



ANNUAL REPORT 2022

PREPARED BY MIKAYLA DUNN CLUB ADMINISTRATOR

CONTENTS

- 3 President's Review
- 5 Board of Directors & Life Members
- 6 Coaching, Management & Support Staff
- 7 Head Coach Report
- 10 Coach Report Open
- 11 Coach Report 20 & Under
- 12 Coach Repot Men's
- 13 Team Lists
- 14 Team Posters
- 15 GIG WANL Ladders
- 16 High Performance Achievements
- 17 Club Awards
- 18 Three for Three
- 19 Our Partners
- 20 Financial Report

ANNUAL REPORT PREPARED BY MIKAYLA DUNN FINANCIAL REPORT PREPARED BY KYLE FLUGGE APPROVED BY SIMONE PIRIE









PRESIDENT'S REVIEW:

Season 2022 is one for the record books with the club's historic clean sweep - winning the GIGWANL Premierships in all 3 Divisions. The image of the whole club celebration at the end of the Open's game instantly transports you to a moment in time when it all came together for the Roar Family. The countless hours of hard work on and off the court, the triumphs, the tragedies, the culture and the chemistry that had been created, all converged to produce the dream.

2022 began with the hope that Covid restriction were largely behind us, and life would slowly return to normal. There were still a few curve balls to navigate in pre-season however as Covid continued to restrict some activities. Social distancing and masks were commonplace as is evident in the masked group photo during the pre-season camp at Perry Lakes. The Launch was organised within a week and although not our finest event, it gave us the opportunity to come together as one and celebrate and appreciate our community. The support and understanding shown by the club to organisers and volunteers doing their best in changing circumstances is a credit to the individuals at Roar and the culture that has been created by everyone.

In spite of the uncertainty, the Roar coaches and staff rallied, set their usual high bar and got to work. Pre-season is always a little tricky juggling athlete availability running alongside State and Thunder programs. The Roar goal of providing the best pathway to High Performance programs comes with the disadvantage of restricted access to a number of athletes who are involved in these programs at the start of the year. However, the flip side to this is the opportunities it creates for the development for all athletes. Pre-season requires the Roar coaches to be adaptable and inventive and this has led to the incredible depth that Roar now has as a club, from our Pride Athletes to our Fever Training partners.

We have been very fortunate to have had Athlete Alliance as the Roar pre-season SoC provider for a number of years now and the combination of their expertise and early court work has created a level of fitness and skill that is unrivalled not only at the beginning of the season but also the end. In 2022, Board Director Terri Nielson conducted a review of our SoC program and recommended we continue with Athlete Alliance with the introduction of a gym program. It is pleasing to see this has commenced in the 2023 Pre-season.



The Western Roar Open Team were afforded a fantastic opportunity at the start of the season as NetballWA invited the team to play a rematch of the 2021 Grand Final in Karratha. The rematch unfortunately went the same way as the Grand Final however the team relished the chance to showcase the GIGWANL competition and conduct community clinics. The trip certainly reignited the passion to give back to community netball and we look forward to embracine more opportunities like this in the future.

2022 was a busy year for the board as we conducted a review of the current license and reapplied for a new GIGWANL license. The process was enlightening and gave the Board the opportunity to set a new Strategic Path for the future. We were ultimately awarded a new license thanks to the hard work of the Board, Head Coach Andrea McCulloch, Administrator Jemma Giorgio and our passionate staff.

Alongside the license renewal, Western Roar again invited Perth Netball Association to join us as a community partner. Whilst the meetings showcased the many areas of cooperation and mutual benefits to be gained from a partnership, Perth Netball Association again ultimately decided not to continue dialogue after the first working group meeting. Western Roar has always been keen to build on the shared history, Life Members, personnel and athletes with PNA and has offered to re-engage whenever PNA sees fit to find a mutually beneficial path forward.

The Roar Board this year, continued building the governance infrastructure that will hopefully support successive boards into the club's future. With the introduction of a nomination sub-committee, policies and processes, Roar can now engage and succession plan Board Directors using a best practice model. Whilst there are still improvements to be made, the club foundation continues to be strengthened from these initiatives.

Our Community came together again to celebrate all things Roar at our Home Match. Expertly coordinated by our Administrator Jemm. Roar's generosity was on display as the cake stall and raffles donated by our community raised us much needed funds. A new group of young netball fans from PNA formed guards of honour, played display matches and screamed for our teams, in return roar athletes face painted, temporary tattoed and inspired a new generation. It was Community engagement at its finest.

The S&C program sits hand in hand with our Physio providers, West Coast Health and High Performance. Pre-season screening including base line concussion testing ensures the Roar athletes receive the best possible care during the season. We are fortunate to partner with such professional and caring health professionals. Going forward, the younger players and parents would benefit from further education around the role of the primary carers and reporting expectations.

The Pre-season camp was a welcome opportunity to blur team lines and form relationships across the whole club. Run as an amazing race, it tested mental and physical fitness whilst delivering a large dose of fun and frivolity. The lunch at Perry Lakes was followed by a very hard fought Padel tournament at Reabold Tennis Club.

The Club Camp was also our first opportunity to promote Roar's new partnership with Act Belong Commit. The initiative of Board Director Cathy Halsted and with the wide support of the club, Roar committed to elevate and promote the mental health message of Act Belong Commit at all Roar events in 2022. The Covid years put a spotlight on mental health within the wider community and certainly within the Roar community and as a club we hope we can do a small part in bringing awareness to this mental health message.

Another favourite community event is the Marie Little Shield Team training session. Roar again in 2022 demonstrated our commitment to inclusion in action by supporting our No Limits volunteers Anne-Marie Rich and Grace Pirie. Both players represented WA by participating in the Marie Little Shield, No Limits netball competition in Sydney. Roar again assisted in a training session with the team before they left which was full of laughter and hard work followed by an enormous afternoon tea. Although this was held during the WANL off season, the large number of Roar volunteers that attended was a credit to the club and our culture and the individuals who volunteered their time. The Roar players presented the MLS Team with a Lion mascot which was courtside and cuddled throughout their tournament and will hopefully see further success with the team in the future.

