



May 2017

HERITAGE

Equestrian Center

EVENTS

May 6 & 7 - Dr. Blair
Vaccination Clinic
9:00a.m.

May 9 - BOD Mtg
7p.m.

May 13 - Barry Berg Clinic
Trailer-out
8:00a.m.

May 14 - Happy Mother's Day!

May 29 - Memorial Day

Jun 4 - Hunter-Jumper Show
8:00a.m.

Jun 24 - Saddle Up For St. Jude
10:00a.m.



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Message From The President

Although this article is going to print before the annual Spring Cleanup Event at Heritage Park Equestrian Center on Saturday April 29th, I wanted to take the opportunity in this month's ALRC newsletter to thank all of the volunteers who assisted us. We certainly could not accomplish our goals without your generous support.

We are still looking for some equipment to ease the burden of the volunteers who maintain the Equestrian Center twice a week. We need a John Deere Gator (or similar, any make or model with a small work bed). If you know of a company or individual willing to donate this as a tax deduction, ALRC is a 501(C)3 Organization. We are also looking to borrow a tractor with a bucket (with or without its operator) twice a year. And, we are constantly in need of volunteers willing to lend a hand with the ongoing maintenance of the facility. Gardeners, painters, handymen, electricians, carpenters...you name it! If you have just a couple of hours on Monday or Friday please feel free to just show up between 9:00 am and noon. We would be happy to put you to work. Feel free to call or email me should you be able to assist with any of these matters.

I want to thank the Board of Directors of the ALRC and people who assist in making the organization run smoothly and keeping the equestrian community informed on ALRC business. While on the topic of the Board of Directors, elections are around the corner and we have open seats on the Board (see page xx). Perhaps there's a seat that suits your special talents and expertise. Do you like working with numbers and finances? We are in desperate need of a Treasurer! You don't need to own a horse to serve on the board. All you need is a desire and interest in making ALRC the best club it can be. Please...support the club by volunteering to serve on the Board.

I have had some pretty awesome adventures on my horse, Charlie, but every once in a while we still have some minor issues. During those times I wonder what in the heck is going through his head? Well, it finally came to me. A quote from Cool Hand Luke says it all, **"What we've got here is failure to communicate."** Please continue to ride, have fun, and be safe.



VP's Message

We have a variety of exciting events planned in the next couple of months at Heritage Park Equestrian Center. The events range from Barry Berg's Ride-Out Clinic to Dr. Blair's horse vaccination/health clinic in May and a fabulous Hunter Jumper show in June.

Come show at a beautiful venue in a relaxed atmosphere. The Alta Loma Riding Club Open Hunter/Jumper Schooling Show is open to all riders and breeds with divisions from walk-trot to 2ft.6 inches hunters and jumpers. There will be flat classes in English Pleasure and Equitation in addition to jumping classes. Classes range from very beginners to seasoned hunter/jumper riders. Cost is only \$9.00 per class plus a \$5.00 drug fee and a \$5.00 grounds fee. Prizes for 1st place winners and ribbons through 5th place. The judge for the show is Kathryn Griffiths. Show starts at 9:00 a.m. and registration office is open at 8:00 a.m. Snack bar will be open throughout the show.



ATTENTION ALL MEMBERS



**WE NEED VOLUNTEERS TO HELP WITH THE SHOW
JUMPING CREW, SNACK BAR, REGISTRATION TABLE, GATE PERSON, ETC.
CALL OR TEXT (909)560-2822 AS SOON AS POSSIBLE AS TIME IS OF THE ESSENCE
THANKS FOR YOUR HELP!**

