TOKEYA C. GRAHAM, EdD (she/her)

CONTACT INFORMATION



(585) 484 - 7239



tokeya@soulstainableliving.com

AREAS OF SPECIALTY

- Anti-Racism and Racial Equity
- o Composition, Creative Writing, and Literature
- o Curriculum Design
- o Diversity, Equity, and Inclusion
- o Education and Executive Leadership
- o Strategic Planning

WORK HISTORY

Soulstainable Living LLC

Founder/Equity & Inclusion Strategist/Executive Coach

2019 - Present

Monroe Community College

English Professor

2007 - Present

RELEVANT COLLEGE/DEPARTMENT SERVICE

- o ENG/PHL Dept. Student Awards Committee, 2021 Present
- o Future of the Downtown Campus Steering Committee, 2023 2024
- O Human Services and Education Department, Hiring Committee, May 2023 Present
- Truth, Racial Healing & Transformation (TRHT) Campus Center Planning Committee, 2022 – Present
- o Monroe Community College Strategic Planning Leadership Team, 2021 2022
- o "Who Have I Served Today?" Co-Facilitator, 2020 2022
- o African American Affinity Group (3AG)
 - o Vice Chair, Aug. 2023 Present
 - o Secretary, 2017 Jul. 2023
- O Black Student Union at the Downtown Campus Advisor, 2011 Present
- o Striving Towards Acceptance, Equity & Inclusion Group, Co-Facilitator, 2017 2018
- o Dr. Alice H. Young Diversity Internship Program Redesign, 2016 2022
- o Monroe Community College Foundation Grants Committee, 2017 2018
- o Monroe Community College Diversity Council, 2012 2016
- o Monroe Community College Middle States Steering Committee, 2014 2015

Dr. Tokeya C. Graham CV 1

DIVERSITY, EQUITY, AND INCLUSION PRESENTATIONS

- "Surviving Pregnancy," Keynote, First Annual Black Maternal Conference, Gather Our Collective Healing, 2024
- o "Black Women Entrepreneurs," Keynote, Economic Empowerment & Entrepreneur Expo, The Legacy Drama House, 2024
- "A Journey to Healing: Woman to Woman," Keynote, BIPOC PEEEEEK Partners in Community Development Women's Brunch, 2024
- o "Intersectionality," Greater Rochester Association for Women Attorneys, 2022
- "When and Where We Enter: Black Women Faculty and the Politics of Care,"
 Monroe Community College, 2021
- "There Are Levels to This: Working Toward Racial Equity," University of Rochester Medicine: Pediatric Behavioral Health & Wellness, 2021
- o "What Does a Commitment to Equity-Minded Pedagogy and Social Justice Look Like?," Monroe Community College, 2021
- "How Can We Best Address Equity Issues Raised by the Pandemic for Education?,"
 Colloquium Presenter, University of Rochester, 2020
- o "An Opening 'Talk to Teachers'," Teaching and Creativity Center, Monroe Community College, 2020
- o "Get on Board: Building Inclusive Practices for an Equity-Minded Board of Directors," Greater Rochester Association of Women Attorneys, 2020
- "Anti-Blackness: Pogroms, Lynchings, and Other Aggressions" Long Table Discussion Panelist, 21st Century Arts: Activating Arts and Justice, 2020
- o "The Fragility of Freedom: A Virtual Long Table Conversation" Long Table Discussion Panelist, 21st Century Arts: Activating Arts and Justice, 2020
- o "#BlackLivesMatter: Black History Month Presentation," Alfred State College, 2020
- o "James Baldwin's America: Race and Modern Society," Filling Station, 2019
- o "Building an Inclusive Classroom," Genesee Community College, 2019
- o "Inclusive Literature for Educators," Writers & Books, 2019
- "Rebuilding Community Amid Societal Unrest," Keynote, Students of Color Leadership Summit, St. Bonaventure University, 2019
- o "The Etymology of the N-Word and Other Racial Slurs," St. Bonaventure University, 2018
- "Cool It Now: James Baldwin's America," Monroe Community College Humanities Institute, 2018
- o "Cultural Competence in Literature," Genesee Community Charter School, 2018
- o "Cultural Competence in Literature," Pittsford Central School District, 2018
- "Integrating Materials with Diverse Identities and Perspectives," Panelist, Monroe Community College Winter Teaching Institute, 2018
- "Crafting a Culturally Competent Curriculum," Webster Central School District, 2017
- I Am Not Your Negro Film Discussion "RABJ Black Cinema Series," Panelist, Rochester Association of Black Journalists, 2017

PANEL FACILITATOR

- o "Soulstainable Living Presents The Women Gather: Conversations— Body Positivity," 2024
- o "Soulstainable Living Presents The Women Gather: Conversations— (Peri)Menopause," 2024
- o "Interview with Senator Samra Brouk," Private Fundraiser, 2022
- "Critical Race Theory: How a Legal Framework Became a Political Flashpoint,"
 University of Rochester, 2021
- "Women Supporting Women," Delta Sigma Theta Sorority, Inc. and Monroe Community College, 2019
- o "Makes Me Wanna Holler: The Healing Power of Justice and Love Through the Lens of African American Literature," Clergy Mental Health Consultation, Office of Mental Health Promotion, Department of Psychiatry, University of Rochester Medical Center, 2019
- o "Cultural Awareness: Why We Need It," Urban Suburban Program, 2019
- "A Divided City: Navigating Race, Gender, and Class in the Rustbelt," The Ladder Literary Conference, Writers & Books, 2018
- o Black Women's Book Festival, 2017
- o Voices of Experience, Women's Foundation of Genesee Valley, 2015 2018
- o Rochester's Black Author Expo, 2015 2018

