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FUN WITH HORSES BY JEAN STROUF

FROM THE GROUND UP

So, you want to learn to ride a horse? Quoting a 4th grader to my 4th grade neighbor: "It's easy! You kick it to make it go forward and yank back on the reins to make it stop. Then you pull the reins to the right or left to make it turn!" Let me know how that works out for you, especially on my horses.

What you need to do is go to one (or as many as needed) of our ranches, find someone to train you on a lesson horse, or your own horse, and figure the process will take at least 20 lessons, once or twice a week at a cost of \$50-\$100/hour. That should give you the basics...for the horse you are learning on! Okay, so that's a bit harsh of me, but I am speaking from experience!

I did that, with my own horse. She was a 4-year-old Quarter Horse (a popular breed for trails and ranch work) that was "Green Broke": meaning she was NOT trained to buck me off as soon as I got on her... but not much more than that. We boarded at a local ranch; I took weekly lessons on her and learned a lot from other horse-owners about various types of riding, horse problems, horse care, and "best practices" (with opinions that varied greatly!) I spent weeks at "Dude Ranches" becoming more comfortable in different settings on different horses. The going was slow, the learning curve steep for someone middle aged. Then, I started hearing about Groundwork and various "Natural Horsemanship" Trainers, like Pat Parelli, John Lyons, Buck Bucannon and Clinton Anderson. Have you heard about Horse Whisperers? Same thing. I devoured a dozen books on Natural Horsemanship, and spent time with trainers who specialized in these methods. I learned the horse would never do what I wanted it to do until I taught it what I wanted from the ground, not from sitting on a saddle. I had to create a partnership, on my own, without the trainers. I watched a guy practicing "Join Up" (a training exercise made popular in 2001) in a Round Pen with his horse. It seemed boring, and dull. But eventually

HORSES CONT, PG 2

Community News

FUN WITH HORSES Cont. from Pg 1

after a few weeks, the horse was following him with a loose rope, forwards, backwards, sideways: wherever he went. Then he moved the horse along side the rails and climbed up on him, bareback. The man had a small crop, and just by pointing the crop, the horse would move in that direction. That's what I wanted to learn! And it's the best place to start with your horse.

Once you and your horse have mastered Join Up, the next step is for you both to learn to communicate using Pressure and Release from Pressure; this is the real art of Natural Horsemanship. Start with a halter and lead rope on your horse in a small arena or round pen. Put your fingertips on your horse's left shoulder and start to apply pressure. Use the lightest amount of pressure initially, and don't remove your hand. If you get NO response from the horse after 5-10 seconds, increase the pressure incrementally, without removing your hand. The split-second the horse takes a step or shifts away from you, drop your hand, and scratch its withers. The quicker you release pressure (only when the horse moves away), the quicker the horse learns the correct response. Work on both sides. Then repeat this process with hips, one side at a time. Once you've both mastered this exercise, repeat this process at a point where your heel would touch the horse when you are in the saddle: behind the girth.

These exercises are a great tool regardless of how long you've owned your horse. There are dozens of other groundwork exercises you & your horse can work on to improve communication, Pat Parelli's 7 games for example. Occasionally, I'll take out a tarp, poles, or low jumps and from the ground, using a lead rope and my hand or crop, ask my horse to calmly walk over the obstacle. This comes in handy on trails when we come across downed branches or "water crossings".

Horsemanship is not a competition, it's a partnership between a human and a horse. There's not a "Pack" mentality with a Top Dog, but a "Herd" mentality with a leader. The horse needs to see you not as a threat, but as a caring leader who will keep it safe.

I don't believe there is a better way to bond with your child or grandchild than learning to train and care for a horse. Natural Horsemanship training methods are readily available through books, videos, and Internet subscriptions. They teach honesty, confidence and build self-esteem. If owning your own horse and spending quality time with it is your goal, do your homework; put in the effort you would to succeed to fulfill any passion.

Happy Trails!

