



Caribbean Catering & Carry-out

Phone # 403-453-5475
Simplybyfay @ f

Starters / Sides

Festival (3) V	\$8
<i>A blend of flour, cornmeal and spices deep fried</i>	
Fried Dumpling (4) V	\$8
<i>Deep fried dough</i>	
Fried Plantain V GF	\$8
<i>Deep fried until golden brown with a caramelized sweet texture</i>	
Regular Fries V	\$9
<i>Deep fried cut</i>	
Spicy Fries 🔥🔥🔥 V GF	\$11
<i>Deep fried potatoes spiced up with in house pepper sauce and spices</i>	
Doubles	\$9
<i>Spiced chickpea curry filling sandwiched in a flatbread</i>	
Coleslaw	\$6
Rice & Peas / White Rice	\$8
Roti Shell	\$9
Roti Shell Combo (5)	\$37
Sauces (All Sauces)	\$4
Pepper Sauce	Small \$4 Regular \$10
Coco Bread	\$4
Mac & Cheese	\$8



🔥🔥🔥 Hot 🔥🔥 Spicy 🔥 Mild GF Gluten Free V Vegan
🚫 ALL DISHES MADE PEANUT FREE Pat Size (Large)

Soups

Chicken		
<i>Pumpkin, Chicken, yams, potatoes, dumplings and Caribbean seasoning</i>		
Regular		\$13
		\$17
Beef		
<i>Kidney beans, beef, yams, potatoes dumplings and Caribbean seasoning</i>		
Regular		\$13
		\$17
Veggie V GF		
<i>Pumpkin, carrots, pumpkin, thyme, scallion and Caribbean seasoning</i>		
Regular		\$13
		\$17

Caribbean Dishes

<i>Served with coleslaw and your choice of either white rice or traditional rice and peas. Sub to Mac & Cheese for \$2</i>		
Curry Chicken 🔥🔥 GF		
<i>A blend of Caribbean curry powder potatoes, carrots and spices , together in a savory curry sauce blended</i>		
Regular		\$20
		\$25
Jerk Chicken 🔥🔥🔥 GF		
<i>Marinated in Jerk seasoning and oven baked</i>		
Regular		\$20
		\$25
Curry Goat 🔥🔥 GF		
<i>Chunky pieces of goat cooked with a blend of potatoes, carrots, Caribbean curry powder and spices</i>		
Regular		\$29
		\$35
Oxtail GF		
<i>Beef oxtail, butter beans, onion, garlic, thyme, potatoes and Caribbean spices slow cooked to perfection</i>		
Regular		\$29
		\$35
Jerk Tofu Medley 🔥🔥🔥 V GF		
<i>Cubes of marinated firm tofu, bell peppers, and spices sautéed in a jerk sauce</i>		
Regular		\$23
		\$28
Curry Tofu Medley V GF		
<i>Cubes of firm tofu, bell peppers, artichoke, baby corn and spices cooked in a Caribbean curry sauce</i>		
Regular		\$23
		\$28



Seafood

Served with coleslaw and your choice of either white rice or traditional rice and peas. Sub to Mac & Cheese for \$2

Jerk Shrimp

Jumbo shrimp marinated in spicy jerk seasoning, bell peppers and thyme sautéed in jerk sauce

Regular  \$27
\$33

Curry Shrimp

A blend of jumbo shrimp, bell peppers and curry powder simmered in a mild curry.

Regular  \$27
\$33

King Fish

A white steak style fish lightly seasoned with salt and pepper and topped with traditional Escovitch

Regular  \$29
\$35

Snapper (Fried)

Whole Red Snapper lightly seasoned with salt and pepper and topped with traditional Escovitch

\$35

Ackee & Saltfish

The Jamaican National Dish. Ackee, Salted Codfish, peppers and onion infused with a medley of Caribbean spices

Regular  \$29
\$35

Roti

Curry potatoes, and choice of chicken, beef, shrimp or veggies stewed together and wrapped tightly in a Dhalpuri shell

Chicken 	\$27
Beef 	\$29
Shrimp 	\$32
Veggie 	\$27
Lamb 	\$32

Jamaican Patties

Pastry filled with ground beef, chicken, or goat and blended with Caribbean spices baked inside a flaky shell

Chicken	\$7
Spicy Beef 	\$7
Goat 	\$7



Desserts

Carrot Cake Carrots, flour, sugar, mixed nuts and spices blended and baked	\$7
Sweet Potato Pudding Grated Jamaican sweet potatoes, brown sugar and spices blended and baked	\$7
Coconut Drops Finley chopped coconut, brown sugar, ginger and spices blended and baked	\$5
Peanut Drops Peanuts, brown sugar, ginger and spices blended and baked	\$4
Gizzada Grated coconut and spices blended and baked in a pastry shell	\$6
Tamarind Balls Blended pulp of tamarinds rolled into balls and sprinkled with sugar (spicy or mild)	\$6
Shirley Biscuits	\$3
Mr. Johns Ripe Spicy Plantain Chips 	Regular \$5 \$9
Caribbean Ice Cream Rum & Raisin / Grapenut / Coconut / Mango	1 Scoop \$6 2 Scoops \$9 3 Scoops \$11
* Grapenut - add \$1.00	

Beverages

Water Bottle	\$2
Pops Crush / Ginger Ale / Pepsi / Diet Pepsi / 7up / Ice Tea	\$2
Coconut Water (500 ml)	\$5.50
Malt Malta Drinks Tiger Malt / Vita Malt / Malta	\$4.50
Nutrament	\$5.50
Peanut Punch	\$3.50
Red Bull Island	\$5
Sodas Cream Soda / Ginger Beer / Banana / Pineapple / Pineapple Coconut / Grapefruit / Kola / Fruit Punch	\$4
Irish Moss (Vanilla or Peanut)	\$5.50
Royal Jamaican Ginger Beer (355 ml)	\$6
Assorted Tropical Rhythm Juices Sorrel Ginger / Mango / Fruit Punch / Pineapple / Ginger Pineapple Guava, Mango Carrot	\$6
Ting	\$4.50

(Please see Drink Menu for all Alcohol drinks)

