



August 2017

HERITAGE

Equestrian Center

EVENTS

Aug 19 - Hot August Nights
5 pm

Aug 22 - BOD Meeting
7 pm

Aug 26 - Evening Of The Horse
5 pm

Sep 12 - BOD Meeting
7 pm

Sep 30 - ETI Trail Trials
8 am



Kick The Dust Up

EDITOR'S NOTE:

If you have a topic you would like to see covered in the newsletter, please contact:

Alice Waters
Editor
cah2os2006@yahoo.com

Message From The President

I just returned from five days at Montana De Oro, a horse camp near the beaches of Moro Bay. There was a variety of terrains to ride: forests, mountains overlooking the ocean, deep sand and, of course, the beach. This brings me to this month's topic: Comfort Zones

We all have things we are comfortable doing, things we have mastered (or think we have mastered). In the equestrian world, this may be cantering or loping, sitting the trot, general arena work or mindless trail rides. If we only do the things we are comfortable with, we stagnate or don't grow and worse, our horse or horses don't grow. We should always be open to growth. That may be listening to an educated stranger with different or even contrary philosophies, or taking your horse somewhere you and your horse have never been.



I have always been nervous about Charlie's canter because he is really fast and tends to run through nervous hands. What if he doesn't stop? What if I fall off at 35 or 40 mph? I have watched videos of all the horse greats telling students that you can't be comfortable with cantering if you don't canter. My mentor and close friend also told me that sometimes you just have to allow them to run and then bring them back to you calmly. Well, in Moro Bay, on a long stretch of beach, in the hard-pack sand by the surf, I asked Charlie to canter and then let him go. It was pure **TERROR** for the first 5 seconds, scary as heck. But then something happened. It wasn't about fear anymore, it was about *us*. We were in sync running on the beach on a fairly loose rein as fast as he could run (pretty fast because in his previous life, Charlie was an actual race horse). I was aware; I could hear the pounding of his hooves on the hard sand, the sound of his breathing, the feel of each and every step he took. We were relaxed and having fun. Truly, it was exhilarating. This feeling or sensation only happened beyond fear, outside my comfort zone.

Charlie and I had many firsts in Moro Bay but the most important aspect of the trip is that we both were required to step out of our comfort zones and we are better for it. We grew as a team and I am a better rider and horseman than before the trip. Now the disclaimer: I am certainly not recommending throwing caution to the wind but, once in a while, we should step out of our comfort zone and grow.

VP's Message

Exciting news for ALRC members! We have purchased and installed three corral holding pens from Cactus Horse Corrals. Over the years, rider members have been seeking additional corrals for their horses while visiting the equestrian park. Since the existing round pens are really not designed to corral one's horse, the board purchased these holding corrals for our members.



Many thanks to ALRC's board and members for purchasing these corrals for the club as the city had no part in providing funds for them.

They, however, did approve the placement of the corrals. Thanks to Brent for organizing the purchase of the corrals and special thanks to Joe Cowan and Ted Myerchin for installing and securing them. We really appreciate all their hard work and time in bringing this project to completion. What a great job! Riders: please make sure that you clean your corral upon leaving each time.



As you know, the club has been responsible for the upkeep and maintenance of Heritage Park Equestrian Center for some time now. But for ALRC's commitment to the park, it most likely would have been abandoned by the city. However, the upkeep and maintenance doesn't happen by itself! ALRC relies on its member-volunteers to maintain this equestrian center in pristine condition, the finest park in this city's west end. Presently, there are only *four* of us who work each week grooming the two arenas and round pens with the tractor, maintaining the grounds, cleaning the restrooms, the meeting room and kitchen, etc. We even change the light bulbs and maintain the sprinkler system. Also, if there is any vandalism, we repair/clean that, too. We do this because we love the equestrian way of life and the quality of life it brings. But we need your help! The more who pitch in, the easier it becomes by reducing the burden on the few of us who do so much for this beautiful park. *PLEASE VOLUNTEER!*

