# SHE'S NOT HERE

One Decade of Transgender Poetry

ZAK LETTERCAST

# SHE'S NOT HERE: ONE DECADE OF POETRY

20II-202I

**LETTERCAST** 

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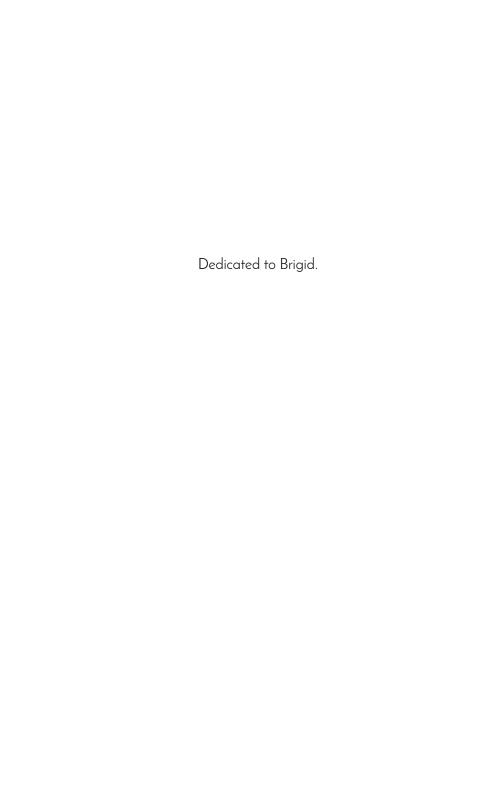
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First Edition: November 2021

She's Not Here: One Decade of Poetry

ISBN:

**★** Created with Vellum



### Foreword

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I first started writing poetry in middle school. Faced with the wrong puberty in a house where I was not allowed to be myself, writing was one of the safest outlets for me. Unfortunately, as I got older my diaries held my more intimate, and thus more sinful, works. They were gone through and gotten rid of.

I was able to recover some of my poems from a USB drive I kept with me at all times and used on my high school computers. The limited space there was precious, so it's interesting to see exactly what survived the culling. A lot of it was just bits and pieces, but there were a few gems in there!

As a young adult on my own, I found little time to write poetry or fiction between the hours upon hours of hustling and house chores that made up my day to day. Still, when I did find a moment's peace, I poured my feelings out into hidden computer documents. I had a longstanding fear that my then-partner would find my art and demand its destruc-

#### Foreword

tion. Still, for all those that were deleted, or simply never written down, many good pieces survived and found their way into this book.

Now, inspired by the pandemic, nature, and my own healing journey, I have grown the courage to share some of my better work with you, dear reader. The poems contained herein are organized by theme. They are not in chronological order. Some of them are joyful, some are sensual, others are a glimpse into the sorrow, anger, and fear I have felt.

I cover topics like, identity, death, social justice, heart-break, suicidality, reverence for nature and ancestry, and the beauty of intimacy. They are all my own work, inspired by real life events and honest emotions. They're probably not professional poetry, but I'm not even sure there is such a thing. I have made notes to accompany some of them, in order to add further context for the curious readers.

Poetry has continued to be one of my favorite methods to talk about my emotions, and to become better acquainted with my inner self. The primary focus here, and the reason for the title "She's Not Here: One Decade of Poetry," is to give you small glimpses into the journey I took getting to where I am today. I hope this book gives you at least a glimpse of that journey through my lens.

With that, I leave you to these songs from my soul, written between the years of 2011 and 2021.