**PLEASE LET ME KNOW IF THERE ARE ANY EVENTS OR ACTIVITIES
YOU WOULD LIKE TO SEE THE CLUB HOST IN THE FUTURE**

<p>May 6 & 7 9:00 a.m.</p>	<p>Dr. Blair's Horse Vaccination/Health Clinic. Dr. Blair will be onsite at Heritage Park Equestrian Center to administer ALRC's annual horse vaccination/health clinic. Please bring your horse to the park (for an additional fee, Dr. Blair will come to your home.) RESERVATIONS ARE REQUIRED so Dr. Blair can prepare enough medications and supplies. See page 4 for details.</p>
<p>May 13 8:00 a.m.</p>	<p>Barry Berg Horsemanship Clinic #3. This clinic will be a trailer-out to Wildwood Canyon State Park to work, in a natural trail environment, on skills learned in Clinics 1 & 2. Please note that Barry is donating all proceeds back to the club. This enables us to offer more exciting events throughout the year. See page 5 for details.</p>
<p></p>	<p></p>
<p>June 4 8:00 a.m.</p>	<p>The Alta Loma Riding Club Open Hunter/Jumper Schooling Show will have five divisions and 26 classes suitable for beginners to advanced riders. We are expecting a large number of entrees so we REALLY need volunteers to help with the show. If you've ever thought about volunteering, this is the show to do it! See page 6 for details.</p>
<p>June 24 10:00 a.m.</p>	<p>Our annual Saddle Up for St. Jude ride will be on Saturday, June 24th. Check in by 9:30 a.m. and the ride will start at 10 a.m. through our local trails. It will be an easy ride on mainly flat trails. After the ride lunch will be served at Heritage Park. The cost for the Saddle Up for St. Jude Ride is \$30 per person including lunch. We will also have a silent auction to raise additional funds for St. Jude Children's Research Hospital. That being said, we need items for the silent auction. This is a great time to spring clean your tack room and garage for items to donate. Give Charlene Ariza a holler at cariza@charter.net or call her at 909-921-5860 and she will pick up the items. Details coming soon.</p>



Board Of Directors

ELECTION 2017

Unbelievably, it's MAY already! With all the rain this year the hillsides are gorgeous with spectacular flowers.

Once again it's time for board elections and we really, really, *really* need people to step up to the Board. Please remember that without ALRC's involvement in preserving our equestrian way of life, our rights to own and ride horses in our community would be imperiled by other encroaching interests. We need to remain strong in our membership and club participation so that we preserve our wonderful equestrian heritage.



JOIN US!

Most of the current Board members have been loyally serving for a very long time, providing a solid foundation for the club's growth and presence in the city. We have well over 100 active household memberships, which grows every year, plus many associate equestrians who work closely with the club. That's a lot of people from which to draw a few who would serve the board well with fresh ideas and energy to pursue our goals.

Won't you join us in keeping this club healthy and active? Become an ALRC Board member!

BOARD POSITION	DESCRIPTION	CANDIDATE
President, Chief Executive Officer and Chairperson of the Board	Conduct Board meetings, establish and perform to a fiscal budget, ensure insurance for the ALRC is provided, ensure tax and insurance obligations are met, provide job descriptions as defined in the Bylaws to all Board members, preside over all general membership meetings, conduct the annual election of officers, and appoint committees as needed.	Joe Cowan
1st Vice President	Plan and report on monthly meetings, social events, inventory	Pat Morris
2nd Vice President	Plan and organize shows and play days	Cassie Sanchez
Treasurer	Maintain financial books and records of the corporation	Open
Secretary	Keeping and publishing the minutes of the Board of Director meetings and maintaining the ALRC records	John Sanchez
Membership Director	Maintain membership rolls, prepare annual handbook, head of telephone committee, membership outreach	Open
Local Trail Director	Plan and organize local trail rides	Open
Trailer Out Director	Plan and organize trailer out events	Open
City Liaison and Emergency Rescue Team Director	Report on trail issues and communicate with government officials	Larry Henderson
Youth Director	Member of Show Committee; liaison to youth organizations and youth activities	Open
Food Service Director	Plan and prepare refreshments for Club activities	Rick Morris
Publicity Director	Ensure all activities and events receive appropriate publicity; responsible for ALRC promotional sales.	Charlene Ariza
Editor	Create and distribute the ALRC monthly newsletter, manage newsletter advertisers and maintain the bulletin board at Heritage Park Equestrian Center.	Alice Waters

Get your shots here!!



Low Cost Horse Vaccination & Deworming Clinic

May 6th & 7th
9:00 a.m.

