



## The Jamul Shopper & News

www.jamulshopperandnews.com

### Jamul Kiwanis Present Steele Canyon High School Seniors Scholarship Awards



Jamul Kiwanis scholarship awards for 2023 were given to seniors from Steele Canyon High School. Shown l-r Kiwanis Member Linda Manos, Seniors: Olivia Montgomery, Yuui Alejandro Otega, Hanadi KAamal, Solomon Joel, Kati Buerstetta (Jamul Member) and Olivia Catanzaaro (not pictured). CONGRATULATIONS TO ALL!!!

### Welcome Home

Lexi and Ashton Kaul of Dulzura, California celebrated their one year wedding anniversary on July 28th, 2023. They are high school sweethearts.

Ashton has been in the Army, currently attending Cyber Warfare School in Augusta, Georgia. He comes home in August after a long year to reunite with his wife, his lab Tucker, and the rest of his family. Once he's home, a new journey will begin in the state of Washington, where with Lexi, and Tucker they will make a home together. Here's to many more years to come!



## A Starry Night

Please join us for a Starry Night - Dine and dance the night away under the harvest moon at the **Hillside Ranch Vineyard Saturday, September 30th**

The evening includes a fabulous fall dinner and local wines under the stars, overlooking lush vineyards; dancing, a silent & live auction in Jamul!

**Individual Tickets: \$150 - A Reserved Constellation table for 8: \$1500**

Your tax deductible donation will make a huge difference for the students of the Jamul Dulzura School District

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Shooting Star Sponsor	\$3000	Promotions Sponsor	\$1000
Milky Way Sponsor	\$2500	Entertainment Sponsor	\$1000

All sponsors will be recognized in the Starry Night Program, receive two tickets, our grateful appreciation and pride in knowing they are helping our students.

Payment can be made via Venmo at Friends-Jamul-1; Mastercard, Checks accepted: payable to Friends of Jamul Dulzura Schools; mail to PO Box 909, Jamul, CA 91935. Email: Friendsofjdsd@gmail.com. Follow us on Facebook or call 619 851-3379. Friends of Jamul Dulzura Schools is a registered 501c3

## FUN WITH HORSES

By Jean Strouf

Preface: Please excuse my use of Anthropomorphism in the text below; I believe my observations are truthful. Horses are Prey animals, unlike humans (or dogs), who are Predators. In the choice of Fight or Flight, horses almost always choose Flight

Horses don't care.

Horses don't care if you are White, Black, Brown or Yellow. And they really don't understand that you may care about their color, or your own. Horses are colorblind.

Horses don't care what your sexual preferences are, as long as you love and respect them.

Horses don't care how you dress, as long as you move comfortably around them...and don't have open toed shoes/sandals they find very attracted to stepping on. And flashier clothes, more buttons, look wonderfully inviting to try a taste.

Horses don't care if you are young or old. Many mares LOVE attention from young children, as long as the child is quiet and happy. Screaming children or those carrying sticks or frightening objects are terrifying to horses. Older persons are generally quiet, non-threatening: an ideal companion.

Horses don't care if you are male or female, although many have preferences. Horses' sense of smell can easily tell the difference. Men can smell more like a predator than women.

Horses do care if you are sad. They will listen to all your troubles and won't flinch at your tears, especially if you are running a brush along their backs. If you are pining over a lost love, a horse can be the perfect answer.

If you've become disabled, horses won't notice, and most horses can be trained to alter their routines to accommodate you. My horses have learned to accept mounting blocks, big tires, fences, large rocks, etc. as aids to help me or other shorter people get up into the saddle. Horses are often used as therapy for physically or emotionally disabled persons.

Horses do care if you are angry. Best to stay away, or they could take defensive action for self-preservation. Twenty years ago, I worked with my mare and a good trainer who was having a bad reaction to venom antidote. He got frustrated and angry with my mare during a session and pushed her too hard. She launched him across the round pen; our last lesson. Again, if you are angry or full of hate, stay away from your horse; they do care.

Horses do care if you are egotistical/ self-centered. Horses live in the present, and if you are not completely present with them, they may take offense. I've learned that while on trail, if I'm engrossed in conversation with my human companion, my horse will decide it needs to taste every weed. If we approach a new object on trail and I'm not looking at the object, paying full attention to it with a sense of calm and joy, my horse will startle, and if my attention is still not there, the horse may choose the "Flight" response. On last week's ride, we came across a full-size rattlesnake in the middle of the trail; and it wasn't moving out of the way. Each of us looked calmly at the snake and continued around it, giving it a 15-foot safety zone. Not long after that, we crossed paths with a man training his hawk, carrying it on his shoulder. The man wisely let the hawk fly off when he was about 100 feet away, passed us, and then called for the hawk to return once we had safely passed. Again, we stayed fully in the present with our horses and acted calmly.