# Ocean Poem

SURGE UP TO GREET ME

Wet and cold against the gold

Roar and spit your brine

Foam, spray your passion

Rise up a wall and curl in

Break upon yourself

Take me far and deep Float me like plastic and fish Past fault lines and shelves

ROGUE WAVES AND RIP TIDES

Deposit me like shell shards

Precious, worn thin, smooth

Mother, punisher

Draw me in and cradle me
Throw me to the floor

I will forever call you Home

## Reflection: Ocean Poem

For the first fourteen years of my life, I lived in California. We lived in a lot of different houses, but one thing was always nearby: the beach! The ocean was usually an hour or two drive away, and it wasn't hard to convince my mother to take us there. She loved to lay in the sun and float in the ocean while my brother and I raced through the sand, hunted for sand crabs at the waterline, and tried to catch the best wave with our boogie boards.

When we moved to Vegas, I felt so deprived of the salty momma we call the ocean. Every time I return, which is rare these days, I feel her embrace me, and it's like I'm coming home. I know I'll probably never live that close to the sea again, but I absolutely would if I could. I feel that water, especially salt water, has this unique quality that cleanses the soul.

There's a reason we gather at bodies of water for vacation. We want to be refreshed. We want to be nurtured. We want to be reminded that all wonderful things are most wonderful in moderation. We want to be shown that nature, however beautiful, can kill us, too. We want to touch that threshold, maybe even cross

into it for a moment, and go home bearing the marks from it on our hearts and our bodies.

# Autumn Mauve

#### TODAY I MET A PURPLE TREE

Whose whispering leaves called out to me Upon embrace she spoke gently Of fondness and familiarity

Above my head on autumn sky

Her baring branches sprawled up high

Some dazzling purple aught my eye

And down to earth that sprig did fly

I LEFT A TREASURE AT HER BASE
In that brilliant seelie place
To appreciate her healing grace
And commemorate that holy space

### Reflection: Autumn Mauve

There have been several times in my life where I have been homebound due to forces outside my control. Growing up, it was my parents. Then, in college, it was illness that kept me near bedridden. After that, it was the laws and brothel owners in Nye county who kept me under lock and key with all the other good little hoes. Then, after my divorce, anxiety kept me locked away in a gnat-infested condo with my cat and rabbit. Finally, in 2020, after I had started doing the work necessary to detangle myself from agoraphobia, the pandemic hit.

As someone who was terrified of becoming any degree of sick, it was my worst nightmare realized. I was already wearing gloves and masks to go out of my house prior to COVID-19's debut in the United States. When things started to get bad and we went into lockdown mode, there was little to do but wait inside. So I did just that. I moved from my condo to a house with two of my partners and our kid, and we hunkered down together. I did really well, probably due to the fact I was used to being locked up for weeks or months on end.

And then all of the sudden, I was not okay. It had not been

#### She's Not Here

okay for a while. I needed to get fresh air, I needed privacy, I needed time where my thoughts were just my own. So I started walking. Mask on, bundled up, I would walk for an hour or two each day, getting to know the trees and the cracks in the sidewalk. And that's when I met this purple tree.

# Spokane Snow, Springs Storm

Far above St. John's and Monroe
You are a falling flake of snow
Carried on currents in the gray white sky
Crystalized perfection, you float on by

Down to Earth you fall
To concrete and soil's beckoning call
Through the air you flit and play
You let the wind guide your way

You land and stick, then melt away

Trickling on down the causeway

That infrequent sun warms the thawing grounds

And you are wick'd back up into the clouds

Past douglas fir and ponderosa pine Traveling west beyond dormant rail lines

#### She's Not Here

Vagabond since days of old The boom and flash are your harald

SLICK AND DENSE YOU MAKE YOUR WAY DOWN From deep gray sky to stony ground To caress verdant leaves And to dampen jacket sleeves

TO COALESCE WITH COMRADES CLEAR

And muddy up the arroyos here

To bend branches and slide earth and race the canyon wide

To remind you of your days on the sea, when you were once the tide.

# Reflection: Spokane Snow, Springs Storm

I NEVER PLANNED TO STAY IN VEGAS. I STILL HAVE PLANS TO leave. When we first moved here in 2009, I announced to everyone that as soon as I turned 18, I was going back to California. As it turns out, there was no way I could afford that -- still can't, probably -- so I made plans to roam for a while. I still have those plans. Staying put is a hard thing to do, and I think the rest of the Western world probably agrees with me at this point in the pandemic.

