

MAMA'S GIANT GRINDERS

Served Hot or Cold

	8"	12"		8"	12"
ITALIAN STEAK	9.25	14.00	EGGPLANT PARMIGIANA	9.25	14.00
ITALIAN COMBO	9.25	14.00	ITALIAN SAUSAGE	9.25	14.00
BEEF CUTLET PARMIGIANA	9.25	14.00	COOKED SALAMI	8.75	13.00
CHICKEN CUTLET PARMIGIANA	9.25	14.00	HAM	8.75	13.00
ROAST BEEF	9.25	14.00	ITALIAN MEATBALL	8.75	13.00
GRILLED CHICKEN BREAST	9.25	14.00	PEPPER & EGG	8.75	13.00
CAPICOLLA	9.25	14.00	VEGETARIAN	8.75	13.00
SMOKED TURKEY BREAST	9.25	14.00	TUNA SALAD	8.75	13.00
PEPPERONI	9.25	14.00	EXTRA CHEESE	1.00	1.50
GENOA SALAMI	9.25	14.00	BACON	1.00	1.50

LENA'S SPECIALTY BREADS

SAUSAGE BREAD 10.95

Made Daily with our Fresh Dough Filled with Sausage, Mozzarella & Sauce

SPINACH PIE 10.95

Made Daily with our Fresh Dough Filled with Spinach, Sausage and Potato

LENA'S FAMOUS SAUCE TO GO

MARINARA - 5.00 PT · MEATSAUCE - 7.00 PT

PESTO or ALFREDO - 8.00 PT · VODKA CREAM 9.00 PT

CHILDREN'S MENU

(12 and Under, Please, No Exceptions)

RAVIOLI IN OUR MARINARA SAUCE 6.95	PIZZA SLICE & FRENCH FRIES 6.95
PENNE & MEATBALL 6.95	FRIED CHICKEN TENDERS & FRENCH FRIES 6.95
CHEESEBURGER & FRENCH FRIES 6.95	

CHILDRENS MEALS INCLUDE A FOUNTAIN DRINK.
DINE IN ONLY.

BEVERAGES

SODA (BOTTOMLESS) 2.75	ESPRESSO 3.50
BOTTLED WATER 2.00	CAPPUCCINO 4.95
MILK OR CHOCOLATE MILK (12 oz.) 2.95	HOT CHOCOLATE 2.25
COFFEE OR TEA 2.25	SNAPPLE JUICES 2.50
JUICES (12 oz.) 2.95	
Apple, Cranberry, Orange	

HAPPY HOUR DAILY 3 TO 6

LENA'S - A BRIEF HISTORY

Pasquilina (Lena) and Guiseppe (Joe) Lonero purchased Pizzarama, a pizza and grinder shop, in 1982. When they opened the restaurant they decided to keep the original name and they had their children, Lena and Sal, working by their sides.

Over the years, the business grew and the family incorporated their Italian heritage and traditional family recipes into the menu. The expanded menu includes a wide selection of appetizers, salads and Italian entrees, as well as the traditional pizza and grinders.

As the menu expanded, the patronage increased and the family decided it was time to rename the restaurant, remodel and add a banquet facility to better serve their customers. The name was changed to Lena's Restaurant and Pizza in 1992. The restaurant was named in honor of the matriarch of the family, Lena Lonero, whom customers and staff still call "Mama Lena".

Today Lena's Restaurant is run by their son, Sal Lonero. The restaurant is known for it's great menu selection, delicious Italian food and warm and inviting atmosphere that create an enjoyable dining experience.

Lena's thanks all of it's loyal patrons and welcomes the opportunity to serve new customers.

PLANNING A PARTY?

Lena's Offers a Complete Menu for Catering at Your Location.
Please ask your server for details.

PRIVATE ON SITE BANQUET FACILITIES

Available for Parties of up to 100



FAMILY OWNED SINCE 1982

DINNER MENU

655 John Fitch Boulevard
South Windsor, CT

Phone: (860) 528-5365

Fax: (860) 528-4912

Catering for All Occasions

Private On Site Banquet Facilities Available

Open Monday-Thursday 11 am-9 pm
Friday-Saturday 11am-9:30pm
Lunch Served Daily
Closed Sunday



VISIT US ON THE WEB AT:
WWW.LENAS-RESTAURANT.COM

ANTIPASTI - MINESTRE

OUR OWN FRESH SOUP OF THE DAY

CUP 3.95 BOWL 6.95

FRIED MOZZARELLA 10.95

Mozzarella Squares Breaded and Deep Fried, Served with Our Marinara Sauce.

