



Dedicated to promoting and preserving the rural and equestrian lifestyle in our community.

ALRC NEWSLETTER • AUGUST 2023

BITS *of* NEWS

Mourning the Loss... The Alta Loma Riding Club is mourning the loss of one of its own, John Sanchez. John had fought, and won, a long battle with cancer, but ultimately he passed away from complications of COVID. John is survived by his wife Cassie (our ALRC President), son Alex, daughter-in-law Sarah and two granddaughters Scarlett and Adeline. John served on the ALRC Board in the capacity of Treasurer and Secretary for many years, and he volunteered at many events and shows. He will be greatly missed by all who knew him.



EQUIPMENT USED BY ROCKING G EQUESTRIAN SERVICES

ALRC is excited to announce that on Saturday, August 5, the arenas were renovated by Rocking G Equestrian Services of Hemet, California.

The renovation included removing all rocks and debris while retaining the existing footing. ALRC did not anticipate having to close the arenas as the contractor worked on one arena at a time.



In October 2017, ALRC entered into an agreement with the City of Rancho Cucamonga. As noted in the agreement, ALRC shares the city's goal of preserving the property for present and future citizens of Rancho Cucamonga.

This project represents our commitment to that goal and is paid for by ALRC from the accumulated reserves from event proceeds and membership fees.

COME TO HOT AUGUST NIGHTS AND ENJOY OUR NEWLY RENOVATED ARENAS!



HOT AUGUST NIGHTS

SATURDAY NIGHT

AUGUST

19

@5:30PM



TRAIL-STACLE EVENT

“a little bit trail, a little bit obstacle, and a whole lotta fun!”



**Prizes to first place;
Ribbons 1st-6th place**



ALL SKILL LEVELS!



\$4⁹⁹ PER ENTRY

Show office opens at 5:00pm
\$4.99 per class/entry

+ \$9 grounds fee

+ \$10 Office fee

Email questions to Kara at

VicePres2ofALRC@gmail.com



Plan to have Dinner at
JOE'S DINER!
It's always delicious!!!



It's all happening at
**HERITAGE PARK
EQUESTRIAN ARENA**

COME FOR SOME

SUMMER FUN



www.AltalomaRidingClub.org

SAVE THE DATE!

Fall CDS Rated Dressage Show
Saturday, October 14, 2023
Heritage Park Equestrian Center
5546 Beryl Avenue • Rancho
Cucamonga 91737



HEAT INDEX vs HORSES

“COOL” FACTS:

- **Horses heat up 3-10 times faster than humans.**
- **Exercise is a major source of body heat;** even 17 minutes of gentle exercise in hot weather can raise a horse’s internal temperature to dangerous levels.
- Horses, like people, need to sweat for thermoregulation (cooling); **sweat is more efficient at removing heat when it evaporates.**

How **HOT** is **TOO HOT** to work your horse?

- Heat Index > 180**
USE EXTREME CAUTION
Normal cooling is almost ineffectual
- Heat Index > 150**
USE CAUTION
Watch for signs of heat stress
- Heat Index < 130**
ENJOY YOUR RIDE!
Your horse can keep its body cool

Temperature + Humidity = Heat Index

HOT TIPS

Heat exhaustion should not be underestimated as it can advance to heat stroke quickly.

If you suspect your horse is developing heat stroke, or if your horse’s body temperature does not drop to 101F or lower despite your best efforts to cool him off, call your veterinarian immediately!

ALRC ANNUAL MEMBERSHIP \$30

For more information and TO RENEW your annual ALRC Membership

- 1 Go to www.AltaLomaRidingClub.org
- 2 Click the **MEMBERSHIP** tab
- 3 Follow the steps to renew your membership!
- 4 Or watch your mailbox for the renewal form packet!

HAVE YOU RENEWED YOUR ALRC MEMBERSHIP ?

CINCH MAKING CLINIC

SAVE THE DATE:
Saturday, February 3, 2024
Instructor: Robert Eversole
(AKA TrailMeister)
More details to come!

Support the businesses who support ALRC!
Did you know that you can advertise your business in the ALRC newsletter too?

TO BECOME AN ADVERTISER...

Contact: PublicityofALRC@gmail.com

or Claudia McNeill at

NewsletterofALRC@gmail.com

Business card ads: \$15/month or \$120/year



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C: 909.730.3564
 O: 626.609.2130

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Owners Glenn & Cindy Mocabee, Friends & Members of ALRC

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CONSIDER MAKING A DIFFERENCE!

Alta Loma Riding Club is a volunteer organization and thrives when people care and get involved in their community. We are always in need of members lending a helping hand and volunteering at an upcoming event or working on a project! We also currently have a few open positions on our Executive Board and with elections coming up next spring, this is a perfect time to help out in the interim while seeing if serving on the board is something to continue! **Please consider making a difference at ALRC. Contact Martha Cowan at VicePres1ofALRC@gmail.com**



GET SOCIAL WITH US!

Be in the know! Make sure you follow us on Instagram and Facebook @altalomaridingclub for up to the minute information and happenings.



ALRC Executive Officers & Directors

President: Cassie Sanchez
PresidentofALRC@gmail.com

1st Vice President: Martha Cowan
VicePres1ofALRC@gmail.com

2nd Vice President:
 Kara Haulman-Recla
VicePres2ofALRC@gmail.com

Treasurer: Charleen Ariza
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Secretary:
SecretaryofALRC@gmail.com

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Youth Director: Alanna Quinn
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City Liaison/ALERT: Larry Henderson
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Local Trail Director:
 Heather McGee Decauwer
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NewsletterofALRC@gmail.com



Help the Alta Loma Riding Club protect and preserve the rural equestrian community in Rancho Cucamonga. If you see any questionable or potentially dangerous activity occurring in or around the Heritage Park vicinity, please call the Rancho Cucamonga Park Ranger, at (909) 941-1488. You may also report such activity through the app: **RC2GO.com**



EQUESTRIAN PARKING AREA: In an effort to ensure safety and appropriate use of Heritage Park Equestrian Parking, a lock at the entrance gate has been installed. All ALRC members have been provided an access code via the email on file. We ask that you lock the gate upon entering and exiting the equestrian parking area. Look for the gate code via email and text, for further questions please contact (909) 285-4342 or email altalomaridingclub@gmail.com

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