I also think the conditions of the pandemic have highlighted just how much was incorrect about what we're told is a "normal" life. We're nomads. We're travelers. We're nonmonogamous heathens. We're part of something bigger, and anyone who knows that would have a hard time staying put for decades on end.

### One More Storm

AND WHEN HE CAME IT RAINED FOR DAYS

The Earth, so parched, could not gobble it up fast enough

She tried to swallow but there was more, and more, and more

And she drowned in it

And when the floods subsided and the damage was done and clay paved the streets

The mountains swelled against looming thunderheads

A breath of fresh air snagged in their throats, anxious and thick

And they choked on it

And the helplessness of those fourteen months rattled the door

It hummed in the distance, a blinding flash bouncing off basin walls

And the roof was patched with garage sale tiles

And none of them knew if it would hold out for one more storm

### Reflection: One More Storm

There is a lot of inequity in the adult industry. Millionaires get rich by taking 50-80% of our hard-earned pussymoney. They discriminate against trans people and fat people and disabled people and anyone who isn't pale enough, on the grounds of protecting their bottom line. They refuse to make necessary fixes, like broken windows and washing machines, or when they do fix those things they cut corners. Up until recently, they'd lock us up, and take our medication and car keys so we couldn't just leave.

So I shouldn't have been surprised when the pandemic hit, and the doors were shut for fourteen months, and none of us independent contractors could legally do our work, and the government had a clause that said sexworkers don't qualify for assistance, that the business owners turned a blind eye to the suffering of their contractors. But I was surprised. And I was sad. And I went to work when the doors re-opened, and I saw that they made some improvements to the property, and I made a couple thousand dollars, and then the Delta variant hit hard enough to reinstate a mask mandate.

And then I went home. The doors stayed open. The masks stayed on. Business owners stayed rich. The rest of us wondered if we'd survive another year.

# Twenty - Twenty Vision

Never wanted touch
Or believed in God
But here I am
Praying
Hands pressed together
Like I've never
Felt

Invisible barriers hold
Us to our promises
Six feet thick
Masks
On our faces like
When we were
Kids

But there's NO Candy, tricks, or treats,

Only daily defeats Atrophy Hungry mouths and bank Accounts gaping and Empty

#### THE FIRST TIME

In days, months, years Emotions seep up Forlorn Long distance isolated Muffled laughs Conceal

#### Do you feel

Afraid to take in
The smell of roses
Anxious
Tears and runny noses
Afraid to even
Cough

#### CAN WE HEAL

New phobias and wounds Strokes and emergency Rooms Strikes and castle sieges Closed parks and Beaches

. .

#### She's Not Here

#### Run them over

With your car, pig

Push us all

Off

Your social media and

Kill us with

Legislation

#### TIME STOOD STILL

But bills did not

Two-hundred forty days

Without

Rain and without rent

How can we

Live

#### COVID BLANKETS IN

A parking lot and

Front Line Workers

Sick

Strangers come together despite

Personal Protective Equipment

**Deficits** 

#### LINE YOUR POCKETS

With ventilators and promises

Half spoken sentences

Blood

In your eye where

A splinter sits

### Festering

#### IT MUST BE

Better than red hat
Fanatics with guns
Thugs
Hiding beneath white hoods
Iron crosses worn
Proud

#### How to appeare

Any crowd, any mass Of ejaculators whose Christ Came to them from An orange tree Pruned

#### BIG HOUSE WITH

A lawn, a wall
Unscalable while we
Starve
In your streets like
Urchins and peasants
Cold

#### Who can afford

To eat when we Can't afford to

#### She's Not Here

Breathe Every customer at work With their nose holes Out

#### Traffic has returned

No way we can Learn when we Earn Less than living wage But experience pays Right?