On court, the hard work, creativity, and talent of our coaching cohort was becoming very evident. From the Pride group who went undefeated in their various challenges and showed remarkable improvements throughout the season, to the total domination and minor premier winning Men's team. The 20s team that worked hard to produce the chemistry and cohesion that matched their raw talent and the Open team that were dogged in their pursuit of Grand Final glory.

And then the dream became reality. Grand Final day was awash with blue and yellow as all three teams earned the right to contest the Grand Final and contest they did. At the final siren at the end of the day, Roar had three premierships and paraded the biggest club hug in WANL history. The Roar community, athletes, coaches, staff and supporters celebrated a moment in time that will set the standard for future generations to follow.

Thanks to the incredible people who put their heart and soul into creating an environment that allows everyone to shine. Andrea, Dylan, Stu and the talented staff who support you, we thank you on behalf of everyone at Roar. You dared to dream big, worked tirelessly and created History.

Amongst the personal triumphs, awards and accolades Western Roar won the GIGWANL Club of the Year for the second time in 3 years cementing the club as a target to be pursued by the rest of the field. It will also challenge our club to explore avenues of improvement, a challenge I have no doubt they will embrace.

The Windup was a magnificent celebration. Hosted by our generous sponsor The Stables Bar at The Camfield and again expertly coordinated by Jemma. Life Members, athletes, staff and supporters joined forces to celebrate a season to remember.

As the season drew to a close, a number of Roar members made the decision to step away from the club in the afterglow of a historic season. We said farewell to our Administrator Jemma who had kept us connected, compliant and organised. Her superpower however was her event management and coordination. Thank you for all the special things you did for the club and many people personally. You are a special type of volunteer and person and we are so grateful for your time at the club.





We also said farewell to Andrea McCulloch as a coach. After Leading Roar to the dizzying heights it attained in 2022, Andrea has decided to take some time. 3 Grand finals whilst most certainly a club effort, has Andrea's paw prints all over it. Her professionalism, dedication to personal development, care for her athletes and staff and passion for her club has made her a much loved and incredibly valued person. Although she won't be as hands on in 2023, I have no doubt we will continue to see Andrea around the club.

A huge thank you to our life members and affiliate members. We so appreciate your presence at games and events. You are an important part of our community as you connect us to the past and beyond our own competition, giving us the perspective to appreciate and not take for granted our place in the wider netball world. Thank you also to Jacqui Jashari our Patron of the last 4 years. Your support of Western Roar and the sage advice you often dispensed to me have been invaluable.

Thank you to the Western Roar Board who work tirelessly behind the scenes to keep building the foundation upon which the club operates. Much of the work undertaken by the board as mentioned in this report goes unseen and unreported and in this way, the on court work, our core business is unhampered by the foundational and business side of the club. Alongside or perhaps underneath the incredible on court success of the club is the cohesion and commitment and hard work of the board. In a board driven by a constitution that is just a few years old, the professionalism and dedication of the Directors who have volunteered their time is remarkable. The independence of the Board Directors has been key to the success of the business side of the club. Decisions were made devoid of interests, agenda's and personal profits. We have worked as a team, bound by the club values of United, Spirit and Excellence. We have asked the hard questions, supported one another, encouraged, understood and made some difficult decisions.

As the search for independent directors became more difficult post Covid, the board has made the decision to consider directors who have interests in the club. This will need to be managed very carefully in the future with clear and often declared conflicts of Interest. These processes have been well defined and actioned at Board meetings to date and must be used openly and often by future Boards. An Independent Board is a best practise board and I hope future Directors will continue to aspire to this in the best interests of the club.

To Cathy, Kyle, Terri, Josh and more recently Cathy, thank you for your time, expertise and stewardship.

As my time on the Roar Board draws to an end, I'd like to take this opportunity to thank the wonderful individuals I have the privilege of calling my friends. When I started my journey on the Perth Lions Board 10 years ago, I questioned what I could bring to such a long standing and well organised club. When I stepped into the role of President a few years later, I again questioned my ability to contribute. I figured out very quickly the easiest way to banish those doubts was to just get busy, be curious and add value wherever an opportunity arose.

Those tough moments and decisions, applying for a WANL License, setting up a new Club, Navigating Covid, Losing key people, Losing anyone were made easier surrounded by great individuals with great values. Looking back, these were the moments that the club grew, became more resilient and more sure of itself. These were also the moments that I learnt great life lessons and for that I whole heartedly thank you.



Those moments however pale in comparison to the incredible highs and successes we have achieved as a club. I have been privilaged to watching people marvel at their improvements, attain goals, step up the performance pathway, win games, awards, Grand Finals and see the club recognised as WANL Club of the Year twice, not to mention the Historic Clean Sweep Triple Premiership. More importantly however, I have watched friendships form and a community grow, a place where people belong and that has been priceless.

Thank you so much it has been an absolute honour and a privilege to be a part of the Roar Family. I am eternally grateful and wish the club every success in the future.

Club President

Simone Virie

BOARD OF DIRECTORS



PRESIDENTSimone Pirie



DIRECTORCathy Halsted





DIRECTOR Terri Neilson



DIRECTORKyle Flugge



DIRECTORCathy McCafferty

ADMINISTRATION

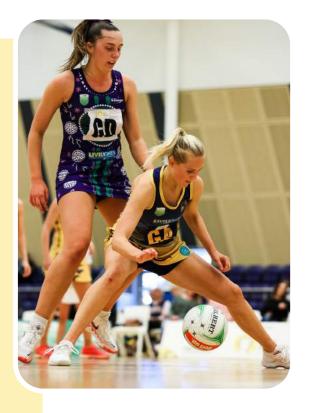


Club Administrator Mikayla Dunn

WESTERN ROAR LIFE MEMBERS

Shirley Doornbusch
June Eiffler
Narelle Foster
Kerry Gates
Glenys Gill (dec)
Claire Holdworths
Kay Massey
Rosemairy Ovenden
Simone Pirie
Marita Somerford
Carol Watson
Charlie Watson
June Webb
Tess Gee-Cransberg
Andrea McCulloch

Anne Marie Rich



COACHING, MANAGEMENT & SUPPORT STAFF



HEAD COACHAndrea McCulloch



MANAGER Marita Somerford



ASSISTANT COACH
Jo Cunningham



OPEN COACHDylan McPherson



APPRENTICE COACHLauren Gordon



APPRENTICE COACHBrooke Tkachenko



MANAGER Vanessa Casement



ASSISTANT COACHLiana Gathercole



ASSISTANT COACHDeanne Quartermaine



20 & UNDER COACHStuart Dent



APPRENTICE COACH
Karina Watson



MANAGER Cathy McCafferty



ASSISTANT COACH
Lynn Gaye



MENS COACH Andrea McCulloch



Trials

Trials were held in September 2021 for the 2022 season for 20's and Pride (girls). The trials were held over a full day with a cut of players being made part way through the day to enable the numbers to be reduced with record numbers again registering to be considered, 115 players in total.