Horses don't care what other people think of you. Horses only care that you care.



### 1st and 3rd Tuesday 7:30

Jamul/Dulzura Community Planning Group Jamul Dulzura Union School District, Jamul Education Center

14581 Lyons Valley Rd, Jamul.

**4th Thursday Kiwanis meeting** at Jamul Community Church at 6:30 pm, 14058 Jamul Drive

August 15 Jamul Shopper

Deadline, Tammy 619 669-1109

**Third Tuesday** Jamul Dulzura School Board meets 6:30 JIS Library

**Weekly AA meetings** every Wednesday 6-7pm at St. Pius X Catholic Church in Jamul

**August 4, Saturday 9am-11am**

**Earth Discovery Event: "Birds on the Bay" Entrance to Sellers-Keever Park, 5335 Florence St, Imperial Beach**

### FUTURE:

**September 23 Earth Discovery**

Institute Fundraiser 5pm - 8 pm

Crestridge Ecological Reserve,

1181 Horsemill Rd, El Cajon for

information: info@earthdiscovery.

org. **RSVP by September 8th**

**September 30**

Friends fundraiser (see Pg 1)



The Jamul Shopper & News

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Views expressed by contributors to this publication do not necessarily represent those of the Jamul Shopper and News.





St Pius X Catholic Church  
60th Annual JamulFest-Gymkhana 2023

Famous Deep Pit BBQ  
Sunday, October 8, 2023

14107 Lyons Valley Road, Jamul CA  
Parade at 9 am, Festivities 10 am - 4:00 pm

Food, Fun, Rummage Sale, Craft Fair  
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For more information call the parish office at (619) 669-0085 or  
visit our website at [stpiusxjamul.com](http://stpiusxjamul.com) or use the QR Code.



# JamulFest Parade -2023 Theme “ PIRATES and MERMAIDS ” October 8th



[jamulkiwanis.org](http://jamulkiwanis.org)

7:30 am Parade Line up/Check In  
All Floats, non animal entries First Parking Lot Jamul School District Office All ANIMAL Entries 2nd Parking Lot Jamul Elementary School

JUDGING: 8:15 AM - LATE ARRIVALS WILL NOT BE JUDGED

**PARADE BEGINS 9 AM**

**KIWANIS PARADE ENTRY FORM**

Parade Chair: Debbie Hornsby 619-823-3537

**\$20 entry fee payable to: Jamul Kiwanis, P O box 267, Jamul, CA 91935**

NAME \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ ENTRY NAME: \_\_\_\_\_

ENTRY CATEGORY: \_\_\_\_\_ Pick One Category: Mounted Individual (Horse),  
Mounted Group (Horse), Animal Representation, Float, Youth Group, Marching Unit, Car or Truck

All parade entries and participants hereby waive, release and hold harmless the Kiwanis Club of Greater Jamul and their Directors,  
Officers, Agents, heirs and Members from any and all claims of damages arising out of participation in the Jamul Parade.  
I understand that it is my responsibility to advise members of group or organization of this liability release.

## Community News

### Jamul-Dulzura Union School District, Elizabeth Bystedt

This is my absolute favorite time of year and always has been. I love the smell of new pencils and school supplies. I love the excitement of meeting a new group of students and welcoming those who are returning. I love seeing how much everyone has grown over the summer and hearing stories about what children did during the summer... from trips, to sleeping in, to building forts, to reading the best book ever!!! Every start to the school year is so fresh and anything is possible.

**Community Members...** If you want to reserve our fields, including the ones used by Little League/AYSO or the Oak Grove Soccer Field/Track/Tennis Courts/Pickle Ball Courts, you can either complete the Facilities Usage Form on our website at [www.jdsud.net](http://www.jdsud.net) OR you can contact Cyndy at 619-669-7706. If a field is not reserved, then it is open for anyone in the community. Fields are open to the public when school is not in session from dawn to dusk. If you have any questions, please feel free to contact us. Please remember that dogs **MUST** be leashed on the fields as there are always others around and to clean up after your pets for the safety of all. Thank you.

**School begins Thursday August 17<sup>th</sup>!!!** If you want your child to start school on the first day of school, **ALL registration MUST be completed on or before Tuesday, August 1<sup>st</sup>.** This allows the district and the school sites time to process all your paperwork. If you complete your registration after the 1<sup>st</sup>, your start date will be based on a first come first served basis and will NOT be prior to Friday, August 18<sup>th</sup>.

