



ANTIPASTI - MINESTRE

OUR OWN FRESH SOUP OF THE DAY

CUP 3.95 BOWL 6.95

FRIED MOZZARELLA 10.95

Mozzarella Squares Breaded and Deep Fried,
Served with Our Marinara Sauce.

BRUSCHETTA 10.95

Focaccia Bread Toasted with Fresh Garlic
and Topped with Marinated Tomatoes, Basil
and Fresh Mozzarella.

FRIED CALAMARI 11.95

Lightly Battered Fresh Squid, Fried
and Served with Our Marinara Sauce.

N.Y. CALAMARI 12.50

Battered Fresh Squid & Hot Peppers
Sauteed in a Spicy Marinara Sauce.

EGGPLANT FRIES 12.95

Breaded and Fried Golden Brown Strips of Eggplant,
Served with Parmesan Cheese and
a Side of Marinara Sauce.

SPICY CHICKEN WINGS 13.95

Ten Chicken Wings Deep Fried Crispy and
Served with Our Own Sauce.
Regular, BBQ or Garlic Parmesan.

MAMA'S MEATBALL PLATTER 10.95

House Made Beef & Pork Meatballs Topped with Our Marinara
Sauce. Served with House Ricotta.

ZUPPA DI MUSSELS 12.95

Fresh Maine Mussels Simmered in Our
Marina Sauce, Served with Garlic Bread.

PEPPI FORTE 10.95

Roasted Italian Long Hot Peppers with Greek Olives,
Grape Tomatoes and Italian Sharp Cheese.



INSALATE

Salads of Crisp Fresh Greens, Made to Order!

GARDEN TOSSED SALAD ~ SM 6.95 / LQ 7.95

Lettuce, Tomato, Peppers, Onions, Cucumbers.

GREEK SALAD ~ SM 8.95 / LQ 9.95

Feta Cheese, Greek Olives, Served over Assorted Greens.

CHEF SALAD ~ SM 9.95 / LQ 11.95

Imported Ham, Smoked Turkey Breast, Mozzarella & Egg, Served over Assorted Greens.

TUNA PLATE 11.95

Served over Garden Greens & Vegetables, Topped with Mozzarella.

MEATBALL SALAD 11.95

Salad Greens Topped with Mixed Vegetables & Served with Our Famous Meatballs.

MARINATED STEAK SALAD 12.95

Salad Greens Topped with Mixed Vegetables and Thin Sliced Marinated Steak,
Caramelized Onions and Roasted Peppers.

CAESAR SALAD 8.95

Made with Romaine Lettuce, Tossed with Caesar Dressing & Croutons.

SPINACH GORGONZOLA 11.95

Fresh Baby Spinach, Tomato, Roasted Peppers and
Bermuda Onion Topped with Gorgonzola Cheese.

MEDITERRANEAN SHRIMP SALAD 13.95

Pan Seared Shrimp Served over Baby Greens, Topped with
Oven Roasted Tomato, Bermuda Onion and Greek Olives.

ITALIAN ANTIPASTO 14.95

Made with Assorted Italian Cold Cuts, Italian Sharp Cheese,
Olives and Pepperoncinis, Served over Assorted Greens.

SALAD ADDITIONS:

GRILLED CHICKEN 4.50 • GULF SHRIMP 5.95

Above Served with Your Choice of Dressing: Balsamic Vinaigrette, Italian,
Buttermilk Ranch, Blue Cheese, Peppercorn Parmesan & Creamy Dill.

THE PERFECT COMPLIMENT TO OUR SPECIAL PASTA DISHES!

HOT & CRUSTY GARLIC BREAD 5.95

WITH LOTS OF MELTED MOZZARELLA 8.95

PASTA MAMA'S WAY!

Which Means a Lot!

Your Choice of Imported Pasta, Penne, Linguine, Spaghetti or Angel Hair
Prepared Fresh To Order with Our House Made Specialty Sauces,
Served with House Salad

MARINARA 9.95

Our Homestyle Tomato Sauce Seasoned with
Fresh Garlic & Fresh Herbs.

AGLIO É OLIO 9.95

Fresh Garlic, Olive Oil, Fresh Herbs, Tossed with
Romano Cheese and a Touch of Red Pepper Flakes.

BOLOGNESE 14.95

Lena's Homestyle Meat Sauce, Slow Roasted Beef & Pork
Tossed with Our Marinara and Topped with Ricotta.

ALFREDO 12.95

Heavy Cream, Parmigiana, Pecorino Romano Cheese Sauce.

