

# HOME4KIDZ WEEKLY MENU

## BREAKFAST



### MONDAY BLUES

Blueberry Muffin,  
Egg, Grapes



### CAKE TUESDAY

Pancake, Egg,  
Strawberries



### WEDNESDAY OAT

Oatmeal, banana,  
toast



### HAPPY THURSDAY

Cereal, boiled egg,  
mixed fruit



### BACON FRIDAY

Peanut toast, berries,  
bacon

## LUNCH



### Doodle Noodle

Noodles, peas,  
chicken, yogurt,  
fruit



### Broccolini

Broccoli Rice,  
yogurt,  
strawberries



### Rice & Beans Soup

Rice, black beans,  
corn a cob, mixed  
fruit



### Cauli-Power

Cauliflower rice,  
sausage, fruit



### Free Fries

Broccoli, corn,  
fries, chicken,  
mixed fruit

## SNACK



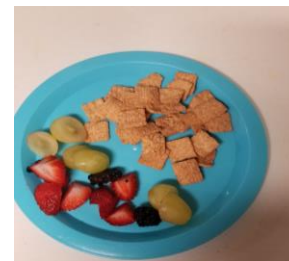
Cereal, fruit



Peanut butter,  
blueberries



Muffin



Crackers, cheese,  
fruit



Yogurt, fruit