#### Almost one year

In but will it
Actually end with
Vaccines
And herd immunity and
Your liberty over
Mine?

#### BREATHE DEEP AND

Spread your blighted seed Heaven forbid we Decriminalize Weed or sex or Anything other than White

. . .

No you say

"Might is right! Majority!"
Except when the
Majority
Is the minorities all
Banded together against
You.

# I Listened

I listened for the faint trains
I listened and my ear did strain
To hear their voices say my name
As I listened for the trains.

But no comfort could be found Nor did train horn sound Only gloomy silence was around As I listened for the trains.

I heard the sound of cooing doves

The sound of hope, of peace, of love
And hoped for more than just hope's sake
These doves would leave hope in their wake-As I listened for the trains.

# Reflection: Alone, Panic

THE NEXT POEM IS ABOUT ONE OF THE FIRST PANIC ATTACKS I remember having in Vegas. I am placing the reflection before it as a trigger warning for the reader. If you do not wish to read this graphic poem, please skip the next two pages.

My room was this ugly yellow color that gave me really bad anxiety whenever I was in it. My mother and I were at odds. I had no means of expressing myself except through poetry, because asking for help was too emotionally risky. So I suffered, alone, in the damned yellow room, until it passed.

I would have many more like that. I still do, sometimes. The difference now is I have a support system, people who will understand and can help me cope with all the feelings. I don't recommend reading this poem if you are prone to anxiety or panic attacks because you may find it triggering.

# Alone, Panic

SHUDDER

Can't

Breathe...

PACING, EACH STEP A

Reassurance of
Insecurities
Titanic heart groans and
Creaks in its descent
Broken and jagged and quick
Iceberg cut to the final breath

Tunnel

 $V_{\text{OMIT}}$ 

. . .

# The feeling of sick butterflies and angry bees That never want to leave your cocoon

#### TIMBER!

#### GRAVITY GROWS AND THE GROUND RISES UP

Salty drops from half-closed eyes

Yellow room

Floor is an ocean

So faint now

Heartbeat

Soul

#### You will never be

Whole

Comprised of

Spasmodic sobs and

Giddy gasps

And

Not a thread in between

#### THAT SEA DEVOURS WALLS

Corrupted

They dissolve

Shelter gone

Atmosphere crushing in its

Behemoth existence

### She's Not Here

Gravity from all the stars pulls In every Direction

No sound in space  $\,$ 

Panic

Alone

# Reflection: Ghost

This next poem is about a dissociative episode I had in high school. I am placing the reflection before it as a trigger warning for the reader. If you do not wish to read this graphic poem, please skip the next two pages.

Have you ever had a moment where life feels so surreal because it's being colored by the pain and anxiety you're feeling? It's hard to be yourself when you're guilted and shamed and scared out of it. Eventually, you feel like a living statue, surrounded by other statues, all moving through space and time, destinations designated by classroom bells and rote memory.

I wrote this in the hallway waiting for chemistry class. I really only remember the feel of the cool brick becoming warm on my back as I leaned there, scratching away at my notebook so I could type it into a word document on my USB drive after school on the ROTC computer. I don't remember much else about that day, everything just felt imaginary.

I would have that feeling many times in the coming years, and, in fact, already had that feeling quite a few times since childhood. Derealization and depersonalization are common for people

with anxiety, depression, BPD, C-PTSD, and PTSD, as well as those of use with gender dysphoria.

# Ghost

#### TIME STANDS STILL

Or maybe it is I who stands still

While the people fly by me in a whirring lackluster blur

And I linger in the moments of ages passed

Trapped in a suspended animation while the world continues around

I feel like a ghost floating through life without a sound

I am separated by invisible walls of indifference

The white noise of the world rings like static in my ears

And I feel myself numbly wandering in this space in between consciousnesses

With tears

Frozen

In my heart

# Cycle

REINVENT THE WHEEL shatter it shapeless trying never roam again

Reflection: Cycle

Sometimes, we find ourselves stuck in a cycle we feel powerless to stop. I was really, really good at breaking relationships. Or, at least I thought I was. Turns out the relationships were already not great to begin with, but at least I got some good poetry out of it.