As you know, the club has been responsible for the upkeep and maintenance of Heritage Park Equestrian Center for some time now. But for ALRC's commitment to the park, it most likely would have been abandoned by the city. However, the upkeep and maintenance doesn't happen by itself! ALRC relies on its member-volunteers to maintain this equestrian center in pristine condition, the finest park in this city's west end. Presently, there are only *four* of us who work each week grooming the two arenas and round pens with the tractor, maintaining the grounds, cleaning the restrooms, the meeting room and kitchen, etc. We even change the light bulbs and maintain the sprinkler system. Also, if there is any vandalism, we repair/clean that, too. We do this because we love the equestrian way of life and the quality of life it brings. But we need your help! The more who pitch in, the easier it becomes by reducing the burden on the few of us who do so much for this beautiful park. *PLEASE VOLUNTEER!*

<p>Aug 19</p>	<p>Hot August Nights. Ranch trials, roping lessons, dinner...it's sure to be a hot event! (See page 3)</p>
<p>Aug 26</p>	<p>Evening Of The Horse - This annual event is presented by Rising Stars Equestrian Therapy at Heritage Park Equestrian Center. Please contact Rising Stars Alta Loma for more information.</p>
<p>Sep 30</p>	<p>ETI Trail Trials - Obstacle Challenge. Walnut Creek MAU/ETI Corral 3 is presenting a trail trials obstacle challenge at Heritage Park Equestrian Center. (See page 4 for details.)</p>



ALRC Presents

Ranch Trials Clinic

Clinician: Barry Berg



AUGUST NIGHTS

August 19, 2017

Heritage Park Equestrian Center
5546 Beryl Street
Alta Loma, CA 91701

Dinner: 5:00 pm
(pulled pork sandwiches & drinks)

Clinic: 6:00 pm

Fees

\$5 (Non-riders dinner)

\$25 (Riders, includes dinner)



SPECTATORS WELCOME!

- Ranch Trials
- Roping Lessons
- Dinner

CONTACT:

Cassie Sanchez: 909-560-2822
altalomaridingclub@gmail.com

Walnut Creek MAU/Corral 3

Saturday Sept 30th, 2017

Arena Trail Trial Obstacle Challenge

Heritage Park Equestrian Center, Rancho Cucamonga

Sign-ups at 8:00 / Event Starts at 9:00



The Arena Trail Trial Obstacle Challenge is open to all riders. The challenge is one round. It is not a timed event. The course will have 10 obstacles; riders will pre-walk the course with the judges. The Trail Trial Obstacle rules will be similar to ETI Trail Trial rules, the difference will be divisions and scoring. The scoring will be from 1-10 (10 being the best).

Obstacle Challenge will be limited to 44 riders. Pre-registration is suggested.

Divisions: Ribbons: 1st thru 6th place in each division

JUNIOR (14 and under) - May also be led by an adult (18 or older).

IN HAND - Adults (18 or older) who wish to hand walk their horse through the course.

NOVICE - A rider/horse team that has never won third place or better in any organization such as EXCA, ETI Trail Trials, ACTHA, CSHA, AHCA.

INTERMEDIATE - A rider/horse team who has won third place or better in any organization such as EXCA, ETI Trail Trials, ACTHA, CSHA, AHCA.

OPEN - Highly skilled rider rider/horse team who has won third place or better in any of the year-end finals in any organization such as EXCA, ETI Trail Trials, ACTHA, CSHA, AHCA

Entry Fees - ETI Members - \$25 Junior, \$35 - Novice, In-Hand, Intermediate, Open \$5 additional for each non-ETI member (Covers single day event membership).

Return the portion below _____

Division times: Junior & In Hand 09:00-10:00, Novice 09:30-12:00, Intermediate 11:30-13:30, Open 13:00-15:00

The times may vary, depending on the number of entries of each division. At registration you will know your approximate time out. Be prepared to ride 30 minutes prior to your time out.

