



Annelies M. Gentile, MA, PCC | Conduit for Change, LLC
Integrative Life & Leadership Coach | Consultant | Facilitator | Speaker | Author | Process Artist
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My name is Annelies Gentile and I'm the executive founder of Conduit for Change, LLC your resource for resilience and creative transformation guiding individuals, leaders, communities, organizations, and families through change using an integrative approach that's intermodal and presence-based, ie: whole person/whole system. Whether working one-to-one, with groups or from the stage, I help people through change with mindfulness, creativity and grace.

I hold both Professional Certification in Coaching through ICF-PCC and a Master's Degree in Coaching with an emphasis on Health and Wellness, and Transformative Leadership. I've been serving since 2008 helping people through personal transformation and professional development. My book is *From Chaos to Calm :: Leading Change from the Inside Out*, an invaluable guide to resilience— sense, solace and sanity for our rapidly changing world.

Conduit for Change, LLC offers a collection of services that are custom-designed and unique to the needs of each client. Services include:

- [Executive Leadership Coaching](#)
- [Life & Wellness Coaching](#)
- [Creative Consulting](#)
- [Interactive Speaker Keynotes](#)
- [Retreat & Workshop Facilitation](#)
- [Interfaith Ministry](#)

Expertise: Integrative Health and Wellness, Resiliency, Transformative Leadership, Conflict Transformation, Creative Process, Team-building, Mindfulness, Spirituality, Grief, and more.

Testimonials: <https://conduitforchange.com/testimonials>

Kindly consider Conduit for Change, LLC as a resource for your C-suite management and staff, friends, and family when they are facing any arc of change within life, career, and even end-of-life. Developing strength, camaraderie, wellbeing, vision and direction in times of uncertainty matters for all.

Thank you for your consideration. The following pages include service rates. Learn more at www.conduitforchange.com

Sincerely,
Annelies M. Gentile, MA, PCC
Conduit for Change, LLC

A handwritten signature in black ink, reading 'Annelies', with a long, sweeping flourish extending to the right.

SERVICE RATES:

Conduit for Change, LLC offers a collection of services that are custom-designed and unique to the needs of each client. Rates vary based on needs, length of service, commitment, and travel (if necessary).

Executive Leadership & Life Coaching

Coaching is a dynamic relationship and thoughtful courageous conversation. With fresh perspective and renewed insight coaching helps remind you of your brilliance and can help you make those difficult decisions and have hard conversations you might be avoiding or haven't had time or need to face before.

Annelies coaches clients in-person and on the phone. Although video calls can be distracting, she will make acceptations under specific circumstances. Please inquire.

Coaching package rates vary based by how many months you coach with Annelies. Packages generally are 3-months, 6-months and 1-year commitments and are inclusive of Unlimited Support in-between sessions plus the Discovery Assessment.

Coaching Session Packages: Sessions are custom, unique to each client. Immersive full-day sessions and group team-coaching is also available. Session times can vary based on client schedule and needs. Generally, sessions are one hour with the first initial session extending to two hours.

- **1 year: \$15,400** (\$1400 savings)
- Includes → 32 sessions, Unlimited Support and Discovery Assessment

- **6 months: \$8,400**
- Includes → 16 sessions, Unlimited Support and Discovery Assessment

- **3 months: \$4,200**
- Includes → 8 sessions, Unlimited Support and Discovery Assessment

- **1 month: \$2,100**
- Includes → 4 sessions, Unlimited Support and Discovery Assessment

- **Full-day Coaching Immersion: \$1,500+** (not inclusive of travel or other expenses)
- Unique to the needs of the client. (ie: executive mastermind retreat, legacy planning)

Recurring Monthly Coaching:

- **Two sessions: \$500/month** (6-month minimum, same day, same time, every month)

Sliding-Scale Coaching:

- Single coaching sessions are available for those needing flexibility in their schedule or budget.
- Single sessions are based on a sliding-scale payment rate, and do not include additional support in-between sessions. Each session is one hour, by phone or in-person.
- ***The rate for a single session is a sliding-scale between \$325 and \$185. Pay what you can. If you choose this option, it's because your current situation is one of need not frugality. (ie: student, non-profit, self-employed, illness or ministry need)***

→ **Did you know Coaching can be covered by your employer in these three ways?**

- Health savings accounts (HSAs) and flexible spending accounts (FSAs) dollars that might need to be used before end of the year. Life/Wellness Coaching is very useful for improving health, wellbeing and for personal development.
- Leadership Coaching/Development funds can be used to improve your focus and progress at work.
- If you are in Health Care.... Continuing Medical Education (CME) funds might be available to you.

→ **Annelies is uniquely qualified in both leadership and wellness categories.** Check with your Human Resource manager to see what easily accessible funds are available to you.

SERVICE RATES: (cont.)

Creative Consulting services are available to non-profits, small businesses, boards, and leaders who are searching for an insightful guiding light to help them think differently about their mission, path or process.

- Sliding-Scale Coaching rates apply for consulting. (see above)

Interactive Speaker Keynote services are available for Corporate Wellness and Leadership Programs, Conferences, and custom-created speeches for community, congregation, organization or community needs. These facilitated talks are experiential, interactive and audience participatory. In-person and virtual.

- Speaking rates start at \$3700+. Click the link to view speaker topics.
- Please schedule a consultation to discuss your needs, goals, rates, and craft a proposal.

Retreat & Workshop Facilitation services are available for small group or individual Leadership Development, Team-building, Wellness, Creative Process, and Grief.

- Please schedule a consultation to discuss your needs, goals, rates, and design a proposal.

Interfaith Ministry services include wedding officiant, ceremonies for life and death, end-of-life, and legacy coaching.

- Sliding scale coaching rates apply for ministry. (see above)

Payment:

Payment is expected in full. Coaching packages are paid in-advance. Services that require a proposal and deposit will be determined during consultation. Payments can be made in the following ways.

- Bank transfer using Zelle (annelies@conduitforchange)
- Invoice and credit card
- Check written to Conduit for Change, LLC or Annelies Gentile

Thank you in advance for your business! ☺