## **Canberra based social/community groups**

Name	Location	Groups Offered	Contact Information	Additional Information
Arboretum Kids Workshops	Molonglo Valley	Arboretum Kids Workshops	https://www.nationalar boretum.act.gov.au/ed ucation	Run in school holidays
Brindabella Hearing and Speech Centre	Harrison	Literacy School Holiday Program	https://www.hearingan dspeech.com.au/speec h/literacy-school- holiday-program	Run in school holidays, 1 week of sessions for 2.5 hours each session.
Brindabella Hearing and Speech Centre	Deakin or Harrison	School Holiday Program	https://www.hearingan dspeech.com.au/speec h/school-holiday- program	Run in school holidays, intensive 5 day course.
Brindabella Hearing and Speech Centre	Harrison	Social Skills Program	https://www.hearingan dspeech.com.au/speec h/social-skills-program	Term based programs, Thursdays.
Brindabella Hearing and Speech Centre	Deakin	Lidcombe Program	https://www.hearingan dspeech.com.au/speec h/lidcombe-group- program	Thursday Mornings
Brindabella Hearing and Speech Centre	Deakin	Aphasia Conversation Group	https://www.hearingan dspeech.com.au/speec h/aphasia- conversation-group	Thursday afternoons

Brindabella Hearing and Speech Centre	Deakin	Hanen It Takes Two to Talk Program	https://www.hearingan dspeech.com.au/speec h/hanen-ittt-program	11 week program, Wednesday evenings
Can Speak Canberra Speech Pathology	Bruce	School Readiness Program	https://canspeak.com.a u/groups/school- readiness-program/	Run during school holidays – for pre- school and Kindergarten starters
Can Speak Canberra Speech Pathology	Bruce	Early Language Groups	https://canspeak.com.a u/groups/early- communication-parent- group/	Run during school holidays, 4 sessions over 2 weeks.
Can Speak Canberra Speech Pathology	Bruce	Social Communication Group - Adolescents	https://canspeak.com.a u/groups/social- communication-group/	Wednesday afternoons Term based only
Can Speak Canberra Speech Pathology	Bruce	Functional Communication Groups – adolescents to adults	https://canspeak.com.a u/groups/functional- communication-group/	Wednesday afternoons Term based only
Can Speak Canberra Speech Pathology	Bruce	Literacy Group	https://canspeak.com.a u/groups/literacy-skills- group/	Tuesday afternoons 4:15 to 5:15 Term based only
Can Speak Canberra Speech Pathology	Bruce	Feeding Groups	https://canspeak.com.a u/groups/feeding- groups/	Time TBD, SOS approach
Can Speak Canberra Speech Pathology	Bruce	AAC and Cooking Group	https://canspeak.com.a u/groups/aac-and- cooking/	Time TBD
Can Speak Canberra Speech Pathology	Bruce	Social Communication and Music Group	https://canspeak.com.a u/groups/social-	Thursday mornings or Tuesday mornings Term based only

			communication-and- music/	
Canberra Development Clinic	Deakin	Lego Club Term 2 and 3 2022	file:///C:/Users/Rebecc aCondon/Downloads/L ego%C2%AE%20Club% 20CDC%20Term%202% 20&%203.pdf	02 5105 0890 reception@canberrade velopmentclinic.com.au
Capital Psychology	Garran	Secret Agent Society	https://www.capitalpsy chologyclinic.com/coun selling/group-sessions	
Eat Speak Learn	Belconnen	Feeding Groups	https://www.eatspeaklearn.com.au/group-programs/feeding/	Speech pathology, occupational therapy and dietician run group.
Eat Speak Learn	Belconnen	Language Through Books	https://www.eatspeaklearn.com.au/group-programs/language-through-books/	
Karen Ip Speech and Feeding Clinic	Online	Online feeding workshop for parents and carers	file:///C:/Users/Rebecc aCondon/Downloads/O nline%20Feeding%20W orkshop%20for%20Par ents%20Poster%20(Apr %202022).pdf	