Rider Name: _____ Horse Name: _____

Address: _____ City _____ Zip _____

Phone: _____ E-Mail _____ ETI Member ____ Corral #: _____

Emergency contact name _____ phone () _____

Division: Junior (14 and under) _____ IN HAND _____ NOVICE _____ INTERMEDIATE _____ OPEN _____

Form of Payment: Cash _____ Check _____ Amount Paid _____ Non-member _____ \$5 _____

Mail entry form, payment and signed Waiver & release (find at etinational.org).

Make Checks payable to ETI Corral 3. Mailing address: Cindi Schaub 2217 6th St., La Verne, CA. 91750.

For more information contact Cindi Schaub (909) 354-1613 schaubcindi@aol.com.

_____ (check) if you want Arena Trail Trial Obstacle Challenge Rules to be e-mailed.

Open Hunter/Jumper Schooling Show

On June 4, 2017 ALRC hosted the Open Hunter/Jumper Schooling Horse Show at Heritage Park Equestrian Center. Several horse and rider teams, from beginner to advanced, participated and were judged by Kathryn Griffiths for ribbons on their Hunter/Jumper skills.

The event provided an affordable horse show experience for emerging riders and horses as well the more advanced rider team. It was a great event for beginning riders to learn about show horses and for the trainers to bring their more advanced students and horses to get some horse show miles under their saddle. It was an entertaining day at the horse show for many spectators who came out to watch the beautiful horses and their skilled riders.

ALRC wishes to thank everyone who participated in the event, especially the volunteers who worked hard behind the scene to make this a very successful show.



I want to thank all of you who made our general meeting, featuring the Mane Attraction Equestrian Drill Team, on July 29th such a huge success! From the Board members who planned and organized the event, to all who attended and donated so generously to the cause, and certainly to the Mane Attraction Equestrian Drill Team who put on a spectacular performance, thank you! The night was so much fun, starting off with a quick general meeting, followed by Mane Attraction's performance, and ending with a delicious pot luck dinner and social time. The 100 people in attendance included new and returning ALRC members and people from the community who were interested in what we do at Heritage Park.

The Board is committed to bringing interesting and informative equestrian events, showcasing a broad spectrum of styles and disciplines, to Heritage Park for the enjoyment of all horse lovers. We are working hard to preserve and promote the equestrian lifestyle that is part of the fabric of Rancho Cucamonga.

-- Joe Cowan, ALRC President



Mane Attraction





*Darlene Cooper
Honorary Trail Boss*

Saddle Up For St. Jude



ALRC's Saddle Up For St. Jude charity ride, held on June 17th, was once again another successful benefit for St. Jude Children's Research Hospital. For two decades, the Alta Loma Riding Club has sponsored this yearly benefit supporting the tremendous work of the St. Jude Children's Research Hospital. The members of ALRC are proud to once again support this noble charity event.

This year's honorary trail boss was Darlene Cooper, age 12, who is currently being treated for cancer. Darlene led the riders on the trails around Alta Loma and returned to Heritage Park Equestrian Center for a delightful lunch and drinks. A silent auction was then held to help raise charitable funds.

Thank you, Charlene Ariza, for organizing this yearly benefit on behalf of the Alta Loma Riding Club. ALRC raised \$1,192 which will be donated to St. Jude Children's Research Hospital in the name of Darlene Cooper. Also, special thanks to the following people who helped make the benefit a success through their generous contribution of time, auction items, and trail boss horse: Dan Bachus, Julie Bessert, Julie Bradley, Judith Brennan, Susanne Buquet, Martha Cowan, *CW FEED*, Karen Hollis, *Kings Brewery*, Ginger Lofgrin, Heather McGee, *Rancho Feed*, and John & Cassie Sanchez.