LENA'S PESTO 12.95

Homestyle Basil Pesto Seasoned with Sundried Tomato,
in a Light Cream Sauce and Pine Nuts.

VODKA CREAM 13.95

Tossed with Mushrooms and Peas in a Vodka Cream Sauce
with a Hint of Marinara.

PUTTANESCA 13.95

Caper, Fresh Garlic, Sundried Tomatoes, Mushrooms,
Kalamata Olives & Anchovies Simmered in a Spicy Marinara Sauce.

CARBONARA 13.95

Prosciutto and Bacon Tossed in an Alfredo Sauce.

PASTA ADDITIONS: MEATBALL OR SAUSAGE 4.95 • CHICKEN \$4.50

All of the above served with House Salad or Soup and Bread.



OLD ITALIAN FAVORITES

MEAT OR CHEESE RAVIOLI 11.95

Tossed with Our Famous Marinara.

PENNE AL FORNO 13.95

Some Call it Baked Ziti made with Ricotta, Mozzarella & Marinara Sauce.

BAKED MANICOTTI 11.95

Baked with Marinara Sauce and Topped with Mozzarella.

TORTELLINI SAN REMO 13.95

Cheese Tortellini Tossed with Mushroom, Prosciutto, Plum Tomato and Peas in a Creamy Alfredo Sauce.

MAMA'S FAMOUS MEAT LASAGNA 14.95

Baked with Marinara Sauce and Topped with Mozzarella.

ITALIAN SAUSAGE

WITH ROASTED PEPPERS 13.95

Sausage and Peppers Sauteed with Garlic, Caramelized Onions, Herbs in a Red or White Sauce, Served with a Side of Pasta.

EGGPLANT PARMIGIANA 12.95

Our Own Breaded & Baked Eggplant in a Marinara Sauce Topped with Mozzarella, Served with a Side of Pasta.

POLLO

Fresh, Never Frozen Chicken Breast, Some Traditional and Our Favorites and Always Made to Order!

CHICKEN RUSTICA 13.95

Chicken Breast Sauteed with Sausage, Mushrooms, Peppers and Onions in a Garlic Sauce.

CHICKEN ANTONIO 13.95

Breast of Chicken Sauteed with Sausage, Onion and Spinach, Served over Linguine with a White Wine Garlic Sauce.

CHICKEN GIUSEPPE 13.95

Strips of Chicken Breast Tossed with Sun Dried Tomato, Broccoli, Onion and Garlic in a Sun Dried Tomato Pesto Sauce, Tossed with Penne.

CHICKEN PARMIGIANA 13.50

Breaded Boneless Breast of Chicken Baked with our Marinara Sauce and Topped with Mozzarella.

CHICKEN MARSALA 13.50

Boneless Breast of Chicken Sauteed with Mushrooms in a Sweet Marsala Wine Sauce.

CHICKEN PICATTA 13.50

Boneless Breast of Chicken Sauteed in with Artichokes and Capers in a Lemon Butter Wine Sauce.

ADD SPINACH 2.00

CHICKEN FRANCAISE 13.50

Egg Battered Boneless Breast of Chicken Sauteed in a Lemon Wine Sauce.

ADD SPINACH 2.00

VITELLO

Milk Fed Veal, Special Seasonings and Our Chef's Expertise. Bravo!

VEAL PARMIGIANA 14.95

Breaded Veal Baked with Our Marinara Sauce and Topped with Mozzarella.

VEAL MARSALA 14.95

Scaloppine of Veal Sauteed with Mushrooms in a Sweet Marsala Wine Sauce.

VEAL PICATTA 14.95

Scaloppine of Veal Sauteed with Artichoke Hearts and Capers in a Lemon Butter Sauce.

VEAL FRANCAISE 14.95

Tender Veal Egg Battered and Sauteed in a Lemon Wine Sauce.

ADD SPINACH 2.00

All Chicken and Veal Dishes Served with Penne Pasta, House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta.

FRUTTI DI MARE

The Fresh Harvest of The Sea

MUSSELS MARINARA 13.95

A Bowl of Fresh Mussels Sauteed with Garlic, Capers and Our Zesty Marinara Sauce, Served over Linguine.

LINGUINE IN RED OR WHITE CLAM SAUCE 14.95

Sea Clams and Littlenecks Sauteed in Olive Oil, Capers White Wine, Fresh Garlic & Herbs. Served over Linguine.

SHRIMP SCAMPI 14.95

Shrimp Sauteed in Olive Oil, Fresh Garlic, White Wine, Lemon and Capers, Served over Linguine

All Seafood Dishes Served with House Salad or Soup and Bread.

