



Weekday
Edition



Weekly Update

DATE: 6/19/2020
TIME: 4:30 PM

Positive Cases for Neighboring Counties:

California:	
Modoc	0
Sierra	1
Trinity	2
Plumas	6
Tehama	32
Siskiyou	21
Shasta	62
Butte	94
California	165,416

Other:	
Washoe	2,137
US	2,178,710

Incident Commanders:

Dean Growdon,
Lassen County
Sheriff

Barbara Longo,
Director of Health
and Social Services

Public Information Officer:

Richard Egan, CAO



LASSEN *Cares* Local COVID-19 Information

Free Antibody Testing when You Donate Blood:

Did you want to receive anti-body testing? Vitalant recognizes the urgent need for blood and platelets in response to COVID-19 and your desire for antibody testing. For a limited time, they will test all blood, platelet and plasma donations for COVID-19 antibodies as an additional health service to their donors. This testing will provide critical insight into whether donors may have possibly been exposed to this coronavirus.

When is the Blood Drive?

Vitalant will be in Susanville July 28th, July 29th, and July 30th for a blood drive at Susanville Community LDS Church.

Lassen County COVID-19 Counts:

Positive Tests	9
Recovered	6
Active	3
Pending Tests	287
Negative Tests	1,896
Total Tests	2,192

How Are We Keeping Staff and Donors Safe?

- Temperature checks – you must be under 99.5 F at check in
- Social distancing
- Continuous sanitation
- Masks required by staff and donors

What if I Have More Questions or Need More Information?

Vitalant has more information on their website including:

- Eligibility Information
- Protecting Donors, Staff, Coordinators, and Patients (includes social distancing)

<https://www.vitalant.org/covid-faqs.aspx>

vitalant
BLOOD DONORS NEEDED
in the wake of COVID-19

What Can You Do During the COVID-19 Pandemic?

One of the best parts of living in Lassen County is getting outside during the warm weather. The California Department of Parks and Recreation released their COVID-19 resource center on June 10th.

Visitor Guidelines for State Parks:

Here are some visitor guidelines State Parks have implemented to reduce the risk of exposure to COVID-19 in the outdoors:

Plan Ahead – Prior to leaving home, check the webpage of the park unit you plan to visit to find out if it is open, if parking is available, if camping reservations can be booked and what visitor guidelines are in effect.

Leave it at Home – The use of coolers, umbrellas, shade tents, barbecues or chairs are not allowed in many park units.

Keep it Moving – Passive recreation (lounging, picnics, sunbathing, etc.) is being restricted where physical distance is a challenge. In those areas, only active recreation (walking, running, biking, boating, kayaking, off-highway riding, etc.) will be allowed. Also, watch out for one-way trails.

Boating - Do not raft up to other boaters or pull up onto a beach next to other

recreators.

Stay Safer at 6 feet - No matter the recreational activity, maintain a physical distance of 6 feet or more. Your guests should only include those within your immediate household. This means no guests or friends, and no gatherings, picnics or parties. Visitors are being asked to leave if there are too many people to allow for the required physical distance.

Off-highway Vehicle Recreation - Do not ride next to others or pull up next to someone else as it could put you in close proximity to others. Stage 10 feet or more from each other during unloading and loading.

Camping - If you are camping in an RV, please use the restrooms in your own unit. This will help reduce the use of the shared restrooms at campgrounds.

Stay Local – Although businesses around the state are opening up, stay close to home. Parking is very limited or non-existent at park units across the state. Walk or bike to parks in your local neighborhood. Do not travel if you are sick or if someone in your household has had coronavirus in the last two weeks.

Stay Covered – If your county requires the use of face coverings, please wear one. It is recommended that you carry a mask in the outdoors in case you cannot maintain physical distancing from others while hiking or going into a public area.

www.parks.ca.gov/?page_id=30350

Other Activities and Their Modifications:

Today Magazine released their Article: *How to cope with quarantine fatigue in the new normal* which includes the following ideas:

Block Party Dinners – Bring tables to the street or front yard to eat with your friends. Remember to set the tables 15 or 20 feet apart! Campfires in the backyard are a great way to bring everyone together.

Picnics Outside – Use disposable silverware and dishes to have a nice lunch outside. Bring hand sanitizer and Clorox Wipes for clean-up.

Family Zoom or Viewing Parties – Have weekly family meetings on zoom from the safety of your own home. Viewing parties allow at-risk family members to join. Watch movies or shows together.

Take a Virtual Tour - Missing family vacations? Go on a virtual tour with family members: White House, Arlington National Cemetery, Tour a National Park Virtually, etc.

Camp or have a drive-in in your backyard - Setup a sheet and projector or a tent. Limit the number of people per tent. Use social distancing to keep everyone safe.

