

# **GUIDELINES FOR RECREATING** BY DR. KORVER THE LASSEN COUNTY HEALTH OFFICER

#### April 16, 2020

While exercise and recreation are essential to personal health and wellbeing, Lassen County's Public Health and law enforcement departments remind everyone to continue practicing protective measures whether you are enjoying the outdoors or are in town on an essential trip. – Dr. Kenneth G. Korver, M.D. Public Health Officer



Lassen County Public Health



## CAMPING AND RV PARKS

### Do:

 If you have a seasonal RV at a local park, keep it vacant until it is safe to use

#### Don't:

- Bring your RV or come to Lassen County to camp
- congregate camp unless you are an essential worker performing essential duties
- For more information call the COVID19 Call Center 530-251-8100

#### LASSEN COUNTY PUBLIC HEALTH

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lassencares.org