PUBLICATIONS

- o Soulstainable Living: The Magazine Nov/Dec 2023, Soulstainable Living, 2023
- o Soulstainable Living: The Magazine Sep/Oct 2023, Soulstainable Living, 2023
- o Collective Impact Youth Summit Self-Care Journal, ROC the Future, 2022
- o "If Only for a Moment...Today," Upstate Gospel Magazine, May 2020
- 'Leaders: We Need Transparency, Policy Change, and Action,' Democrat and Chronicle, Guest Essay, 2020
- o "5 Women I Admire," Path to Excellence Magazine, September 2019
- o "Black Lives Matter: An Obituary," Lake Affect Magazine, Summer 2018
- o "8 Women of Color on Whether Women's History Month Matters," Bustle, 2017

PRODUCTIONS/CREATIVE PRESENTATIONS

- o Soulstainable Living Presents...The Women Gather: Conversations, 2024
- o Poetry & Jazz Featured Poet, Just Poets & The Little Theatre, June 2023
- When and Where We Enter: Black Women Writers + Intersectional Arts Activism, w/ We All Write, Seneca Falls Dialogues, 2018
- We All Write Presents BirthWrite, Rochester Fringe Festival, Co-Writer/Performer w/ We All Write, 2018/2017
- o "Civil Writes: Remembering MLK," w/ We All Write, St. John Fisher College, 2018
- o "#BlackWomenMagic," w/ We All Write, Pittsford Mendon, 2018
- o "And Ain't I a Woman? A Long Table Conversation," 21st Century Arts, 201

COMMUNITY INVOLVEMENT

- o The Avenue Blackbox Theatre, Board of Directors, Co-Chair, Aug. 2023 Present
- o Roc Women's Business Center, Advisory Board of Directors, Chair, June 2023 Present
- Democratic Legislative District 25 Committee
 - Chair, 2022 Present
 - Member, 2016 Present
- o *Charity ROCs*, Founder, 2012 Present
- o Writers & Books, Artistic Advisory Committee, 2022
- o The Hub585, Board of Directors
 - Board Chair, 2021 2022
 - Board Secretary, 2021
- Women's Foundation of Genesee Valley
 - o After School Literacy Program and Voices of Experience, Chair, 2014 2020
 - o Board of Directors, 2011 2016
- o Common Ground Health, Community Engagement African American Team, 2020
- o The Avenue Black Box Theatre, Literary Curator, 2018 2022
- o Democrat and Chronicle, Time to Educate, Expert Advisory Panel, 2018 2020

AWARDS/HONORS

- o James and Bessie Hamm Award, The Black Storytelling League of Rochester, NY, 2024
- o Jacqui Cady Annual Advocacy for Children Award, Roc the Future Alliance, 2023
- o The Seven Pearls of Excellence in Education Award, Theta Omega Sigma Alumnae Chapter of Sigma Gamma Rho Sorority, Inc., 2022
- Social Activist Award, The Reentry for Community Development Center, 2020
- Raymond L. Graves Community Service Award, Black Student Caucus, Colgate Rochester Crozier Divinity School, 2020
- o Keeper of the Flame, Delta Sigma Theta Sorority, Incorporated, 2019
- o Arts Award, The Rochester Chapter of the Links, 2019
- Professional Women's Award, The Rochester Genesee Valley Club of the National Association of Negro Business and Professional Women's Clubs Inc., 2019
- o Women of Excellence, Rochester Business Journal, 2019
- o Leadership Award, Women's Foundation of Genesee Valley, 2018
- o Young Professional Finalist, ATHENA Awards, 2017
- o Community Service Award, Break Thru Magazine, 2016

PROFESSIONAL DEVELOPMENT CERTIFICATES

- Life Coaching Certification, Felix Harder
- o Wellness Coaching Certification, Felix Harder
- o Adult Mental Health, First Aid USA, National Council for Mental Wellbeing
- o Advanced Equity Literacy Facilitator, Equity Literacy Institute
- o Equity Literacy Facilitator, Equity Literacy Institute

- o Diversity and Inclusion, Certificate, Cornell University
- o Mentors in Violence Prevention, Certificate, Monroe Community College
- o SafeZone Project (LGBTQ+), Certificate, Monroe Community College
- o STARS Project (Military), Certificate, Monroe Community College
- o Reading + Discussion Group Facilitator training, Humanities NY
 - o James Baldwin Scholar-Facilitator
 - o Audre Lorde Scholar-Facilitator

ADDITIONAL EMPLOYMENT

Greater Rochester Health Foundation, Healthy and Equitable Futures

Racial Equity Consultant

2021 - Present

University of Rochester/East EPO, Step to College

Curriculum Coordinator and ELA Instructor, Summer Boot Camp

2019 - Present

WAYO LP 104.3 FM and WGMC Jazz 90.1 FM

2017 - Present

Host, Weekly Soulstainable Living Radio Show (volunteer)

EDUCATION

Doctor of Education (EdD) Educational Leadership (Higher Education focus)

Warner Graduate School of Education at University of Rochester Tyll van Geel Leadership Award Winner

Master of Arts (MA) - English

The School of Arts and Sciences at University of Rochester

Bachelor of Science (BS), Summa Cum Laude – English (Creative Writing track)

State University of New York at Brockport

Associate of Applied Science (AAS) with Distinction - Human Services

Monroe Community College