Whenever I am questioning whether I actually had a hard childhood or if I'm just "too sensitive," I look at the string of relationships I had, platonic, romantic, or otherwise, during and after the time I lived with my parents. They were all a mess. There was not a single healthy one. Some were salvageable, but most were not. We don't just attract bad people into our lives. We model what we see growing up. We pursue what is considered "normal" for us. We behave in the same ways we've observed those around us behave time and again.

Looking at my life in its entirety helps me validate that my struggles are not my fault, but that I can choose to make better choices. I may have been conditioned to be receptive to manipulation, but I don't have to continue choosing to be around manipulative people. I may have been forced into a codependent

relationship with my parents, and witnessed them being codependent, but I do not have to choose codependency. I can choose healthy boundaries, productive conversations, and clear, effective communication. And I can absolutely pass those on to my kid.

# Invitation to Oblivion

A man lives at the end of the lane

He sits in his house in the silence

Eyes like headlights and the patience of a crane

He sips tea from his cup in the dark

At first you can't see him, he's so far away
You toddle past his house, unawares
Soon you wonder what he does inside all day
You peek between the cracks in his blinds

You grow to fear that silent old man Haunting eyes peer back from the dark The urge to run away as fast as you can How fast must you go to escape?

LIVING ON HIS PORCH YOU LET GO OF THE FEAR It tugs on your sleeve sometimes

He cracks the door just an inch more each year But you never go inside

One day the door opens with a little squeak
A gaping mouth waiting to swallow
Endless nothingness echoing free
All up and down the sidewalk

# God Dressed as the Devil

I'M THE BIGGEST SECRET

Your worst fear Fetishized, cradled, held near Until I remind you Too much Of Yourself

I'M THE BADDEST VILLAIN

Your best friend
Sanctified, treasured, so dear
Until you remind me
That nothing
Good
Lasts

No one wants me

I'm an idea

An ideal

A concept

Not real

#### AND I'LL NEVER FIT IN

A perfect box

A normal family

A society

Or heaven

#### AND IT DOESN'T

Matter

How much I

Love

How deep I

Connect

How far I

Go

#### THAT RIFT

Between us

Will grow

It will

End and

I won't

Even know

. . .

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Until It's

Too

Late

Again

# Reflection: God Dressed as the Devil

DID YOU KNOW THAT YOU CAN USE BEING TRANSGENDER AS A divination tool? Yes, I'm serious. Once you come out as transgender, you will know exactly who your real friends are, who was fetishizing you before you came out, who is fetishizing you once you are out, and who only cares about you for your gender identity. Chances are, you already knew a lot of these things beforehand, but just in case you didn't, coming out will make things painfully crystal clear. And it will continue to be clear with every person you meet as to where they stand in regards to "the whole transgender issue." By the way, if they call it that, run.

It can be hard for transgender people to come to terms with our personal identities, let alone share that with the world. We're constantly bombarded with things that "those transgenders" are supposed to be. Are we evil, or are we angels? Are we breaking the gender binary, or supporting it? Do we have to pass to be valid? What if we pass, but we're just ugly? Why do we have to be fetishized to be acceptable? Are we men and women, or something else entirely? And why does it matter to anyone but us what's in our pants, or if we've had "the surgery?" Why does our salvation

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hinge on committing to the flesh vessel we were forced to live in since birth? Why does "science" and "biology" and "medicalism" only matter if it supports outdated notions and fallacious mental health diagnoses?

Why don't you just see us for who and what we are: people?