In Memorium Marilyn Aichele



Marilyn Sandra Aichele, age 64, passed away on June 15, 2023 at Ava's House in Sioux Falls, South Dakota. Services were held on June 21, 2023. Marilyn was a former resident of Dulzura. She was born on October 4, 1958, the oldest of eight children. She entered the US Navy in 1977. She worked on tug boats for Fort Services in Charleston, South Carolina until she was placed on the USS Frank Cable AS 40 and worked with nuclear weapons and was given the special honor of receiving a Medal of Merit from Ronald Reagan in 1979. She served her country for 32 years. As a nurse she also worked with the VA hospital and nursing homes providing services to veterans for more than 20 years.

While in Dulzura she had a property where she cared for her dogs, cats, goats, chickens, turkeys, ducks, guineas, and Peter the peacock, and her garden. She is survived by her two children, her mother, grandchildren, siblings.

Calendar

1st and 3rd Tuesday 7:30 Jamul/Dulzura Community Planning Group Jamul Dulzura Union School District, Jamul Education Center 14581 Lyons Valley Rd, Jamul.

.4th Thursday Kiwanis meeting at Jamul Community Church at 6:30 pm, 14058 Jamul Drive July 15 Jamul Shopper Deadline, Tammy 619 669-1109
Third Tuesday Jamul Dulzura School Board meets 6:30 JIS Library

Weekly AA meetings every Wednesday 6-7pm at St. Pius X Catholic Church in Jamul FUTURE: September 30 Friends fundraiser at Hillside Ranch Vineyard House in Jamul



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News.-

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Views expressed by contributors to this publication do not necessarily represent those of the Jamul Shopper and News.



Community News

DeerhomDVCA@gmail.com

DEERHORN VALLEY ANTLER

by Kim Hamilton - Lover of All Things Deerhorn





This Alpine neighborhood receives a generous share of Homeowner Defensible Space Fire Grants.

This is a typical suburban Alpine neighborhood. These homes were quietly made eligible for Powerlink Fire Mitigation Grants - from the same meager fund created to reduce fire threat to highest-risk areas like Deerhom, Dulzura, Lyons, Lawson, and Outer Jamul etc.

Powerlink lines run underground through Alpine and pose no fire threat.

Powerlink grants are not only awarded to homes like these, but also for large-scale projects by the Alpine FireSafe Council, Back Country Land Trust, and SD County Fire Safe Council (DSAP) Program). Close to a million dollars of Homeowner grants have gone to large scale projects in central Alpine since 2016.

Alpine is now the only designated Fire Wise Community, helping keep insurance available at a reasonable cost. This is due in no small part to the Defensible Space Grant money originally intended for communities at highest risk of catastrophic fire caused by the Sunrise Powerlink overhead lines.

In Alpine Powerlink lines run underground.

HOW THE POWERLINK ENDED UP IN OUR BACKYARD...

Early in 2009 a handful of Deerhorn residents assembled at the Fire Station to learn of SDG&E's plans for the Sunrise Powerlink. The route for the high-voltage power lines was originally planned for North County. A sudden switch was made, and now the towers and lines might be our closest eastern neighbor. Harris Fire survivors were displaced, traumatized, and still consumed with paperwork, bids, contractors, builders, and ever-present scammers. This was a perfect situation for SDG&E, but a fateful one for Deerhorn Valley and its neighbors.

BLM. CPUC, and Cleveland National Forest would go ahead and approve the route, SDGE won various court battles, and in 2010 the Powerlink towers were erected.

The overhead lines across fire-prone backcountry would pose a major fire threats to Deerhorn, Dulzura, Lyons, Lawson and other communities directly downwind of the Powerlink. A fire anywhere along the right of way would impede firefighting—it was too dangerous for both aircraft and ground crews anywhere near the lines. Fires could become catastrophic before firefighters could even get access. (The 2020 Lawson Valley Fire started near Powerlink lines, spread west and guickly grew overnight until an air attack could be made the following morning. 18,000 acres and at least 30 homes were destroyed.)

WHY WE GET FIRE MITIGATION GRANTS: SDG&E was required to lower the fire danger from the Powerlink with Homeowner Fire Mitigation Grants. Beginning in 2012 "Homes At Highest Risk" would receive yearly grants of \$2,000 for defensible space

and fire-hardening for | the life of the Powerlink. This would partially reduce the danger.