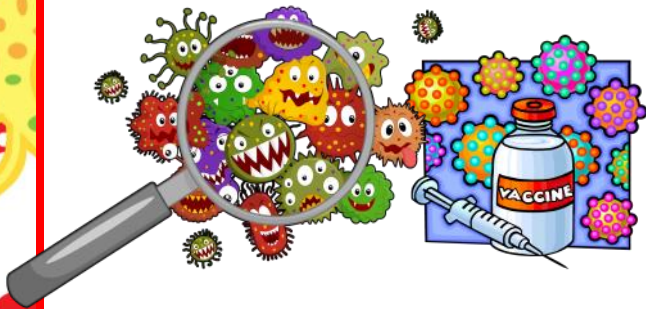


RESERVATIONS REQUIRED



Hosted By The Alta Loma Riding Club
Heritage Park Equestrian Center
5546 Beryl St.
Alta Loma, CA 91701

The Alta Loma Riding Club is hosting a "Low Cost Horse Vaccination & Deworming Clinic". Dr. Blair will be onsite to administer several different vaccinations and dewormers at a reduced cost. Ride 'em, lead 'em or haul 'em --- make it easy on Dr. Blair, and keep the cost down, by bringing your horse to the equestrian center. A proper equine vaccination and deworming program is one of the most cost-effective preventative health measures a horse owner can take. Bring in your "herd" and get 'em vaccinated and dewormed!



If you cannot bring your horse to the park, Dr. Blair will come to your home on the 6th or 7th for an additional fee of \$10. You must make a reservation.

To make your reservation contact:

Cassie Sanchez 909-560-2822
(call or text)



HORSEMANSHIP

Practical Application

WORKSHOP

with

BARRY BERG



HOSTED BY

Alta Loma Riding Club
Heritage Park Equestrian Center
5546 Beryl St.
Alta Loma, CA 91701

May 13, 2017
8:00a.m. - completion

TRAILER OUT TO:
Wildwood Canyon State Park
Yucaipa, CA

FEE
\$75.00
(includes lunch & beverages)

Limited to 10 participants

Barry is very generously
donating all proceeds
to the ALRC

THANK YOU, BARRY!

In this third clinic in the series, we will trailer out to *Wildwood Canyon State Park* in Yucaipa and utilize the skills we have been working on, in a natural environment. We will work on patience, trust and partnership in a beautiful meadow setting with trails and natural terrain. We will also work on trail while riding. You will be enlightened to see just how much progress you and your partner have made. We will meet at Heritage Park at 8 a.m., trailer out at 8:15, and return after riding to our heart's content. I am looking forward to watching you all succeed. If you need a ride for your horse, let me know and we will see what we can arrange among the participants.
Text me at 909-477-9644.
Hope to see you all there!



OPEN Hunter/Jumper SCHOOLING SHOW



June 4th, 2017

8:00 a.m.
(Registration Office Opens)

9:00 a.m.
(Show Starts)

Judge: Kathryn Griffiths



- Open to all riders and breeds
- 5 Divisions & 26 classes
- Beginners to advanced riders
- Walk-trot to 2ft-6 inches Hunters & Jumpers
- Flat classes in English Pleasure & Equitation



FEES

- \$9.00 per class
- \$5.00 drug fee
- \$5.00 grounds fee

We are expecting a large number of entrees so we REALLY need volunteers to help with the show. If you've ever thought about volunteering, this is the show to do it!



Hosted by
ALTA LOMA RIDING CLUB

The ALRC held its quarterly general membership meeting on Saturday, April 8th at Heritage Park Equestrian Center. A delicious complimentary breakfast of beef and pork egg burritos, fruit assortment, pastries and doughnuts, coffee and orange juice was served.

The meeting then began with the presentation of colors by the mounted patrol and Clay Clements on the jousting Frisian, Ivan. President Joe Cowan led the meeting, speaking on upcoming events such as our annual spring cleaning day, board elections, safety in the park and volunteers needed for park maintenance. Other board members spoke on future events for the club, including horse shows, trail rides, the St. Jude ride and silent auction. The membership chairperson spoke on the e-mail newsletter, renewal of memberships and accessing cell phone numbers for texting club news and events.



