



ALRC NEWSLETTER • FEBRUARY 2024



Dedicated to promoting and preserving the rural and equestrian lifestyle in our community.

BITS *of* NEWS

CONSIDER MAKING A DIFFERENCE!

Alta Loma Riding Club is a volunteer organization and thrives when people care and get involved in their community. We are always in need of members lending a helping hand and volunteering at an upcoming event or working on a project! We also currently have a few open positions on our Executive Board and with elections coming up next spring, this is a perfect time to help out in the interim while seeing if serving on the board is something to continue! **Please consider making a difference at ALRC. Contact Martha Cowan at VicePres1ofALRC@gmail.com**

Our Board consists of 13 members who are elected by the membership for a 2 year term. Below is a description of the CURRENT VACANCIES on the board right now. Will you consider getting involved? The Alta Loma Riding Club is vital in keeping the horse facility at Heritage Park and preserving the outdoor and equestrian lifestyle that we all love so much in Alta Loma.

SECRETARY

The Secretary's primary duties include: keeping and publishing the minutes of the monthly Board of Director meetings and maintaining the ALRC records. If the ALRC Board of Directors elects to be a member of the Rancho Cucamonga City Chamber of Commerce, the Secretary will handle all activities relating to same.

PUBLICITY DIRECTOR

The Publicity Director shall have the overall responsibility for publicity in the ALRC. He/she shall coordinate with the members of the Board of Directors to ensure all activities/events receive the appropriate publicity: social media, newspaper etc. as needed. The Publicity Director shall be the primary contact for all media and publications. He/she can also be responsible for all ALRC promotional sales, e.g. shirts, jackets, etc.



Our next ALRC Board of Director elections will be held May 4th, 2024 and the new term begins July 1, 2024.

Our Board consists of 13 members who are elected by the membership for a 2 year term.

- | | |
|---------------------------|-----------------------------|
| President | City Liaison |
| 1st Vice President | Local Trail Ride |
| 2nd Vice President | Trailer-Out Director |
| Treasurer | Food Service |
| Secretary | Publicity |
| Membership | Newsletter Editor |
| Youth Director | |

TRAILER OUT RIDE

Let's go to Perris!

with Julie

Julie Bradley, Trailer Out Director



THIS MONTH WE WILL GO RIDE AROUND BEAUTIFUL LAKE PERRIS.

DESCRIPTION OF TRAIL RIDE:

Date: Saturday, February 17

Time: 8am-3pm

STAGING INFO: Meet at Heritage Park at 8am. It is about a 50 mile drive.

There is a \$10 entrance fee. Plan to be in the saddle by about 9:30-9:45.

Bring snacks/lunch/water for you and your horse.

DISTANCE: 10 miles

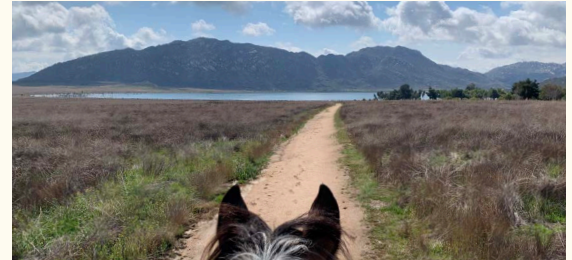
RIDING TIME: approximately 4 hours

TERRAIN: Mostly flat single track dirt trails, one long dam to cross shared with pedestrians and cyclists, one optional short hill climb.

Technicality: This is an easy ride as we circle the lake. There will be boaters and fishermen on the lake and a motorcycle track on the low side of the dam, but horses usually don't care or adjust quickly.

CONTACT: Julie if you have questions: TrailerOutofALRC@gmail.com

Please no stallion or dogs on the ride.



LOCAL TRAIL RIDE

with Heather

Heather McGee Decauwer, Local Trail Director

SAVE THE DATE! FOR NEXT LOCAL TRAIL RIDE ADVENTURE



SCHEDULED FOR MARCH 9TH Location and route: Deer Creek and Wear Green!!

If anyone has a suggestion for local or trailer out destination or would like to lead a ride, please contact Heather McGee Decauwer at LocalTrailofALRC@gmail.com or Julie Bradley via **Facebook** or traileroutofALRC@gmail.com. We try to pre-ride any routes to be prepared for the group rides.

JANUARY LOCAL TRAIL RIDE RECAP!

Eight riders and horses enjoyed exploring the hills above the Almond Trail on our January local trail ride. It was a great day to be outside!



UPCOMING RIDES! SAVE THE DATES!