As with the previous year, we did not hold trials for the open team with most of the positions already taken up by contracts offered to returning players and an expressions of interest was held for the remaining open team positions. The same was done for the mens and Pride (boys) teams. We did invite some prospective men players to attend at the end of the 20's trial day to ensure we could view those that were not known to us.

Independent selectors were used for both the team trials and also for the expressions of interest for the opens and mens teams to ensure the process was conducted with integrity.

As with the previous years, contracts had been offered in all three teams to already existing players from the 2021 season and so there were only limited numbers of contracts to fill from trials/expressions of interest.

As noted above, we had record numbers of players trialling, particularly in the 20's and Pride (girls) category. From feedback from other clubs, I understand the number of players trialling for the club was higher than other clubs experienced although there was a significant increaseat most clubs following better advertising and sharing of trials information from Netball WA than in previous years.

With the significant numbers trialling, we did not offer to provide feedback to players unless they were previously Roar players, however, none of those players requested any feedback.

Pre-Pre Season

This was not held this season.

Pre-Season

reseason trainings commenced in December 2021 but thankfully preseason was not significantly impacted by COVID. There were no lockdowns to contend with, instead, it was impacted with individual players missing trainings at times due to either contracting COVID or being deemed close contacts.

HEAD COACH'S REPORT

As the preseason program had worked very well last season, we followed a similar program in terms of timings and the program itself. We did start a week earlier in January 2022 due being able to fit the program in better with all the public holidays in the first part of the year based on our experience from the 2021 season.

The preseason fitness sessions were again run by APA (Insert here; Athlete Alliance). Previous fitness coach, Toby Menzie returned and the feedback from players was positive towards him again. Toby organised a home program which the players undertook over the Christmas break. Pleasingly, results showed the majority of players actually did the program this season.

NWA were able to run a preseason competition in late March/early April which was helpful for the teams to look at some combinations of players. This was, however, impacted by COVID and instead of having two nights of games, this was reduced to just one night for each division. Pleasingly State and Thunder players were released for the fixture so we were able to have our full teams for the games.

In the feedback sessions provided by the players, they have again expressed a desire to do a strength program and the men in particular feel they are being disadvantaged by not having a strength program after the Thunder program ends. Toby did do some body strength work during each fitness session, however, the players noted this was relatively basic and only with their own body weight (push ups, squats, etc). This is similar to previous feedback we have received for a couple of years so if we can obtain sponsorship to support a strength program, that would be very beneficial.

The players also indicated they wanted variety throughout preseason as due to budget constraints we had no extra add ons during preseason. The players expressed a desire to do other activities such as yoga/Pilates, Bike Bar, sessions with High Performance and Health, etc. The feedback is generally that they like variety in the preseason rather than just running each week.

The timing of this season was very similar to 2021 with the games starting at the end of April. Unfortunately, it means we were constantly interrupted with public holidays and school holidays and then adding in the WANL preseason competition, it broke up the preseason significantly which did result in some loss of momentum with our fitness in the lead up to the start of the games. However, starting slightly earlier this year I think helped in alleviating this issue and we mitigated the issues as best as possible and dealt with it better this year than we did in 2021. Unfortunately, that is something out of the club's control so just something to manage.

However, fitness was very good when compared with other clubs, noting our players looked (as a generalisation) fitter than other clubs and were able to run out games well. This was particularly obvious at the start of our season and during the Pride competitions. Our fitness testing results showed we were fitter than in 2021.

Again, I would recommend utilising the services of APA (Athlete Alliance) in 2023. They continue to service our needs well and our fitness is always better than other clubs.

Injuries

RWe did not have too many injuries this year which was pleasing. We had one ACL injury to a 20's player whom underwent surgery mid season and we also had an ACL injury to a Pride player (the injury did not occur in our program). Opens player, Trinity Rond required further surgery to her knee and, as a result, did not take the court this year. We expect her to be ready to play at the start of the 2023 season.

Physio Screenings

We arranged for Physio screenings to return this year and they also included baseline concussion testing for players whom had not previously undergone the testing. Pleasingly, the concussion testing was not required this season with no concussion injuries at the club but I think the benefits of the testing from past years show we should continue to include concussion testing in our screens.

Camp

Camp was held later than planned due to the COVID outbreaks occurring at the beginning of the year and in an attempt to avoid spreading the virus through the club.

The day camp started at GNC with the players being placed into groups which were a mixture of the teams to ensure the players got to know each other from other teams. After making team costumes and a mascot for the day, the players then participated in an Amazing Race which saw them finish at lunch time at Perry Lakes where a BBQ lunch was held. The second part of the camp was held at Rebold Tennis Club where we played Paddle Tennis.

The player feedback was positive. All indicated they enjoyed getting to know players in other teams and the majority of players enjoy having a day camp as opposed to changing to an overnight camp.

Interestingly, player feedback suggested they would like to stay around water in future (as in previous years) and it would be hoped we could proceed with beach activities for next year if camp can be held slightly earlier (as originally planned) with no COVID interruptions in the planning.

Launch

Player feedback indicated that whilst the launch itself was a good event, the space was too small for the amount of people attending (particularly in COVID times) and there was not enough food.



HEAD COACH'S REPORT

Home Match

The home match was a great success based on player feedback and I know they all enjoyed being involved but I believe it was a great bonding experience and opportunity for the club to come together. The players really enjoyed coming together again and we received good feedback from outside of the club regarding our organisation of event such as the food trucks, raffle, etc.