The presentation for the day was Lydia Hiby, world famous animal communicator. Nineteen people brought their animals to the meeting for a reading. Many came as skeptics but left thoroughly amazed at what they heard from Lydia. Club members were thoroughly entertained over the readings and were captivated by the humorous anecdotes.

Sophia Scudder, ALRC youth director, brought her horse who was not too happy to walk over to the arena when it was her nap time. Sophia commented, "It was really accurate; better than I thought it would be."

The audience was thoroughly amazed with the revelation that Julie Bessert's horse, Penny, a patrol horse, likes to ride with "the horse in the bullring." That horse was Sabrina who rides in the patrol with Penny.

Diana Gallard brought two horses, Holly and Matty. She said, "It was awesome! She was right on with pretty much everything."



Kelly Brown's horse, Magnus, was very worried about being sold. It was admitted that selling Magnus was a consideration once.



Sabrina said of her owner, Karen Hollis, that she was queen of the Mounted Patrol which pleased everyone.

Gracie, a beautiful black Frisian-Percheron mare, communicated that she missed her one true boyfriend who she described as buckskin. This immediately touched a cord with the owners as they recognized the horse. Gracie also 'told' Lydia that she originally came from a great distance which also was accurate. Gracie communicated she was worried about her stable mate as being depressed. It turns out that the horse next to her is largely neglected.

Martha and Joe Cowan's thoroughbred, Charlie, communicated that he liked going camping. The Cowans just went camping for the first time last week in Santa Barbara. Charlie indicated he loved the lead horse, Libby, who was a "no drama horse" that knew how to lead.

Shawna McClaine's "Duchess" revealed that she was treated for an ulcer and that her previous owner treated her poorly. She also worried that her owners entertained selling her.

The Clements family, with their horse Ivan, were told that Ivan chose them as prospective owners and not the other way around. "She nailed it!" Clay said, "It was cool."



Horses weren't the only animals, dogs came too. The Bevins brought two dogs, Tootsie, and Brutus. They were totally amazed that Tootsie complained that her owners go to bed too late! "That's right", they said as they laughed uncontrollably. Brutus communicated that he was found in the street after being abandoned by his former owner. The Bevins concurred that was also correct. Brutus said that he likes to go to the river, only to find out that the Bevins often go to the river. Brutus 'said' that he liked to chase the Jet Ski, which was also on target. Brutus then revealed the presence of another dog in the family. "He really isn't a dog, but baby in dog's clothing." The four members of the family immediately bursted out in laughter as they admitted to they have a 'baby'-dog named Aspen. They said of the experience, "She hit it right on target!"





Are you interested in helping maintain our beautiful Heritage Park Equestrian Center? All interested Alta Loma Riding Club members are urged to help to make and keep this unique community amenity a facility we can all be proud of for generations to come. Volunteers, if desired, will be trained on city equipment to handle arena and round pen maintenance. Other opportunities include building maintenance and

We LOVE



Volunteers!

repair, grounds clean up and dumping of trash. If you have a desire to help, have skills, or want to learn new ones (like operate a tractor) please complete the following steps:

- Be a member of the Alta Loma Riding Club
- Complete the ReadyRC volunteer application at <https://www.volgistics.com/exportportal.dll/ap?AP=401740201&OR=1>



WELCOME

New & Returning

MEMBERS!





NEW EQUINE DEWORMING GUIDELINES

This article appeared in <http://www.horsechannel.com/horse-health/the-new-equine-deworming-rules.aspx>

Scrap your outdated rotational deworming program and update to the new parasite protection plan for your horse. Deworming used to be a no-brainer. You picked up a tube of paste dewormer at the feed store, gave it to your horse and jotted the date on your calendar. A couple months later, you did the same thing, making sure to use a different type of dewormer. You did this year-round and felt sure you'd covered all the bases and your horse was protected from all types of potentially damaging internal parasites. Was he? Maybe, maybe not.

The vast majority of horse owners continue to deworm following this outdated protocol, simply rotating between different dewormers. Now that parasite resistance to anthelmintic (deworming) drugs has become prevalent, many of the rules about deworming have changed. And if you're not changing with them, you could be doing your horse a huge disservice.