The following is a combined excerpt from <http://horse-journal.com/article/the-best-horse-stall-fans> and <http://www.ramblings.com/ramblings/ramm-articles/hot-topic-barn-fans>

BOX FANS: WHAT'S THE DIFFERENCE?

We've all seen them. It's a common sight especially during summer: a box fan bungeed to a stall door or mounted up on the wall for the purpose of cooling our equine friends during the worst of the heat. Box fans purchased at the local hardware store. But are those box fans safe for the barn? Aren't all fans basically the same? Did you know that box fans are often the first suspect after a summer barn fire? Here's why not all fans are intended for barn use and what you should look for in a barn fan:

Sealed Motor: Even the most pristine barn is a dusty, dirty environment. In time, barn fans become coated with dirt and grime. Even if you clean your fans regularly, it is not the blades or grill that poses a fire risk. If you look at the back of an ordinary box fan you'll likely see the glint of copper wires inside the motor. That motor isn't sealed. If a bit of hay or combustible dust (like from horse feed) reaches the hot parts of the motor it can burn and/or short out the fan. It may even produce enough heat to melt the plastic parts of the fan, which could drip onto hay or dry shavings. It can even result in small flames . . . you get the point. A fan suitable for a dusty environment should have a sealed/enclosed motor to prevent dust from getting sucked into it. The fan, or the packaging, won't say "barn safe" but it may state that the motor is enclosed and/or sealed. Fans that are outdoor-rated or waterproof also qualify as "sealed."



Note the Enclosed motor and Thermal Protection label

Thermal Overload Protector: Where you mount the fan makes a difference. Because heat rises, fans mounted near the top of the stall will run hotter than fans near to the ground. A thermal overload protector will shut off the fan if the motor overheats. The protector then re-sets when the fan cools and turns it on again.

Consider Commercial Quality: Because barn fans tend to run continuously for months on end, durability is extremely important. Fans that are "commercial" or "agricultural" rated tend to be more expensive than the local hardware store box fan, but they also last longer.

Fan Size and Location A fan that has an airflow rating of approximately 2,000 cubic feet per minute (cf/m), on the high setting, is appropriate for most stalls. Much more than this is likely to cause too much dust and may even make the horse too cool. Aim the fan so that the horse can get out of the air flow if he wants to and be sure it's mounted securely. The stall front is usually the best location because the fan can be mounted to blow horizontally. You can also use a post along the wall or in a corner of the stall to install the fan with a wall mount, out of the horse's reach. A height of 12 feet (higher for very tall horses) allows airflow while keeping the horse from messing with the fan.

Place any fan (including ceiling fans) below the really hot layer of air that forms just under the roof. In many barns this hot layer will flow up and out through vents or a cupola and you don't want to disrupt that flow or blow the hot air back down in the barn. Installing the fan in air hotter than 140° can cause the thermal overload switch to shut off the fan. Check the overhead temperatures with a large thermometer by hanging it where you plan to put the fan or by putting the thermometer on a (non-conductive) pole and holding it up where the fan is to go.

Obviously, the horse shouldn't be allowed access to the electrical cord. If the fan is on the stall front, route the cord around the back of the fan, then up out of reach, and be just as careful about getting the cord back down to the plug. Velcro cable ties can help. If you choose to use zip plastic ties, select ones that are rated for electrical cords and don't cinch them too tight. Avoid extension cords if you can, but if you need one get a heavy-duty cord intended for heavy-duty use.