Most of the players were excellent with volunteering their time (some need more encouragement) and were more than happy to help out, particularly the Pride players. Parents were also generous with their time and I think we should continue to participate in holding a Home Game each season.



Performance Analysis

We did not have a performance analyst program this year.

It is still a valuable tool and something we should look to reintroduce again in the future with the changes suggested from my 2019 season report.

Physiotherapists

We again had the assistance of Phoebe Freeman from West Coast Health and High Performance. She was excellent and the cover was again to a high standard that we expected.

believe we should continue our with the relationship with them in 2023 as the relationship is continuing to build and they do a fantastic job. I also think they can add to our program with possibly providing more sessions, both during preseason and during the season, that they have done for us in the past (did not occur this year) with stretching and flexibility sessions.

Plus, the relationship they have with other medical providers, such as surgeons (linked in with West Coast Eagles) continues to be of great assistance when dealing with injuries to our players.

Physiotherapists

Training dates and times remained the same throughout the season including finals. All fourteams trained on Monday and Wednesday nights. The times were offset throughout the nights due to court availability at GNC. Unfortunately, it does not appear court availability is going to improve given the suggestion from other teams that they all want to train at GNC.

The feedback from the players was that they liked having the uniform sessions that didn't change throughout the season so they always knew when training times were. They liked keeping the trainings off the weekend and most prefer training in the evenings, although, some open and, for the first time, some men would also like a morning session if it means they don't have to be training later at night which both teams do once a week on a rotation basis.

We didn't have specialist coaching sessions this year due to budget constraints and we also didn't do the specialist sessions with the club coaches as we did last year mainly due to COVID issues and trying not to intermingle too much in case of spreading COVID. Hopefully next season these can be reintroduced and it would be wonderful to be able to utilise opposition SSN coaches if possible within their COVID protocols and to have them come into the club.

Psychological Sessions

Jodii McGuire did individual sessions with the open and mens teams this year which were well received by the players in those teams and meant she was able to tailor her session to each teams needs based on the feedback from the team coaches as to what they were seeking.

The player feedback was again very high for Jodii's sessions from the opens and mensplayers. Both her team sessions were held during the actual WANL season and the players expressed that they liked the timing of the sessions as they were able to address issues going on at the time, however, they would also like additional sessions in preseason as well to set up the team expectations, etc. We did not have Jodii conduct her usual parent session with the 20's and Pride parents and players this year, again due to COVID issues at the time. It would be good to reintroduce this session next season for those new players and parents coming in.

As suggested in my report from last year, I would like to involve Jodii more at the club in 2023. With stress levels rising around the population generally, our club is not immune and I am aware several players had some anxiety/stress issues which they needed assistance with. Jodii has previously (in 2021) expressed an interest in becoming involved with sponsorship with the club and I think we could utilise her in that way. I'd like to set up an EAP type system, where players can attend session with Jodii, free of expense to themselves, (perhaps two sessions and then pay for their ongoing sessions if required). Perhaps something for the Board to explore with Jodii for 2023.

Season

All three teams finished top two in 2022 with the opens and men's finishing minor premiers. And in even more pleasing news, all three teams finished Premiers after winning their respective grand finals!!!

The open team had an excellent season in 2022, building from their success in 2021. The team was largely unchanged from 2021, however, they were strengthened by the inclusion of Zoe Cransberg into the centre court when she was released from Fever duties (Training Partner) and the return of Tess Gee-Cransberg following her pregnancy last season. The team had better confidence in themselves and this was greatly assisted in attending a session with Jodii the week prior to the second game against Warriors which resulted in a win. From this point the team went from strength to strength and worked through the finals series to make the grand final and, ultimately, win the premiership.

Currently, 11 contracts have been offered/signed for returning players. Tess Gee-Cransberghas announced her retirement from full-time playing but will remain with the team as a Training Partner. Oshi Vale will be taking a year off for travel and there is a possibility Annabel Saggers may do the same, however, this depends on registration/working visa etc. Pleasingly, however, the remainder of the team will be similar with one 20's player, Georgie Cleaver, being elevated into the team.

The men's division continued to remain unbalanced despite the introduction of the points system. The men had an excellent season this year. They remained undefeated all season, finished minor premiers and also won the grand final to be premiers of the division. There was only one game that was close which saw us win in the final minutes of the game after being behind for most of the game.

Pleasingly, we were able to debut five new players throughout the season and developed some younger talent. In fact, seven of the players are under 23 years of age so if we can retain them at the club, we will have a good future ahead of us. At this stage, all players are considering playing again with only one player uncertain if he will move away for work. Currently, we have offered nine players contracts for next season.



The 20's were a young team again with all players eligible to play in 20's again in 2023. Fourplayers were new to WANL this year but pleasingly we were able to retain over half the team from 2021 which had been an issue from the previous year. The team had a very slow start to the season, losing a number of their early games, however they started to find form in the middle part of the season and were gifted a win from the first game after clearance issues were identified with the opposing team. They finished second at the end of the regular season and worked through the finals series to make the grand final and win the premiership. We have seven players contracted for 2023 including a Pride player from this year whom has been elevated into the team.

HEAD COACH'S REPORT

There was not as much opportunity for mentoring between the open and 20's team this season due largely to COVID and different training times of the teams. Hopefully as COVID continues to reduce, we will be able to improve the mentoring opportunities and options for our stronger 20's to train with the open team throughout the season.

Due to a number of opportunities arising during the season with injury and illness, a number of 20's players were able to play up in the opens division. Also, due to the ACL injury, a Pride player was elevated into the 20's team.

State Representation

The club was well represented in state teams with 12 representatives plus twocoaching/support representatives in the Thunder program, three representatives in ANC, threerepresentatives in 19's and five representatives in 17's. We also had five representatives in the Academy program. All programs were able to travel and attend their respective competitions which was pleasing after the competitions being cancelled for the past two years. We also have three of our mens players as Fever Training Partners and one opens player.

End of Season Interviews

These were again compulsory for all players. Each player for the opens and mens teams weregiven feedback in a 10 minute interview by their team coach and myself. Stuart conducted the 20's interviews separately via a zoom interview so their 10 minute interview with myself was in respect of club feedback only. I think they were beneficial to all players and also the club to obtain the players' thoughts too.

