



The **Stop the Bleed**® course was created by the American College of Surgeons and is taught around the country by qualified, experienced instructors. The class teaches the basics of identifying and treating life-threatening bleeding via the application of tourniquets, wound packing and pressure dressings. Most importantly, it teaches what “immediate responders,” i.e., bystanders can do to stop potentially fatal bleeding before professional emergency responders arrive.

Why does this training matter?

Uncontrolled bleeding is a major cause of preventable death. Approximately 40% of trauma-related deaths worldwide are due to massive bleeding or its consequences, establishing hemorrhage as the most common cause of preventable death in trauma.

- Average time to bleed out from massive hemorrhaging: 2 to 5 minutes
- Average time for first responders to arrive on the scene: 7 to 10 minutes

Bystanders learn to fill this critical time gap and to STOP THE BLEED!

Course Description: The course includes a formal PowerPoint presentation (official Stop the Bleed training program) along with hands-on practice labs including direct pressure application, junctional wound packing, and the application of tourniquets at extremities.

Course Fee: \$75 per participant (\$50 for schools, churches, municipalities)

Duration: Approximately 2 hours.

Audience: The course was developed to equip any non-medically trained individual with the basic skills needed to control life-threatening bleeding until medical help arrives.

Number of Participants: Minimum = 6. Maximum = limited only to the capacity of the location.

Location: The course is designed to be taught at schools, places of worship, businesses, municipalities etc.



To learn more about how you and your organization can be prepared to Stop the Bleed, contact:

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