**New families,** please follow us on social media. Each school site and the district have its own Instagram, Facebook, and Twitter accounts. Choose your favorite form and follow both your school and the district so that you are always up to date on what is happening. Links to all social media can be found on our website at [www.jdusd.net](http://www.jdusd.net). The website is also a great way to stay up to date. We are constantly adding information that may be a help to you there.

**Speaking of our website,** if ever you need to notify us that a bullying incident has occurred, please use the form on the upper right-hand corner on our website. We've also placed the form on each school page too for easy access.

**TK-5 families,** If you need before and/or afterschool care, we offer a fully licensed program called Champions. We also have scholarships available. This link will take you directly to the information for JES <https://www.discoverchampions.com/our-locations/jcccamul/ca/002167>

**New this year...** Oak Grove Middle School will also have a Champions program for before and after school, in addition to the after-school offerings that we have traditionally held. More information to follow BUT we wanted you to know so that you can start planning.

If you are interested in joining our second year of the **Superintendent's Book Club**, please let me know. The book club is open to all parents and community members who want to participate. We'll be studying the book GRIT The Power of Passion and Perseverance by Angela Duckworth. The book comes in both English and Spanish so you can read in the language that is easiest for you. The registration form is on the district website. Please complete it so that I know how many books to order. I look forward to learning with you.

Enjoy the rest of your summer. The first day of school is right around the corner!

#### Important Dates for August...

August 1	Deadline for paperwork in order to start on the 1 <sup>st</sup> day of school
August 2&3	Kindergarten Assessments
August 3	2 <sup>nd</sup> Bus Lottery
August 8	School Board Meeting
August 10	School Offices Open
August 15	OGMS – New Student Orientation
August 16	JES Kindergarten Round Up & JES Meet the Teacher
August 17	1 <sup>st</sup> Day of School!!! 😊





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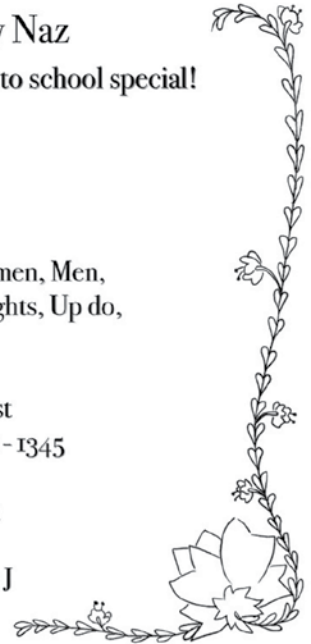
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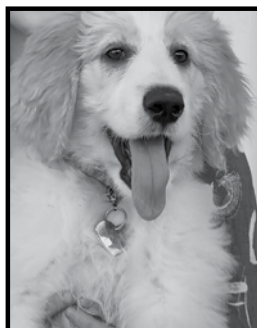
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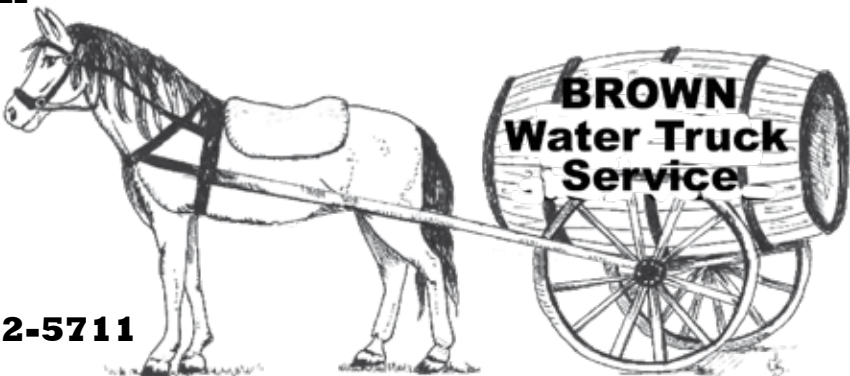
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## Community News



### Anderson Alert from San Diego County Supervisor, Joel Anderson

This summer, the County Board of Supervisors voted to approve the budget for the new fiscal year, which began on July 1, 2023. The County 2023-2024 budget contains \$8.17 billion, which is used to fight homelessness; take on mental health and substance use disorder challenges; improve the justice system; help working families; and invest in core services like roads, fire protection, and parks.

Supervisor Joel Anderson, who represents Jamul on the County Board of Supervisors, shared, "My priorities remain the same: to increase fire safety, tackle homelessness and mental health issues, increase and support public safety efforts, build attainable housing that allows young families to live locally, and invest in local businesses."

"No budget is perfect, and the process of passing a budget often requires compromises with my colleagues so that their constituents' unique needs are met. This year's budget makes historic investments in the priorities you elected me to address, and that's why I supported it," he continued.