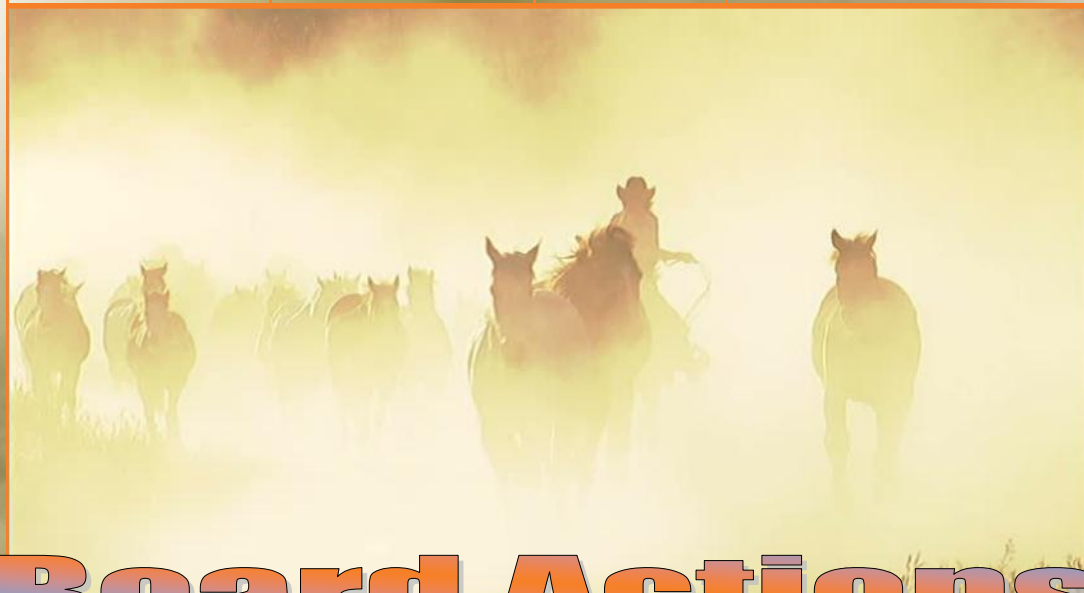
Hard-wired ceiling fans are inherently safer than plug-in fans, although this isn't always possible and it makes it much more difficult to target them as effectively to cool a particular horse. If you do choose a ceiling fan, be sure it's rated for outdoor use and have them wired to the electrical supply by a professional.

BOTTOM LINE. Nothing can totally prevent barn fires. Accidents happen but taking the extra steps can help. Dust is the enemy so keep your fans clean. Outdoor and waterproof fans can be washed, but don't blast the seals and lubricants with a hard spray. Before using a fan, check the wiring and cords. Replace stiff, cracked wires or the entire fan.



Board Of Directors

President	Joe Cowan	909-912-4319	joeofire@gmail.com
1 st Vice President	Pat Morris	909-944-9929	exclemages@hotmail.com
2 nd Vice President	Cassie Sanchez	909-987-8366	johnsanchezesq@hotmail.com
Treasurer	John Sanchez	909-987-8366	johnsanchezesq@hotmail.com
Secretary	John Sanchez (acting)	909-987-8366	johnsanchezesq@hotmail.com
Membership	Ali Smilgis	909-702-5306	asmilgis@yahoo.com
Youth	Clay Clements	909 466-8816	clayman.clements@gmail.com
City Liaison/ALERT	Larry Henderson	909-226-3956	lhenderson62@outlook.com
Local Trail	Brent Dooley	909-941-9857	brentd@selfdrillers.com
Trailer Out	Barry Berg	909-980-4324	bergfam25@msn.com
Food Services	Rick Morris	909-944-9929	exclemages@hotmail.com
Publicity	Charlene Ariza	909-980-8876	cariza@charter.net
Newsletter Editor	Alice Waters	909-261-4892	cah2os2006@yahoo.com



Board Actions

The following actions were taken by the Board at its May 9, 2017 meeting.

- The Board allocated \$250.00 for food service for the June 4th Open Hunter/Jumper Schooling Horse Show.
- ALRC allocated \$1,346.00 for the approved purchase of three 4-rail, 12 x 12 holding corrals with gates subject to installation approval by the city. Upon city approval of the plan, the corrals were purchased and installed in the northeast section of the parking lot. (See page 2 for pictures.)
- A new club brochure and membership form, designed by member Martha Cowan, was approved for publication. Cost for 100 brochures is \$146.00.