MARCH 9 Deer Creek

APRIL 4 Trailer Out - TBA

MAY 4th Local Ride - POKER RIDE

JUNE 15 Trailer Out - TBA

LOCATIONS, INFORMATION AND ROUTES TBA and will be available via Facebook and in the upcoming ALRC newsletters!

Julie Bradley,
Trailer Out Director

Heather McGee
Decauwer,
Local Trail Director



Come ride with us!

Did you make some trail riding goals for 2024? Let's ride together this year!

COOL FACTS: Equine Winter Adaptations

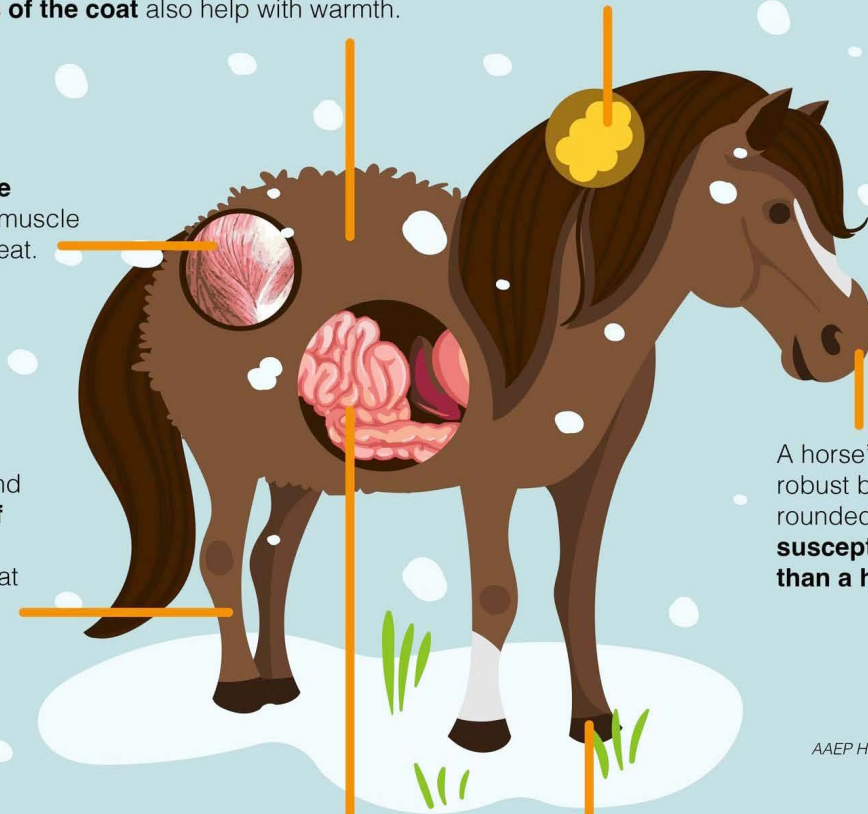
Do you ever wonder how your horse stays warm during the cold winter months? There are many adaptations to help them do this!

Horses increase the insulating abilities of their coats by **piloerection**, a phenomenon where the hair stands up to better trap air within. The combination of **two layers of the coat** also help with warmth.

Wild horses go into the winter heavier than ideal and the **fat serves as an extra layer of insulation**.

Horses have a **huge muscle mass** and muscle activity produces heat.

Their **distal limbs** (below the knees and hocks) **are made of mostly bones and tendons**, tissues that are resistant to the cold temperatures.



A horse's **nose** has a robust blood supply and is rounded so that it is **less susceptible to frostbite than a human's nose**.

Hindgut digestion of hay produces the most heat, acting as a small furnace inside of the horse.

The hooves have an alternative route of blood circulation through larger vessels that can be used in low temperatures.

Source: Dr. Nicole Scherrer
AAEP Horse Owner Education Committee



Are you familiar with the many adaptations that help your horse stay warm during the cold winter months? • Hindgut digestion of hay produces the most heat, acting as a small furnace inside of the horse. This is why free choice, good quality hay is so important in the winter. • Horses have a huge muscle mass and muscle activity produces heat. This includes running and playing and even shivering if their body temperature starts to drop. It is important to remember that these activities also will result in a bigger caloric demand so free choice hay and in some cases, grain, is often needed. • To blanket or not to blanket is a constant debate but either way, as it starts to get cold your horse will grow a thicker coat. If you decide to leave your horse unblanketed you may notice that they look “fluffy”. This is due to a phenomenon called piloerection where the hair stands up to better trap air within. Two layers of the coat also help with warmth.

