



Search for charities and see how they measure up:

- www.charitynavigator.org
- www.greatnonprofits.org

Hunger:

- **World Central Kitchen** (My family was fed by them when we were evacuated for a few days)
- **Family-to-Family.org**
- **FoodPantries.org**

Solano County:

- **Meals on Wheels**
- **Childrens Network**
- **CASA**

It's not just the poor and destitute that are needy,, sometimes it's a neighbor or friend.

I am the 1 out of 8 women who got breast cancer. Most likely you too are surrounded by many others.

- **Breast Cancer Research Foundation**

The BCR is the only one to have an "A" rating from CharityWatch.org. They also have the GuideStar USA'S Gold Seal of Transparency. This recognition is only given to the top 0.5% in this 1.8 million IRS-recognized organizations. When you contribute, 96% of donations go to programs and fundraising.

Due to Travis AFB, wildfires and COVID, we are surrounded by many of these great men and women.

- www.Hope for the Warriors.org
- **Gary Sinise Foundation**

If you have a veteran or first-responder in your life, you know how much of themselves they give to the job. For every dollar 91.12% is directly given to these programs. They also have the highest rating from Charity Navigator, by following excellent best practices in governance.

Here are some ideas that are easy on the pocketbook and great work for the mind and body.

History buffs can collaborate with the **Smithsonian** to help make historical documents accessible. Birdwatchers can help track bird populations and migration patterns with **eBird**. Amateur scientists can contribute to counting penguins at **Zooniverse**. **United Nations** Volunteers online offers safe opportunities to do good around the world in a vast variety of ways from translation to outreach and advocacy.

- www.thebalancesmb.com/becoming-a-virtual-volunteer-4138357
- www.createthegood.aarp.org/volunteer-guides/womens-giving-circle.html

Articles to learn about leaving a legacy, read about philanthropists, see reports on giving...

- www.philanthropy.com
- www.self.com/story/organizations-to-support
- www.store.givingusa.org/collections/special-reports-spotlights

Start your own fundraiser! - www.gofundme.com/start/charity-fundraising

Send a box of local farm fresh food to a neighbor (I do!) www.farmfresh toyou.com