So how do you know what kind of deworming program is best for your particular horse? That depends on several factors. First of all, what age of horse are you treating? Foals and young horses have different deworming concerns than adult horses and require more frequent deworming. For adult horses age 3 and up, you'll need to develop a customized plan based on the individual horse's parasite load. Here's how to create your horse's deworming program.

Deworming Adult Horses

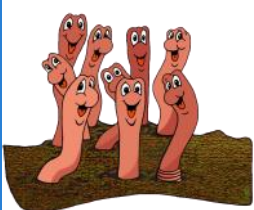


The good news is, you'll probably be deworming less than before. "All adult horses need at least two dewormings per year, primarily targeting the small strongyle and Habronema in the spring, and encysted small strongyles, tapeworms and bots in the fall," says Nathan Voris, DVM, MBA, a senior veterinarian who works in Equine Technical Services at Zoetis, a global company that develops and manufactures animal health medicines and vaccines.

"The reason for the minimum two treatments per year is to protect against re-establishment of the large strongyle, which has a minimum six-month life cycle. Historically, this parasite was the cause of many fatal colics prior to ivermectin and moxidectin. If ivermectin or moxidectin are used twice per year, they will effectively eliminate the risk of this parasite from the herd."



Keep in mind that some horses will need more than two dewormings each year, and these should be based on fecal testing as well as risk factors. For example, a horse that is pasture boarded at a stable with lots of horses coming and going can have significant exposure to parasites. Horses that are determined by fecal testing to be "high shedders" need to be dewormed more than twice a year. These horses tend to be more susceptible to parasites and carry a heavier parasite load. They then shed greater numbers of parasite eggs in their manure, which can be potentially transmitted to other horses on the farm grazing in the same fields. High shedders are responsible for the majority of parasite transmission. Identifying and treating these horses can help protect the rest of the herd from parasite exposure. "Usually in a herd, 80 percent of the parasite burden is hosted by 20 percent of the horses," says Voris.



Fecal Testing

Fecal egg counts (FEC) will tell you if your horse is a high or low shedder. Fecal egg count reduction testing (FECRT) can identify the drug classes to which worms are susceptible or resistant. "The American Association of Equine Practitioners (AAEP) recommends the first FEC at 6 months of age," says Voris. "All adult horses should have at least one FEC per year. The ideal time to do this is during the grazing season, when the grass is growing. More frequent FECs should be considered to monitor high shedders or horses exhibiting clinical signs of disease caused by parasitism."

Testing after the most recent deworming treatment is also critical, as this will tell you if the drug you used is effective. FECRTs are performed by collecting a fecal sample for an FEC at the time of deworming and again 10 to 14 days after deworming. The number of eggs per gram (EPG) of feces after deworming is compared with the EPG prior to treatment. This lets you know if the dewormer you're using is effective or if parasites are showing

resistance to it. Your veterinarian can go into more detail, but if there is resistance, this means you shouldn't use that class of deworming drug against that targeted parasite on that farm.

Your veterinarian will run the tests or refer you to a lab that can. Collect a small amount of fresh manure (a few "apples" are enough) in a resealable plastic bag. Immediately refrigerate or put it in a cooler with ice if your vet isn't coming for a few hours to keep any eggs from hatching and compromising the test. Your veterinarian can explain the test results, as well as let you know which category (high or low shedder) your horse is in, so you know how frequently to deworm.

The Usual Suspects



Treatment Plan

Small strongyles are now the primary parasites of concern when treating adult horses, but not all dewormers work against them. For example, the chemical class that controls roundworms often is completely ineffective against small strongyles, and vice versa. In addition, some parasites have developed resistance to certain deworming drugs. So how do you know which dewormer to use? Time for a little label reading the next time you visit the feed store. There are three basic chemical classes of deworming products:

benzimidazoles (fenbendazole, oxbendazole)	Effective against roundworms (ascarids) Good for use in foals Ineffective against small strongyles due to drug resistance
tetrahydropyrimidines (pyrantel salts)	Effective against roundworms (ascarids), large strongyles & pinworms Ineffective against small strongyles due to drug resistance
avermectin/milbemycins (also referred to as macrocyclic lactones) (ivermectin and moxidectin) praziquantel is marketed in combination with the macrocyclic lactones to treat tapeworms	Best for small strongyles Due to widespread benzimidazole resistance, moxidectin is the <i>only</i> anthelmintic effective against the encysted larval stage of small strongyles . Due to rising resistance in the roundworm , this class of anthelmintics is <i>not</i> ideal for foals and weanlings The <i>only</i> class effective against Habronema and bots Tapeworms are killed only with dewormers containing praziquantel