During the interviews the athletes were also asked for feedback in relation to any aspect of the preseason/season/club/coaching, etc. The player feedback has been incorporated within this report.

Training Partners

The Training Partner role was well handled this year with the club again being more selective in the training partners selected. Open had three training partners – Zoe Cransberg (whomwas elevated into the team when Trinity was unable to return), Maddie Hunter and Sophie Waddington. Men had three main training partners – Tom Gorman, Russell O'Connor and Dravyn Lee-Tauora. Mitch Cook was also a training partner on our list but only attended as an extra player when required for match play.

All training partners were excellent in their roles with several of them required to take the court for various reasons throughout the season. They all stepped up well into the role when required and showed it remains invaluable to have them to be able to fill injury/COVID gaps when required.



Pride

he Pride players participated in the same preseason as the WANL players. Following preseason, they trained on a Monday night and continued to train up until the school holidays before finals. Select Pride players were also asked to continue training with the 20's team to assist with match play leading into finals. Due to limited Pride (boy) numbers this year (with a number of the Pride players from 2021 being elevated into the mens team this season), the team was combined to be the one team. We had three Pride boys train at various times through the season. Unfortunately with court bookings, the Pride team were not able to fully train alongside the 20's team which wasn't ideal but could not be helped due to court availability.

Next year, this should be increased again to two hours to ensure the players are being properly developed.

The Pride (girls) participated in WANL's development weekend held at GNC which was a great experience for them and I believe will be continued by NWA in the future. Unfortunately, despite requesting their involvement, NWA did not permit our Pride (boys) to do so. Hopefully this can change in the future. The Pride were able to play in a number of games against the other clubs developing teams throughout the year which were fantastic opportunities for them and our Pride boys and one of our mens training partners were also allowed to play in these games.

The Pride program continues to develop well and remains beneficial to the club with players from the Pride team constantly being elevated into our 20's and mens teams each year.

Managers/Statisticians

All three managers and our three statisticians were fantastic and I would recommend having them all return next season.

Fundraising

Due to COVID restrictions, there were very little opportunities for fundraising. Hopefully with COVID now reducing and restrictions unlikely to be imposed in the future, we can return to holding coaching clinics, etc.

Uniform

All of the feedback regarding the uniform is positive.

Overwhelmingly, the players would like access to ordering Roar socks. The feedback indicated they want the logo on the socks rather than just the word "Roar". 20's players also would like trackies. I also think it would be nice for the coaches to have the indigenous logo on their uniform as well as the players having it on their walk out top. As suggested last year, perhaps we could have a scarf or something (see what the Swifts and Giants did in the Suncorp competition) so we could also be included.

Court Availability

AThis continues to remain difficult in getting the number of courts we require on Monday and Wednesday evenings. It may be that the club needs to consider changing to morning or weekend training sessions in an attempt to obtain the number of courts required. It remains beneficial to try and keep the Club together as much as possible for trainings so there can be movement between the teams and for the Pride to train with the 20's to ensure they follow the same program which assists in the event they are elevated during the season and to continue to build our club culture.

Miscellaneous

Equipment for 2023 would include getting the D-Men, more dots and more crash pads (as requested from previous seasons). Otherwise, I can't think of any additional equipment needed at this time

As I have suggested in previous years, I would definitely like to include a day or night where the players give back to the community, such as going to Ronald McDonald house to cook a meal for sick children and the family. Other ideas would certainly be welcome, something to be more involved in the community. This could depend on what sponsors we get for next year and any interests they have. This has obviously not been possible due to COVID issues in the past couple of years. It was great to be involved with the Marie Little Shield Team training again though.

The Values for the club continue to build and the culture continues to grow at Roar which is fantastic. I believe we should continue with these going forward in 2023 and ensuring that coaching staff and players fit with these values. There seems no reason to change that currently.

Sponsorship is always difficult. It was good for the players to have their personal sponsorsagain to assist with fees. It would obviously be good if we could have more club sponsors to continue to fund particularly preseason activities.

Andrea McCalloch

HEAD COACH



OPEN COACH'S REPORT

Premierships are incredibly hard to come by. They take years of commitment, dedication, passion and, lets face it, a bit of luck.

When the girls finally held the trophy aloft, after three attempts in my time at Roar, there was one overriding emotion - relief.

Relief - because the team had finally achieved the thing they had worked so hard for, and the thing that felt at times like it was written in the stars for them. That thing is not a trophy, it is the incomparable and unbeatable feeling of knowing that that they were the best.

Winners on one Grand Final day doesn't quite do it justice.

For some, like Maddi, Bella and Tess it has been 6 years or more of incredibly hard work and commitment. For others, like Zoe Spencer, Osh and Annabel, it was their third Grand Final since debuting in League. They have grown up on the biggest stage of all and this was their coming of age. For Keels, it was what she so richly deserved for her dedication and commitment to the sport and for Cleo, Emma, Zoe, Soph and Chels it is no doubt the start of some incredibly impressive netball careers.

It meant something different to each of them, but in a way meant the same thing. It meant we had set our minds to a task and delivered on it. And there is no better feeling in the world. I would like to acknowledge a few people that make Western Roar what it is.

To Phoebs, thank you for your support this year. Phoebe has been through it with us and I am so glad she was there to share in the spoils this year. She keeps the girls ticking along and for that I am incredibly grateful.

To the amazing Marita. I still can not believe that she sold her Commonwealth Games netball tickets to stay in Perth for the Grand Final. She is dedicated, goes the extra mile and we are so lucky to have her.

To my wonderful co-coach Jo. What a wonderful combination we have become. It is such a privilege to work with someone who is tactically and technically so good at what they do, loves to have a laugh and is supportive to a fault. Jo, makes my job so easy and I am incredibly grateful.

Sadly, this year, we say goodbye to some special people.