Kids Space OT	Holt	Junior Foodies	https://kidsspaceot.co	6 week program using
			m.au/groups-	SOS approach
			workshops/	
Kids Space OT	Holt	Social Thinkers	https://kidsspaceot.co	Follows We Thinkers!
			m.au/groups-	Social Explorers
			workshops/	Curriculum, 10 week
				program
Kids Space OT	Holt	Social Foodies	https://kidsspaceot.co	For kids aged 7-8 and 9-
			m.au/groups-	13
			workshops/	
Kids Space OT	Holt	Sensory and Emotional Regulation Group	https://kidsspaceot.co	Uses Yoga, Zones of
			m.au/groups-	Regulation, and sensory
			workshops/	calming strategies
Kids Space OT	Holt	Sense Rugby	https://kidsspaceot.co	During school terms
			m.au/groups-	with focus on physical
			workshops/	skills and emotional
				regulation.
Marymead	Narrabundah	Lego Builders Group	https://www.marymea	Monday 3:30 to 5pm
			d.org.au/lego-builders/	and the 3 <sup>rd</sup> Saturday
				10-11:30
Marymead	Narrabundah	Dungeons and Dragons Social Group	https://www.marymea	autism@marymead.org
			d.org.au/dungeons-	<u>.au</u>
			<u>dragons/</u>	1800 427 920
Marymead	Canberra	Kid's Companions	https://www.marymea	kcinfo@marymead.org.
			d.org.au/kids-	<u>au</u>
			companions/	1800 427 920
Marymead	Narrabundah	Lab social group (technology/coding)	https://www.marymea	Online
			d.org.au/lab/	Wednesdays 4:30-
				6:30pm

Marymead	Narrabundah	Family Support Group	https://www.marymea	
			d.org.au/groups	
Marymead	Narrabundah	Women's Support Group	https://www.marymea	
			d.org.au/groups	
Marymead	Narrabundah	Men's Support Group	https://www.marymea	
			d.org.au/groups	
Marymead	Parkes	Boundless Buddies	https://www.marymea	Monday from 10-
			d.org.au/boundless-	11:30am.
			<u>buddies/</u>	
Treehouse	Queanbeyan	Boys Club	http://www.treehouse.	Monday or Wednesday
			org.au/boys-club-term-	afternoons
			<u>1-2019/</u>	
Treehouse	Queanbeyan	Snuggle and Sing	http://www.treehouse.	Monday mornings
			org.au/snuggle-and-	
			<u>sing/</u>	
Treehouse	Queanbeyan	Girls Club	http://www.treehouse.	Tuesday afternoons
			org.au/girls-club-term-	
			<u>1-2019/</u>	
Treehouse	Queanbeyan	Lego Club	http://www.treehouse.	Thursday afternoon
			org.au/lego-club-400-	
			500pm-day-tbc/	
Treehouse	Queanbeyan	REACH School Holiday Program	http://www.treehouse.	School holidays, 3 days
			org.au/reach-school-	per week.
			<u>holiday-program/</u>	
Treehouse	Queanbeyan	Early Intervention Groups	http://www.treehouse.	Has online contact
			org.au/early-	form
			intervention-groups-2/	

Treehouse	Queanbeyan	Pathways to Preschool	http://www.treehouse. org.au/pathways-to- preschool/	For children aged 2-3+
Treehouse	Queanbeyan	Transition to school	http://www.treehouse. org.au/transition-to- school/	Has online contact form
Schools As Communities	Queanbeyan	Supports transition of students to school and early participation of families into school activities. For children 0-8 years.	https://queanbeyan- p.schools.nsw.gov.au/s acc.html#:~:text=Schoo ls%20as%20Community %20Centres%20(SaCC,t hrough%20a%20comm unity%20development %20approach.	
SPOT Clinic	Turner	SPOT Group – focus is on building social understanding through play and group activities.	spotsocialgroup@gmail .com	Run with an OT