SDG&E agreed to deposit \$2,000 yearly for each of 1,409 highest-risk

الما المربور

HOMES DESTROYED IN 2007 HARRIS FIRE- DEERHORN VALLEY

homes-but only if they were standing in 2008. Homes destroyed in the Harris Fire did NOT count. Homes still being rebuilt did NOT count. Homes built between 2008 and 2012 did NOT count. Thus

from the very beginning the grant fund was seriously underfunded. And SDG&E saved millions upon millions of dollars.

HOW DID ALPINE (WITH NO OVERHEAD LINES) GET SO MUCH POWERLINK FUNDING? Starting in 2012 and for five succeeding years the Powerlink Grant Board failed to file required paperwork with the state. Behind closed doors they decided who got grants and who didn't— a sketchy process at best. At the same time the Board also added thousands homes to the program including nearly all of Alpine. With only enough funds for 1,000 homes, they made 16,000 eligible. In 2017 DVCA and Supervisor Dianne Jacob requested a formal audit by CPUC who briefly with the Grant Board, made several suggestions, and left. Soon a we were given brief summaries of expenditures, and it became apparent that Alpine (outside the Powerlink threat zone) was absorbing much of the funding. Suburban Alpine homes on mini-lots installed new windows, doors and vents. Defensible space work was offered for free for and managed by the Alpine Fire Department. Curbside chipping was a regular happening throughout Alpine. A large open area (Wright, i's Field) got new fencing, gates, and vegetation control. In the last five years, according to their own records, Alpine benefitted from nearly \$1,000,000 (one-million dollars) of large scale projects. Plus individual grants. Funds were funneled through the Greater Alpine Fire Safe Council, Back Country Land Trust, and San Diego County Fire Safe Council.

TODAY Alpine is the ONLY Fire-Wise Community in the Unincorporated area—leading directly to reduced insurance rates. Their underground Powerlink lines pose NO fire risk per SDG&E. Their mini lots are not subject to defensible space laws. They have enjoyed free defensible work, curbside chipping, structure hardening, and community amenities on someone else's dime.



At the time of writing, the Greater Alpine Fire Safe Council has been stripped of all its funding sources by the Fire Safe Council of San Diego County: Alpine programs for Fuelbreaks, Defensible Space, Curbside Chipping, and more will cease on June 30th. These programs used funding from the Powerlink Fire Mitigation Grants. Things may be changing. Stay tuned.



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For more information please go to our website RuralFiresafe.org

This event is provided for our area for free thanks to the partnership between Rural San Diego Firesafe Council and Sunrise Powerlink, who has awarded our council a grant to pay for this service. This will be the only tire event this year. Don't miss it! Thank you for your support and we look forward to work smarter for our community!

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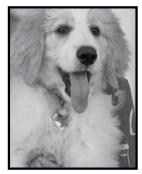
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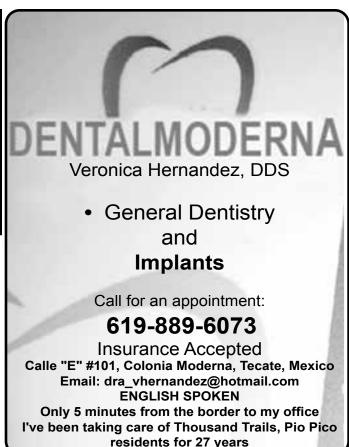
Sunrise Powerlink

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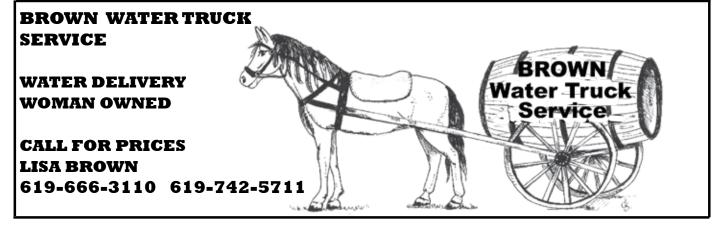












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Community News

Jamul-Dulzura Union School District, Elizabeth Bystedt

Happy Summer everyone!!! I hope you are enjoying your time in the sunshine with your family and friends. It has been a long year and I hope you are taking advantage of some rest and recuperation time with your family.