There is a 3.00 up charge to substitute Veggies for a Side of Pasta.

We Reserve The Right To Add A 3.00 Plate Charge for Sharing Meals.

A 18% Gratuity Will Be Added To All Guest Checks For Parties Of Six Or More. • Prices subject to CT State Sales Tax • Prices Subject to Change

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.

SIDE ORDERS

FRENCH FRIES 3.95

ONION RINGS 4.95

PASTA MARINARA 4.95

MEATBALL OR SAUSAGE 4.95

MIXED VEGETABLES 6.95

CREAMY RISOTTO 6.95



LENA'S FAMOUS BRICK OVEN PIZZA

**HAND MADE IN THE TRADITIONAL SICILIAN THICK CRUST STYLE
OR N.Y. THIN CRUST WITH FRESH DOUGH MADE DAILY & WHOLE MILK MOZZARELLA**

MOZZARELLA ~ SM 11.00 / LQ 16.00

BBQ CHICKEN ~ SM 15.50 / LQ 20.95

Breaded Chicken Breast, Caramelized Onion,
Mozzarella & Cheddar Topped with BBQ Sauce.

BUFFALO CHICKEN ~ SM 15.50 / LQ 20.95

Breaded Chicken Breast Tossed with Spicy Buffalo Sauce,
Served over Mozzarella & Cheddar Cheese.

CHICKEN BACON ~ SM 16.95 / LQ 22.95

Breaded Chicken Breast, Roasted Peppers and Caramelized
Onions, Bacon, Cheddar & Mozzarella Cheese.

CIAPPINO ~ SM 13.50 / LQ 19.95

Fresh Tomatoes, Fresh Garlic, Olive Oil
and Herbs over Parmesan & Mozzarella Cheese.

CLAM CASINO ~ SM 15.95 / LQ 22.95

Sauteed Clams, Bacon, Fresh Garlic and
Herbs over Mozzarella Cheese.

HAWAIIAN PIZZA ~ SM 15.50 / LQ 20.95

Pineapple, Ham and Bacon.

LENA'S SPECIAL ~ SM 16.95 / LQ 23.95

Peppers, Onions, Mushrooms, Pepperoni, Hamburg, Sausage.

MARGHERITA ~ SM 13.50 / LQ 19.95

Crushed Tomatoes, Fresh Mozzarella, Olive Oil,
Fresh Basil and Parmesan Cheese.

MEDITERRANEAN ~ SM 16.50 / LQ 22.95

A Seasoned White Pie with Spinach, Bermuda Onion,
Black & Green Olives, Feta Cheese, Garlic, Olive Oil and Herbs.

PRIMAVERA ~ SM 16.50 / LQ 22.95

Peppers, Onions, Mushrooms, Olives and Eggplant.

SAL'S SPECIAL ~ SM 14.50 / LQ 20.95

Seasoned White Pie with Mozzarella and Spinach,
Topped with Fresh Tomatoes with Olive Oil and Garlic.

SHRIMP SCAMPI ~ SM 15.95 / LQ 22.95

Shrimp with Fresh Garlic, Olive Oil, Fresh Herbs
and Capers, Over Parmesan & Mozzarella Cheese.

TOPPING / ITEMS

Peppers • Onions • Mushrooms • Olives • Eggplant • Fresh Garlic • Tomatoes • Hot Peppers • Sausage

Pepperoni • Hamburg Bacon • Ham • Anchovies • Sun Dried Tomatoes

Feta Cheese • Fresh Broccoli • Fresh Spinach • Extra Cheese

BRICK OVEN CALZONES 11.95

**OUR FRESH DOUGH STUFFED WITH
RICOTTA & MOZZARELLA**

**EACH ADDITIONAL ITEM 1.00
(SELECT FROM PIZZA ITEMS ABOVE)**

Please Allow 20 Minutes Calzones Made To Order

SMALL PIZZA TOPPING 1.50

LARGE PIZZA TOPPING 2.00

THIN CRUST CHEESE PIZZA BY THE SLICE 2.00

THICK CRUST STUFFED PIZZA BY THE SLICE 5.50

CHICAGO STYLE STUFFED PIZZA

STUFFED MEAT 29.95

Serves 6 People Easily. A Meat Lovers Dream.

A Pizza on Top of Another Pizza, Two Layers Stuffed with Pepperoni, Sausage and Meatball, Loaded with Plenty of Mozzarella.

STUFFED VEGETABLE 29.95

Serves 6 People Easily

Made the Same as it's Partner, but Layered with Broccoli, Spinach and Eggplant, Loaded with Plenty of Mozzarella.