These service areas saw an increase in their budgets:

- Mental Health and Substance Use Treatment – increase of \$100 million
- Homelessness and Housing – increase of \$40 million
- Department of Public Works Roads Fund – increase of \$25.4 million and added 7 Full-Time Employees for road paving
- Sheriff's Department Opioid Enforcement Program – increase of \$500,000 to address illegal fentanyl activities
- CARE Court implementation – increase of 55 Full-Time Employees to implement a pilot project to create court ordered mental health and substance abuse treatment plans
- Senior Shallow Rent Subsidy Program – increase of \$2 million to prevent seniors from falling into homelessness

Supervisor Joel Anderson also used grant funds to award \$5,563,264 to many projects in District 2 within the last year.

District 2 residents looking for assistance with a County matter or wanting to share their opinion are encouraged to contact Supervisor Anderson's office by visiting his website at [supervisorjoelanderson.com/contact](http://supervisorjoelanderson.com/contact) or calling 619-219-2470.

## Churches

**Jamul Community Church**, 14058 Jamul Dr., Jamul, CA 91935, Sundays 8:30 am, & 10:30 am. Children's programs available. 619 669-7203. [www.jamul.org](http://www.jamul.org)

**St. Pius X Church**, 14107 Lyons Valley Rd., Jamul, **619 669-0085** Mass: Sat. 5 pm, Sun. 8:30 am & 11 am in English, 12:30 pm Spanish., Daily Mass Tues. - Fri. 7:30 am except first Fri. 7 pm Adoration of the Blessed Sacrament every Wed. from 8:30 am - 5pm. Healing Mass every 3rd Tues. of month in English and every 3rd Wed. of month in Spanish.

**Saint Gregory of Nyssa Greek Orthodox Church**, Office: 1454 Jamacha Rd., El Cajon, CA 92019, **619 593-0707**, Services at site of our church at 1454 Jamacha Rd. El Cajon, North of Chase Ave. 8:45 am Orthros, 10 am Divine Liturgy

**Church of Jesus Christ of Latter Day Saints**, **1634 Hillsdale Rd., El Cajon, CA 92019, Scott Willis 619-798-4964, email: [scottwillis2021@gmail.com](mailto:scottwillis2021@gmail.com)**  
Sun: Sacrament Meeting 10 -11:15am, Scripture classes (All ages) 11:15am to 12. Women's Relief Society and Men's Priesthood Meetings: 12:15 -1 pm Tuesday: Youth Meeting: 7 - 9 pm.

**Way of Life Church** 3200 Star Acres Dr., Spring Valley 91978 (2 blks from SCHS off Old Campo Rd). Pastor Bruce Balcombe, 619504-7467 Sunday 10 AM, Worship, Sun. School, Wed. Services (all ages) 7 PM, & Youth (Jr./Sr.)

**Dulzura Seventh Day Adventist Church**, 17880 Hwy 94, Dulzura, CA 91917, 9:30 AM Saturday, Sabbath School, 11 AM Sat. Worship Service Info: call 619 468-3280. 7 PM Wednesday Bible Study

**Summit Church at Steele Canyon High School** 12440 Campo Rd., Spring Valley, CA 91978. Sundays at 10 am, performing arts auditorium. A non-denominational Christian Church. visit our website at [www.summitchurchsandiego.org](http://www.summitchurchsandiego.org).

**San Diego Grace Fellowship, 13910 Lyons Valley Rd., Ste. A, Jamul** Sunday 9:30 AM; in person. Wednesday 6:30 PM. Come hear the Gospel of God's free grace in Christ. Phone: 619-345-1212, [www.sandiegograce.com](http://www.sandiegograce.com); [www.freegraceradio.com](http://www.freegraceradio.com).

**Shepherd of the Valley Lutheran Church**, 10842 Fury Ln. La Mesa, CA 91941, Sunday worship: 9:30 am. Nursery care available. Visit [www.svlc.org](http://www.svlc.org). We are also streaming on You Tube & Facebook.

**Dulzura Community Church**, 1136 Community Building Rd., Dulzura, CA 91917, Pastor Howard Kischassey (619) 440-7396, Sunday, 10 AM Non-denominational Christian Church.

**Foothills United Methodist Church**, 4031 Avocado Blvd., La Mesa, CA 91941, North of Hwy 94, 619-670-4009, Sun. 8:30am traditional, 10:30am contemporary services.

**Shepherd of the Hills Lutheran Church**, 9191 Fletcher Parkway, La Mesa, (619-469-4197) Sunday 9 am. Pastor Aaron Boehm..



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