School begins Thursday August 17th!!! If you want your child to start school on the first day of school, ALL registration MUST be completed on or before Monday, August 1st. This allows the district and the school sites time to process all your paperwork. If you complete your registration after the 1st, your start date will be based on a first come first served basis and will NOT be prior to Friday, August 18th.

Online Registration for the 2023/2024 school year is available to all returning and new students. If you need any assistance, please reach out to Lanni Hutson in the district office. Her number is 619-669-7708. Se habla Espanol. We are here to help you. Did you know that you can turn in all your documents online too? We are trying to save you time, energy, and trees.

Our second bus lottery is August 3rd with all materials needing to be completed by July 27th.

Save the Date... The Friends of Jamul Dulzura Schools has set September 30th as their next fundraising event. This fabulous night under the stars is how they raise funds to dedicate to our students. In the past they have funded things such as ball walls, library books, virtual reality devices, Jr. Achievement, The Grove, art materials, technology, and so much more for our students. We are so thankful for this group and their support for our children. See their advertisement for more information. If you are new to the community, this is THE EVENT of the year, so please plan to join us.

Stay safe and I look forward to seeing your children next month as school begins.

Sincerely, Liz Bystedt - Superintendent

From the Desk of Dr. Salas:

OGMS had a great ending to the 2022-2023 school year! Our end of year Honor Roll and Eagle Excellence students were treated to a field trip to Parkway Bowl, the 8th grade class of 2023 enjoyed a day at SeaWorld, we also had an exciting 8th grade students vs. staff basketball game, and, of course, we had our 8th grade promotion ceremony. Thank you to all of our families for your continued support and partnership! We wish our 8th grade students success in high school and in their future endeavors!!

We would also like to congratulate our last students of the month for May. Our students of the month are selected by our staff and are truly amazing. They are as follows (shown in picture from left to right) Noah Lozano (6th grade), Nico Botticelli (7th grade), Gael Martinez Chavez (8th grade), Emma Hagel (6th grade), Kendra Cisneros (8th grade) and Daneiry Montes De Oca (7th grade).

We wish everyone a wonderful and safe summer vacation!







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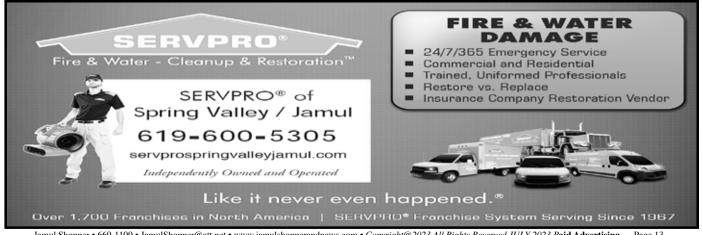
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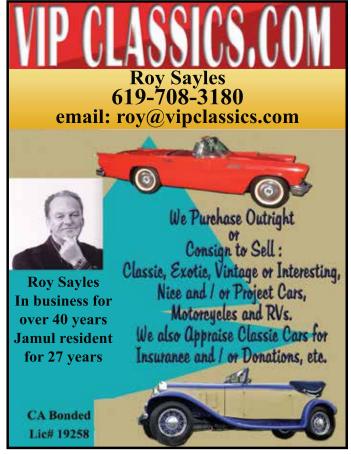