The inner layer is softer and has air pockets to create an insulating layer. The outer layer is coarse and has oils that keep moisture from penetrating the insulating layer and keep the horse warm. • Wild horses go into the winter heavier than ideal and the fat serves as an extra layer of insulation. However, if a horse is going to be kept heavily blanketed and in a barn during the cold weather months this is unnecessary and can lead to obesity related issues. • Their distal limbs (below the knees and hocks) are made of mostly bones and tendons, tissues that are resistant to the cold temperatures. • The hooves have an alternative route of blood circulation through larger vessels that can be used in low temperatures. This is why horses can stand in snow without detrimental effects. • A horse's nose has a robust blood supply and is rounded so that it is less susceptible to frostbite than a human's nose.

• Courtesy of the AAEP Horse Owner Education Committee (Facebook)

VOLUNTEER AT



THE ALTA LOMA RIDING CLUB manages this City Site by using Volunteers.

We have a variety activities for those seeking Community Service for the public.

VOLUNTEER OPPORTUNITIES:

- **TRACTOR DRIVERS**

Requires application and training.**

Other jobs available include:

- **GENERAL CLEAN UP**

raking leaves, removing weeds, dumping trash

- **EVENT CHALK MARKING**

the dirt parking lot. On-the-job training is provided.

Come join our team in keeping the Community beautiful.

** Tractor drivers are trained on site at the Heritage Park Equestrian SW Corner of Beryl and Hillside.

To apply go to volgistics.com and fill out the Volunteer Application on the Assignment Section check Equestrian Center Maintenance (ALRC). Please let Lawrence Henderson ALRC/City Liaison Director know when it is complete and to schedule your training session at (909) 226-3956. Or email Larry at CityLiaisonofALRC@gmail.com

Support the businesses who support ALRC! Did you know that you can advertise your business in the ALRC newsletter too?

**BUSINESS CARD ADS:
\$15/MONTH OR \$120/YEAR**

TO BECOME AN ADVERTISER...

Claudia McNeill at NewsletterofALRC@gmail.com



KALEO
REAL ESTATE COMPANY

Claudia McNeill
REALTOR® | DRE #02123518

C: 909.730.3564
O: 626.609.2130



 Claudia@KALEOrealestate.com



8625 Baseline Road
Rancho Cucamonga
CA 91730

**Come see us at our
NEW LOCATION!**

T: (909) 980-4408
F: (909) 980-4409
E: ranchofeed@yahoo.com

"Your One Stop Shop for
All Your Pet Care Needs"

www.ranchofeedandpet.com Visit us on: 



Thank You for being a member of the Alta Loma Riding Club!

Your membership makes a difference! We look forward to meeting you at upcoming events!

Do you know anyone who should be a member? Encourage your friends and neighbors who enjoy the trails and facilities to join ALTA LOMA RIDING CLUB TODAY!

Happy Trails!



PACIFIC
PORTABLE SERVICES

888-99-PORTA

TOILETS - TEMP FENCE - TEMP STORAGE

ROBIN L. CHAPMAN, D.D.S.

FAMILY DENTISTRY



(909) 982-8924

321 N. Third Avenue • Upland, CA 91786




**Inland Communities Chapter
2024 Show Schedule**

Heritage Park Equestrian Arena

CDS Schooling Show:
March 16th, 2024
Judge Karrigan Norris-Schulz (L)

CDS Rated Shows:

April 20th, 2024
Judge Peggy Klump

May 18th, 2024
Judge David Schmutz

Oct 12th, 2024
Judge Carolyn Lindholm

Linda Florence - Show Manager
info@iccds.org

Susan Williams - Show Secretary
littleblackhorse12@gmail.com

ALRC Executive Officers & Director

President:
PresidentofALRC@gmail.com

1st Vice President: Martha Cowan
VicePres1ofALRC@gmail.com

2nd Vice President:
Kara Haulman-Recla
VicePres2ofALRC@gmail.com

Treasurer: Charleen Ariza
TreasurerofALRC@gmail.com

Secretary:
SecretaryofALRC@gmail.com

Membership: Kate Bowers
MembershipofALRC@gmail.com

Youth Director: Alanna Quinn
YouthofALRC@gmail.com

City Liaison/ALERT: Larry Henderson
CityLiaisonofALRC@gmail.com

Local Trail Director:
Heather McGee Decauer
LocalTrailofALRC@gmail.com

Trailer Out Director: Julie Bradley
TrailerOutofALRC@gmail.com

Food Services: Joe Cowan
FoodofALRC@gmail.com

Publicity:
PublicityofALRC@gmail.com

Newsletter Editor: Claudia McNeill
NewsletterofALRC@gmail.com



GET SOCIAL WITH US!

