people to understand and master their emotions. Creating a nurturing and supportive environment that fosters profound connections within our community.

"We are dedicated to equipping individuals with essential coping skills that navigate life's challenges and conquer them with unwavering determination", says Co-founder Angelica Manzo, "Our specialized focus is on the most vulnerable members of our community-children and adolescents. We are driven by the vital

cause of building unshakable resilience and forging deep community bonds, all with a single, life-saving purpose: preventing the tragedy of suicide".

WREAT is located in Rancho Cucamonga. More information can be found on their website or by scanning the QR code in their ad above.

Founders, Angelica and Sal Manzo



President: Heather McGee Decauwer PresidentofALRC@gmail.com

1st Vice President: Martha Cowan VicePres1ofALRC@gmail.com

2nd Vice President: Kara Haulman-Recla VicePres2ofALRC@gmail.com

Treasurer: Charleen Ariza TreasurerofALRC@gmail.com

Secretary: SecretaryofALRC@gmail.com

Membership: Kate Bowers MembershipofALRC@gmail.com



GET SOCIAL WITH US!

Be in the know! Make sure you follow us on Instagram and Facebook at altalomaridingclub for up to the minute information and happenings.

Youth Director: Alanna Quinn YouthofALRC@gmail.com

City Liaison/ALERT: Larry Henderson CityLiaisonofALRC@gmail.com

Local Trail Director: Heather McGee Decauwer LocalTrailofALRC@gmail.com

Trailer Out Director: Julie Bradley TrailerOutofALRC@gmail.com

Food Services: Joe Cowan FoodofALRC@gmail.com

Publicity: PublicityofALRC@gmail.com

Newsletter Editor: Claudia McNeill NewsletterofALRC@gmail.com



ALRC APRIL EVENTS

SAT, APR 6 10AM-2PM	 TRAIL-STACLE! Heritage Park Equestrian Center
SAT-SUN APR 6-7	 SPRING VACCINATION CLINIC W/ DR. BLAIR by appointment. Martha Cowan (909) 912-2117
SAT, APR 20 8:30AM-2PM	 Trailer-Out Ride with Julie Bradley Meet at Heritage Park Equestrian Center staging 8:30 AM
SAT, APR 20	 Spring CDS Rated Dressage Show Heritage Park Equestrian Center

Help the Alta Loma Riding Club protect and preserve the rural equestrian community in Rancho Cucamonga.

If you see any questionable or potentially dangerous activity occurring in or around the Heritage Park vicinity, please call the Rancho Cucamonga Park Ranger, at (909) 941-1488. You may also report such activity through the app: **RC2GO.com**





LOW RENTAL RATES! BOOK YOUR EVENT FOR 2023 DATES ARE AVAILABLE!

CONTACT:

Larry Henderson (909) 745-4906 altalomaridingclub@gmail.com

HERITAGE PARK EQUESTRIAN CENTER

A GENERAL PURPOSE EQUESTRIAN FACILITY Facilities are available for Shows & Clinics.

AMENITIES

- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens & 7 Paddocks
- South Arena 295'X150'
- North Arena 220' X 90' (Dressage)
- PA System
- Hitching Rails & Water Trough
- Trailer Parking
- Trail Course & Trail Access



EQUESTRIAN PARKING AREA: In an effort to ensure safety and appropriate use of Heritage Park Equestrian Parking, a lock at the entrance gate has been installed. All ALRC members have been provided an access code via the email on file. We ask that you lock the gate upon entering and exiting the equestrian parking area. Look for the gate code via email and text, for further questions please contact (909) 285-4342 or email altalomaridingclub@gmail.com



SUPPORT & COMMUNITY ALTA LOMA RIDING CLUB at Heritage Park Equestrian Center

The Alta Loma Riding Club exists to promote and preserve the rural and equestrian lifestyle of Alta Loma and Rancho Cucamonga. Our membership is very important in continuing to impact our community. We maintain communication with the local city council and city planners to assure the trails and horse facilities we enjoy stay intact and maintained. We welcome you with open arms! It is not necessary to own a horse to be a member. If you use the trails and enjoy the outdoor lifestyle, ride or walk on two or four legs, by yourself or with your friends, pets and kids, then join us!

- ALRC Monthly Newsletter
- Organized Local trail rides and Trailer-out rides
- Special Events Shows Clinics Social Events
- Members are invited to monthly ALRC Board Member Meetings on the 2nd Tuesday of the month, at 7PM in the Clubhouse at Heritage Park Equestrian Center
- Quarterly ALRC General Member Meeting
- Opportunity to meet other local horse enthusiasts
- Be part of supporting and promoting the

rural/equestrian lifestyle in our community!

Visit our website to join or contact MembershipofALRC@gmail.com for more information



Alta Loma Riding Club PO Box 8116 Alta Loma CA 91701 altalomaridingclub@gmail.com www.AltaLomaRidingClub.org