# Awful Gospel

I

# Go on again Go and pretend This is the end End of the world

Try holding hands
And hourglass sands
You already knew
You were slipping

# OCEAN COMPASS You chart the stars Sing along to Siren songs

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#### ALL THE WHILE

Pretend with a smile Don't know where You are going

2

You are the locust

Come round in late summer
When

Crops are ready to yield

BUT OTHERWISE

Neglecting the field

Said "Be there for me when I say-"Yes I want to leave someday-"But don't you dare-"Leave me!"

You make a nice crunch Under my boot When

# I SPEAK GOD'S AWFUL TRUTH AND All you want is sympathy

You and your plague

Deep in my sea

Martyr ships trying to

Traverse me

Upset when I toss you
Into the fray
When I hiss and I spray
And when my gales go away
And you
Tell me "pick up the pieces I'm broken!"

You were busted before we ever met Before you ever set foot on my sands Before you ever held my hand and

I TRIED TO PROVE IT COULD BE DONE

Connect the dots and make it one

Nice cohesive painting but

Orion's belt will never outshine the moon And anatomical hearts are messy

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. . .

#### AND HERE WE ARE

Screaming
Voices lost
In the wind because
It doesn't really matter
What we say
We've already begun our
Sinking

## "STILL SEAWORTHY!" YOU INSIST

As we take on water and list And our keel is at the top of the ship Capsized --And you want to keep sailing?!

#### NAVIGATING WITHOUT A COMPASS

You threw it out but I know the stars I've seen all the routes and I know all the answers And you pretend you don't know where we are

#### CAREENING

Off

The edge

#### TEETERING

At

The end

. .

#### PROCLAIM

"Yes, this is fine!--

"Lovely and divine!--

"Here--

"On the edge of the sphere!"

4

BUT YOU DON'T WANT IT LIKE THIS

But you want it like this And you want it to be How it was before Only more

DIFFERENT

And

Dragging dead bodies

Is no way to get around It just holds you down and None of this is profound

So How

#### ZAK LETTERCAST

#### Is IT I'M

#### THE ONLY ONE

#### WITH ANY KIND OF

A mind

#### To use on solving problems we all know exist

You want to pretend you don't know what it is

Ī

Can't

Make

You

Want

To

Live

#### I can't make you not

Kill yourself over every

Tiny

Stupid

Sea urchin

Every

Barnacle and

Mussel

And God forbid the fucking locusts

You are the swarm

So take what you want

And

#### Leave

#### AND IF YOU NEED TO BELIEVE

It's really the end
The end of the world
To treat yourself like a
Real human girl
And build yourself a brand
New boat for one

#### THEN YES

#### We're teetering on the edge

And I'm about

To push

You

Off

#### AND THAT

Is

God's

Awful

Gospel

Truth

# Reflection: Awful Gospel

RELATIONSHIPS ARE HARD. ROMANTIC, PLATONIC, FAMILIAL... sometimes you just want to throw in the towel. And usually, that urge is correct. If I had a dime for how many times I looked over my shoulder at past relationships in both relief and sadness, I would not be considering taking out student loans to finish my degree. I was taught that relationships have to be difficult or else there's something wrong. You have to be fighting, and I mean really fighting, or you're just not doing it right.

Mothers and daughters? Have to be at each other's throats. Husbands and wives? If you haven't given a backhanded compliment or pitted one of the kids against your spouse this week, there's definitely something wrong there. And God forbid you get a divorce. Splitting up means giving up, and that is never the answer. God put you two together for a reason. You have to make it work, no matter the cost. It wasn't always spelled out directly like that, but, yeah, that's the gist.

As it turns out, disagreements are part of a normal, healthy relationship! But feeling invalidated, feeling silenced, feeling trapped, or having spite toward the other part of your relation-

ship? Nope, not normal. Not healthy. Not. Good. But I went through all kinds of trials and errors to learn this lesson the very hard way. And knowing when to say goodbye is one of the hardest parts. Sticking to your boundaries after you say goodbye? Well, sometimes that's even harder.

