

GUIDELINES FOR RECREATING BY DR. KORVER THE LASSEN COUNTY HEALTH OFFICER

April 16, 2020

While exercise and recreation are essential to personal health and wellbeing, Lassen County's Public Health and law enforcement departments remind everyone to continue practicing protective measures whether you are enjoying the outdoors or are in town on an essential trip.. – Dr. Kenneth G. Korver, M.D. Public Health Officer





BOATING AND FISHING

Do:

- Follow all state regulations for safe and legal activities
 - Avoid crowded boat ramps or fishing areas

Don't:

 recreate in areas if you don't have several yards between you and your neighbor

For more information call the COVID19 Call Center 530-251-8100

LASSEN COUNTY PUBLIC HEALTH

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lassencares.org