BRUSCHETTA 10.95

Focaccia Bread Toasted with Fresh Garlic and Topped with Marinated Tomatoes, Basil and Fresh Mozzarella.

FRIED CALAMARI 11.95

Lightly Battered Fresh Squid, Fried and Served with Our Marinara Sauce.

N.Y. CALAMARI 12.50

Battered Fresh Squid & Hot Peppers Sautéed in a Spicy Marinara Sauce.

INSALATE

Salads of Crisp Fresh Greens, Made to Order!

GARDEN TOSSED SALAD ~ SM 6.95 / LG 7.95

Lettuce, Tomato, Peppers, Onions, Cucumbers.

GREEK SALAD ~ SM 8.95 / LG 9.95

Feta Cheese, Greek Olives, Served over Assorted Greens.

CHEF SALAD ~ SM 9.95 / LG 11.95

Imported Ham, Smoked Turkey Breast, Mozzarella & Egg, Served over Assorted Greens.

TUNA PLATE 11.95

Served over Garden Greens & Vegetables, Topped with Mozzarella.

MEATBALL SALAD 11.95

Salad Greens Topped with Mixed Vegetables & Served with Our Famous Meatballs.

MARINATED STEAK SALAD 12.95

Salad Greens Topped with Mixed Vegetables and Thin Sliced Marinated Steak, Caramelized Onions and Roasted Peppers.

EGGPLANT FRIES 12.95

Breaded and Fried Golden Brown Strips of Eggplant, Served with Parmesan Cheese and a Side of Marinara Sauce.

SPICY CHICKEN WINGS 13.95

Ten Chicken Wings Deep Fried Crispy and Served with Our Own Sauce.

Regular, BBQ or Garlic Parmesan.

MAMA'S MEATBALL PLATTER 10.95

House Made Beef & Pork Meatballs Topped with Our Marinara Sauce. Served with House Ricotta.

ZUPPA DI MUSSELS 12.95

Fresh Maine Mussels Simmered in Our Marina Sauce, Served with Garlic Bread.

PEPPI FORTE 10.95

Roasted Italian Long Hot Peppers with Greek Olives, Grape Tomatoes and Italian Sharp Cheese.

CAESAR SALAD 8.95

Made with Romaine Lettuce, Tossed with Caesar Dressing & Croutons.

SPINACH GORGONZOLA 11.95

Fresh Baby Spinach, Tomato, Roasted Peppers and Bermuda Onion Topped with Gorgonzola Cheese.

MEDITERRANEAN SHRIMP SALAD 13.95

Pan Seared Shrimp Served over Baby Greens, Topped with Oven Roasted Tomato, Bermuda Onion and Greek Olives.

ITALIAN ANTIPASTO 14.95

Made with Assorted Italian Cold Cuts, Italian Sharp Cheese, Olives and Pepperoncinis, Served over Assorted Greens.

SALAD ADDITIONS:

GRILLED CHICKEN 4.50 • GULF SHRIMP 5.95

Above Served with Your Choice of Dressing:

Balsamic Vinaigrette, Italian, Buttermilk Ranch, Blue Cheese, Peppercorn Parmesan & Creamy Dill.

POLLO

Fresh, Never Frozen Chicken Breast, Some Traditional and Our Favorites and Always Made to Order!

CHICKEN RUSTICA 19.95

Chicken Breast Sautéed with Sausage, Mushrooms, Peppers and Onions in a Garlic Sauce.

CHICKEN ANTONIO 19.95

Breast of Chicken Sautéed with Sausage, Onion and Spinach, Served over Linguine with a White Wine Garlic Sauce.

CHICKEN GIUSEPPE 19.95

Strips of Chicken Breast Tossed with Sun Dried Tomato, Broccoli, Onion and Garlic in a Sun Dried Tomato Pesto Sauce, Tossed with Penne.