# Scarlet Spectre

A FIERY HAUNT SCREAMS EMPTY AT ME
Wiley star-crossed curses burning my skin
It bubbles and blisters with anger and sad
Recounting all of my sins

Like you never had any
Nothing can be fixed or brought back
I buried you years ago
Your coffin on Maple Street, that ugly old shack

OH WHAT'S THE POINT ANYWAY?

I buried me too

Under crimson snow and broken words

Memories are only cheap melted glue.

PLEASE DIE AND NEVER COME BACK!

You, lonely, rancid, rotting ghost. You never listen. You never did.

# Kate

#### Soft

Your fingers taste like Nicotine As they brush against my Lips

#### SMALL

Skin stretched taught Smooth As you brush past me in the Hallway

#### LAY

With your tongue down her Throat Long hair tangled in your Hands

#### Press

Your back against me Now Breathy sigh laced with Champagne

#### SATIN

Sheets keep us warm and Hungry Bells chime an end to our Ecstasy

#### Nails

Bit down to the quick Reaching For a future far away from Her

# Reflection: Kate

Intimacy is a Beautiful thing. Or, well, it can be. Sex was a crucial component to me learning about who I am as a person. When my virgin self was accused of being a slut in high school, and then I was sexually assaulted, I decided to throw in the towel on the whole "waiting until marriage" thing. I needed to reclaim ownership of my sexual identity after it had been taken from me in a variety of ways -- by my parents, by bullies at school, by my ex, by God. So I started experimenting.

Over time, I learned how to give pleasure in the most expert of ways. But, as I later found out, I was using sex as a tool to disassociate and not have to deal with all the things inside of me that I was running from. My gender identity, sexual orientation, personal interests, body dysphoria, kinks, relationship needs, were all neatly tucked away and hidden when I was with a sexual partner. Then I got into the sex industry, and everything changed.

At first, I was doing the same as I had always done. I catered to whatever my fans and clients wanted. But my fans and clients were much more openly kinky than my real-life playmates, and I got to really explore the things that actually interested me. I

won't list those here, since family and friends are likely reading this, but suffice to say I learned what I liked and how those things corresponded to my gender identity, etc., and the tables turned. I was demanding clients who suited my needs instead of the other way around.

Finally, as I began my transition, I was able to gain the confidence to carry that same honesty and authenticity into my personal sex life. Sure, it is more vulnerable this way, but it is also more real, more exhilarating, and so much more fun!

# A Boy With Kinks

Never thought he would want what is in front of him now

A bed of roses and a bottle of alcohol

-free champagne

Time has passed and we've changed somehow

And it all feels strangely

-the same

The hot and the cold

-he had with her

He didn't know I wore her skin

And I'll never know

-if he's really sure

It's always been me within

Idiosyncrasy draws us in with unrelenting weight

Two prodigal sons

-in a binary pair

Circumnavigation in a push-pull figure eight With love and kinsey scales, we know -that all is far from fair

A wrangler with his own knots and ropes Speeding toward the shiniest story -on an Odyssey but I'm Patroclus A bundle of knotted guts and hopes -my Achilles is his hubris

#### Alone in Bed After

He rests
-and thinks
About being sure
About a boy
-with kinks

# Reflection: A Boy With Kinks

The real rub, of course, that comes with sex during and after transitioning, is helping your partners understand what that means for them. It also requires a great deal of honesty with yourself. As an AFAB person who was basically trained from birth to appeal to and serve straight, cisgender men, I tend to attract that type. Yes, even after being on T for two years, I have former partners who are still not sure if they're entirely done being with me because, even though they're straight, they really, really want to enjoy this trans boy.