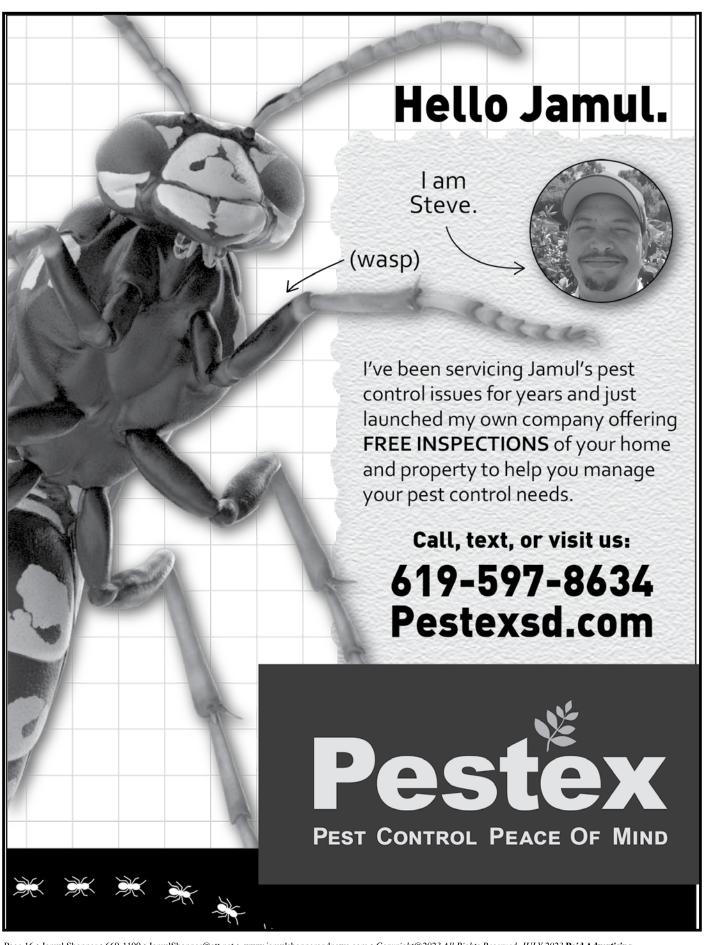
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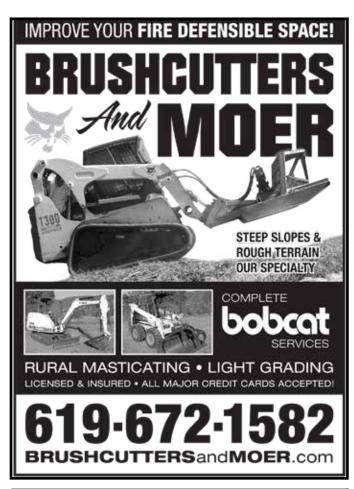
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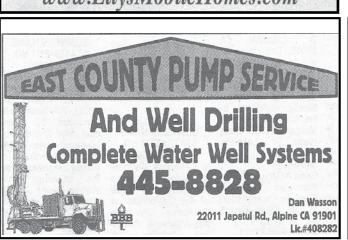
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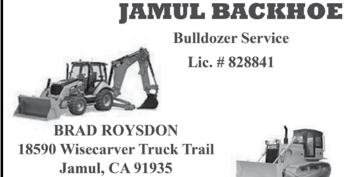
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Community News



Anderson Alert from San Diego County Supervisor, Joel Anderson

FIXING OUR ROADS

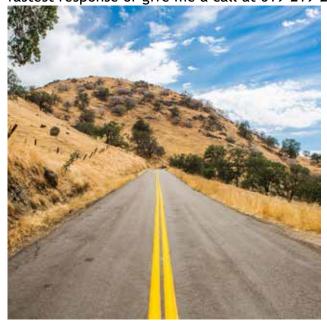
Road Work Ahead! The Board approved over 100 miles of road resurfacing projects throughout our Countymaintained roads systems at our June Board meeting.

One of the most common sentiments I hear from my constituents is the need to fix our roads, so I am thrilled to share that improvements are coming to several unincorporated communities.

Resurfacing projects will be taking place within the next one to two years throughout the County — including Jamul. Other communities seeing improvements include Alpine, Boulevard, Campo, Lake Morena, Crest, Descanso, Jacumba, Julian, Lakeside, Escondido, Pine Valley, Ramona, San Dieguito, and Valle de Oro.

While resurfacing is on the way, you can always report County road problems and potholes to the Department of Public Works by calling (877) 684-8000 or visiting bit.ly/RoadServiceRequest.

It's my job to make County government work for you. If there is any way my office can ever be of assistance to you, please do not hesitate to leave me a message at www.supervisorjoelanderson.com/contact for the fastest response or give me a call at 619-219-2470.



