

# Independent Wellness Center

1000 W Apache Trail #108 Apache Junction, AZ 85120  
Phone# 480-983-5060 Fax# 480-983-5070

## Patient Info

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone # \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_ Marital Status: S \_\_\_ M \_\_\_ D \_\_\_ W \_\_\_

## Health Report

Reason for seeking care: \_\_\_\_\_

List any other doctors seen for this: \_\_\_\_\_

List any diagnosis and type of treatment: \_\_\_\_\_

Have you had similar accidents or injuries before? \_\_\_ Yes \_\_\_ No If Yes, Please Explain \_\_\_\_\_

List the names of any relatives that have or have had a similar problem: \_\_\_\_\_

Have you or any relative received chiropractic treatment previously? \_\_\_ Yes \_\_\_ No

If Yes, Please explain \_\_\_\_\_

Have you been treated for any health condition by a physician in the last year? \_\_\_ Yes \_\_\_ No

If Yes, Please explain \_\_\_\_\_

Are you currently taking medication? \_\_\_ Yes \_\_\_ No If Yes List medications \_\_\_\_\_

Have you taken medications in the past? \_\_\_ Yes \_\_\_ No If Yes list medications \_\_\_\_\_

List conditions you are taking medication for: \_\_\_\_\_

List the approximate dates of any surgery or treated conditions: \_\_\_\_\_

Family History: Health conditions, age of death and cause of death.

Father: \_\_\_\_\_

Mother: \_\_\_\_\_

Brother/s & Sister/s: \_\_\_\_\_

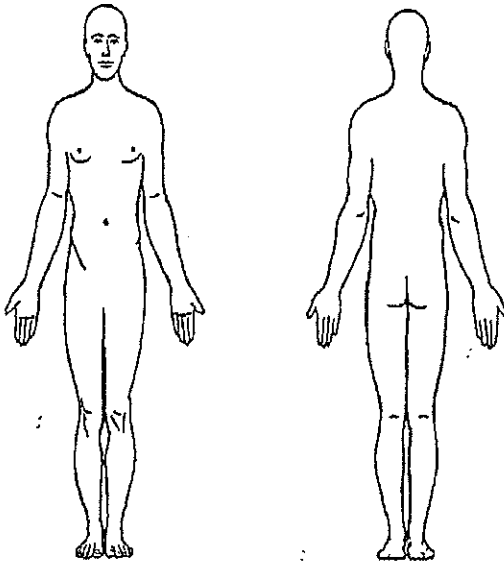
Do you smoke: Y/N \_\_\_ Alcohol: Y/N \_\_\_ Daily \_\_\_ Weekly \_\_\_ Social Occasions \_\_\_ Caffeinated drinks per day: \_\_\_\_\_

Do you take Vitamins/Supplements Y/N \_\_\_ If Yes, Type and how often \_\_\_\_\_

Please Circle degree of pain, 0 none, 10 severe pain.

0 1 2 3 4 5 6 7 8 9 10

Using the symbols below, mark on the pictures where you feel pain



Numbness	===
Dull Ache	OOO
Burning	XXX
Sharp/Stabbing	///
Pins, Needles	+++
Other _____	^^^

What activities aggravate your condition/pain? \_\_\_\_\_

What activities lessen your condition/pain? \_\_\_\_\_

Is this condition worse during certain times of day Y/N \_\_\_

Is this condition interfering with: Work \_\_\_\_\_

Sleep? \_\_\_\_\_ Routine? \_\_\_\_\_ Other? \_\_\_\_\_

Is this condition progressively getting worse? \_\_\_\_\_

Please mark each item below for each sign or symptom you presently have or previously had:

**GENERAL SYMPTOMS**

- Convulsions
- Dizziness
- Fainting
- Headache
- Nervousness
- Numbness
- Wheezing

**MUSCLES & JOINTS**

- Low Back Problems
- Pain between Shoulders
- Neck Problems
- Arm Problems
- Leg Problems
- Swollen Joints
- Painful Joints
- Stiff Joints
- Sore Muscles
- Weak Muscles
- Walking Problems
- Sprains/Strains
- Broken Bones

**CARDIO-VASCULAR**

- High Blood Pressure
- Heart Attack
- Pain over Heart
- Poor Circulation
- Heart Trouble
- Rapid Heart
- Slow Heart
- Strokes
- Swelling Ankles
- Varicose Veins

**EAR/NOSE/THROAT**

- Earache
- Ear Noises
- Enlarged Thyroid
- Frequent Colds
- Hay Fever
- Nasal Blockage
- Nose Bleeds
- Pain Behind Eyes
- Poor Vision
- Sinusitis
- Sore Throats
- Tonsillitis

**GASTRO-INTESTINAL**

- Belching/Gas
- Colon Problems
- Constipation
- Diarrhea
- Excessive Hunger
- Excessive Thirst
- Gall Bladder Trouble
- Hemorrhoids
- Liver/Gallbladder
- Nausea
- Abdominal Pain
- Ulcer
- Poor Appetite
- Poor Digestion
- Vomiting
- Vomiting Blood
- Black Stool
- Bloody Stool
- Weight Loss/Gain

**RESPIRATORY**

- Asthma
- Chronic Cough
- Difficulty Breathing
- Spitting Blood
- Spitting Phlegm

**GENITO-URINARY**

- Blood in Urine
- Frequent Urination
- Kidney Infection
- Painful Urination
- Prostate Problems
- Loss of Bladder Control

**SKIN OR ALLERGIES**

- Boils
- Bruising Easily
- Dryness
- Eczema/Rash/Dermatitis
- Hives
- Itching
- Sensitive Skin
- Allergy \_\_\_\_\_

**FOR WOMEN ONLY**

- Birth Control \_\_\_\_\_
- Hormone Replacement
- Cramps/Backaches
- Excessive Flow
- Hot Flashes
- Irregular Cycle
- Miscarriage
- Painful Periods
- Vaginal Discharge
- Breast Pain

Pregnant at this Time Y/N

I hereby certify that the statements and answers given on this form are accurate to the best of knowledge and understand it is my responsibility to inform this office of any changes in my health.

I agree to allow this office to examine me for further evaluation.

Patient

Signature \_\_\_\_\_

Date \_\_\_\_\_