Be in the know! Make sure you follow us on Instagram and Facebook at altalomaridingclub for up to the minute information and happenings.

ALRC FEBRUARY EVENTS

TUES, FEB 13 7:00 PM	<ul style="list-style-type: none"> • ALRC Board Meeting • Heritage Park Equestrian Center • Clubhouse
SAT, FEB 17 8AM-3PM	<ul style="list-style-type: none"> • Trailer Out Trail Ride • Meet at Heritage Park Equestrian Center 8AM • Lake Perris, Perris California in the saddle by 9:45AM

Help the Alta Loma Riding Club protect and preserve the rural equestrian community in Rancho Cucamonga. If you see any questionable or potentially dangerous activity occurring in or around the Heritage Park vicinity, please call the Rancho Cucamonga Park Ranger, at (909) 941-1488. You may also report such activity through the app: [RC2GO.com](https://www.rc2go.com)



HERITAGE PARK EQUESTRIAN CENTER

A GENERAL PURPOSE EQUESTRIAN FACILITY
Facilities are available for Shows & Clinics.

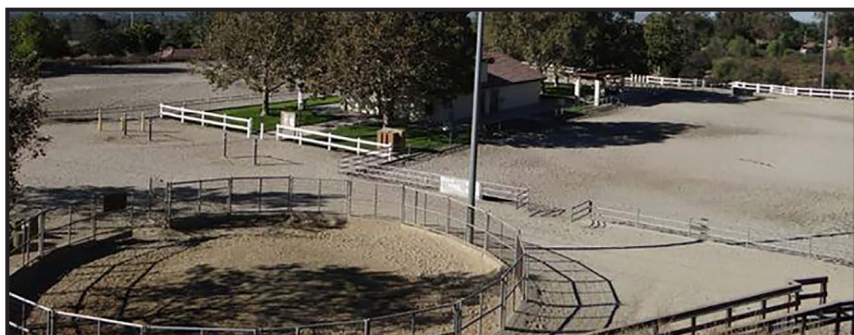
AMENITIES

- Show Office & Clubhouse
- Concession Stand
- Restrooms
- Arena Lighting
- 2 Round Pens & 7 Paddocks
- South Arena 295'X150'
- North Arena 220' X 90' (Dressage)
- PA System
- Hitching Rails & Water Trough
- Trailer Parking
- Trail Course & Trail Access

LOW RENTAL RATES!
BOOK YOUR EVENT FOR 2024
DATES ARE AVAILABLE!

CONTACT:

Larry Henderson (909) 745-4906
altalomaridingclub@gmail.com



EQUESTRIAN PARKING AREA: In an effort to ensure safety and appropriate use of Heritage Park Equestrian Parking, a lock at the entrance gate has been installed. All ALRC members have been provided an access code via the email on file. We ask that you lock the gate upon entering and exiting the equestrian parking area. Look for the gate code via email and text, for further questions please contact (909) 285-4342 or email altalomaridingclub@gmail.com



SUPPORT & COMMUNITY

ALTA LOMA RIDING CLUB at Heritage Park Equestrian Center

The Alta Loma Riding Club exists to promote and preserve the rural and equestrian lifestyle of Alta Loma and Rancho Cucamonga. Our membership is very important in continuing to impact our community. We maintain communication with the local city council and city planners to assure the trails and horse facilities we enjoy stay intact and maintained. We welcome you with open arms! It is not necessary to own a horse to be a member. If you use the trails and enjoy the outdoor lifestyle, ride or walk on two or four legs, by yourself or with your friends, pets and kids, then join us!

- ALRC Monthly Newsletter
- Organized Local trail rides and Trailer-out rides
- Special Events • Shows • Clinics • Social Events
- Members are invited to monthly ALRC Board Member Meetings on the 2nd Tuesday of the month, at 7PM in the Clubhouse at Heritage Park Equestrian Center
- Quarterly ALRC General Member Meeting
- Opportunity to meet other local horse enthusiasts
- Be part of supporting and promoting the rural/equestrian lifestyle in our community!

Visit our website to join or contact
MembershipofALRC@gmail.com
for more information



Alta Loma Riding Club

PO Box 8116

Alta Loma CA 91701

altalomaridingclub@gmail.com

www.AltalomaRidingClub.org