Churches

Jamul Community Church, 14058 Jamul Dr., Jamul, CA 91935, Sundays 8:30 am, & 10:30 am. Children's programs available. 619 669-7203. www.jamul.org

St. Pius X Church, 14107 Lyons Valley Rd., Jamul, 619 669-0085 Mass: Sat. 5 pm, Sun. 8:30 am & 11 am in English, 12:30 pm Spanish., Daily Mass Tues. - Fri.7:30 am except first Fri. 7 pm Adoration of the Blessed Sacrament every Wed. from 8:30 am - 5pm. Healing Mass every 3rd Tues. of month in English and every 3rd Wed. of month in Spanish.

Saint Gregory of Nyssa Greek Orthodox Church, Office: 1454 Jamacha Rd., El Cajon, CA 92019, 619 593-0707, Services at site of our church at 1454 Jamacha Rd. El Cajon, North of Chase Ave. 8:45 am Orthros, 10 am Divine Liturgy

Church of Jesus Christ of Latter Day Saints,
1634 Hillsdale Rd., El Cajon, CA 92019, Scott Willis 619798-4964, email: scottwillis2021@gmail.com
Sun: Sacrament Meeting 10 -11:15am, Scripture classes
(All ages) 11:15am to 12. Women's Relief Society and
Men's Priesthood Meetings: 12:15 -1 pm Tuesday: Youth
Meeting: 7 - 9 pm.

Way of Life Church 3200 Star Acres Dr., Spring Valley 91978 (2 blks from SCHS off Old Campo Rd). Pastor Bruce Balcombe,619504-7467 Sunday 10 AM, Worship, Sun. School, Wed. Services (all ages) 7 PM, & Youth (Jr./Sr.)

Dulzura Seventh Day Adventist Church, 17880 Hwy 94, Dulzura, CA 91917, 9:30 AM Saturday, Sabbath School, 11 AM Sat. Worship Service Info: call 619 468-3280. 7 PM Wednesday Bible Study

Summit Church at Steele Canyon High School 12440 Campo Rd., Spring Valley, CA 91978. Sundays at 10 am, performing arts auditorium. A non-denominational Christian Church. visit our website at www.summitchurchsandiego. org.

San Diego Grace Fellowship, 13910 Lyons Valley Rd., Ste. A, Jamul Sunday 9:30 AM; in person. Wednesday 6:30 PM. Come hear the Gospel of God's free grace in Christ. Phone: 619-345-1212, www.sandiegograce.com; www.freegraceradio.com.

Shepherd of the Valley Lutheran Church, 10842 Fury Ln. La Mesa, CA 91941, Sunday worship: 9:30 am. Nursery care available. Visit www.svlc.org. We are also streaming on You Tube & Facebook.

Dulzura Community Church, 1136 Community Building Rd., Dulzura, CA 91917, Pastor Howard Kischassey (619) 440-7396, Sunday, 10 AM Non-denominational Christian Church.

Foothills United Methodist Church, 4031 Avocado Blvd., La Mesa, CA 91941, North of Hwy 94, 619-670-4009, Sun. 8:30am traditional, 10:30am contemporary services.

Shepherd of the Hills Lutheran Church, 9191 Fletcher Parkway, La Mesa, (619-469-4197) Sunday 9 am. Pastor Aaron Boehm..



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Happy Independence Dav!!!

Tuesday, July 4th

Jamul **JULY BARGAINS**



10x10 Canopy

\$89.99

Reg: \$109.99

- -Screw connections versus rivet connections for better quality -Powder coated steel frame
- prevents chipping, peeling, rust and corrosion
- -4 ground stakes included to help secure the canopy
- -Stow-n-go bag included

Blue-8028228

Gray-8028225



Pink-

8015823

\$27.99

Reg: \$31.99

Blue-8015822

- -Stain and moisture resistant fahric
- -Safety lock to hold the chair open during use
- -One mesh cup holder
- -UPF 50+ luminex backed polyester shade keeps harmful UV rays away