The following deworming schedule is offered by Colorado State University and the Association for Equine Practitioners as a guideline for adult horses, pregnant mares and foals. After a vet performs a fecal egg count, they will know the eggs per gram of manure (EPG). Adult horses will fall into either of three categories: Low Shedders (less than 200 eggs per gram), Moderate Shedders (between 200 and 500 eggs per gram), and High Shedders (greater than 500 eggs per gram). Your veterinarian can then determine if deworming is needed and the correct dosage. If deworming is needed, Colorado State University suggests these products and times based on the EPG from a fecal egg count:



Shedding Rate	EPG	FEC Test Time	Spring	Summer	Fall	Winter
Low Shedders	<200	spring & fall	Ivermectin Moxidectin	N/A	Ivermectin Moxidectin with Praziquantel	N/A
Moderate Shedders	200-500	spring & fall	Ivermectin Moxidectin or double-dose Fenbendazole for 5 days	Pyrantel Pamoate Fenbendazole	N/A	Ivermectin with Praziquantel Moxidectin with Praziquantel
High Shedders	>500	spring & fall look for resistance	Ivermectin Moxidectin or double-dose Fenbendazole for 5 days	Pyrantel Pamoate Fenbendazole	Ivermectin with Praziquantel Moxidectin with Praziquantel	Pyrantel Pamoate Fenbendazole Oxibendazole

HERITAGE PARK EQUESTRIAN CENTER

A General Purpose Equestrian Facility



BOOK YOUR 2017 EVENT!

If you have or know of an organization that would like to hold a horse show, clinic or other equestrian event, please share the information below about our wonderful facility

Amenities

- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens
- South Arena: 295' x 150'
- North Arena: 220' x 90' (Dressage)
- PA System
- Hitching Rails
- Water Trough
- Trailer Parking
- Trail Course
- Trail Access




Low Rental Rates

- \$150/6 hrs: includes both arenas & grounds fee
- Kitchen: \$50/event
- Multipurpose Room: \$50/event
- Grounds Fee: \$5/horse
- Cleaning Deposit: \$150 (refundable)



ALTA LOMA RIDING CLUB
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altalomaridingclub@gmail.com

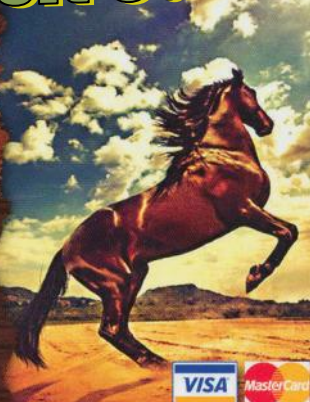

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Newsletter Co-Editor	Alice Waters	909-261-4892	cah2os2006@yahoo.com

Equestrian Center Equipment Donations Needed

Please consider an individual or company donation for the following new or used equipment to help our equestrian center volunteers keep the facility in good condition.

Cash donations of any amount are appreciated. These funds will be held separately for facility maintenance.

- Quad
- Small tractor (35hp>)with bucket and blade
- Utility vehicle similar to Artic Cat or Gator types
- The Rascal LGR™
- 2 Manure Forks
- 1 33-gal. rough neck trash container



Happy
Mother's Day!

ALTA LOMA RIDING CLUB

Community organization dedicated to the interest, lifestyle and continued preservation of owning and riding horses in Alta Loma and Rancho Cucamonga, CA



You don't need to own a horse

Alta Loma Riding Club
 P.O. Box 8116
 Alta Loma, CA 91701



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