Flatten the COVID-19 Curve at Parks by



#FlattenTheCurve

#SocialDistancing

California COVID-19 By The Numbers

June 19, 2020

Numbers as of June 18, 2020

CALIFORNIA COVID-19 SPREAD

165,416 (+4,317)

Total Cases

Ages of Confirmed Cases

- 0-17: 12,063
- 18-49: 90,278
- 50-64: 36,485
- 65+: 26,385
- Unknown/Missing: 205

Gender of Confirmed Cases

- Female: 81,326
- Male: 83,438
- Unknown/Missing: 652

5,360 (+70)

Fatalities

Hospitalizations

Confirmed COVID-19
3,428/1,128
Hospitalized/in ICU

Suspected COVID-19
1,159/201
Hospitalized/in ICU

For county-level
hospital data:
bit.ly/hospitalsca

Your actions **save lives.**

For county-level data:
data.chhs.ca.gov

covid19.ca.gov



Local Resources:

LassenCares.org:

Guidance and Fact Sheets
under "Roadmap to
Recovery"

Child Care

Close Contact

Restaurants

Dine-in Restaurants

Fitness Center

Retail

Business Checklist

State Resources:

Industry Guidance

covid19.ca.gov/industry-guidance/

Agriculture and livestock

Auto dealerships

Communications

infrastructure

Construction

Delivery services

Energy and utilities

Food packing

Hotels and lodging

Etc.

Local Plans:

LassenCares.org:

(Front Page)

Lassen County Incident
Action Plan

Lassen County Roadmap
to Recovery



Survey Link:

<https://www.surveymonkey.com/r/lcreopening>

Incident Action Plan:

The Lassen County Incident Command released the Incident Action Plan to the public. This document is updated based upon the evolving circumstances. To review the plan, please visit:

https://m.box.com/shared_item/https%3A%2F%2Fcafire.box.com%2Fs%2Fwj6bjiyarc7b3owctz1drwlnewtkwkkq/browse/107933501748



Frequently Asked Questions to the Call Center:

Q: How Can I Get Tested for COVID-19 (novel coronavirus)?

A: Public Health is having open testing Monday through Friday for the next two weeks. You can register online at LassenCares.org or call the COVID-19 Call Center at (530) 251 – 8100.

For more information see the Testing Schedule on page 4.

Q: What if I am having trouble registering? Or the appointments are full, what can I do?

A: Please select any available date and time, arrive at the testing center of your choice, and they will assist

you from there. You can also register in person at the testing cite. It just takes a little more time.

If you have having trouble, call the COVID-19 Call Center at (530) 251-8100.

Q: Can Close Contact Businesses Open by Friday?

A: Almost all of the businesses that have completed the Business Readiness Survey have been approved to open. Call the COVID-19 Call Center to get an update on the status of your business plan.

COVID-19 TESTING SCHEDULE FOR TESTING AT PUBLIC HEALTH

REGISTER ONLINE AT:
[HTTPS://WWW.PROJECTBASELINE.COM/STUDY/COVID-19/](https://www.projectbaseline.com/study/covid-19/)

IF YOU NEED ASSISTANCE PLEASE CALL THE COVID-19 CALL CENTER AT (530) 251-8100

THUR JUNE 18TH
DRIVE THRU
1:00 PM - 4:00 PM
Public Health Department

FRI JUNE 19TH
DRIVE THRU
1:00 PM - 4:00 PM
Public Health Department

MON JUNE 22ND
DRIVE THRU
1:00 PM - 4:00 PM
Public Health Department

THUR JUNE 24TH
DRIVE THRU
1:00 PM - 4:00 PM
Public Health Department

FRI JUNE 25TH
DRIVE THRU
3:00 PM - 7:00 PM
Westwood Clinic
Farmers Market



Health Informed



Lassen County
Public Health



WEAR A MASK OR CLOTH FACE COVERING:

- ✓ To slow the spread of COVID-19
- ✓ When out in public
- ✓ Made of tight-knit cloth, like cotton



covid19.ca.gov

It is important to remember that Face Coverings are just one protective factor that should be practiced.

Don't forget:

- ✓ Social Distance – 6ft Apart
- ✓ Wash Your Hands

Videos: Lassencares.org/health-info

Governors Guidance for the Use of Face Cover:

On June 18th, the Governor released guidance for the use of face covers in high-risk situations. People in California must wear face coverings when they are in the high-risk situations listed below:

- Inside of, or in line to enter, any indoor public space;
- Obtaining services from the healthcare sector
- Public Transportation:
 - Waiting for or riding on public transportation
 - Driving or operating any public transportation or paratransit vehicle, taxi, or private car service or ride-sharing vehicle
- Outdoors in public spaces - where a physical distance of 6 feet from persons who are not members of the same household or residence is not feasible

The guidance provided a list of requirements for workspaces: both in the workplace and out of office work. It also provided a list of exemptions. The Incident Command and County Officials are determining the details of those exceptions. They urge the public remain understanding as our local businesses move to comply with these orders.

The whirlwind of new guidance and requirements is frustrating and hard to keep up with. But now more than ever, it is important to call upon our sense of community! We can all do our part to be patient, comply with the guidance, and continue to move forward.

https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19/Guidance-for-Face-Coverings_06-18-2020.pdf