Canopy Chair

\$37.99

Reg: \$41.99

- -Stain and moisture resistant fabric
- -Safety lock to hold the chair open during use
- -One mesh cup holder
- -UPF 50+ luminex backed polyester shade keeps harmful UV rays away
- -Raises, lowers and tilts with no extra adjustments



Tuesday, July 4th

We will be closing at 5pm

13881 Campo Rd. Suite A-7 Jamul, Ca 91935

8015819

Mon-Sat 7:00am-7:00pm Sun 8:30am-4:00pm 619-669-0300

San Carlos Hardware 7375 Jackson Drive San Diego, Ca 92119

Hardware **JULY BARGAINS**



High Velocity Floor Fan

Reg: \$39.99

- -All metal construction
- -3 fan blades
- -3 fan speeds
- -40 watt fan motor

Fixed Blade Knife

\$16.99

Reg: \$23.99



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- -4" Drop point blade
- -Stays sharper for longer
- -Durable sheath with belt clip included

25' Measuring Tape

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Reg: \$29.99

- Up to 17' of reach
- Survives 80' drops
- Anti-tear coating reinforces the first 6" of the tape blade



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WE MAKE NEW OR REPAIR OLD WINDOW SCREENS! WE ALSO REPAIR SCREEN DOORS!

PRICING= LABOR + MATERIALS. ORDER TURN AROUND IS 3 DAYS. LABOR FEE IS BASED OFF SCREEN SIZE. SEE STORE FOR

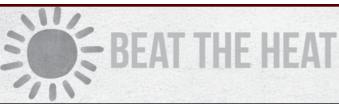
OUR MATERIAL LIST:

FRAME:

- WHITE - BRONZE

SCREEN:

- ALUMINUM
- STANDARD: GREY + BLACK
- PET SCREEN
- SUN-BLOCKING
- INVISIBLE





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1 Gallon Liquid Chlorine

- -Ready to use- no mixing required
- -Great for bacteria and algae

control

-Does not cloud the pool

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13.3oz Shock Treatment

\$4.99

Reg: \$7.59

- -Sanitize, clarify and help prevent bacteria and algae in your swimming pool water
- -Use weekly to solve 90% of pool water problems within 24 hours 80783

We have some great changes in progress! For the past 19 years we have used True Value as our buying co-op. in the past 4 years we have had many issues with product, pricing and dependability because of this we made the decision to switch to Ace's buying co-op. This decision was not made lightly or in haste. We are excited to make the change and feel it is the best decision to keep Jamul Hardware thriving so we can continue to serve the community that we love. We are working hard to have this conversion happen quickly and smoothly but it will not be easy, please bare with us and we will try to get you what you need as quickly as possible.

A few points to clear things up:

We are open. We are still Jamul Hardware, same owner, same staff. We are an independently owned small business. Ace is not a franchise and they do not own Jamul Hardware.

We thank you for your continued support and patience. We hope you will join us in our excitement to bring you a better selection of product and services.



Follow us on Instagram! @Jamulhardware @Sancarloshardware



While Supplies Last First Come, First Serve



The Jamul Shopper & News

JULY 2023- Volume 17 Issue 3 P O Box 31, Jamul, CA 91935 619 669-1109 - fax: 619 669-0120 email: jamulshopper@att.net www.jamulshopperandnews.com Tammy Grant, Editor/Publisher

Rural Route Box Holder ECRWSS

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NOW: \$68,500



2021 Kia Telluride S FWD #230480A Before: \$39,703

NOW: \$38,500



2021 Toyota Tacoma 2WD TRD Sport Double Cab 6' Bed V6 AT #220703B

Before: \$40,917 NOW: \$39,900



2021 Ford Ranger XLT 4WD Super Crew 5' Box #220910A

Before: \$ 42,764 NOW: \$39,500



2020 Ford Escape Titanium Hybrid AWD #7967

Before: 33,614 NOW:\$32,500



2018 Alfa Romeo Stelvio Ti Sport AWD #230391A

Before: \$26,804 NOW: \$24,900



2018 Chevrolet Tahoe 2WD LT #230217A

Before: \$46,402 NOW: \$44,500



2018 Toyota RAV4 LE AWD (Natl) #20909F

NOW: \$23,028



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