CHICKEN PARMIGIANA 19.95

Breaded Boneless Breast of Chicken Baked with our Marinara Sauce and Topped with Mozzarella.

CHICKEN SORRENTINO 21.95

Medallions of Boneless Chicken Breast Layered with Eggplant & Prosciutto, Sautéed in a Sherry Wine Sauce.

All Chicken Dishes Served with Penne Pasta, House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta.

VITELLO

Milk Fed Veal, Special Seasonings and Our Chef's Expertise. Bravo!

VEAL PARMIGIANA 22.95

Breaded Veal Baked with Our Marinara Sauce and Topped with Mozzarella.

VEAL MARSALA 22.95

Scaloppine of Veal Sautéed with Mushrooms in a Sweet Marsala Wine Sauce.

VEAL SORRENTINO 23.95

Medallions of Veal Layered with Eggplant & Prosciutto, Sautéed in a Sherry Wine Sauce.

All Veal Dishes Served with Penne Pasta, House Salad or Soup and Bread.

FROM THE GRILL

BLACK ANGUS BURGER 11.95

8 oz. of Fresh Ground Angus Sirloin with Lettuce, Tomato, Mayonnaise and Melted Cheese. Served on a Roll with French Fries.

WANT SOME BACON, ADD 1.50

FRUTTI DI MARE

The Fresh Harvest of The Sea

MUSSELS MARINARA 19.95

A Bowl of Fresh Mussels Sautéed with Garlic, Capers and Our Zesty Marinara Sauce, Served over Linguine.

LINGUINE IN

RED OR WHITE CLAM SAUCE 20.95

Sea Clams and Littlenecks Sautéed in Olive Oil, Capers White Wine, Fresh Garlic & Herbs. Served over Linguine.

SHRIMP & SCALLOPS MARIA 22.95

Gulf Shrimp and Sea Scallops Sautéed with Spinach and Oven Roasted Tomato in a White Wine Garlic Sauce over Creamy Risotto.

BAKED SCALLOPS 23.95

Fresh Sea Scallops Baked in White Wine, Butter and Lemon with Lena's Special Topping, Served with a Side of Potato & Vegetable.

All Seafood Dishes Served with House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta.

SIDE ORDERS

FRENCH FRIES 3.95

ONION RINGS 4.95

PASTA MARINARA 4.95

CHICKEN MARSALA 19.95

Boneless Breast of Chicken Sautéed with Mushrooms in a Sweet Marsala Wine Sauce.

CHICKEN PICATTA 19.95

Boneless Breast of Chicken Sautéed in with Artichokes and Capers in a Lemon Butter Wine Sauce.

ADD SPINACH 2.00

CHICKEN FRANCAISE 19.95

Egg Battered Boneless Breast of Chicken Sautéed in a Lemon Wine Sauce.

ADD SPINACH 2.00

CHICKEN AL GORGONZOLA 21.95

Breast of Chicken Sautéed with Sun Dried Tomatoes & Spinach in a Gorgonzola Cream Sauce.

ADD SPINACH 2.00

VEAL PICATTA 22.95

Scaloppine of Veal Sautéed with Artichoke Hearts and Capers in a Lemon Butter Sauce.

VEAL FRANCAISE 22.95

Tender Veal Egg Battered and Sautéed in a Lemon Wine Sauce.

ADD SPINACH 2.00

VEAL NAPOLITANA 23.95

Medallions of Veal Layered with Eggplant & Prosciutto, Sautéed in a Sherry Wine Sauce, Topped with Mozzarella.

LENA'S FAMOUS BRICK OVEN PIZZA

HAND MADE IN THE TRADITIONAL SICILIAN THICK CRUST STYLE OR N.Y. THIN CRUST WITH FRESH DOUGH MADE DAILY & WHOLE MILK MOZZARELLA

MOZZARELLA ~ SM 11.00 / LG 16.00

LENA'S SPECIAL ~ SM 16.95 / LG 23.95

Peppers, Onions, Mushrooms, Pepperoni, Hamburg, Sausage.

BBQ CHICKEN ~ SM 15.50 / LG 20.95

Breaded Chicken Breast, Caramelized Onion, Mozzarella & Cheddar Topped with BBQ Sauce.