If you have an item you would like to place on the agenda and bring before the Board, please contact John Sanchez, Acting Secretary, at: 909-987-8366 or johnsanchezesq@hotmail.com



IT'S THAT TIME OF YEAR: ALRC Membership Renewal!

Why should you renew or encourage others to join?
To hang out with horses and horse people, that's why!

You don't need to own a horse to be a member, you just gotta like horses.

ALRC is a very active community-based horse club, involved in many events such as:

- Horse shows to show-off what you got
- Educational clinics to learn new stuff
- Charitable events to help others
- Entertaining events to laugh a little
- Play Days for the kids and a good excuse to be grown-up kids again
- Local trail rides to kick up our own dust
- Trailer-out trail rides to see the world a little
- Volunteer activities because it feels good to pay it forward and we're really proud of our club
- "Communication" which means swapping horse stories and "what do you do when your horse does that?"
- "Networking" which means you'll be part of a large group of horse-minded people who know lots of stuff about horses
- Advocacy of our community's equine heritage within the city so it stays that way



ALRC members have created a very healthy and vibrant horse community that knows how to have fun with horses. ALRC also manages Heritage Park Equestrian Center which means we keep it in great condition.

So, bring your family horse, Quarter horse, Arab, gaited horse, jumping horse, mule (we even have a jumping mule), minis (yep, got jumping ones, too)...whatever you got, bring 'em to the club because we like 'em all! And even if you don't have one, bring yourself! Joining is easy. Contact Ali Smilgis, Membership Director (asmilgis@yahoo.com) or visit our website and download a membership form (www.altalomaridingclub.com) and mail it to ALRC, P.O. Box 8116, Alta Loma, CA 91701. We'll keep the barn door open for ya!

HERITAGE PARK EQUESTRIAN CENTER

A General Purpose Equestrian Facility



BOOK YOUR 2017 EVENT!

If you have or know of an organization that would like to hold a horse show, clinic or other equestrian event, please share the information below about our wonderful facility

Amenities

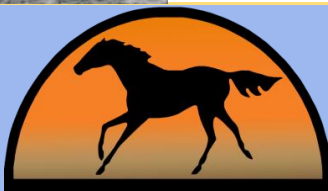
- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens
- South Arena: 295' x 150'
- North Arena: 220' x 90' (Dressage)
- PA System
- Hitching Rails
- Water Trough
- Trailer Parking
- Trail Course
- Trail Access



Low Rental Rates


- \$150/6 hrs: includes both arenas & grounds fee
- Kitchen: \$50/event
- Multipurpose Room: \$50/event
- Grounds Fee: \$5/horse
- Cleaning Deposit: \$150 (refundable)

LOCATED AT
 5546 Beryl Street
 Alta Loma, CA 91701



ALTA LOMA RIDING CLUB
 P.O. Box 8116
 Alta Loma, CA 91701
 909-226-3956
altalomaridingclub.com
altalomaridingclub@gmail.com

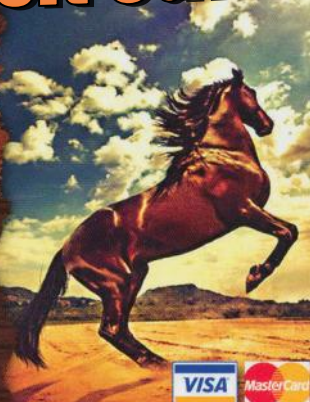

Please Visit Our Advertising Friends!