Firstly, to Tess Gee-Cransberg, what an incredible career. So many accolades in one of the most decorated careers we have seen in netball in WA in an incredibly long time. The only thing I can think to add to it all as it comes to an end is I feel confident saying today that there will never be another Tess Gee-Cransberg. Ever. In 10 years' time I expect to coach a young girl and say "she has got a bit of Tess Cransberg about her" and it will probably be the biggest compliment I can pay to someone. Tess' creativity, flair, grit, skill and capacity to play the bigmoments like they are nothing at all will forever be her legacy. She will be greatly missed and is truly one of the best to have played the game.

And secondly, to Keely Atkinson, who goes onto a new venture on the Apple Isle, we will miss her greatly. A technically savvy and strategically astute netballer, Keely has left an indelible legacy at Western Roar. That legacy is simple: be a team player. She is an incredible WD, a wonderfully hard worker and a caring and compassionate team person. We are so lucky that we had her and she is always welcome back in the blue and gold.



And secondly, to Keely Atkinson, who goes onto a new venture on the Apple Isle, we will miss her greatly. A technically savvy and strategically astute netballer, Keely has left an indelible legacy at Western Roar. That legacy is simple: be a team player. She is an incredible WD, a wonderfully hard worker and a caring and compassionate team person. We are so lucky that we had her and she is always welcome back in the blue and gold.

I coach 15 phenomenal people, that I know will continue to achieve incredible things in their lives far beyond what we did this year.

My wish for them is that they fondly look back on 2022.

The year they were the champions. The year they swept all before them. The year they did the impossible and they did it with grace, respect and incredible spirit.

I am incredibly proud of all of the girls, and I would have been proud of them without medals around their necks.

See you all in 2023.

Oylan McPhherson
OPEN COACH

20 & UNDER COACH'S REPORT

BEFORE THE SEASON AND EVEN PRE-SEASON HAD STARTED, MY GOALS FOR THE 20'S AND PRIDE PROGRAM WAS TO DEVELOP AND ENHANCE THE SKILLS OF THE ATHLETES IN THE PROGRAM.

To give them a clear understanding of high performance or "elite" sport and what it takes to take the step to the next level. The goal was constant improvement and if that meant winning, then great. However, it was never the primary focus. Solely it was to get improvement and to lift the standard of how they train, and the skills that's required at an elite level.

I've broken down my review into the following sections and included any recommendations moving forward.

PRE-SEASON TRAINING

- Length was long. It felt as if it went for a substantial amount of time.
- Toby was fantastic and had a great repour with the athletes and coaches. Sessions built week to week and improvements were seen across all athletes.
- The Friday non-court (running) session struggled to keep attendances high. A Friday night meant athletes had prior engagements or "other things" to do.
- Friday night running session contained some body weight exercises but was not extensive.
- Monday/Wednesday conditioning was tough but became repetitive week to week. However, did get the results required.
- Having the "Hybrid" sessions of court and conditioning
 was a great way to break up the session and get the
 skills into the athletes earlier than usual for preseason.

COURT/TRAINING

- Difficult to manage both Pride and 20's with court availability. Pre-season was fine to manage. In season, there was not enough court space to train at the same time. Upon meetings with Simone/Andrea this was adjusted during the season.
- Team culture was high, the team had fun yet trained at a high intensity.
- Skills of the athletes improved at expected levels for most over the season.
- Structure of Trainings worked well being Monday: Skills session, Wednesday: Structures and Specifics. Athletes knew what to expect at each session and feedback has been positive.
- 2 hour training sessions were perfect

RECOMMENDATION

- Mentoring from League to 20's to return in 2023. Now covid is behind us, we can re-introduce this for 2023.
 Allows for greater club relations and for the youth to lean on the experienced.
- Continue with training days/times as these worked well for athletes and coaches.
- Can implement more specific area work at trainings. (shooters/middies/Defenders)



COACHES

- Deanne/Lianna we the assistant coaches for 2022. We worked well as a coaching team and our skill set complimented each other.
- Engaged with both Preseason to outline program and obtain buy-in. Set clear expectations which allowed them to create their own goals and development plan from the season.
- Both were given a game to be the "coach" and lead Pregame, in game and post-game, which allowed me to mentor coach and provide feedback.
- I focused on ensuring coach development and engagement, enhancing their skills and identifying gaps.
- Mentor coaches being Lauren/Brooke/Zoey. Attendance was Ad hoc and at their own availability. I spoke to each saying this opportunity is for their own development and up to them to lead their development. Ask questions, learn by listening.

20 & UNDFI

- Good mix of Youth and experience in all areas of the court. All players are eligible to continue to play 20's in 2023.
- 1 Major ACL injury (Tracey-Lee). Re-signed at a Training Partner for 2023.
- Implemented feedback process at the beginning of the season to allow
 the athlete to own their own development and feedback. Found this to
 completely remove any issues around negative team dynamics, or
 uncertainty with their place in the team, and identify their areas for
 improvement.
- Group showed consistent improvement from round to round.
- Clear game plan set early and consistent messaging.
- Strong representation in State Programs and NWA Pathways.

PRID

- Good mix of Youth and experience in all areas of the court. All
 players are eligible to continue to play 20's in 2023.
- 1 Major ACL injury (Tracey-Lee). Re-signed at a Training Partner for 2023.
- Implemented feedback process at the beginning of the season to allow the athlete to own their own development and feedback.
 Found this to completely remove any issues around negative team dynamics, or uncertainty with their place in the team, and identify their areas for improvement.
- Group showed consistent improvement from round to round.
- Clear game plan set early and consistent messaging.
- Strong representation in State Programs and NWA Pathways.

CLUI

- Culture is again great and as it always has been. Great comradery between all teams and having preseason as a mix between all teams allows this to continue.
- Leaders are strong and set the example for all.
- Values are still consistent to the clubs direction and how we want to continue to the growth of Western Roar.
- I wasn't present for camp, but received positive feedback from the team. Did say it was a long day with lots of walking.

Recommendation

- Team leaders could be engaged to take more responsibility for club social events and provide suggestions as to how we keep the club linked.
- Further discussion around camp. Make it a half day as to not overdo it. Engage all coaches for ideas and lock in a date early.
 Too much change this year and turned into an obligation rather than an opportunity to build culture.
- Launch to be as professional and engaging as the awards night.
 Ensure location is suitable for Pride athletes to engage them into the club.
- Create "committees" from our player group for social activities etc. Gives them ownership of the direction of the club, but activities to be ratified by Coaches/Board if required.