BUFFALO CHICKEN ~ SM 15.50 / LG 20.95

Breaded Chicken Breast Tossed with Spicy Buffalo Sauce, Served over Mozzarella & Cheddar Cheese.

CHICKEN BACON ~ SM 16.95 / LG 22.95

Breaded Chicken Breast, Roasted Peppers and Caramelized Onions, Bacon, Cheddar & Mozzarella Cheese.

CIAPPINO ~ SM 13.50 / LG 19.95

Fresh Tomatoes, Fresh Garlic, Olive Oil and Herbs over Parmesan & Mozzarella Cheese.

CLAM CASINO ~ SM 15.95 / LG 22.95

Sautéed Clams, Bacon, Fresh Garlic and Herbs over Mozzarella Cheese.

HAWAIIAN PIZZA ~ SM 15.50 / LG 20.95

Pineapple, Ham and Bacon.

TOPPINGS / ITEMS

Peppers • Onions • Mushrooms • Olives • Eggplant • Fresh Garlic • Tomatoes • Hot Peppers

Sausage • Pepperoni • Hamburg • Bacon • Ham • Anchovies • Sun Dried Tomatoes

Feta Cheese • Fresh Broccoli • Fresh Spinach • Extra Cheese

BRICK OVEN CALZONES 11.95

OUR FRESH DOUGH STUFFED WITH

RICOTTA & MOZZARELLA

EACH ADDITIONAL ITEM 1.00

(SELECT FROM PIZZA ITEMS ABOVE)

Please Allow 20 Minutes Calzones Made To Order

SMALL PIZZA TOPPINGS

1.50

LARGE PIZZA TOPPINGS

2.00

CHICAGO STYLE STUFFED PIZZA

STUFFED MEAT 29.95

Serves 6 People Easily. A Meat Lovers Dream.

A Pizza on Top of Another Pizza, Two Layers Stuffed with Pepperoni, Sausage and Meatball, Loaded with Plenty of Mozzarella.

STUFFED VEGETABLE 29.95

Serves 6 People Easily

Made the Same as it's Partner, but Layered with Broccoli, Spinach and Eggplant, Loaded with Plenty of Mozzarella.



SHEET PAN PARTY PIZZA • 24 SLICES

TOMATO SAUCE AND PARMESAN 18.00

TOMATO SAUCE AND MOZZARELLA 22.00

EACH ADDITIONAL ITEM 4.50

Please provide 24 hour notice for sheet pan pizzas

TAKE-OUT ONLY

THE PERFECT COMPLIMENT TO OUR SPECIAL PASTA DISHES!

HOT & CRUSTY GARLIC BREAD 5.95 WITH LOTS OF MELTED MOZZARELLA 8.95

PASTA MAMA'S WAY!

Which Means a Lot!

Your Choice of Imported Pasta, Penne, Linguine, Spaghetti or Angel Hair

Prepared Fresh To Order with Our House Made Specialty Sauces, Served with House Salad

MARINARA 13.95

Our Homestyle Tomato Sauce Seasoned with Fresh Garlic & Fresh Herbs.

AGLIO É OLIO 13.95

Fresh Garlic, Olive Oil, Fresh Herbs, Tossed with Romano Cheese and a Touch of Red Pepper Flakes.

BOLOGNESE 18.95

Lena's Homestyle Meat Sauce, Slow Roasted Beef & Pork Tossed with Our Marinara and Topped with Ricotta.

ALFREDO 17.95

Heavy Cream, Parmigiana, Pecorino Romano Cheese Sauce.

LENA'S PESTO 16.95

Homestyle Basil Pesto Seasoned with Sundried Tomato, in a Light Cream Sauce and Pine Nuts.

VODKA CREAM 18.95

Tossed with Mushrooms and Peas in a Vodka Cream Sauce with a Hint of Marinara.

PUTTANESCA 17.95

Caper, Fresh Garlic, Sundried Tomatoes, Mushrooms, Kalamata Olives & Anchovies Simmered in a Spicy Marinara Sauce.

CARBONARA 18.95

Prosciutto and Bacon Tossed in an Alfredo Sauce.

PASTA ADDITIONS: MEATBALL OR SAUSAGE 4.95 • CHICKEN \$4.50

All of the above served with House Salad or Soup and Bread.

Prices Subject to CT State Sales Tax • Prices Subject to Change

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.