**Generation West
Feed & Supply**

VIVIANO RODRIGUEZ

Phone: (626) 454-2375
Email: GenerationWest02@aol.com
2951 Durfee Ave. • #F
El Monte, CA 91732


A Design-Build Firm
General Contractor
Lic # 1016619

Interior Design / Construction
Kitchen / Bathroom Remodels
Furnishings / Decor
Custom Window Treatments

c.mcmaway@hotmail.com Christina & Kenneth
www.MID.construction 909-214-4636



GOLDEN OAKS
VETERINARY HOSPITAL

Dr. Suzi Lanini
VETERINARIAN

9155 Archibald Suite J
Rancho Cucamonga, CA 91730

PH 909.477.4499
goldenoaksvethospital.com



Heating & Air Conditioning

(909) 980-4109 (909) 626-6365 (626) 969-1414
(951) 674-4224 (714) 693-0337


- System Upgrades •
- Servicing All Makes & Models •
- Commercial & Residential •
- Complete System Installs •

*Southern California Equine
Veterinarians, Inc.*



Don Scott Vrono, D.V.M.
Samantha Jo Abair, D.V.M.
Practice Limited to Equine Medicine and Surgery
545 West Allen Ave., Unit #6
San Dimas, CA 91773
(909) 592-0911
(24 Hours)

ROBIN L. CHAPMAN, D.D.S.



FAMILY DENTISTRY

321 North Third Avenue
Upland, California 91786

909-982-8924
909-982-0113
Fax 909-982-7144



G & F Horse Trailers
Built by a horseman for horsemen

George Liblin
Owner

2175 S. Willow Ave.
Bloomington, CA 92316

909-820-4600
Fax 909-820-4903
gandfcompanies@sbcglobal.net
www.gandftrailers.com



**C.W. FEED & PET
SUPPLY**

Feed For All Your Critters, Big or Small

WE Deliver

Propane Refills
& Exchange
Easy R.V.
Access

**The only in-door barn
keeping you and your feed dry.**



909.944.9427 Fax 909.944.1883
7070 Archibald Ave. Rancho Cucamonga, CA 91701
www.cwfeedandpet.com cwfeed@yahoo.com

ALERT

Please be aware: There was an incident during a recent ALRC event at Heritage Park Equestrian Center. While everyone was enjoying the activities of the event, a thief broke the handle of a truck parked in the equestrian parking lot, entered the truck and stole a purse. A red 4-door Ford truck was possibly involved. The sheriff said this type of theft happens frequently and that the thief targets women at parks and gyms.

Please remember to stay vigilant while enjoying our equestrian events at Heritage Park Equestrian Center. Even though ALRC manages the equestrian center, the parking lot remains city property and open to the public.

HORSE BOARDING

AMENITIES

- Horse-ready 12 x 12 stall
- Automatic water system
- Corner floor feeder
- Lights
- Fan (will be remounted higher)
- Automatic fly spray system
- Shavings included
- Clean tack shed
- Cement area for bathing & tacking

SERVICES

- Daily stall cleaning, except Sundays
- Twice daily feeding, every day

Feed Not Included



Looking for someone who will be my only boarder. Your horse will have two goats and two miniature donkeys as roommates.

Come by and check it out!

\$300/mo

CONTACT

Caitlin Fagan
909-367-3632



Equestrian Center Equipment Donations Needed

Please consider an individual or company donation for the following new or used equipment to help our equestrian center volunteers keep the facility in good condition.

Cash donations of any amount are appreciated. These funds will be held separately for facility maintenance.

- Quad
- Small tractor (35hp>)with bucket and blade
- Utility vehicle similar to Artic Cat or Gator types
- The Rascal LGR™
- 2 Manure Forks
- 1 33-gal. rough neck trash container



Rascal 1



ALTA LOMA RIDING CLUB

Community organization dedicated to the interest, lifestyle and continued preservation of owning and riding horses in Alta Loma and Rancho Cucamonga, CA



You don't need to own a horse

Alta Loma Riding Club
P.O. Box 8116
Alta Loma, CA 91701



909-226-3956
www.altalomaridingclub.com
altalomaridingclub@gmail.com