20 & UNDER COACH

Stuart Went

MEN'S COACH'S REPORT

Well, what a season we have had. Undefeated Premiers. It has a pretty good ring to it doesn't it?

2022 was an incredibly rewarding year for the team with their hard work throughout the season paying off with a premiership. At the start of the year, we had a good mix of both returning experienced players and young up and coming players starting their WANL career. We were also exceptionally lucky to have some fantastic training partners to assist and challenge the playing team members at training.

At the commencement of the season, I told the players I believed we could go undefeated through the season, provided we stuck with our processes and game plan. The players all bought into the challenge and were incredible with their training ethic and willingness to take on new ideas and strategies.

We had a phenomenal season and whilst we weren't really challenged results wise through the season, we were able to challenge ourselves and, pleasingly, improve on our performances due to pushing ourselves at trainings.

Debuting five new players to the WANL court – Trent, Dom, Russell, Jordan and Bailey – was a highlight and seeing our new players as well as our more mature players develop was so pleasing.

We also had Trent, Tom, Daniel, Stew, Dylan, Dan and Dray selected in Australian squads off the back of their performances at Nationals. Bailey and Dray were also named MVP of their respective levels at Nationals.





I was very luck to have a lot of support this year from Lynn, Assistant Coach, whom stepped up more than was expected and it was great knowing I had someone who could step seamlessly into the role to assist. Karina was such an enthusiastic Apprentice Coach. I'm excited to see you both continuing in your coaching journeys.

Cathy was the most wonderful manager. She does an excellent job with the players and makes the life of the coach so much easier knowing she is so organised and anticipates issues before they even occur.

Alex was our statistician and for anyone who knows my coaching, they know I love statistics! His support on the bench was incredibly helpful and his knowledge as a player was so useful in being able to read and interpret the stats to quickly pass on to the team during our breaks.

It was a privilege to coach the mens team this year. They are an amazing group of young men and it was incredibly enjoyable coaching the group who were willing to work so hard at trainings and were always wanting to push and challenge themselves to be better players.





2022 TEAM LISTS

OPEN

Keely Atkinson
Chelsea Bartlett
Tess Gee-Cransberg
Cleo Kenny
Sopia Lamers
Isabella McLernon
Emma Putt
Trinity Rond
Annabel Saggers
Maddison Schultz
Zoe Spencer

Training Partners

O'Shiarn Vale

Zoe Cransberg Maddie hunter Sophie Waddington

20 & UNDER

Teddi Lowe
Madison Gauntlett
Charisse Rond
Georgie Cleaver
Sienna McDonald
Boudene Huckle
Aisha Morocombe
Maya Kenny
Rylee Hall
Traceylee Kinngi
Sophie Main
Abbey Henshall
Emily Dwyer

MEN'S

Trent Huppatz
Jordan Stothard
Mitch Purser
Dale Mathher
Max Denholm
Dominic Lawrence
Daniel Cools
Dylan McPherson
Connor Rawlings
Daniel Perrella
Bailey Taylor

Training Partners

Dravyn <mark>Tauro</mark>a Russell O'Connor Tom Gorman

PRIDE

Grace Jooste
Giorgia Pezzando
Bailey Scott
Scarlett Clarke
Charlottee Herbert
Anna Walsh
Lara Lowenhoff
Jessica Wheeler
Madeline Gasiorowski
Sophie Hunt
Sydney Richards
Emily Rivers
Kate Cunningham

LEADERSHIP GROUP

CLUB CAPTAINTess Gee-Cransberg

OPEN CAPTAIN
Maddison Schultz
OPEN VICE CAPTAIN
Annabel Saggers

20 & UNDER CAPTAIN
Sienna McDonald
20 & UNDER VICE CAPTAIN
Boudene Huckle
Maya Kenny

MEN'S CAPTAIN

Dylan McPherson

MEN'S VICE CAPTAIN

Connor Rawlings

2022 TEAM POSTERS









GIG WANL LADDERS

OPEN



MENS

#	TEAM	PTS
1	Western Roar	24
2	Curtin Hamersley Comets	11
3	West Coast Warriors	11
4	Southside Demons	0

20 & UNDER

#	TEAM	PTS
1	Peel Lightning	24
2	Western Roar	23
3	Rangers	19
4	Curtin Hamersley Comets	15
5	East Freo Sharks	14
6	Southside Demons	8
7	Souwest Jets	4
8	West Coast Warriors	1

HIGH PERFORMANCE ACHIEVEMENTS

OPEN MEN'S THUNDER

Dale Mather

Mitch Purser

Dylan McPherson

Stewart Burton

Dravyn Lee-Tauroa

Daniel Cools

Cathy McCafferty (Manager)

THUNDER 23'S

Bailey Taylor

Daniel Perrella

Connor Rawlings

Max Denholm

Lynnette Gay (Assistant Coach)

THUNDER 17'S

Trent Huppatz

Thomas Gorman

MENS AUS 20'S SQUAD TP

Daniel Perrella

MENS AUS 17'S

Trent Huppatz

MENS AUS 17'S SQUAD TP

Thomas Gorman

MENS AUS OPEN SQUAD

Dylan McPherson

Dravyn Lee-Tayroa
Daniel Cools

Stewart Burton

NATIONALS MVP 23'S

Bailey Taylor

NATIONALS MVP OPEN

Dravyn Lee-Tauroa

WEST COAST FEVER DEBUT

Zoe Cransberg

WEST COAST FEVER TRAINING PARTNER

Zoe Cransberg
Dylan McPherson
Daniel Cools
Dravyn Lee-Tauroa

WEST COAST FEVER RESERVES

Zoe Cransberg Emma Putt

WEST COAST FEVER RESERVES SQUAD

Cleo Kenny Chelsea Bartlett

WEST COAST FEVER ACADEMY

Zoe Cransberg
Cleo Kenny
Emma Putt
Chelsea Bartlett
Maya Kenny
Georgie Cleaver

WEST COAST FEVER FUTURES 19S

Cleo Kenny Emma Putt Madison Gauntlett Riley Hall

WEST COAST FEVER FUTURES 17S

Maya Kenny Charisse Rond Boudene Huckle Georgie Clever Teddi Lowe

CLUB AWARDS



FLO STARCEVICH MEDAL

Maya Kenny (20 & U)
Zoe Cransberg (Open)
Stewart Burton (Men's)

