



Lunch with Lisa



SMALL BITES OF KNOWLEDGE

Amuse Bouche

Small Bites to Enjoy

I decided that after all these months of uncertainty and the changes we have had to endure, that I would just write some random thoughts and ideas. Just to keep things light, and hopefully, entertaining.

Random thoughts since COVID entered our lives

- Baking sourdough bread is a messy job which consists of many trials and errors. The fermented starter is like having a hungry child needing to be fed all the time. I have over-carbed my family but no complaints. Will I continue this venture? That remains to be seen. I may be giving up my starter for adoption.
- Being a (almost) chemical free household, even COVID had me questioning this practice. I confess, I broke out the Clorox wipes.
- Instacart, Zoom, Facebook Live workouts and Netflix, who were just acquaintances prior, are now a part of the family.
- I must have been prepping for Shelter in Place for years as I wasn't overwhelmingly affected by it (that is, mentally & physically, but not financially). It was actually a mini stress break.
- In reference to that prior note about a stress break? I think my mind purposely has had me forget about online home schooling, like forgetting about giving birth.
- The cats are extremely happy to have their house back, free to skulk about without humans 24/7.

Now for the Ideas

- www.teeniors.com. Their goal is to empower seniors by teaching how to connect with loved ones, engage with their community (and the world) through technology, while providing paid, meaningful jobs to youth who gain a better understanding of aging and what seniors have to offer. We need this organization everywhere!
- Recology drop off in Vacaville on Davis street makes it super easy to throw out all the nasty material from those recent COVID home projects. Mattresses, paint, batteries, carpet. It's practically a drive thru!
- Taking your daily walk downtown and the surrounding residences really, really gets you in touch with the city you live in and makes you feel a part of the community. Highly recommended you bring the kids too. Brings back that small town feel that we all are missing.



Amazing Facts provided by MentalFloss.com

- A group of ferrets is called a business.
- Elvis Presley's manager sold "I Hate Elvis" badges as a way to make money off of people who weren't buying his merchandise.
- During World War II, the United States began rationing shoes. Citizens were allowed three. (pairs I hope?)
- Wendy's founder Dave Thomas dropped out of high school but picked up his GED in 1993. His GED class voted him Most Likely to Succeed.
- According to a 2014 study, the melting properties of mozzarella make it the best cheese for topping pizza.
- In a 2004 episode of Sesame Street, Cookie Monster revealed that before he started eating cookies his name was Sid.
- Quarantine: A term used for the 90 days that a widow could stay in her home before it was taken to remedy debts.

Real Estate Amazing Facts

Ok, so I had to add some real estate based items in this newsletter.

- Not only does McDonalds make \$\$ flipping burgers, but their corporation makes great investments by owning the best commercial spots all over the world.
- In the US there are 5 times as many vacant homes as there are homeless people. Utah has been giving free homes to the homeless since 2005, which has cut chronic homelessness by 74%.
- The Seattle KingDome was so expensive, it wasn't paid off until 2015, 15 years after it was demolished.
- The famous Las Vegas Strip is for the most part, not located in the city of Las Vegas. For tax reasons it is in a city called "Paradise" which is completely surrounded by Las Vegas.
- Brass doorknobs disinfect themselves. Several other metals are also antibacterial and kill bacteria, but brass does the job the best.

Facts gathered from REtipster.com



Sign up for a FREE lunch with me!

Once a week I would love to have lunch with a reader! It can be a learning lunch, a shoot the breeze lunch or just munching in silence (a meditative lunch). Shoot me a message to reserve a time!

EMAIL sendtolisa@att.net (707) 688-4694 TEXT





Companies I use and love...

I have not been paid or asked to endorse these businesses. Just a personal recommendation from 1st hand use!



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What to look forward to in my Next Issue...

Proposed and upcoming changes to real estate law.



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