What's cool about that whole situation, though, is that trans people are at this unique point where we can help break down compulsory heterosexuality. I have several partners who knew me prior to my transition, who swore up and down they were straight, until they realized that it's really okay to not be straight. They got comfortable knowing that their relationship with me, a trangender man, is still a gay relationship, and that's okay. Sex is a powerful drive, and it's incredibly useful for opening minds and showing new points of view, especially to defeat transphobic and homophobic mindsets.

I am not, of course, saying to go out and do this on purpose. If

it happens, it should happen naturally, without any sort of agenda. What I am saying is that it's beautiful when people come to the conclusion that it is not mandatory to be a monogamous, heterosexual, cisgender person. It's okay to explore. It's okay to like different people than who you were told you had to like growing up.

# Hold Me Close, Virginia

#### LIT A FIRE

Within me Denim between My thighs

#### SOFT CARESS

Controlled power
Button pusher
Whispered sighs

#### SCENT PERMEATES

The fabrics Pheromones sing My high

Touch those

Intimate places
No one can know

# Reflection: A Blessing

HAVE YOU HEARD OF THE PHRASE "GENERATIONAL CURSE?" I WAS introduced to this concept at an early age. Based on what I was taught, a generational curse is a fate meant to befall at least three generations of a family because of one ancestor's actions. Each of the generations suffers a little less than the one before it, but a lot of the same problems still occur. A whole range of things can be considered a generational curse, like alcoholism, abusive tendencies, poor parent-child relationships, and illnesses.

Whether it's a curse, a learned behavior, epigenetics, or something else, I have yet to decide, but I know all about the curses my family has had to endure. I was subjected to them myself, until I decided to break the cycles of abuse that had become that family's normal pattern for relationships. I was raised Christian, taught to believe that the only fix for a generational curse was to pray and ask God to lift it. If He didn't lift your curse, you were meant to suffer for some undisclosed, Divine purpose. I think my ancestors believed that, too.

Despite parting with the church, I do have my own spiritual pursuits. I receive dreams sometimes, primarily from ancestors and other spirits, usually with messages for myself or others. One

of the most profound and vivid dreams I had actually allowed me to visit a very sacred space, where many of my ancestors live. A lot happened, but the primary event was that I had a very long conversation with one of them, whom I've never met in the physical realm. This person told me that they love me, they accept me, that I am forgiven for the wrongs I had done in the past, and that I am moving forward in my life with their blessing.

I woke up literally weeping because I felt the true meaning of that dream in my very soul. A weight had been lifted from me I didn't even know I was bearing. The curse was gone. Immediately, I had to write.

# A Blessing

UPON WAKING I WAS GREETED

By the scent of apples nigh By the sight of fruit aplenty By the vast and starry sky As we walked along the byway And bathed in Saturn's light We greeted a great many And felt forgiveness' might The grove itself was planted Seeds scattered purposef'ly One must take a wandering path To reach their destiny By the windows in that great hall The Universe did pass I bore witness to that realm Through portholes framed in brass I listened with intention To the gentle words you spake To the overarching blessing

O'er generations in your wake Upon parting I was greeted By healing in my heart By the greatest sense of gratitude By family, home, and hearth

# Final Word

I wish you that same sense of freedom, that same breaking of curses, that same confidence to be yourself and command respect wherever you go. The past ten years have been such a long journey, I'm hoping for an uneventful 10 after this. As this book enters its final phases, I am celebrating two years on testosterone, an official name change, and, at last, top surgery. My kid just came out as transgender, as well, and I hope with all my might that his journey is so much smoother than mine was. I hope your journey, whatever it is, is smooth sailing from here on, too.

I can't lift your curses, but I can encourage you to break them. It's okay to be yourself. You don't have to be stuck. Not in your hometown, your religion, your family, your relationship, your body, not anywhere. You have the power to be yourself, by yourself, for yourself. I wish you luck. I wish you a healthy support system and the willingness to learn and grow within that support system, so that you all can hold each other up and point out all your strengths and abilities.

I wish you the strength to tackle the world alone, and the comfort of knowing you don't have to.