COACHES AWARD

Maya Kenny (20 & U)
O'Shiarn Vale (Open)
Max Denholm (Men's)
Maddi Gasiorowski (Pride)

PLAYERS PLAYER AWARD

Rhylee Hall (20 & U) Chelsea Bartlett (Open) Daniel Cools (Men's)



SPIRIT OF NETBALL AWARD Trinity Rond

CLUB PERSON OF THE YEAR
Trinity Rond

VOLUNTEER OF THE YEAR Mel Hunter

COACH OF THE YEAR

Dylan McPherson
Stuart Dent
Andrea McCulloch

BEST FIRST YEAR PLAYER

Zoe Cransberg

JILL MCINTOSH AWARDS

CLUB OF THE YEAR

CLUB PERSON OF THE YEAR
Simone Pirie

TEAM OF THE YEARGoal Attack - Maddison Schultz
Goal Keeper - Chelsea Bartlett

COACH OF THE YEAR

Dylan McPherson



THREE FOR THREE!



OUR VALUED PARTNERS



EST. 2013



CERTIFIED PRACTISING ACCOUNTANTS



































FINANCIAL REPORT 2022

Western Roar Netball Club Incorporated PO Box 213, WEMBLEY, WA, 6913 0429 058 409

Total Income

Cost of Sales

WANL

Profit and loss report

Accrual mode 01 Jan 2022 - 31 Dec 2022

	Total	
	Actual	Last Year
ncome		
Events		
Players Clinics	0	300
Home Match Day	3,154	1,845
Miscellaneous	0	0
Total Events	3,154	2,145
WANL Player Fees		
NWA MyNetball Affiliation	0	8
Windup	1,760	1,980
NWA Dinner	7,782	0
Pride Player Fee	3,000	0
WANL Player Fee	24,530	17,414
WANL Team Affiliation NWA	0	156
WANL Launch	490	310
Total WANL Player Fees	37,562	19,868
WANL Pre Season Player Fees		
Pride Pre-Season Fee	2,400	4,660
WANL Pre-Season Fee	0	10,285
WANL Camp	0	75
Total WANL Pre Season Player Fees	2,400	15,020
Fundraising		
Fundraising	108	457
Total Fundraising	108	457
Sponsorship & Grant Funding		
Sponsorship	34,065	17,546
DLGSCI COVID-19 Cleaning Subsidy	500	0
Small Business Hardship Grant	5,000	0
Total Sponsorship & Grant Funding	39,565	17,546
Netball WA Funding Account	19,091	19,091
Strapping Tape	0	731
Miscellaneous Income	1	1
WANL Merchandise	981	1,729
Pride Trial Fee	0	46
WANL Trial Fee	3,425	3,471
WANL Season Pass	0	2,001
Donations	1,275	2,962
Interest Received	73	9
WANL Uniforms	4,026	5,075
Coach/Support Staff Uniforms	330	503

3,080	6,265
981	2,454
6,064	3,051
5,282	5,100
2,000	0
3,200	0
1,250	0
3,000	0
1,400	0
3,000	0
1,250	0
0	19,250
1,200	1,500
1,318	2,550
600	600
302	0
63	502
1,108	1,370
0	1,764
6,426	8,650
0	146
1,200	0
32	89
0	1,775
42,756	55,066
3,446	7,238
451	1,319
3,897	8,556
5,135	5,494
553	444
6,886	(544)
622	422
(112)	282
0	111
44	0
13,128	6,210
1,100	1,107
546	1,351
49	2,735
1,221	170
2,917	5,362
	981 6,064 5,282 2,000 3,200 1,250 3,000 1,400 3,000 1,250 0 1,200 1,318 600 302 63 1,108 0 6,426 0 1,200 32 0 42,756 3,446 451 3,897 5,135 5,53 6,886 622 (112) 0 44 13,128

Total

Actual

111,992

Last Year

90,653

Total Cost of Sales

62,698

75,194

	Total	
	Actual	Last Year
Gross Profit	49,294	15,459
Expense		
MYOB	1,018	1,193
Computer Software	253	49
Bank charges	634	658
Events & Functions	945	520
Storage	3,159	2,633
Miscellaneous Expenses	0	10
Office Supplies	11	339
Post Office Box Rental	131	114
Gift	345	550
Insurance	297	620
Telephone & Internet	611	566
Board Expenses	136	428
Merchant charges	711	708
Web Hosting	251	148
Administration	84	135
Strapping Tape	240	819
Superannuation expense	712	1,798
Wages & salaries	11,587	18,550
Annual Leave	(4,727)	1,227
Total Expense	16,399	31,065
Operating Profit	32,895	(15,606)
Other Expense		
Adjustment for Prior Period - Annual Leave	0	3,500
Total Other Expense	0	3,500
Net Profit	32,895	(19,106)

Western Roar Netball Club Incorporated PO Box 213, WEMBLEY, WA, 6913 0429 058 409

Balance sheet report

Accrual mode 31 Dec 2022

	Total	
	Actual	Last Year
Asset		
Banking		
ANZ Cheque account	8,647	3,834
ANZ Savings account	20,989	4,416
Total Banking	29,636	8,250
Current Assets		
Accounts receivable	39,227	397
Total Current Assets	39,227	397
Total Asset	68,863	8,647
Liability		
Credit Card		
Visa	0	4
Total Credit Card	0	4
Current Liabilities		
Accounts payable	0	2,118
Annual leave payable	0	4,727
Fees Invoiced in Advance	29,600	0
GST collected	4,126	516
GST paid	(896)	(1,388)
PAYG withholdings payable	1,248	586
Superannuation payable	79	272
Total Current Liabilities	34,157	6,832
Total Liability	34,157	6,836
Net Assets	34,705	1,810
Equity		
Establishment Capital	68,614	68,614
Retained earnings	(66,804)	(47,698)
Current year earnings	32,895	(19,106)
Total Equity	34,705	1,810