SHEET PAN PARTY PIZZA • 24 SLICES

TOMATO SAUCE & PARMESAN 18.00 • TOMATO SAUCE & MOZZARELLA 22.00

EACH ADDITIONAL ITEM 4.50

Please provide 24 hour notice for sheet pan pizzas

TAKE-OUT ONLY

**Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.*



MAMA'S GIANT GRINDERS

Served Hot or Cold

	8"	12"		8"	12"
ITALIAN STEAK	9.25	14.00	EGGPLANT PARMIGIANA	9.25	14.00
ITALIAN COMBO	9.25	14.00	ITALIAN SAUSAGE	9.25	14.00
BEEF CUTLET PARMIGIANA	9.25	14.00	COOKED SALAMI	8.75	13.00
CHICKEN CUTLET PARMIGIANA	9.25	14.00	HAM	8.75	13.00
ROAST BEEF	9.25	14.00	ITALIAN MEATBALL	8.75	13.00
GRILLED CHICKEN BREAST	9.25	14.00	PEPPER & EGG	8.75	13.00
CAPICOLLA	9.25	14.00	VEGETARIAN	8.75	13.00
SMOKED TURKEY BREAST	9.25	14.00	TUNA SALAD	8.75	13.00
PEPPERONI	9.25	14.00	EXTRA CHEESE	1.00	1.50
GENOA SALAMI	9.25	14.00	BACON	1.00	1.50

BLACK ANGUS BURGER 11.95

8 oz. of Fresh Ground Angus Sirloin with Lettuce, Tomato, Mayonnaise and Melted Cheese. Served on a Roll with French Fries.

WANT SOME BACON, ADD 1.50

BACK TO THE BASICS

All Served with French Fries and Cole Slaw.

BLT 8.95

Bacon, Lettuce, Tomato & Mayonnaise on White Toast.

GRILLED CHEESE & TOMATO 7.95

American Cheese & Tomato, Melted on Your Choice of Bread.

ORIGINAL GRILLED CHICKEN 9.95

Broiled Chicken Breast with Lettuce, Tomato & Cheese, Served on a Roll.

TUNA MELT 8.95

Tuna Salad on Buttered Rye with Swiss Cheese.

CHICKEN PANINI 10.50

Charbroiled Chicken Topped with Roasted Peppers & Fresh Mozzarella, Served on a Grilled Focaccia.

LENA'S SICILIAN 11.95

Prosciutto, Roasted Red Peppers, Tomato, Fresh Mozzarella and Marinated Oil, Served on a French Grilled Focaccia.

TRADITIONAL CLUB SANDWICH 11.95

Made with Your Choice of Turkey Breast, Ham, Roast Beef or Italian Combo with Bacon, Lettuce, Tomato & Mayonnaise on Toasted White Bread.

LENA'S SPECIALTY BREADS

SAUSAGE BREAD 10.95

Made Daily with our Fresh Dough Filled with Sausage, Mozzarella & Sauce

SPINACH PIE 10.95

Made Daily with our Fresh Dough Filled with Spinach, Sausage and Potato

LENA'S FAMOUS SAUCE TO GO

MARINARA - 5.00 PT • MEATSAUCE - 7.00 PT • PESTO or ALFREDO - 8.00 PT • VODKA CREAM 9.00 PT

CHILDREN'S MENU

(12 and Under, Please, No Exceptions)

RAVIOLI IN OUR MARINARA SAUCE 6.95

PENNE & MEATBALL 6.95

CHEESEBURGER & FRENCH FRIES 6.95

PIZZA SLICE & FRENCH FRIES 6.95

FRIED CHICKEN TENDERS &

FRENCH FRIES 6.95

CHILDRENS MEALS INCLUDE A FOUNTAIN DRINK. DINE IN ONLY.

BEVERAGES

SODA (BOTTOMLESS) 2.75

BOTTLED WATER 2.00

MILK OR CHOCOLATE MILK (12 oz.) 2.95

JUICES (12 oz.) 2.95

Apple, Cranberry, Orange

SNAPPLE JUICES 2.50

COFFEE OR TEA 2.25

ESPRESSO 3.50

CAPPUCCINO 4.95

HOT CHOCOLATE 2.25

HAPPY HOUR DAILY 3 TO 6

PLANNING A PARTY?

Lena's Offers a Complete Menu for Catering at Your Location. Please ask your server for details.

PRIVATE ON SITE BANQUET FACILITIES

Available for Parties of up to 100

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